



# THOROLD ELITE SEASON OPENER

Sunday April 26, 2026



**Location:**

**Canada Games Park @ Brock University**  
2021 Canada Games Way, Thorold

**Parking:**

Parking is FREE at this venue. Please park in front of the building – this lot is circled on the image below. The lot across the street is an overflow lot and MAY have charges associated with it.



<b>Hosted by:</b>	Thorold Elite TC
<b>Sanctioned by:</b>	Athletics Ontario
<b>Meet Director:</b>	Steven Fife <a href="mailto:thoroldelitetc@gmail.com">thoroldelitetc@gmail.com</a>
<b>Eligibility:</b>	Athletes registered with Athletics Ontario (AO); Minor Track Association of Ontario (MTA)  <b>Non-members and elementary/high school athletes are welcome but will pay a \$5.00 non-member fee for insurance</b>
<b>Regular Deadline:</b>	Wednesday April 22, 2026 @ 11:59 pm
<b>Late Deadline:</b>	Saturday April 25, 2026 @ 12:00 pm Entries received after this deadline <u>may</u> be accepted at the discretion of the meet directors and only if maximum field sizes are not reached.
<b>Entry Fees:</b>	\$20 per event Plus Trackie processing fees  <b>An additional \$5.00 fee applies to all late entries.</b>
<b>Registration:</b>	<b>To be completed online at <a href="http://www.trackie.com/event/TETC-April26">www.trackie.com/event/TETC-April26</a></b>
<b>Waiver:</b>	Mandatory for all athletes and to be completed online
<b>Age Divisions:</b>	All ages eligible.  Masters athletes are welcome to compete.
	Most events will be run as OPEN with athletes competing together based on seed times.
<b>Number of Attempts:</b>	All athletes in all throws and horizontal jumps will receive six attempts – except any U8/Peewee athletes (three attempts only)
<b>Washrooms:</b>	Indoor washrooms are available in the Facility
<b>Awards:</b>	This is a prep meet only and thus no awards will be given.

**Events Offered:**

**TRACK-** 100 m, 200 m, 300 m, 400 m, 800 m, 1200 m, 1500 m, 2000 m, 3000 m, Racewalk, Sprint/ Intermediate Hurdles

We will include any relays at your request (4x100, 4x400, 4x800, SMR)

**FIELD-** Long jump, Triple jump, High jump, Shot put, Discus, Javelin, Hammer

**Implements & Weigh-ins:**

- Athletes are required to bring their own implements and to retrieve their own implements;
- Implements will not undergo an initial weigh-in; however, In the case of a record broken, implements will be subject to further inspection.

**Additional Meets:**

	<p><b>SATURDAY MAY 9 – THOROLD ELITE BLUE AND GOLD CLASSIC</b></p> <p><a href="http://www.trackie.com/event/TETCBlueAndGold2026">www.trackie.com/event/TETCBlueAndGold2026</a></p> <p><b>*MTA MEET*</b></p>
	<p><b>WEDNESDAY JULY 15 – THOROLD ELITE SUMMER PREP MEET</b></p> <p><a href="http://www.trackie.com/event/TETC-July15">www.trackie.com/event/TETC-July15</a></p>
	<p><b>WEDNESDAY JULY 29 – THOROLD ELITE MIDSUMMER TUNEUP</b></p> <p><a href="http://www.trackie.com/event/TETC-July29">www.trackie.com/event/TETC-July29</a></p>



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## Tentative Schedule

- Schedule will be adjusted based on entry numbers in each event
- A Final schedule as well as Heat/ Flight lists will be sent out on the evening of Fri April 24
- Final schedule may still be advanced +/- 15 minutes as required
- **Track events will run from slowest to fastest heat but may be combined as needed to ensure a streamlined meet**

<b>Track Session</b>				
9:15 am	Sprint Hurdles	Timed Final	All age categories starting at U14 from youngest girls to oldest boys	Girls/ Boys
9:50 am	2000 m	Timed Final	Open	Girls + Boys COMBINED
10:00 am	3000 m	Timed Final	Open	Girls
10:15 am	3000 m	Timed Final	Open	Boys
10:30 am	100 m	Round 1	All ages combined but will be separated out for Finals (Top 8 in each)	Girls
10:50 am	100 m	Round 1	All ages combined but will be separated out for Finals (Top 8 in each)	Boys
11:15 am	1500 m	Timed Final	Open	Girls
11:25 am	1500 m	Timed Final	Open	Boys
11:40 am	300 m	Timed Final	Open	Girls
11:50 am	300 m	Timed Final	Open	Boys
12:00 pm	400 m	Timed Final	Open	Girls
12:10 pm	400 m	Timed Final	Open	Boys
12:25 pm	1200 m	Timed Final	Open	Girls
12:35 pm	1200 m	Timed Final	Open	Boys
12:45 pm	100 m	Round 2	U12 / U14 / U16 / U18 / U20 / Open	Girls
1:00 pm	100 m	Round 2	U12 / U14 / U16 / U18 / U20 / Open	Boys
LUNCH BREAK (Approx 1:15 pm – 2:00 pm)				
Note: Racewalk will be held during the lunch break – Exact time TBD				
2:05 pm	200 m Hurdles	Timed Final	U14/ U16	Girls + Boys
2:15 pm	300 m Hurdles	Timed Final	Open	Girls + Boys
2:25 pm	400 m Hurdles	Timed Final	U18 / U20 / Open	Girls + Boys
2:45 pm	200 m	Timed Final	U12 / U14 / U16 / U18 / U20 / Open	Girls
3:15 pm	200 m	Timed Final	U12 / U14 / U16 / U18 / U20 / Open	Boys
3:45 pm	800 m	Timed Final	Open	Girls
4:05 pm	800 m	Timed Final	Open	Boys
4:25 pm	4x 100 m Relay	Timed Final	Open	Girls + Boys
4:35 pm	4x 400 m Relay	Timed Final	Open	Girls + Boys
4:45 pm	Sprint Medley Relay	Timed Final	Open	Girls + Boys
4:55 pm	4x 800 m Relay	Timed Final	Open	Girls + Boys

Relays only if needed. There will be an open call for any and all relay teams at 4:15 pm

Field Events						
Time	High Jump	Horizontal Jumps Pit 1	Horizontal Jumps Pit 2 (only if needed)	Shot put	Discus/ Hammer Cage	Javelin
9:00 am	Warm-ups open				Warm-ups open	
9:30 am	Girls High Jump	Warm-ups open			Boys + Girls Hammer	
10:00 am		Long Jump 1				
10:30 am	Boys High Jump					
11:00 am		Long Jump 2		Warm-ups open		Warm-ups open
11:30 am	Additional Flight if needed			Boys Shot put		Girls Javelin
12:00 pm		Long Jump 3				
12:30 pm				Girls Shot put		Boys Javelin
1:00 pm		Triple Jump 1				
1:30 pm					Warm-ups open	
2:00 pm		Triple Jump 2 (if needed)			Girls Discus	
2:30 pm						
3:00 pm		Additional Long Jump Flight if needed			Boys Discus	
3:30 pm						
4:00 pm						

**Note:** Schedule is **tentative / approximate / estimated** based on expected number of entries and length of time required to run the event. An updated and final schedule **WILL** be communicated prior to the meet based on the actual entries and heats/flights required and may, in some cases, change significantly.

If there is need to change anything then we will provide as much notice as possible.

Field events may be combined Boys/ Girls if numbers warrant