



2026 NB Indoor Championships & University Invitational



Irving Oil Field House
29 McAllister Dr, Saint John, NB E2J 2S7
January 30-31, 2026



<p><u>Technical Information:</u></p> <ul style="list-style-type: none"> Spikes must be pyramids, “trees” or “towers” of a maximum length of 7mm; needle spikes will not be permitted. Some categories may be combined in certain events, but final results will be separated into the age categories. 	<p><u>Information technique:</u></p> <ul style="list-style-type: none"> Les crampons doivent être des pyramides, des « arbres » ou des « tours » de 7mm maximum; les aiguilles ne sont pas permises. Des catégories peuvent être combinées pour certaines épreuves, mais les résultats seront séparés en catégories d'âge.
<p><u>Registration:</u></p> <ul style="list-style-type: none"> Individual events are \$30 for 1st event and \$15 for each additional event, to be paid online. Maximum of \$850 per University Team. Late fees may apply after registration cut off. U12 Events are \$10 & U14 Events are \$20 Registration will be done online at: \ Registration deadline is 11:59pm on Tuesday, January 27th, 2026 Late registrations will be accepted up to 12:00 pm on Thursday, January 19, at a cost of \$50 for the first event and \$25 for each additional event 	<p><u>Inscription:</u></p> <ul style="list-style-type: none"> Épreuves individuelles 30\$ pour 1^{ère} épreuve et 15\$ pour chaque additionnelle, payé en ligne. Maximum de 850 \$ par équipe universitaire. Des frais de retard peuvent s'appliquer après l'inscription coupée. Épreuves U12 10\$ / U14 20\$ Inscription sera en ligne à Trackie.com : La date limite d'inscription est 23h59, mardi le 27 Janvier 2026 Des enregistrements en retard seront acceptés jusqu'à 12h00 jeudi le 19 janvier, à un prix de 50\$ pour la 1^{ère} épreuve et 25\$ pour chaque épreuve additionnelle
<p><u>Competition Check in</u></p> <p>Athletes are required to check in to pick up Competition Bib Numbers on arrival at the facility.</p> <p><u>Event Check In Procedures & Deadlines</u></p> <p>Field Events – Check in at the event location 30 min before scheduled start time for warm up.</p> <p>60m/60mH/200m/300m – Report to start line 10 before the scheduled start time.</p> <p>400m to 3000m & Relays - Report to the athlete check in table to receive hip numbers and then report to the appropriate start line 10 min before scheduled start time.</p> <p>Athletes not reporting in as above may be designated as “Did Not Start” and removed from the event at the discretion of the officials.</p>	<p><u>Enregistrement à la compétition</u> - Les athlètes doivent s'enregistrer afin de récupérer leur dossard à leur arrivée à l'installation.</p> <p><u>Procédures et délais de confirmation de participation aux épreuves</u></p> <p>Épreuves de concours (sauts et lancers) – Se présenter au site de l'épreuve 30 minutes avant l'heure prévue de début pour l'échauffement.</p> <p>60 m / 60 m haies / 200 m / 300 m – Se présenter à la ligne de départ 10 minutes avant l'heure prévue de départ.</p> <p>400 m à 3000 m et relais – Se présenter à la table d'enregistrement des athlètes pour recevoir les numéros de hanche, puis se rendre à la ligne de départ appropriée 10 minutes avant l'heure prévue de départ.</p> <p>Les athlètes qui ne se présentent pas selon les procédures ci-dessus peuvent être déclarés « Non partants (DNS) » et retirés de l'épreuve, à la discrétion des officiels. Si tu veux, je peux aussi l'adapter pour un programme officiel ou un guide de compétition.</p>
<p>Questions can be emailed to:</p> <ul style="list-style-type: none"> Oyinko Akinola oyinkoakinola@gmail.com Chris Belof chris.belof@unb.ca Bill MacMackin SaintJohnTrack@gmail.com 	<p>Questions peuvent être envoyé à :</p> <ul style="list-style-type: none"> Oyinko Akinola oyinkoakinola@gmail.com Chris Belof chris.belof@unb.ca Bill MacMackin SaintJohnTrack@gmail.com

<p><u>New Brunswick Club Championships</u></p> <p>Individual events will be scored as follows: 1st = 7pts 2nd = 5pts 3rd = 4pts 4th = 3pts 5th = 2pts 6th = 1pt</p> <p>Combined events and relays will be scored using the following system: 1st = 10 pts 2nd = 8 pts 3rd = 6 pts 4th = 4 pts 5th = 2 pts 6th = 1 pt</p> <p>A team banner will be presented to the club with the highest combined score. Scores will be based on the following categories: U14 female & male, U16 female & male, U18 female & male, U20 female & male, Senior female & male, Para female & male, Masters female & male (36+)</p>	<p><u>Championnat NB des clubs</u></p> <p>Les épreuves individuelles seront notées comme suit : 1^{er} = 7pts 2^e = 5pts 3^e = 4pts 4^e = 3pts 5^e = 2pts 6^e = 1pt</p> <p>Les épreuves combinées et les relais seront notés en utilisant le système suivant : 1^{er} = 10 pts 2^e = 8 pts 3^e = 6 pts 4^e = 4 pts 5^e = 2 pts 6^e = 1 pt</p> <p>Une bannière d'équipe sera remise au club ayant obtenu le score combiné le plus élevé. Les scores seront basés sur les catégories suivantes: U14 féminin & masculin, U16 féminin & masculin, U18 féminin & masculin, Sénior féminin & masculin, Para féminin & masculin, Maîtrise féminin & masculin (36+)</p>																																								
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HOTELS/ACCOMMODATION

	<p>Hotel Details Best Western Plus Saint John Hotel & Suites Saint John, New Brunswick, Canada</p>
	<p>Hampton Inn & Suites by Hilton Saint John 51 Fashion Drive, Saint John, New Brunswick, E2J 0A7, Canada TEL: +1-506-657-4600</p>

506-657-9966 - 55 Majors Brook Drive, Saint John, New Brunswick E2J 0B2

506-657-4600 - 51 Fashion Drive, Saint John, New Brunswick E2J 0A7



**1 Market Square, Saint John, NB E2L 4Z6
Hotel Direct: 506-693-8484 or Toll Free Number: 1-866-442-6644**

Events and specifications / Épreuves et spécifications

	U12	U14	U16	U18	U20	Senior	Master	University
60mh		0.76m 30"	F - 0.76m / 30" M - 0.84m / 33"	F - 0.76m / 30" M - 0.91m / 36"	F - 0.84m / 33" M - 0.99m / 39"	F - 0.84m / 33" M - 1.07m / 42"	★	F - 0.84m / 33" M - 1.07m / 42"
60m		✓	✓	✓	✓	✓	✓	✓
150m		✓						
200m			✓	✓	✓	✓	✓	
300m			✓					✓
400m				✓	✓	✓	✓	
600m								✓
800m		✓	✓	✓	✓	✓	✓	
1000m								✓
1200m		✓	✓					
1500m				✓	✓	✓	✓	✓
Mile					✓	✓	✓	✓
2000m			✓					
3000m				✓	✓	✓	✓	✓
4x200m			✓	✓	✓	✓	✓	✓
4x400m			✓	✓	✓	✓	✓	✓
4x800m								✓
1500m RW			✓	✓	✓	✓	✓	
Long Jump		✓	✓	✓	✓	✓	✓	✓
High Jump		✓	✓	✓	✓	✓	✓	✓
Triple Jump			✓	✓	✓	✓	✓	✓
Pole Vault			✓	✓	✓	✓	✓	✓
Shotput	F - 2kg M - 2kg	F - 2kg M - 2kg	F - 3kg M - 4kg	F - 3kg M - 5kg	F - 4kg M - 6kg	F - 4kg M - 7.26kg	★	F - 4kg M - 7.26kg
Weight Throw			F - 7.26kg/16lb M - 7.26kg/16lb	F - 7.26kg/16lb M - 9.08kg/20lb	F - 9.08kg/20lb M - 11.34kg/25lb	F - 9.08kg/20lb M - 15.88kg/35lb	★	F - 9.08kg/20lb M - 15.88kg/35lb
Combined Event	60m + LJ + SP(2kg) + 300m	60m + LJ + SP(3kg) + 600m	F - 60H + HJ + SP + LJ + 800m M - 60H + LJ + SP + HJ + 1000m	F - 60H + HJ + SP + LJ + 800m M - 60H + LJ + SP + HJ + 1000m	F - 60H + HJ + SP + LJ + 800m M - 60H + LJ + SP + HJ + 1000m	F - 60H + HJ + SP + LJ + 800m M - 60H + LJ + SP + HJ 1000m	★	F - Pentathlon (60mh, LJ, SP, HJ, 800m) M - Heptathlon (60m, LJ, SP, HJ, 60mh, PV, 1000m)

★ - Masters events will follow CMA specifications where possible. Les épreuves pour les vétérans vont suivre les spécifications du VCA ou possible.

Friday January 30, 2026 - TENTATIVE FIELD SCHEDULE / HORAIRE TENTATIVE POUR LE PELOUSE

	Long Jump	Triple Jump	High Jump	Shotput	Pole Vault	Weight Throw
4:00 pm						
4:30 pm		University – Female		University – Female		
5:00 pm			Pentathlon			
5:45 pm	Heptathlon					
6:30 pm				Pentathlon Heptathlon		
7:00 pm						
7:15 pm	Pentathlon		Heptathlon	University Male		
8:15 pm		University – Male				

Friday January 30, 2026 -TENTATIVE TRACK SCHEDULE / HORAIE TENTATIVE POUR LA PISTE

	Event	Gender	Categories	Round
4:30 pm	60mH Pent	M/F	University F & M/F U16+	Final
4:40 pm	60m Hep	M	University	Final
5:40 pm	60m	F	University	Exhibition
5:55 pm	60m	M	University	Exhibition
6:10 pm	2000m	M/F	U14 & U16	Final
6:25 pm	4x800m Relays	F	University	Final
6:40pm	4x800m Relays	M	University	Final
6:50pm	4x200m Relays	F	University	Final
7:15 pm	4x200m Relays	M	University	Final
7:40 pm	3000m	F	U18+ & University	Final
8:00 pm	3000m	M	U18+ & University	Final
8:50 pm	800m Pent	M/F	University F & M/F U16+	Final

Saturday January 31, 2026 - TENTATIVE FIELD SCHEDULE / HORAIRE TENTATIVE POUR LE PELOUSE

	Long Jump	Triple Jump	High Jump	Pole Vault	Shot Put	Weight Throw
9:00 am		Male U14+	Female U14+			
9:15 am					Tetrathlon Male/Female U12 & U14	
10:00 am	Tetrathlon Male/Female U12 & U14		Female University			Female U16+ & University Female
10:30 am		Female U14+				
11:30 am	Male U14+ & University					Male U16+ & University Male
12:00 pm				Heptathlon & Male/Female U16+		
1:00 pm	Female U14+ & University				Female U14+	
1:30 pm			Male U14+ & University			
2:30 pm					Male U14+	

Saturday January 31, 2026 - TENTATIVE TRACK SCHEDULE / HORAIE TENTATIVE POUR LA PISTE

	Event	Gender	Categories	Round
9:00 am	60m	F/M	U12 & U14	Tetrathlon
9:10 am	1200m	F/M	U14, U16	Final
9:15 am	1500m RW	F/M	U16+	Final
9:25 am	60mh	F/M	University	Prelim & Hept
9:35 am	60mh	F/M	U14+	Final
9:45 am	60m	F	U14+ & University	Prelim
10:45 am	60m	M	U14+ & University	Prelim
11:15 am	600m	F/M	U12 & U14	Tetrathlon
11:20 am	1500m	F	U18+	Final
11:30 am	1500m	M	U18+	Final
11:40 pm	1 Mile	F	University & Invited Athletes	Final
12:10 pm	1 Mile	M	University & Invited Athletes	Final
12:45 pm	600m	F	University	Final

12:55 pm	600m	M	University	Final
1:05 pm	400m	F	U18+	Final
1:10 pm	400m	M	U18+	Final
1:40 pm	60mh	F/M	University	Final
2:00 pm	60m	F	U14+ & University	Final
2:30 pm	60m	M	U14+ & University	Final
2:50 pm	1000m	F	University	Final
3:00 pm	1000m	M	University/	Final/WC
3:00 pm	1000m	F	University	Heptathlon
3:10 pm	800m	F	U14+	Final
3:20 pm	800m	M	U14+	Final
3:30 pm	300m	F	U16 & University	Final
3:50 pm	300m	M	U16 & University	Final
4:10 pm	200m	F	U16+	Final
4:25 pm	200m	M	U16+	Final
4:40 pm	150m	F/M	U14	Final
4:50 pm	4x400m	F/M	Club & University Teams	Final
5:00 pm	4x200m	F/M	Club Teams	Final