



**Ocean Athletics Festival of Cross Country**  
**Saturday September 19, 2026**  
**Crescent Park, South Surrey**  
**BC Athletics Sanctioning Pending**  
**Race #1 of the Lower Mainland XC Series**  
(Updated 01.26.2026)

Distances are in accordance with BC Athletics guidelines. Both U18 Males & Females will run 5km course.

Non-Club High School athletes and Teams are warmly welcomed to the event but must compete as unattached athletes. BC School Sports ruling does not allow club athletes to compete in the same event as individuals or teams representing their secondary school. This ruling does not apply to elementary school teams and athletes.

Time	Event #	Category	Birth Yr.	Distance
11:00am	1	U18 U20, Open, Masters	U18 U20, Senior, Masters	5km 6km
11:45am	2	Track Rascals	2018-2019 (7-8 yrs)	1km
12noon	3a 3b	2017 Females 2017 Males	2017 (9yrs)	1.5km
12:20pm	4a 4b	2016 Females 2016 Males	2016 (10yrs)	2km
12:40pm	5a 5b	2015 Females 2015 Males	2015 (11yrs)	2km
1:00pm	6a 6b	2014 Females 2014 Male	2014 (12yrs)	3km
1:25pm	7a 7b	2013 Females 2013 Males	2013 (13yrs)	3km
1:45pm	8a 8b	U16 Females U16 Males	2012 (14yrs) 2011 (15yrs)	4km

## NEW 20<sup>th</sup> Anniversary Course:

- Grass and forest trails over undulating terrain
- Short spikes can be used, but running shoes are also adequate
- Toilets are available but no change rooms
- Course will be open from 9am onward but runners and coaches need to be aware that once the event starts at 11am, the athletes racing have priority on the course. Please take care to not interfere with the ability of athletes to run their course.
- Crescent Park is located at 2585 132<sup>nd</sup> street in South Surrey. However, the **closest** entrance for this event is near 128 St. and Crescent Road ([Google MAP](#)).

## Entry Procedure:

Please register on Trackie.com [HERE](#).

BC Athletics # lookup [HERE](#).

For more information, please contact Ocean Athletics at [info@oceanathletics.club](mailto:info@oceanathletics.club)

## Entries Due:

- Wednesday, September 16<sup>th</sup> at midnight
- Late entries will be accepted until Thursday, September 17<sup>th</sup> at 10:00pm
- NO 'DAY OF' ENTRIES.

## Entry Fees:

- \$8: Track Rascals (Event #1), \$12 if received after September 17 deadline
- \$12: 2017 & older athletes - \$18.00 if rec'd after September 17 deadline.
- \$5 BC Athletics day of entry fees apply to individuals who are not currently registered with BC Athletics

(\***NOTE**: BC Athletics training memberships require the \$5.00 day of entry fee).

## Parking:

- 2 parking lots at lower end of park off Crescent Road
- Another lot off 128<sup>th</sup> Street at 25<sup>th</sup> Avenue (tennis courts parking)
- 3 parking lots available along 132<sup>nd</sup> Street
- Please **DO NOT** park alongside the road on 132<sup>nd</sup> Street – the bylaw officer will ticket you!

## Awards:

- Event 1 – Open (U20/Senior/Masters Males & Females) – Medals to first 3 Males & Females overall and ribbons 1-8 in U20, U35, U45, U55 and U65, 65+ categories.
- Event 2 – Track Rascals: participation ribbons
- Events 3 to 6 – JD (2016-2013): 1-3 medals, 4th-15th ribbons
- Events 7 & 8
  - 2012 Males & Females: medals 1-3, ribbons 4-8th
  - U16 Males & Females: medals 1-3, ribbons 4-8th
  - U18 Males & Females: medals 1-3, ribbons 4-8th

## COURSE MAP:

