



# 2026 Track & Field Series #3

## 07 February

### Hasely Crawford Stadium – Port of Spain

### RULES

1. This Meet shall be for athletes Under 15, Under 17, Under 20 and Open.
2. The competition will accommodate both males and females as follows:

Under 15	Born 2013, 2012
Under 17	Born 2011, 2010
Under 20	Born 2009, 2008, 2007
Open	Born 2006 or before

N. B. **Only Under 15 athletes born in 2012 will be eligible to participate in the following:**

- 100mH/110mH – Using the hurdle heights for the U-17 category
  - Discus Throw – Using the Under 17 implement weights
  - Shot Put – Using the Under 17 implement weights
3. Athletes registering for the 2026 NAAATT Track & Field Series #3 are required to use their 2026 Registration number for the event.
  4. No athlete shall be allowed to participate in an event without his/her registration numbers properly secured on the front and back of his/her vest, except in the case of the jumps where one number may be worn on the front or back of his/her vest only.
  5. If an athlete's registration number is lost or misplaced, a request can be made to the Secretariat, before or on the day of the meet, for a replacement number. This will be provided at a cost of \$30.00 a pair. No other replacement will be allowed.
  6. Athletes must be properly attired in their Club's uniform to participate in an event, failing which he/she may not be permitted to compete.
  7. Athletes will not be permitted to participate in any event wearing the uniform (partly or fully) of the Trinidad and Tobago or any other National Federation except when permitted to do so by the National Governing Body.
  8. Athletes must report to the call room before entering the arena.

9. Athletes are not allowed on the track or centre field (infield) except when required to participate in an event.
10. Coaches are not allowed in the arena except in the designated area(s) provided for easier access to their athlete(s) during specific field events or with the permission of the relevant competition official.
11. Protests concerning the result or conduct of an event shall be made within thirty minutes (30 mins) of the official announcement of the result of that event. The person or team making the protest must have a bona fide interest in the event(s) in question. Any protest shall, in the first instance, be made orally to the Referee by an athlete, by someone acting on the athlete's behalf or by a team representative. To reach a fair decision, the Referee should consider any available evidence which he/she thinks necessary. The Referee may decide on the protest or may refer the matter to the Jury. If the Referee decides on a matter, there shall be a right of appeal to the Jury. Where the Referee is not accessible or available, the protest should be made to him through the Technical Information Centre.
12. The Organizing Committee reserves the right to refuse entry, cancel any event or frame a new event should it become necessary to do so.
13. By seeking entry into this meet, each individual commits to hold NAAATT harmless from all liabilities, proceedings, costs, charges or expenses arising out of or in connection with all claims for damages or compensation because of any:
  - (a) bodily personal injuries or death; and
  - (b) loss or damage to the athlete's property and that of third parties; except for that which is caused by negligence or willful misconduct of NAAATT.

Subject to the above, where any damage or injury set forth above is caused by the joint or concurrent negligence of the athlete and NAAATT the loss, expense or claim shall be borne by the athlete and NAAATT in proportion to their degree of negligence.

NAAATT

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Proposed List of Events

Event	Category(s)	Round
100m	U-15, U-17, U-20, Men, Women	Final
100mH	U-15*, U-17, U-20, Women	Final
110mH	U-15*, U-17, U-20, Men	Final
400m	U-15, U-17, U-20, Men, Women	Final
1500m	U-15, U-17, U-20, Men, Women	Final
Discus Throw	U-15*, U-17, U-20, Men, Women	Final
Long Jump	U-15, U-17, U-20, Men, Women	Final
Shot Put	U-15*, U-17, U-20, Men, Women	Final
1x1x2x4 Medley	Men (Open), Women (Open)	Final

Rules

U-15\*

: Means only U-15 athletes turning 14 years old in 2026 i.e. born in 2012

**National Association of Athletics  
Administrations of Trinidad and Tobago  
(NAAATT)**



**Proposed Program of Events  
2026 Track and Field Series #3  
Hasely Crawford Stadium  
07 February**

No	Time	Event	Category
1 – 2	10:00 AM	Discus Throw (1.5kg)	Boys Under 15, Under 17
3 – 4	10:05 AM	100mH (0.762m)	Girls Under 15, Under 17
5 – 6	10:10 AM	100mH (0.838m)	Girls U-20, Women
7 – 8	10:15 AM	Long Jump	Girls Under 15, Under 17
9 – 12	10:20 AM	Shot Put (3kg, 4kg)	Girls Under 15, Under 17, Under 20, Women
13 – 14	10:25 AM	110mH (0.914m)	Boys Under 15, Under 17
15	10:30 AM	110mH (0.991m)	Boys Under 20
16	10:40 AM	110mH (1.067m)	Men
17	10:50 AM	100m	Girls Under 15
18	11:05 AM	100m	Boys Under 15
19	11:15 AM	100m	Girls Under 17
20 – 23	11:20 AM	Discus Throw (1kg)	Girls Under 15, Under 17, Under 20, Women
24	11:30 AM	100m	Boys Under 17
25	11:45 AM	100m	Girls Under 20
26	11:55 AM	100m	Women
27 – 28	12:00 PM	Shot Put (6kg, 7.26kg)	Boys Under 20, Men
29 – 30	12:00 PM	Long Jump	Boys Under 15, Under 17
31	12:00 PM	100m	Boys Under 20
32	12:20 PM	100m	Men
INTERMISSION			
33	12:35 PM	400m	Girls Under 15
34 – 35	12:40 PM	Discus Throw (1.75kg, 2kg)	Boys Under 20, Men
36 – 37	12:45 PM	Long Jump	Girls Under 20, Women
38	12:45 PM	400m	Boys Under 15
39	1:00 PM	400m	Girls Under 17
40	1:15 PM	400m	Boys Under 17
41 – 42	1:30 PM	Shot Put (5kg)	Boys Under 15, Under 17
43	1:35 PM	400m	Girls Under 20
44	1:50 PM	400m	Women
45	1:55 PM	400m	Boys Under 20
46 – 47	2:00 PM	Long Jump	Boys Under 20, Men
48	2:20 PM	400m	Men
49 – 52	2:40 PM	1500m	Girls Under 15, Under 17, Under 20, Women
53 – 54	2:45 PM	1500m	Boys Under 15, Under 17
55 – 56	2:50 PM	1500m	Boys Under 20, Men
57	3:00 PM	1x1x2x4 Medley Relay	Women (Open)
58	3:10 PM	1x1x2x4 Medley Relay	Men (Open)