

TECHNICAL MANUAL

Turks & Caicos Islands National High Schools Track & Field Championships 2026

February 26-28, 2026

**NATIONAL STADIUM
Providenciales, Turks & Caicos Islands BWI**

Turks and Caicos Amateur Association

TCAAA Executive Member

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2026 National High School Track & Field Championships

The objectives of the Turks & Caicos Islands National Schools Track & Field Championships are to:

1. Introduce competitive track and field to secondary schools aged students
2. Afford all students attending public and private secondary schools across the Turks & Caicos islands, the opportunity to participate in a professionally administered track and field competition
3. Identify students gifted in track and field in all public and private secondary schools across the Turks and Caicos Islands
4. Select the outstanding athletes from the championship for further training and track and field development
5. To promote a higher standard of Athletics in the country

WEATHER IN PROVIDENCIALES

During February / March, the temperatures are typically varying between a daily high of 74 to 90 degrees Fahrenheit, which will lead into the early part of April.

COMPETITION FORMAT

The following is proposed for 2026 National Inter-High Schools' Track & Field Championship. The concept is hosting one weekend of competition with four age categories across three (3) days:

- **Thursday 26th - Saturday 28th February 2026**

COMPETITION AGE GROUPS

The 2026 National High Schools' Track & Field Championship has split the competition into four (4) age categories.

- 13 years old & Under – Male and Female
- 15 years old & Under – Male and Female
- 17 years old & Under – Male and Female
- 19 years old & Under – Male and Female

RULES AND REGULATIONS

The Turks & Caicos Islands National High Schools Track & Field Championships will be held in accordance with the current rules and regulations of the International Association of Athletic Federations (World Athletics).

Technical matters will be resolved according to the World Athletics rules and regulations and the adjusted rules provided in this official manual. The Turks & Caicos Armature Athletic Association (TCAAA) along with the Department of Sports will resolve general matters unforeseen in these regulations.

The Turks & Caicos Armature Athletic Association (TCAAA) and Turks & Caicos Sport Commission are the joint organizers of the event.

Safeguarding Officer will be present at the competition, the name and contact information will be made available at the Technical Meeting

An Anti-Doping Representative will be present at the competitions and will be located within the Medical Tent

COMPETITION VENUE

The Championships will take place at the National Stadium, Venetian Road, Providenciales. The Stadium has a capacity of approximately 2000 people.

The National Stadium consist of an eight (8) lane World Athletics 400m track which has recently been re-surfaced, two (2) Javelin areas, four (4) Long and Triple Jump areas, two (2) Shot Put circles, one (1) Discus area, one (1) Pole Vault Pit and one (1) High Jump areas; all re-laid by Mondo in 2007 and resurfaced in 2022 under World Athletics specifications. All race distances, jumping and throwing areas remain up to international standards and are good for national, area and international records once wind readings are legal and credible and done with electronic timing and subjected to World Athletics ratification.

WARM UP FACILITIES

Athletes will warm up on the grass area located on the outer perimeter of the competition track, behind the fenced area of the backstretch. Athletes will be marshalled on to the competition arena prior to their events, with enough time for warm up runs, throws and jumps.

Only accredited persons with authorized access will be allowed in the Warm-up Area.

OPENING CEREMONY

The Opening Ceremony of the Turks & Caicos Islands 2026 National High Schools Track & Field Championships will be held on **Thursday 26th February 2026 (tbc)**.

Twenty (20) athletes are expected to participate in the Opening Parade of Teams. Teams will assemble on the Eastern Side of the Stadium, and will parade in alphabetical order halfway around the track, and assemble facing the Grand Stand located on the Western side of the Stadium.

SCHOOL TEAMS

Participation is open to the following public and private High Schools upon qualifying for the various events from the qualifying competitions.

01	Alpha Christian Academy (ACA) - Providenciales
02	Clement Howell High School (CHHS) – Providenciales
03	H. J. Robinson High School (HJRH) – Grand Turk
04	Maranatha Academy (MA) – Providenciales
05	Marjorie Basden High School (MBH) – South Caicos
06	Raymond Gardiner High School (RGHS) – North Caicos
07	Precious Treasures International School (PTIS) – Providenciales
08	Holy Family Academy (HFA)– Providenciales
09	Wesley Methodist (WM) – Providenciales
10	Elite School (ELS) – Providenciales
11	A. Louise Garland Thomas High School (ALGTHS) – Providenciales
12	Provo Middle School (PPM) – Providenciales
13	International School (Int.) – Providenciales
14	British West Indies Collegiate (BWIC) – Providenciales
15	TCIPS Comprehensive School (TCIPS) – Providenciales
16	Champions for Christ (CFC) – Providenciales

SCHOOL UNIFORMS

ALL teams MUST be in their schools' official competition uniform.

NO STUDENTS WILL BE ALLOWED TO COMPETE WITHOUT PROPER UNIFORM THAT IDENTIFIES HIS OR HER SCHOOL.

NUMBER OF COMPETITORS

Each school may enter **up to two (2) athletes** in each individual event.

In relay events, each school may enter a team of six (6) athletes, of which four (4) will be listed as who will compete.

If an event cannot be conducted due to insufficient participants, defined as having **“no less than two (2) competitors from two (2) different schools”**, the Local Organizing Committee shall notify the schools immediately via email and follow up via phone. Those schools that have entered athletes can still take part in the specific event; however, it will be considered **an Exhibition / Demonstration event with no medals awarded.**

Example: where there are TWO (2) schools and TWO (2) competitors, there will be a race. This is the minimum World Athletic acceptance for a track event.

INDIVIDUAL ENTRIES

All athletes are limited to a **MAXIMUM 5 EVENTS**. Any athlete who is entered in more than the stipulated number of events will be randomly removed from those events. All Coaches & Physical Education Teachers are asked to ensure that athletes are entered in events which present little or no conflict with the competition schedule, and please consider highly the welfare of the athlete as far as competing in multiple events are concerned.

Kindly note: that all athletes participating are required to have the School Sports Waiver signed off by their parents / guardians and in addition, we are requesting a copy of either the student athlete **birth certificate, passport or status' cards to show proof of age.**

TEAM OFFICIAL QUOTA SIZE

The maximum team size is **40 athletes + 5 Coaches / Teachers**

1 – 10 Competitors	Two (2) Coaches / Teachers. One each male and female.
11 - 20 Competitors	Three (3) Coaches / Teachers Min. 1 male, 1 female.
21 – 30 Competitors	Four (4) Coaches / Teachers. Min. 2 males, 2 females.
31 – 40 Competitors	Five (5) Coaches / Teachers. Min. 2 males, 2 females

TEAM AGE

Male 19U	Male and Female, ages 18-19 years. Athlete cannot be 20 years old before 31 st December 2026
Female 19U	
Male 17U	Male and Female, ages 16-17 years. Athlete cannot be 18 years old before 31 st December 2026
Female 17U	
Male 15U	Male and Female, ages 14-15 years. Athlete cannot be 16 years old before 31 st December 2026
Female 15U	
Male 13U	

Female 13U	Male and Female, ages 11-13 years. Athlete cannot be 14 years old before 31st December 2026
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NOTE:

Athletes MAY NOT compete in a higher age group.

ACCOMMODATION, MEALS AND GROUND TRANSPORTATION

Teams travelling into Providenciales:

All travel arrangements will be made by the Sports Commission once the teams declare their team list in a ***timely manner***. Teams will travel the **Wednesday, 25th February 2026** and return **Saturday, 28th February 2026** afternoon to their respective Islands.

The TCI Sports Commission will provide funding (in the form of a grant) for accommodations, ground transportation and 1 meal per night while in Provo for three (3) nights. However, each team will be responsible for their team meals and accommodation during the competition in Providenciales.

MEDICAL INFORMATION

Off-site medical services will be available at the Cheshire Hall Hospital Complex in Providenciales located approximately five (5) minutes away.

On-site medical services will be available with an ambulance situated at the Field with medical staff and EMTs on hand to assist with any emergency that arises. For additional emergency medical services, the ambulance will be on call.

Schools are encouraged to travel with a first aid kit for any minor incidents involving their team members. Any incidents requiring further medical attention will be referred to the Nurse or Doctor on standby. We also ask that all teams have access of all player's **NHIP numbers**, and a list of all athlete's parents or guardian contact information along with workplace (i.e., signed School Sports Waivers)

INSURANCE

Each Team Athlete is covered by Schools Insurance for competition and the TCI National Health Insurance. In order to access the coverage ALL Coaches and Athletes MUST provide an NHIP number during registration. Non NHIP members will have to provide their own coverage or the school coverage.

CONFIRMATION OF PARTICIPATION

All Schools qualified for participation in the 2026 TCI National High Schools Track & Field Championships will be required to confirm their participation via: **TBC** which should be no later than **23.59pm on Sunday, 15th February 2026**. No additions or changes to athletes after the final entries.

Following the deadline, the above system will be closed; only scratches and adjustment can be allowed during the Technical Meeting.

ADJUSTMENTS TO ENTRIES

Deadline for all adjustments to nominal entries, containing the names, dates of births and entered events of athletes. Adjustments will only be accepted online via **email to HIGH SCHOOL ENTRIES:**
tcischoolentry@gmail.com by **Friday, 19th February 2026** OR at the Technical Meeting on **Friday, 19th February 2026** using the Change Form.

LIST OF EVENTS

The following events will be contested in the stipulated age categories:

EVENTS	# of Entries	Class 4 13 & Under		Class 3 15 & Under		Class 2 17 & Under		Class 1 19 & Under	
		MALE	FEMALE	MALE	FEMALE	MALE	FEMALE	MALE	FEMALE
100	2	YES	YES	YES	YES	YES	YES	YES	YES
200	2	YES	YES	YES	YES	YES	YES	YES	YES
400	2	YES	YES	YES	YES	YES	YES	YES	YES
800	2	YES	YES	YES	YES	YES	YES	YES	YES
1500	2	JUNIOR	JUNIOR	JUNIOR	JUNIOR	SENIOR	SENIOR	SENIOR	SENIOR
3000	2	JUNIOR	JUNIOR	JUNIOR	JUNIOR		SENIOR		SENIOR
5000	2					SENIOR		SENIOR	
4 X 100	1	YES	YES	YES	YES	YES	YES	YES	YES
4 X 400	1					SENIOR	SENIOR	SENIOR	SENIOR
MIXED MEDLEY	1	JUNIOR MIXED	JUNIOR MIXED	JUNIOR MIXED	JUNIOR MIXED				
HIGH JUMP	2	YES	YES	YES	YES	YES	YES	YES	YES
LONG JUMP	2	YES	YES	YES	YES	YES	YES	YES	YES
DISCUS	2	JUNIOR	JUNIOR	JUNIOR	JUNIOR	SENIOR	SENIOR	SENIOR	SENIOR
SHOT PUT	2	JUNIOR	JUNIOR	JUNIOR	JUNIOR	SENIOR	SENIOR	SENIOR	SENIOR
JAVELIN	2	JUNIOR	JUNIOR	JUNIOR	JUNIOR	SENIOR	SENIOR	SENIOR	SENIOR

NOTE:

- Schools are allowed a **MAXIMUM OF TWO (2) ATHLETES** per event.
- All Athletes** are allowed to compete in **MAXIMUM 5 EVENTS:**
 - 3 Individual & 2 Relays
 - 4 Individual & 1 Relay

NOTE:

- JUNIOR Females – 15U & 13U (Shot Put, Javelin, Discus, 1500m, 3000m Mixed Medley)
- JUNIOR Males – 15U & 13U (Shot Put, Javelin, Discus, 1500m, 3000m, Mixed Medley)
- SENIOR Females – 19U & 17U (Shot Put, Javelin, Discus, 4 x 400m, 1500m, 3000m)
- SENIOR Males – 19U & 17U (Shot Put, Javelin, Discus, 4 x 400m, 1500m, 5000m)
- OPEN MIXED Medley (15U & 13U) - **2 males and 2 females** allowed to run in any order with leg being 100m, 100m, 200m & 400m

If there is an OPEN event, the individual points will be added to individual Champion Boy / Girl results

Athletes MAY NOT compete in a higher age group.

ALL DATE OF BIRTH MUST BE APPROVED BY BIRTH CERTIFICATES OR A COPY OF PASSPORTS. THIS INFORMATION MUST BE SUBMITTED ON PORTAL TO VERIFY THE ATHLETE'S AGE TO BE ABLE TO COMPETE.

COMPETITORS' NUMBERS

Numbers will be checked in the Call Room to ensure that they correspond with the athletes' names. They shall be worn visibly on the breast and back.

Competitors in running events will be issued additional adhesive lane numbers, which shall be worn on the sides of their shorts.

START LISTS AND OFFICIAL RESULTS

Starting Lists will be posted daily at the TIC; a copy will be emailed and a hard copy given to the Team Leader upon identification. Results will be posted once the events have been concluded.

CALL ROOM

The Call Room will be located on the Eastern side of the stadium with clearly marked areas designated for each age group to check in. All athletes must report to the Call Room wearing the competition number provided, as well as the schools' official competition uniform. (NO COACHES WILL BE ALLOWED IN THIS AREA)

The times for the calls will be as follows:

No.	Event	Calls	Access to Competition Zone before the start of the event
1	100m, 200m, 400m	2	15 minutes
2	Hurdles	2	20 minutes
3	800m 1500m, 3000m, 5000m	2	15 minutes
4	Relays	2	15 minutes
5	High Jump	2	45 minutes
6	Long Jump, Triple Jump	2	45 minutes
7	Shot Put, Discus, Javelin	2	30 minutes

Athletes will access and leave the competition arena accompanied by the judges.

There will be two calls for the athletes to report before they can access the competition arena; there will be an interval of 15 minutes between the first and second call, then athletes will be marshaled to the competition arena. Under no circumstance will athletes be allowed to enter the competition arena if they fail to comply with the above-mentioned rules.

Coaches & Physical Education Teachers are asked to ensure that athletes bring only their track shoes into the call room area. No electronics are allowed into the Call Room area as they will be confiscated and returned at the end of the competition. All objects retained in the Call Room will be returned to their owners after the event. There is no distinction between communication devices or non-communication. ALL electronics are prohibited.

STARTING AND SUCCESSIVE HEIGHTS IN THE HIGH JUMPS

Age Categories	Start Heights	The bar will be raised by 5cm increments up to the following heights, or until 3 competitors remain . Then it will be raised by 3 cm increments until 1 competitor remains, who will choose the incremental raises.
13 & Under Female	1.25m	1.40 m
13 & Under Male	1.30m	1.45 m
15 & Under Female	1.30 m	1.45 m
15 & Under Male	1.40 m	1.55 m
17 & Under Female	1.35 m	1.50 m
17 & Under Male	1.50 m	1.65 m
19 & Under Female	1.45 m	1.50 m
19 & Under Male	1.65 m	1.85 m

MEDAL CEREMONIES

Medal ceremonies will take place periodically throughout the competition, as listed in the schedule of events. All medal winners should report to the awards presentation area upon request, fully dressed in the schools' official competition uniform.

All students are expected to be attired in the Official school track and field uniform for all medal presentations. No student will be allowed to receive awards if they are barefooted, in slippers or dressed other than in his/her school's official track and field uniform.

AWARDS

Individual Events: All athletes placing 1st, 2nd, and 3rd in all individual events will receive a medal.

Relays: All members of all the Relay teams placing 1st, 2nd, and 3rd will receive a medal.

SCORING SYSTEM

This year, the TCAAA and the TCI Sports Commission will be using the Medal Count System (aka Medal Tally Ranking System). The common method of determining the success of countries at the Olympic Games is a ranking order based first on the number of gold medals won, then silver and bronze.

PROTESTS

Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the results of that event (World Athletics Rule 146). The athlete or an authorized representative

shall make any protest verbally in the first instance to the official on his/her behalf. The Official may take a decision over the protest or may submit it to the Jury of Appeal.

Any protest presented before the Jury of Appeal shall be in writing on the official forms provided by the Organizing Committee, signed by a responsible official on behalf of the athlete and accompanied with a deposit of **US\$25.00**, refundable if the appeal is upheld (World Athletics Rule 146/5) A copy of the protest shall be given to the official presenting the protest. The copy will detail the time and date of the protest and the payment of the above-mentioned rate. If the appeal proves to be frivolous the **US\$25.00** will be retained.

The Jury of Appeal will give a written resolution to the protest as soon as possible. This resolution will be published in the TIC.

TECHNICAL INFORMATION CENTRE (TIC)

The main task of the Technical Information Centre (TIC) is to ensure that there is a smooth liaison between each School, the Organizing Committee, and the competition management team of the Games regarding technical matters.

The TIC will be located under tent close to the Finish Line at the National Stadium, open from 8am – 9pm.

TECHNICAL MEETING

The Technical Meeting will take place as follows:

DATE: **Thursday, 19th February 2026**
TIME: **5:30PM**
LOCATION: The National Stadium, Providenciales and Virtually, via MS Teams

NB. No more than two (2) representatives from each School may attend the meeting.

Teams wishing to raise questions of a technical nature must submit these questions to the Secretariat on the prescribed form (see appendix), no later than midnight on **Sunday, 15th February 2026**. The Technical Meeting will only address questions received before the meeting. No questions will be accepted from the floor during the Technical Meeting.

APPENDICES

- 1. SCHEDULE OF EVENTS**
- 2. INDIVIDUAL SPORTS WAIVER**
- 3. PROTEST FORM**
- 4. TECHNICAL MEETING QUESTION FORM**
- 5. CHANGE FORM**
- 6. QUALIFYING STANDARDS**

APPENDIX I

Schedule of Events

Please note: Schedule is subject to change depending on entry numbers per event

DAY 1: Thursday, 26 th FEBRUARY 2026		
TIME	TRACK EVENTS	FIELD EVENTS
1:00pm	100m 13U Females – Prelims	
1:10pm	100m 13U Males – Prelims	High Jump 19U Females – Final
1:20pm	100m 13U Females – Prelims	Shot Put SENIOR Females - Final
1:30pm	100m 15U Females – Prelims	
1:40pm	100m 15U Males – Prelims	
1:50pm	100m 17U Females – Prelims	
2:00pm	100m 17U Males – Prelims	
2:10pm	100m 19U Females – Prelims	
2:20pm	100m 19U Males – Prelims	
2:45pm	3000m Females JUNIOR – Final	
3:00pm	3000m Females SENIOR - Final	Long Jump 15U Females – Final
3.15pm	3000m Males JUNIOR - Final	
3:30pm	5000m OPEN Males – Final	Shot Put JUNIOR Females - Final
4:00pm	400m 13U Females - Prelims	High Jump 19U Males – Final
4:10pm	400m 13U Males - Prelims	
4:20pm	400m 15U Females - Prelims	
4:30pm	400m 15U Males - Prelims	Long Jump 13U Males - Final
4:40pm	400m 17U Females - Prelims	Shot Put JUNIOR Males - Final
4:50pm	400m 17U Males - Prelims	
5:00pm	400m 19U Females - Prelims	
5:10pm	400m 19U Males - Prelims	
OPENING CEREMONY (TBC) MEDAL PRESENTATIONS		
6:30pm	100m 13U Females - Final	Javelin JUNIOR Males – Final

6:40pm	100m 13U Males - Final	
6:50pm	100m 15U Females – Final	Long Jump 15U Males – Final
7:00pm	100m 15U Males – Final	
7:10pm	100m 17U Females - Final	
7:20pm	100m 17U Males - Final	Long Jump 13U Females - Final
7:30pm	100m 19U Females - Final	
7:40pm	100m 19U Males - Final	
	MEDAL PRESENTATIONS CLOSE DAY 1	

DAY 2: FRIDAY, 27 th FEBRUARY 2026		
TIME	TRACK EVENTS	FIELD EVENTS
	OPENING PRAYER MEDAL PRESENTATIONS	
10:00am	1500m JUNIOR Females - Final	Javelin SENIOR Females – Final
10:10am	1500m JUNIOR Males - Final	High Jump 13U Females – Final
10:20am	1500m SENIOR Females - Final	Shot Put SENIOR Males – Final
10:30am	1500m SENIOR Males - Final	Javelin JUNIOR Females – Final
10:40am	MEDAL PRESENTATIONS	
10:50am	200m 13U Females - Prelims	
11:00am	200m 13U Males - Prelims	
11:10am	200m 15U Females - Prelims	
11:20am	200m 15U Males - Prelims	High Jump 17U Males – Final
11:30am	200m 17U Females - Prelims	
11:40am	200m 17U Males - Prelims	Long Jump 17U Females – Final
11:50am	200m 19U Females - Prelims	
12:00pm	200m 19U Males - Prelims	
12:10pm	Mixed Medley - Heat 1	
12:20pm	Mixed Medley - Heat 2	
MEDAL PRESENTATIONS LUNCH 12.30PM – 1.20PM		
1:30pm	4 x 100m 13U Females - Prelims	
1:40pm	4 x 100m 13U Males - Prelims	
1:50pm	4 x 100m 15U Females - Prelims	Discus SENIOR Males – Final
2:00pm	4 x 100m 15U Males - Prelims	
2:10pm	4 x 100m 17U Females - Prelims	
2:20pm	4 x 100m 17U Males – Prelims	Long Jump 19U Females – Final
2:30pm	4 x 100m 19U Females – Prelims	
2:40pm	4 x 100m 19U Males – Prelims	

MEDAL PRESENTATIONS		
3:00pm	400m 13U Females - Finals	
3:10pm	400m 13U Males - Finals	Long Jump 17U Males – Final
3:20pm	400m 15U Females - Finals	High Jump 15U Females – Final
3:30pm	400m 15U Males - Finals	
3:40pm	400m 17U Females - Finals	
3:50pm	400m 17U Males - Finals	Javelin SENIOR Males – Final
4:00pm	400m 19U Females - Finals	
4:10pm	400m 19U Males - Finals	Long Jump 19U Males – Final
4:20pm	100m Invitational Men	
MEDAL PRESENTATIONS		
4:50pm	Mixed Medley - Final	
5:00pm	4 x 400m SENIOR Females - Prelims	Discus JUNIOR Males – Final
5:10pm	4 x 400m SENIOR Males - Prelims	
MEDAL PRESENTATIONS		
CLOSE DAY 2		

DAY 3: SATURDAY, 28 th FEBRUARY 2026		
TIME	TRACK EVENTS	FIELD EVENTS
OPENING PRAYER		
MEDAL PRESENTATIONS		
10:20am	200m 13U Females - Final	
10:30am	200m 13U Males - Final	High Jump 15U Males – Final
10:40am	200m 15U Females - Final	
10:50am	200m 15U Males - Final	Discus JUNIOR Females – Final
11:00am	200m 17U Females - Final	
11:10am	200m 17U Males - Final	
11:20am	200m 19U Females - Final	High Jump 13U Males – Final
11:30am	200m 19U Males - Final	Discus SENIOR Females – Final
11:40am	800m 13U Females - Timed Finals	
11:50am	800m 13U Males - Timed Finals	
12:00pm	800m 15U Females - Timed Finals	
12:10pm	800m 15U Males - Timed Finals	
12:20pm	800m 17U Females - Timed Finals	
12:30pm	800m 17U Males - Timed Finals	
12:35pm	800m 19U Females - Timed Finals	
12:40pm	800m 19U Males - Timed Finals	
MEDAL PRESENTATIONS		
BREAK 12:45pm- 1:45pm		
1:50pm	4x100m 13U Females – Final	
2:00pm	4x100m 13U Males – Final	
2:10pm	4x100m 15U Females – Final	High Jump 17U Females – Final
2:20pm	4x100m 15U Males - Final	
2:30pm	4x100m 17U Females – Final	
2:40pm	4x100m 17U Males – Final	

2:50pm	4x100m 19U Females - Final	
3:00pm	4x100m 19U Males - Final	
MEDAL PRESENTATIONS		
3:10pm	4x400m SENIOR Females – Final	
3:20pm	4x400m SENIOR Males – Final	
FINAL MEDAL PRESENTATIONS		
CLOSING CEREMONY		

NOTES:

- JUNIOR Females – 15U & 13U (Shot Put, Javelin, Discus, 1500m, 3000m, Mixed Medley)
- JUNIOR Males – 15U & 13U (Shot Put, Javelin, Discus, 1500m, 3000m, Mixed Medley)
- SENIOR Females – 19U & 17U (Shot Put, Javelin, Discus, 3000m, 4 x 400m)
- SENIOR Males – 19U & 17U (Shot Put, Javelin, Discus, 4 x 400m, 1500m, 5000m)
- OPEN MIXED Medley (15U & 13U) - **2 males and 2 females** allowed to run in any order with leg being 100m, 100m, 200m & 400m

APPENDIX II

**SPORTS COMMISSION
MINISTRY OF EDUCATION, LABOUR, EMPLOYMENT,
SPORTS AND CUSTOMER SERVICES**

INDIVIDUAL PARTICPATION REGISTRATION FORM

EVENT/ACTIVITY: _____ DATE: _____

LOCATION: _____

Student: _____ School: _____

DOB: _____ NHIP#: _____

EMERGENCY CONTACT INFORMATION

Name: _____ Relation: _____

Cell Phone: _____ Work Phone: _____

IF MINOR PARENT/GUARDIAN CONTACT INFORMATION

Parent /Legal Guardian: _____

Street Address: _____

Home Phone: _____ Work Phone: _____

Email Address: _____

Waiver and release of liability

I hereby certify that the individual named above is in good health and fully able to participate in all sports/activities associated with this event and I know of no restrictions, physical impairments, or any other facts, which in any manner limit his/her participation in such activities.

I also hereby authorize the Sports Commission to act for me/my child according to their best judgment in any emergency requiring medical attention and I hereby waive and release the Government of the Turks and Caicos, all partnered entities and utilized facilities from all liability for any injuries or illnesses experienced during or as a result participation.

Signature: _____

Date: _____

APPENDIX III

PROTEST FORM

Age Group: _____

Event: _____

Protest:

Fee: US \$25.00

Signed: _____

School: _____

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Championship Director Only:

Date: _____ Time: _____ Signature: _____

APPENDIX IV

2026 INTER-HIGH SCHOOL TRACK & FIELD CHAMPIONSHIPS NATIONAL STADIUM, VENTIAN ROAD, PROVIDENCIALES

TECHNICAL MEETING QUESTIONS (TO BE SUBMITTED NO LATER THAN midnight on Sunday 15th February, 2026)

SCHOOL:
QUESTION 1:
QUESTION 2:
QUESTION 3:

Team Official:

Date:

Signature:

APPENDIX V
CHANGE FORM

2026 NATIONAL INTER-HIGH SCHOOL TRACK & FIELD CHAMPIONSHIPS

School Name: _____

Coach phone number(s): _____ Coach email: _____

EVENT	CLASS/ AGE GP	GENDER	ATHLETE OUT	ATHLETE IN	REMARKS

Received by ATO: _____

Signature: _____

Print name: _____

Time: _____

Date: _____

APPENDIX VI

QUALIFYING STANDARDS

TURKS & CAICOS AMATEUR ATHLETIC ASSOCIATION

2026 Carifta Games Standards (automatic qualification)

GIRLS					BOYS				
Under 17			Under 20		EVENTS		Under 17		Under 20
Carifta			Carifta				Carifta		Carifta
12.08/12.20			11.90/12.00		100m		10.70/11:00		10.60/10.80
24.60/25.70			24.20/25.30		200m		21.95/22.20		21.80/22.00
57.50/58.00			56.00/57.00		400m		49.80/50:50		49.60/49.50
2:24.00/2.25.00			2:20.00		800m		2:02.00/2.05.00		2:00.00
4:50.00/5.00.0			4:45.00/4.50.0		1500m		4:10.00/4.15.00		4:05.00/4:06.0
10:00.00/11.00.00			10:00.00		3000/5000m Open		9:00.00/9.40.0		16:30.00/16.40.0
1.60m/1.50m			1.65m/1.55m		High Jump		1.90m/1.83m		2.00m/1.90m
5.50m/4.90m			5.60m/5.25m		Long Jump		6.80m/6.50m		7.20m/6.70
13.00m/12.50m			13.70m/12.60m		Shot Put 3/4k		14.80m/14.20m		15.00m/14.20m
35.00m/30.00m			38.00m/35.00m		Discus		40.00m		42.00m
36.00m/34.00m			40.00m/37:00		Javelin 500/600g		45.00m/43.00m		47.00m

TURKS & CAICOS AMATEUR ATHLETIC ASSOCIATION

2026 Carifta Trials Standards

GIRLS					BOYS				
Under 17			Under 20		EVENTS		Under 17		Under 20
Carifta			Carifta				Carifta		Carifta
13.00			12.90		100m		11.70		11.40
27.60			27.20		200m		23.95		22.80
1.04.50			1.04.00		400m		55.00		53.60
2:40.00			2:30.00		800m		2:20.00		2:12.00
5:30.00			5.25.00		1500m		5:20.00		4:20.00
10:00.00			10:00.00		3000/5000m Open		10:00.00		17:50.00
1.50m			1.60m		High Jump		1.70m		1.80m
4.50m			4.80m		Long Jump		6.40m		6.70m
10.00m			11.70m		Shot Put 3/4k		13.80m		14.00m
35.00m			38.00m		Discus		35.00m		38.00m

28.00m		35.00m		Javelin 500/600g	40.00m		45.00m	
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