



## 2026 Athletics NS Indoor Club Championship - Final Schedule

### Friday, January 16th

Event	Gender	Age	Time	Event	Gender	Age	Time
2000m	F	U14, U16	7:00 PM	High Jump	M	All	5:30 PM
2000m	M	U14, U16	7:10 PM	Long Jump	F	U20-Senior	5:15 PM
3000m	F	U18, U20, Open, Masters	7:25 PM	Long Jump	F	U14-U18	6:45 PM
3000m	M	U18, U20, Open, Masters	7:45 PM				
4x800m	F/M	U14, U16, U18, U20, Open, Masters	8:20 PM				

### Saturday, January 17th

Event	Gender	Age	Time	Event	Gender	Age	Time
60mH	F	Masters (30")	12:15 PM	High Jump	F	All	9:00 AM
60mH	F	U16 (30")	12:20 PM	Long Jump	M	All	9:00 AM
60mH	F	U18 (30")	12:25 PM				
60mH	F	U20, Senior, University (33")	12:30 PM	Triple Jump	F	All	11:00 AM
60mH	M	U18 (36")	12:40 PM	Triple Jump	M	All	4:15 PM
60mH	M	U20 (39")	12:45 PM				
60mH	M	Senior, University (42")	12:50 PM	Shot Put	F/M	Tetrathlon	1:30 PM
60m	F	Tetrathlon (All)	1:00 PM	Long Jump	F/M	Tetrathlon	2:35 PM
60m	M	Tetrathlon (All)	1:15 PM				
60m	F	U14, U16, U18, U20, Open, Masters	1:20 PM				
60m	M	U14, U16, U18, U20, Open, Masters	1:55 PM				
1000m	F	University	2:35 PM				
1000m	M	University	2:45 PM				
400m	F	U18, U20, Open, Masters	2:55 PM				
400m	M	U18, U20, Open, Masters	3:05 PM				
3000m RW	M	U18, U20, Open, Masters	3:20 PM				
600m	F	Tetrathlon (All)	3:50 PM				
600m	M	Tetrathlon (All)	4:00 PM				
		<b>Track Break</b>	4:05 PM				
150m	F	U14	4:35 PM				
150m	M	U14	4:40 PM				
1200m	F	U14, U16	4:50 PM				
1200m	M	U16	5:00 PM				
1500m	F	U18, U20, Open, Masters	5:10 PM				
1500m	M	U18, U20, Open, Masters	5:30 PM				
300m	F	U14, U16	5:50 PM				
300m	F	University	5:55 PM				
300m	M	University	6:05 PM				
200m	F	U16, U18, U20, Open, Master	6:35 PM				
200m	M	U16, U18, U20, Open, Master	7:00 PM				
800m	F	U14, U16, U18, U20, Open, M	7:35 PM				
800m	M	U14, U16, U18, U20, Open, M	7:50 PM				
600m	F	University	8:00 PM				
600m	M	University	8:10 PM				
4x200m	F	All	8:25 PM				
4x200m	M	All	8:40 PM				