

2026 INTER-HIGH TRACK & FIELD DEVELOPMENT MEETS

HISTORY OF THE COMPETITION AND PARTNERS

In 2019, the Turks and Caicos Islands Sports Commission collaborated with the Turks and Caicos Islands Amateur Athletic Association (TCAAA) to introduce additional development competitions to help athletes qualify for the High School National Track & Field Championships. Previously, schools only competed in one competition; therefore, these development meets were implemented to provide additional competitions to assist athletes in meeting qualifying standards for the National High School Track & Field Championship, assisting with our overall goal of mentally and physically preparing our student athletes for the podium.

The TCI Sports Commission, in collaboration with the TCAAA's Local Organizing Committee, are excited to be hosting the 2026 National Inter-High School Track and Field Competition this year, in addition to this year's Development Meet competition. We hope to see your star athletes.

The TCI Sports Commission and the TCAAA are grateful to everyone who helped make this possible; and we look forward to continuing our partnership as we work to improve the sport environment for our student athletes and increase the number of sporting events for school participation across the islands.

The Turks and Caicos Islands Amateur Athletic Association (TCAAA) was established in 1976 with the goal of promoting and developing track and field athletics on a national and international level. The TCAAA was given membership in the International Association of Athletics Federations (IAAF), the world governing organization for athletics, in 1977, and therefore became the National Governing Body of Track and Field Athletics, presently known as the Turks & Caicos Islands National Association for Athletics

OBJECTIVES OF THE DEVELOPMENT HIGH SCHOOL MEETS

1. Introduce competitive track and field to both public and private High schools aged student Athletes affording the opportunity to participate in a professionally administered track and field development competitions
2. Identify gifted student Athletes in track and field in all public and private high schools across the Turks and Caicos Islands
3. Select the outstanding top athletes from these competitions for further training in the development of Track & Field
4. To promote a higher standard of Athletics in the country
5. To give all athletes an opportunity to compete against the odds of COVID -19 setbacks from the past few years

COMPETITION FORMAT

The concept of having two weekends of competition will be divided into two-part competition event.

The dates listed below are for the 2026 Track and Field High School Development Meets. The daily schedules can be found in the appendices.

- **Saturday 7th February 2026** - Long & Middle Distances and Jumps
- **Saturday 14th February 2026** - Sprints and Throws

COMPETITION AGE GROUPS

The 2026 Track and Field High School Development Meets organization has split the competition into four (4) age categories.

The four age groups of competition will be:

- 13 years old & Under – Male and Female
- 15 years old & Under – Male and Female
- 17 years old & Under – Male and Female
- 19 years old & Under – Male and Female

RULES AND REGULATIONS

The Turks & Caicos Islands High Schools Track & Field Development Meets will be held in accordance with the current rules and regulations of the International Association of Athletic Federations (IAAF) now renamed World Athletics.

Technical matters will be resolved according to the World Athletics rules and regulations. The Local Organizing Committee will resolve general matters unforeseen in these regulations and the adjusted rules provided in this official manual.

The Turks & Caicos Armature Athletic Association (TCAAA) are the organizers of the event with the assistance of the TCI Sports Commission.

COMPETITION VENUE

The competition will take place at the **National Stadium, Venetian Road, Providenciales**. The venue capacity will be decided by the approval of the Ministry of Health department.

WARM UP FACILITIES

Athletes will warm up on the grass area located on the outer perimeter of the track. Athletes will be marshaled on to the competition arena prior to their events, with enough time for warm up runs, throws and jumps.

Only accredited persons with authorized access will be allowed in the Warm-up Area.

PARTICIPATION IS OPEN TO THE FOLLOWING PUBLIC AND PRIVATE SCHOOLS

01	Alpha Christian Academy (ACA) - Providenciales
02	Clement Howell High School (CHHS) – Providenciales
03	Helena J. Robinson High School (HJRHS) – Grand Turk
04	Maranatha Academy (MA) – Providenciales
05	Marjorie Basden High School (MBHS) – South Caicos
06	Raymond Gardiner High (RGH) – North Caicos
07	Precious Treasures International School (PTIS) – Providenciales
08	Holy Family Academy (HFA) – Providenciales
09	Wesley Methodist (WM) – Providenciales
10	Elite High School (EHS) – Providenciales
11	A. Louise Garland Thomas High School (ALGTHS) – Providenciales
12	Provo Middle School (PPM) – Providenciales
13	International School (Int.) – Providenciales
14	British West Indies Collegiate (BWIC) – Providenciales
15	TCIPS Comprehensive School (TCIPS) – Providenciales
16	Champions for Christ (CFC) – Providenciales

ACCOMODATIONS, MEALS & GROUND TRANSPORTATION

Teams travelling into Providenciales:

All travel arrangement will be made by the Sports Commission once the teams declare their team list in a timely manner.

For the Development 1: Teams will travel the Friday 6th February and return Saturday 7th February in the afternoon on the last flight/boat to their respective Islands.

For the Development 2: Teams will travel the Friday 13th February and return Saturday 14th February afternoon on the last flight/boat to their respective Islands

Travelling teams into Provo will be provided with ground transportation and a meal stipend of **\$10 per day** while on the Island of Providenciales. However, each team will be responsible for their team meals during the competition in Providenciales.

MEDICAL INFORMATION

Off-site medical services will be available at the Cheshire Hall Hospital Complex in Providenciales located approximately five (5) minutes away.

On-site medical services will be available with an ambulance situated at the Field with medical staff and EMTs on hand to assist with any emergency that arises. For additional emergency medical services, the ambulance will be on call.

Schools are encouraged to travel with a first aid kit for any minor incidents involving their team members. Any incidents requiring further medical attention will be referred to the Nurse or Doctor on standby. We also ask that all teams have access of all players **NHIP numbers and a list of all athlete's parents or guardian contact information** along with work place (i.e. signed school sports waivers)

INSURANCE

Each Team Athlete is covered by Schools Insurance for competition and the TCI National Health Insurance. To access the coverage, ALL Coaches and Athletes MUST provide an NHIP number during registration. Non-NHIP members will have to provide their own coverage or the school coverage.

NUMBER OF COMPETITORS

If an event cannot be conducted due to insufficient participants, defined as having "no less than four (4) competitors of three (3) schools", the Local Organizing Committee shall notify the schools immediately of the cancellation of the event.

Example: where there are 3 Schools and 4 Competitors there will be a race. This is the minimum World Athletic acceptance for a track event.

TEAM OFFICIAL QUOTA SIZE

1 – 7 Competitors	One (1) Official Unless Team Consists of Male and Female. Then two (2) Officials, One each male and female
8 – 16 Competitors	Two (2) Officials (1 male, 1 female)

Note: the maximum team athlete size is **16 athletes + 2 adults/officials** for each Development Meet

TEAM AGE

Male 19U	Male and Female Athletes born 1 January 2007 – 31 December 2005 (ages 18-19 years).
Female 19U	Athlete cannot be 20 years old before 31st December 2026
Male 17U	Male and Female Athletes born 1 January 2009 – 31 December 2008 (ages 16-17 years).
Female 17U	Athlete cannot be 18 years old before 31st December 2026
Male 15U	Male and Female Athletes born 1 January 2011 – 31 December 2010 (ages 14-15 years).
Female 15U	Athlete cannot be 16 years old before 31st December 2026
Male 13U	Male and Female Athletes born 1 January 2014 – 31 December 2012 (ages 11-13 years).
Female 13U	Athlete cannot be 14 years old before 31st December 2026

CONFIRMATION OF PARTICIPATION

All Schools wishing to participate in the 2026 Track and Field High School Development Meets will be required to complete their entries containing the names of the total number of athletes and team coach and manager, with the personal data of each competitor, to the Local Organizing Committee via:

Distance and Jumps: **TBC**

Deadline for entries: **February 1st, 2026 11:59pm (EST)**

Sprint and Throws: **TBC**

Deadline for entries: **February 8th, 2026 11:59pm (EST)**

TECHNICAL INFORMATION CENTER (TIC)

The Technical Information Center (TIC) will be located at the National Stadium.

The TIC shall serve as the link between the Organizing Committee and the various Schools' Team delegations.

COMPETITORS' NUMBERS

Numbers will be checked in the Call Room to ensure that they correspond with the athletes' names. They shall be worn visibly on the breast and back.

Competitors in running events will be issued additional adhesive lane numbers, which shall be worn on the sides of their shorts.

START LISTS AND OFFICIAL RESULTS

Starting Lists a copy will be emailed and a hard copy given to the Team Leader upon identification. Results will be posted once the events have been concluded.

CALL ROOM

The Call Room and warm-up area will be located at the entry to the track. All athletes must report to the Call Room bearing the individual identification and competition number provided by the Organizing Committee. (NO COACHES WILL BE ALLOWED IN THIS AREA)

The times for the calls will be as follows:

No.	Event	Calls	Access to Competition Zone before the start of the event
1	Sprint	2	15 mins
2	Hurdles	2	20 mins
3	Middle & Long Distance	2	15 mins
4	Relays	2	15 mins
5	High Jump	2	45 mins
6	Long & Triple Jump	2	45 mins
7	Throws	2	30 mins

Athletes will access and leave the competition arena accompanied by the judges.

There will be two calls for the athletes to report before they can access the competition arena; there will be an interval of 15 minutes between the first and second call, then athletes will be marshaled to the competition arena. Under no circumstance will athletes be allowed to enter the competition arena if they fail to comply with the above-mentioned rules.

Coaches & Physical Education (PE) Teachers are asked to ensure that athletes bring only their track shoes into the call room area. No electronics are allowed into the Call Room area as they will be confiscated and returned at the end of the competition. All objects retained in the Call Room will be returned to their owners after the event. There is no distinction between communication devices or non-communication. ALL electronics are prohibited.

STARTING AND SUCCESSIVE HEIGHTS IN THE JUMPS

Age Categories	Start Heights	The Bar will be set initially at the given height and shall be raised by increments of 5cm up to the following heights, or until 3 competitors remain. Then it will be raised by increments of 3cm until 1 competitor remains, who will choose the incremental raises.

13U Female	1.10 m	1.30 m
13U Male	1.10 m	1.40m
15U Female	1.10m	1.30m
15U Male	1.20m	1.40m
17U Female	1.25m	1.45m
17U Male	1.30m	1.50m
19U Female	1.30m	1.50m
19U Male	1.50m	1.70m

PROTESTS

Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the results of that event (IAAF Rule 146). The athlete or an authorized representative shall make any protest verbally in the first instance to the official on his/her behalf. The Official may take a decision over the protest or may submit it to the Jury of Appeal.

Any protest presented before the Jury of Appeal shall be in writing on the official forms provided by the Organizing Committee, signed by a responsible official on behalf of the athlete and accompanied with a deposit of **US\$25.00**, refundable if the appeal is upheld (IAAF Rule 146/5) A copy of the protest shall be given to the official presenting the protest. The copy will detail the time and date of the protest and the payment of the above-mentioned rate. If the appeal proves to be frivolous the **US\$25.00** will be retained.

The Jury of Appeal will give a written resolution to the protest as soon as possible. This resolution will be published in the TIC.

TECHNICAL QUESTIONS

Teams wishing to raise any questions of a technical nature must submit these questions to the Secretariat on the prescribed form (appendix), no later than 6pm the Monday of the week that the event starts, **Monday, 2nd February 2026** and **Monday, 9th February 2026**.

APPENDICES

- 1. SCHEDULE OF EVENTS**
- 2. TECHNICAL QUESTION FORM**
- 3. CHANGE FORM**
- 4. PROTEST FORM**

Daily Schedule for 2026 Inter-High Track & Field Development Meet

JUMPS & DISTANCE

Meet 1: Saturday 7th February 2026			
TIME	TRACK EVENTS		FIELD EVENTS
9.30am	3000m OPEN Female	Timed Final	Long Jump 13U Male High Jump 15U Female
9.40am			High Jump 13U Female Long Jump 15U Male
9.50am			
10.00am	3000m JUNIOR Male	Timed Final [GS1]	Long Jump 19U Female
10.10am			
10.20am	5000m SENIOR Male	Timed Final	High Jump 19U Male
10.30am			
10.40am			Long Jump 17U Male
10.50am	800m JUNIOR Female	Timed Final [GS2]	
11.00am	800m JUNIOR Male	Timed Final	High Jump 17U Female
11.10am			
11.20am			Long Jump 15U Female
11.30am	800m 17U Female	Timed Final	
11.40am	800m 17U Male	Timed Final	Long Jump 13U Female High Jump 15U Male
11.50am	800m 19U Female	Timed Final	Long Jump 19U Male
12.00pm	800m 19U Male	Timed Final	
12.10pm			High Jump 19U Female
12.30-1.30 pm LUNCH BREAK			
1.40pm	1500m JUNIOR Female		Long Jump 17U Female
1.50pm	1500m JUNIOR Male		
2.00pm	1500m SENIOR Female		High Jump 17U Male
2.10pm	1500m SENIOR Male		
2.20pm			High Jump 13U Male

NOTE:

- JUNIOR Female – 15U & 13U (800m & 1500m)
- JUNIOR Male – 15U & 13U (800m, 1500m & 3000m)
- SENIOR Female – 19U & 17U (1500m)
- SENIOR Male – 19U & 17U (1500m, 5000m)
- OPEN Female – 11-19 years old (3000m)

Daily Schedule for 2026 Inter-High Track & Field Development Meet

SPRINTS & THROWS

Meet 2: Saturday 14 th February 2026				
TIME	TRACK EVENTS		FIELD EVENTS	
9.30am	13U Female 100m	Timed Final 1-3		
9.40am	13U Male 100m	Timed Final 1-3	Male JUNIOR Shot Put	Final
9.50am	15U Female 100m	Timed Final 1-3		
10.00am	15U Male 100m	Timed Final 1-3	Male SENIOR Shot Put	Final
10.10am	17U Female 100m	Timed Final 1-3		
10.20am	17U Male 100m	Timed Final 1-4	Female SENIOR Shot Put	Final
10.30am	19U Female 100m	Timed Final 1-2	Female JUNIOR Shot Put	Final
10.40am	19U Male 100m	Timed Final 1-3		
10.50am			Male JUNIOR Javelin	Final
11:00am	13U Female 400m	Timed Final 1-3		
11:10am	13U Male 400m	Timed Final 1-3	Male SENIOR Javelin	Final
11:20am	15U Female 400m	Timed Final 1-3		
11:30am	15U Male 400m	Timed Final 1-3	Male JUNIOR Javelin	Final
11:40am	17U Female 400m	Timed Final 1-3		
11:50am	17U Male 400m	Timed Final 1-3		
12.00-1.00PM LUNCH BREAK				
1:10pm	19U Female 400m	Timed Final 1-3	Female SENIOR Javelin	Final
1:20pm	19U Male 400m	Timed Final 1-3		
1:30pm				
1:40pm	13U Female 200m	Timed Final 1-3	Male SENIOR Discus	Final
1:50pm	13U Male 200m	Timed Final 1-3	Female SENIOR Discus	Final
2:00pm	15U Female 200m	Timed Final 1-3		
2:10pm	15U Male 200m	Timed Final 1-3		
2:20pm	17U Female 200m	Timed Final 1-3		
2:30pm	17U Male 200m	Timed Final 1-3	Male JUNIOR Discus	Final
2:40pm	19U Female 200m	Timed Final 1-3	Female JUNIOR Discus	Final
2:50pm	19U Male 200m	Timed Final 1-3		
3:00pm				

NOTE:

- JUNIOR Females & Males – 15U & 13U (Javelin, Shot Put & Discus)
- SENIOR Females & Males – 19U & 17U (Javelin, Shot Put & Discus)

**HIGH SCHOOL DEVELOPMENT TRACK & FIELD MEETS
TECHNICAL QUESTIONS FORM**

(TO BE SUBMITTED NO LATER THAN 6:00PM

MONDAY)

SCHOOL NAME: _____

QUESTION 1: _____

QUESTION 2:

QUESTION 3

Team Official: _____

Date: _____

Signature: _____



PROTEST FORM

Age Group: _____ Gender: _____ Event: _____

Protest description: _____

Fee: **US \$25.00**

Signed: _____

School: _____

Meet Director Only:

Date: _____ Time: _____ Signature: _____
