



# WINDSOR INDOOR OPEN

Dennis Fairall Fieldhouse, Toldo Lancer Centre  
Sunday, January 18, 2026

**Events:** 60m, 60mH, 200m, 400m, 800m, 1500m, Long Jump, Triple Jump, High Jump, Shot Put, Pole Vault

**Package Pickup:** Envelopes with final competition information will be available at Scorers Table upon arrival

**Location:** Toldo Lancer Centre, 2555 College Ave, Windsor, ON

**Eligibility:** Competition is open to all club athletes registered with the Athletics Canada and/or USATF Non-competitive or Unregistered athletes will pay an extra \$10.00 insurance fee.

**Entry Deadline:** Thursday, January 15, 2026.

**Meet Registration:** All entries will be processed online: [www.trackie.com/event/2026\\_Windsor\\_Indoor\\_Open](http://www.trackie.com/event/2026_Windsor_Indoor_Open)

**Entry Fee:** \$20.00 per event, payable online.

**Post Entries:** Post Entries will be accepted up to one hour before the start of the event at a cost of \$30.00/event

**Age Groupings:** There will be **two** age groups (**U14 & Open**) for the meet. Athletes will be grouped according to ability level and for this purpose it is imperative that you use **Accurate Seed Times**.

**Facility:** Newly resurfaced (Mondo - July 2017) flat 200 metre six lane, with a 7 lane 60m sprint straightaway. Track and jumping surfaces are Mondo; shot circle is concrete.

**Spikes:** Indoor cone shaped spikes no longer than 6mm (1/4"). Shoes will be checked and offenders withdrawn from competition.

A diagram showing three types of spikes. The first and second spikes are allowed, while the third is prohibited.

**Throwing Implements:** Athletes are encouraged to bring their own, weigh-ins will occur at event site, implements must be shared.

**Starting Heights:** The starting heights for the vertical jumps will be as follows:

Men's High Jump	1.51m
Women's High Jump	1.28m
Men's Pole Vault	3.00m
Women's Pole Vault	2.00m

**Results:** Provided by Windsor Timing ([www.windsortiming.com](http://www.windsortiming.com))

**Age Class Specifications:** The following age class specifications will be accommodated at this meet:

Shot Put - Men @ 4kg, 5kg, 6kg, & 7.26kg; Women @ 4kg & 3kg  
Weight Throw - Men @16lbs, 20lbs, 25lbs, & 35lbs; Women @12lbs, 16lbs, 20lbs  
Hurdles Men - 110mH spacing @ 33", 36", 39", 42"  
Hurdles Women - 80mH spacing @ 30" & 100mH spacing @ 30", 33"

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## Track & Field Meet

**Sunday, January 18, 2026**

<u>Track</u>	<u>Field</u>
	10:00am Weight Throw (M&W)
12:00pm 800m Timed Finals	11:30am Men's Long Jump
60m Heats	12:00pm Men's Pole Vault
60mH Heats	Women's Shot Put
200m Timed Finals	1:00pm Men's Shot Put
60mH Finals	Women's Long Jump
60m Finals	2:00pm Women's Pole Vault
400m Timed Finals	Men's High Jump
1500m Timed Finals	2:30pm Women's Triple Jump
	3:30pm Men's Triple Jump
	Women's High Jump

### Note:

- 1) All events are women followed by men unless stated otherwise.
- 2) All timed finals will run slowest to fastest.

