

**Lake Country Judo annual “Okanagan Open”
Saturday March 28! 9am-1pm
(Kata Clinic to follow 1-5pm)**

Lake Country Judo will be hosting the annual “Okanagan Open” Novice tournament (orange belt and under) here in the Okanagan on Saturday, March 28, 2026 at The Winfield Memorial Hall (10130 Bottom Wood Lake Rd. Lake Country, BC - (CHANGE OF VENUE THIS YEAR!! PLEASE TAKE NOTE!!).

Similar to every year’s shiai, it will be another excellent chance for all judoka, from new white belt little ones, 4 years old to Adult, to participate in a fun “mock tournament”, right here in our own backyard! THERE WILL BE AN ADULT NE-WAZA DIVISION THIS YEAR! We will have as many matches for everybody as possible, with candy and awards at the end! There will a \$35 charge to enter. Please put this on your calendars now and click on “Register for Event”.

(deadline to enter is 1 week before the Shiai – March 22, 2026) (Please enter as soon as possible! We will be limiting the capacity!)

BRAND NEW FOR THIS YEAR!!! WE WILL HAVE A KATA CLINIC IMMEDIATELY FOLLOWING THE MINI-TOURNAMENT!!

From approximately 1pm-5pm, we are honoured to have John Morris (chair of the Kata Committee) and his family up here to demo and teach Nage-no-Kata (for those of any belt interested in the Kata that it takes to earn a black belt!) AND an intro to Kodomo-no-Kata (which is the Kids Kata!) (\$35 to enter this as well)

Outline for the day will be:

SATURDAY MARCH 28/26:

9:00-9:15am: Registration & Organization
9:15 – 9:30: Bow-in and Warm-up
9:45-10:45: Kodomo-no-Kata demonstration and participation
10:45 - 1pm: Round robin randori’s (matches)
1:00 pm to 5:00 PM Nage-no-Kata Clinic

There will be 3-4 Mat Areas for Ne-Waza fights (for beginners) and Tachi-Waza fights... we will group the judoka ahead of time so we can have a couple seeded matches, and then we will match up judoka after that according to age, size, ability, desire to fight more matches, etc...

Any and all help with referee-ing matches, or timekeeping, etc.. will be very much appreciated and please let us know who would be able to do this...

There will not be a concession stand so please bring snacks!

We are so very excited that our Okanagan/Kootenays clubs have been coming together for these mini-shiai's (AND NOW KATA!) as it's such a wonderful opportunity for the judoka to try out a mock tournament without the expense of going to Vancouver or Alberta and the pressure of a large competition.

Thanks everyone for making our Okanagan/Kootenays area so strong!

Here's a video from a previous year's Okanagan Open! See you guys soon!

Jita Kyohei,

Kathy Hubble, Chris Smiley, Michal Thompson
Lake Country Judo & Martial Arts
info@lakecountryjudo.com