



**B Sanctioned by Judo Canada**

is presented by



Saturday March 28th 2026 at the Peterborough Sport and Wellness Centre

[Google Map link](#)

775 Brealey Drive, Peterborough On

Tournament Director Paul Teleki (paul@preferences.ca)

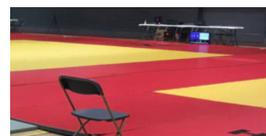
Chief Tournament Official Dr. Daniel Bird, Chief Referee TBD  
Chief Medic Aaron Rutter

### Registration - **ONLINE ONLY**

Registration opens January 6th, 2026

Late registration begins March 18th - March 23rd, 2026

Super Late registration March 24th to 26th 2026 until 11:59pm



Register Here: <https://registration.judocanada.org/event/2026-goldennorthopen>

### Registration Fees

All divisions \$80

Late registration (March 18th to 24th) \$90

Super Late (March 25th to 27th) \$100

Extra divisions \$40



THIS EVENT/CONTEST IS SANCTIONED BY AN ORGANIZATION OFFICIALLY RECOGNIZED BY THE PROVINCE OF ONTARIO.  
SUPPORTED BY Ministry of Heritage, Sport, Tourism and Culture Industries

## Referees

Referee's planning to officiate should present themselves to the Chief Referee for roll call at 8:30 am on Saturday morning. To register and for more information about registering as a referee, please email Sensei Paul Teleki at [paul@preferences.ca](mailto:paul@preferences.ca)

**Referee Eligibility:** Referees must be paid up members of Judo Ontario with minimum Regional, or other Provincial/Territorial associations, or IJF recognized Association with similar certification

## Volunteers

Anybody willing to volunteer should contact Sensei Paul Teleki at [paul@preferences.ca](mailto:paul@preferences.ca) Please email tournament director Paul Teleki with your intent to volunteer and the length you are willing to stay. We have various areas that are needed to be covered. Also, any Judoka that are high school students that need community hours can have them signed off by Paul Teleki.

## Awards

1<sup>st</sup>, 2<sup>nd</sup> and two 3<sup>rd</sup> place medals will be awarded as per Judo Canada guidelines. Medals will be awarded as each division finishes.

## Weigh-ins

Weight categories will be submitted ahead of time through online registration and weigh-ins will be available on the day of the competition at the tournament site. Weigh-ins will begin 1.5 hours prior to the scheduled start time and until 1 hour prior to the last division scheduled start time. In order to get accreditation and enter the competition zone, competitors must have completed their weigh-in by 1 hour prior to the scheduled start time of their division. Weigh-ins will also be available to all groups and competitors the evening before (Friday March 27<sup>th</sup>) from 6-9pm at the tournament venue. Unofficial scales will be available from 5-6pm Friday March 27<sup>th</sup> and 6:30-7:30am Saturday March 28<sup>th</sup>. For 9am start, official weigh-in ends at 8am. **Please note:** a difference of 1+ kilograms between online submission and day-of weight could result in an administrative fee of \$10.

\* Times are subject to change depending on number of registrations, athletes will be notified

**Note:** All participants must come to sign-in with their 2025-26 Judo Canada number.

All athletes must weigh-in wearing their judogi pants and a t-shirt **with no exceptions.**  
**No stripping of clothing will be allowed.**

Allowances are as follows:

U10-U12 where the maximum weight difference between the lightest and heaviest competitor is more than 15% of the lightest competitor, the division will be split into appropriate weight groupings.

U14-U21 600 grams

Senior & Veterans 800 grams

## Rules and Eligibility

- All paid up members of Judo Ontario
- Judo Canada membership
- White judo gi's are mandatory for all ages. We will have blue and white belts accessible to athletes for expediency and sport accessibility. Competitors can also bring their blue judogi insofar as it conforms with the regulations of fitting and labeling under IJF standards and does not delay the shiai.
- IJF Current Rules Modified by NSO & PSO Regulations apply.
- True double elimination.
- Round robin if needed.
- The Tournament Director with the approval of the Chief Official reserves the right to delete, combine, or alter any category or division if necessary, for the successful running of this tournament.
- Any division changes affecting minors must have parental written consent of all competitors in NEW/RECEIVING DIVISION.
- Any division changes affecting adult competitors must have the written consent of all competitors in the receiving division.

## Competition Schedule

**Saturday, March 28th 2026 (at Peterborough Sport and Wellness Centre)**

8:00 am – Mats are open for exhibition and scoreboard testing

8:30 am – Referee roll call

9:00 am – Shiai Commences with First block: U16, U14, U12, U10, Second Block: U18, Seniors, U21, Veterans - Shiai may have staggered weigh-ins throughout the day

### **Order of Divisions**

U14 & U16

U10 & U12

U18 & Veterans

U21 & Seniors

## Shiai Divisions

Age groups will be split up by weight according to the weight divisions set out below and by the following belt rank groupings:

### U10-U12\*

- NOVICE: Yellow-Orange
- INTERMEDIATE: Green and up

### U14-U16\*

- NOVICE: Yellow-Orange
- ADVANCED: Green and up

### U18-U21-Seniors-Veterans\*

- NOVICE: Yellow-Orange
- ADVANCED: Green and up

\*belt rank groupings will ultimately be decided by the Tournament Director based on registrations. Half ranks are treated as the lower half (i.e. orange-green is treated as orange).

#### **U10 - Scored randori. There will be no losers**

**Born:** 2017-2018

**Ranks:** NOVICE: Yellow/Orange; INTERMEDIATE: Green and up

No chokes or armlocks. Modified Medical Rules. See Below

Duration: 2 minute matches with no stoppage time. No Golden Score.

Mixed divisions in accordance with NSO/PSO rules.

#### **U12 [Tournament Director may apply mixed gender divisions]**

**Born:** 2015-2016

**Ranks:** NOVICE: Yellow/Orange; INTERMEDIATE: Green/Blue

No chokes or armlocks. Modified Medical Rules. See Below

Duration: 2 minute matches. No Golden Score.

U12 Male Weight Divisions of 2-5 athletes will be compiled after weigh-in has been completed.

U12 Female Weight Divisions of 2- 5 athletes will be compiled after weigh in has been completed.

<p><b>U14</b>  <b>Born:</b> 2013-2014  <b>Ranks:</b> NOVICE: Yellow/Orange; ADVANCED: Green and up  No chokes or armlocks. Modified Medical Rules. See Below  Duration: 3 minute matches. No Golden Score</p>	
<p>U14 Male Weight Divisions:  -32kg, -35kg, -38kg, -42kg, -46kg, -50kg, -55kg, -60kg, -66kg, +66kg</p>	<p>U14 Female Weight Divisions:  -30kg, -33kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, +63kg</p>

<p><b>U16</b>  <b>Born:</b> 2011-2012  <i>and as per Judo Canada's Early Bloomer Clause</i>  <b>Ranks:</b> NOVICE: Yellow/Orange; ADVANCED: Green and up  No chokes or armlocks for Novice Ranks; chokes for Intermediate. Modified Medical Rules. See Below  Duration: 3 minute matches. Golden Score is applied.</p>	
<p>U16 Male Weight Divisions:  -38kg, -42kg, -46kg, -50kg, 55kg, -60kg, -66kg, -73kg, +73kg</p>	<p>U16 Female Weight Divisions:  -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg</p>

**Note** - Modified Medical Rules: All U14, U16 and U18 contestants will be allowed two one minute free medical examinations per competitor per match (does not include treatments for bleeding) without penalty. A third examination for the same injury to the same competitor in the same match will result in their opponent being awarded the win by "Kikengachi". All incidents of bleeding in these two age categories will be dealt with in accordance with current IJF Competition Rules, Article 29 (Bleeding Injuries).

<p><b>U18</b>  <b>Born:</b> 2009, 2010, 2011  <i>and as per Judo Canada's Early Bloomer Clause</i>  <b>Ranks:</b> NOVICE: Yellow/Orange; ADVANCED: Green and up  No chokes or armlocks for Novice Ranks. Modified Medical Rules. See Above  Duration: 4 minute matches. Golden Score is applied.</p>	
<p>U18 Male Weight Divisions:  -50kg, -55kg, -60kg, -66kg, -73kg, -81kg, -90kg, +90kg</p>	<p>U18 Female Weight Divisions:  -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg</p>

### U21

**Born:** 2006, 2007, 2008, 2009, 2010, 2011

*and as per Judo Canada's Early Bloomer Clause*

**Ranks:** NOVICE: Yellow/Orange; ADVANCED: Green and up

No chokes or armlocks for Novice Ranks. Modified Medical Rules. See Above

Duration: 4 minute matches. Golden Score is applied.

U21 Male Weight Divisions:

-60kg, -66kg, -73kg, -81kg, -90kg, -  
100kg, +100kg

U21 Female Weight Divisions:

-48kg, -52kg, -57kg, -63kg, -70kg, -78kg, +78kg

### Seniors

**Born:** 2011 and older

**Ranks:** NOVICE: Yellow/Orange; ADVANCED: Green and up

No chokes or armlocks for Novice Ranks. Modified Medical Rules. See Above

Duration: 4 minute matches. Golden Score is applied for all ranks except for Novice.

U21 Male Weight Divisions:

-60kg, -66kg, -73kg, -81kg, -90kg, -  
100kg, +100kg

U21 Female Weight Divisions:

-48kg, -52kg, -57kg, -63kg, -70kg, -78kg, +78kg

### Veterans

**Born:** 1996 and older

**Ranks:** NOVICE: Yellow/Orange; ADVANCED: Green and up

and armlocks permitted for Green and above.

Duration: Up to M7/F7 3 minute matches. Golden Score is applied

(M7/F7 2min match, 1 minute Golden Score)

Veterans Male Weight Divisions:

-73kg, -81kg, -90kg, -100kg, +100kg

Veterans Female Weight Divisions:

-52kg, -63kg, -78kg, +78kg

### Veterans Age and weight categories

#### Divisions/Years born

F1/M1 1996-1992

F2/M2 1991-1987

F3/M3 1986-1982

F4/M4 1981-1977

F5/M5 1976-1972

F6/M6 1971-1967

F7/M7 1966-1962

F8/M8 1961-1957

F9/M9 1956-1952

F10/M10 1951-1947

F11/M11 1946 and earlier

# NEARBY ACCOMMODATIONS

## Hampton Inn by Hilton Peterborough

3900 Fisher Dr,  
Peterborough, ON  
K9J 6X6

+17052706280

## SUPER 8 by Windham

1257 Lansdowne St  
W, Peterborough,  
ON K9J 7M2

+17052430210

## Comfort Hotel and Suites

1209 Lansdowne St W, Peterborough, ON K9J 7M2

+17057407000

## Quality Inn Peterborough

1074 Lansdowne St W, Peterborough, ON K9J 1Z9

+17057486801

