



**National Association of Athletics
Administrations of Trinidad and Tobago
(NAAATT)**



**Proposed Program of Events
REVISED**

2026 Track and Field Series #1

Hasely Crawford Stadium

10 January

No	Time	Event	Category
1	10:00 AM	Discus Throw (1.5kg)	Boys Under 17
2	10:05 AM	100mH (0.762m)	Girls Under 17
3	10:10 AM	100mH (0.838m)	Girls U-20
4, 4a	10:15 AM	Long Jump	Girls Under 15, Under 17
5, 5a	10:20 AM	Shot Put (3kg, 4kg)	Girls Under 17, Under 20
6	10:25 AM	110mH (0.914m)	Boys Under 17
7	10:30 AM	110mH (0.991m)	Boys Under 20
8	10:40 AM	100m	Girls Under 15
9	10:50 AM	100m	Boys Under 15
10	11:05 AM	100m	Girls Under 17
11, 11a	11:15 AM	Discus Throw (1kg)	Girls Under 17, Under 20
12	11:20 AM	100m	Boys Under 17
13	11:40 AM	100m	Girls Under 20
14	11:55 AM	100m	Women
15, 15a	12:00 PM	Shot Put (6kg, 7.26kg)	Boys Under 20, Men
16, 16a	12:00 PM	Long Jump	Boys Under 15, Under 17
17	12:00 PM	100m	Boys Under 20
18	12:20 PM	100m	Men
19	12:35 PM	400m	Girls Under 15
20, 20a	12:40 PM	Discus Throw (1.75kg, 2kg)	Boys Under 20, Men
21, 21a	12:45 PM	Long Jump	Girls Under 20, Women
22	12:45 PM	400m	Boys Under 15
23	1:00 PM	400m	Girls Under 17
24	1:15 PM	400m	Boys Under 17
25	1:30 PM	Shot Put (5kg)	Boys Under 17
26	1:35 PM	400m	Girls Under 20
27	1:50 PM	400m	Women
28	1:55 PM	400m	Boys Under 20
29, 29a	2:00 PM	Long Jump	Boys Under 20, Men
30	2:20 PM	400m	Men
31, 31a, 31b	2:40 PM	1500m	Girls Under-17, Under-20, Women
32	2:45 PM	1500m	Boys Under 17
33, 33a	2:50 PM	1500m	Boys Under 20, Men
34	3:00 PM	4x200m	Women (Open)
35	3:10 PM	4x200m	Men (Open)