



VVAC Winter Season Opener - January 4th, 2026

Variety Village Athletic Club

www.varietyonario.ca

Sunday January 4th, 2026

9:00am	1500m	Women followed by Men
9:30am	60m Hurdle	Timed Final Combined
9:40am	60m Heats	Women (First Round)
9:50am	60m Heats	Men (First Round)
10:10am	400m	Women followed by Men
10:40am	60m Final	(Finals) Women
10:50am	60m Final	(Finals) Men
11:10am	800m	Women followed by Men
11:30am	200m	Women
11:50am	200m	Men

ALL TIMED SECTIONS WILL BE RUN FROM FAST TO SLOW

EVENTS MAY RUN (5 Mins) AHEAD OF SEHEDULE

ALL 60m ATHLETES WILL HAVE 2 RUNS