

Time	Event	Round	Categories	Time	Vertical	Horizontal	Throws
11:30	60m	Tet	U10 U12	11:30			
11:35	60m H	F	Sr M	11:45		Tet LJ	
11:40	60m H	Pent	M U16	12:00			
11:45	60m H	F + Pent	F Sr	12:15			Tet + U14 SP
11:55	60m H	Pent	F U18	12:30	F+Pent-F HJ	M+Pent-M LJ	
12:00	60m H	F	F U16 & MU14	12:45			
12:10	1500m	F	M U16+	13:00			F U16+ SP
12:20	1500m	F	F U16+	13:15			
12:30	1200m	F	M U14 U16	13:30			
12:35	1200m	F	F U14 U16	13:45			
12:40	60m	Q	M U14+	14:00	PV		
12:45	60m	Q	F U14+	14:15		F LJ	
13:00	300m	Tet	U10	14:30			
13:05	600m	Tet	U12	14:45			Pent + Para
13:10	400m	TSF	M U18+	15:00			
13:15	400m	TSF	F U18+	15:15			
13:20	BREAK			15:30			
13:50	60m	F	M U14+	15:45	M+Pent-M HJ	Pent-F LJ	M U16+ SP
14:05	60m	F	F U14+	16:00			
14:20	50m WC	F	M Para	16:15			
14:25	600m	F	M U16+	16:30			
14:30	600m	F	F U16+	16:45		F+M TJ	
14:35	200m	TSF	M U16+	17:00			
14:45	200m	TSF	F U16+	17:15			F WT
14:55	200m WC	F	M Para	17:30			
15:00	150m	F	F U14	17:45			
15:02	150m	F	M U14	18:00			
15:05	3000m	F	M U18+	18:15			
15:20	3000m	F	F U18+	18:30			
15:35	2000m	F	M U14 U16	18:45			M WT
15:45	2000m	F	F U14 U16	19:00			
15:55	1000m	F	M U20+	19:15			
16:00	1000m	F	F U20+	19:30			
16:05	1000m	F	F U12	19:45			
16:10	1500m RW	F	M U18				
16:20	300m	TSF	M U16+				
16:30	300m	TSF	F U16+				
16:40	800m	F	M U14+				
16:45	800m	F	F U14+				
16:50	800m	Pent	F U18 Sr				
16:55	1000m	Pent	M U16				
17:00	4x200m	F	M				
17:05	4x200m	F	F				
17:10	4x400m	F	M				
17:15	4x400m	F	F				