

**2026 Sharon Anderson Memorial
Track and Field Meet**

Date: Saturday January 3rd, 2026
Location: University of Toronto Field House
Faculty of Kinesiology & Physical Education
55 Harbord Street

Start Time: Saturday 8:00 am
Sanctioned by: Ontario University Association (OUA)
Hosted By: Faculty of Kinesiology & Physical Education
University of Toronto

Meet Directors: Rostam Turner rostam.turner@utoronto.ca
Andre Metivier ap.metivier@utoronto.ca

Eligibility: University, College, and AO athletes

Entries:

Entry Fee University or College:	\$30/event \$30/relay \$600 / school maximum
Open Athletes:	\$30/event \$30/relay No club maximum

Must be submitted on-line by Thursday Jan 1st, 2026 at 11:59pm

<https://www.trackie.com/event/2026-sharon-anderson-memorial/1033826/>

Facility: 200m flat Mondo - rubber 5-lane track with 8 sprint lanes. All runways Mondo - rubber; shot put circle concrete.

Spikes: **MAXIMUM 6mm.**

Timing: Fully electric timing.

Changing facility: Locker rooms are available for men and women. Please bring your own locks and towels.

Entry Fee: **\$30.00 per athlete per event**

Cost limit \$600 per team

Late Entry: Late entries will be accepted at \$60.00 per athletes per events.

Entries will not be accepted after 6:00PM the night before the meet.

TORONTO
TRACK AND FIELD
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SCRATCHES: Please make all scratches online or upon arrival to the Field House registration desk (top of the stairs).

Check In: Check-in for all events **except the 300m** will take place at the event site 30 minutes prior to the start of the event.

Due to the large number of 300m competitors, we have introduced a special check-in procedure to keep the event on schedule.

Step 1. Athletes must declare whether or not they will be competing in the 300m. Athletes or coaches will simply either tick their name or cross it out. There will be a volunteer to assist with the declaration. The table will be at the entrance to the track (at the top of the stairs).

Step 2. The deadline to declare will be 1 hour before to the start of the event.

Ex. Women's 300 starts at 3:15. Deadline to declare will be 2:15

Step 3. 30 minutes prior to the start of the event, Athletes will check-in with the official on the infield near the start of the 300's (East end of the track)

Note

*Declaring DOES NOT mean you have Checked In. You must check in with the official

*If you only plan to run the 300, make sure you arrive early enough to follow the check-in procedure.

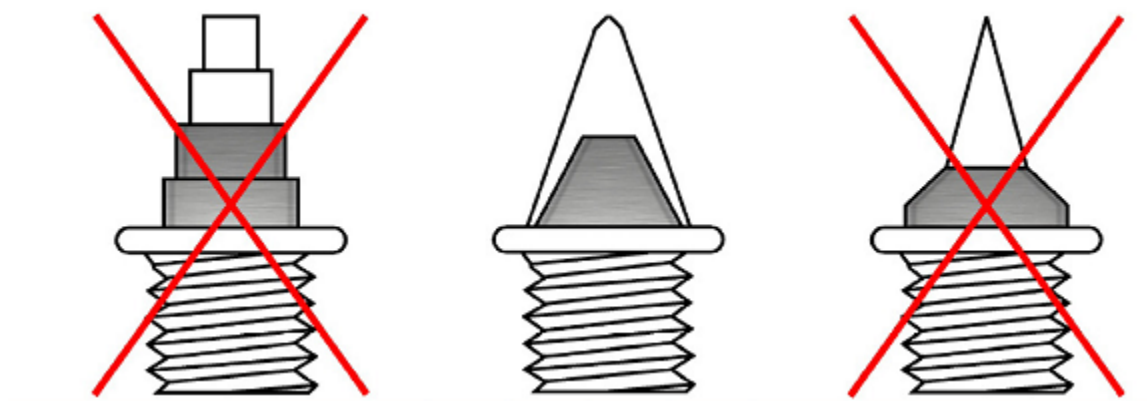
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Track Events	Athletics Center	
	Saturday January 3rd, 2026	
11:00 AM	60m Hurdles Heats (U16, U18, Open)	Women
11:15 AM	60m Hurdles Heats (U16, U18, U20, Open)	Men
11:30 AM	60m Heats	Women
11:25 AM	60m Heats	Men
12:45 AM	1000m Timed Sections	Women
1:00 PM	1000m Timed Sections	Men
1:15 PM	4x200m Relay	Women
1:25 PM	4x200m Relay	Men
1:35 PM	Mile Timed Sections	Women
1:55 PM	Mile Timed Sections	Men
2:10 PM	60m Hurdles Final (U16, U18, U20, Open)	Men
2:20 PM	60m Hurdles Final (U16, U18, Open)	Women
2:30 PM	60m Final (A+B Final)	Men
2:40 PM	60m Final (A+B Final)	Women
2:45 PM	600m Timed Sections	Women
3:15 PM	600m Timed Sections	Men
3:25 PM	300m Timed Sections	Women
4:15 PM	300m Timed Sections	Men
5:00 PM	3000m Timed Sections	Women
5:15 PM	3000m Timed Sections	Men
5:30 PM	4x800m Timed Sections	Women
5:40 PM	4x800m Timed Sections	Men
5:50 PM	4x400m Timed Sections	Women
6:00 PM	4x400m Timed Sections	Men

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Field Events	Athletics Center Saturday January 3rd, 2026	
8:00 AM	Weight Throw	Men + Women
8:45 AM	Shot Put	Men + Women
11:00 AM	Long Jump	Men
11:00 AM	High Jump	Women
11:00 AM	Pole Vault	Women
1:30 PM	Long Jump	Women
2:00 PM	Pole Vault	Men
2:00 PM	High Jump	Men
3:00 PM	Triple Jump	Men
4:30 PM	Triple Jump	Women

NEW For the University of Toronto Athletic Centre Field House



SPIKES

- All spikes must be presented to be checked at the spike check in table (where you receive your hip numbers)
- Athletes will not be allowed to compete without having their spikes checked and cleared .
- Acceptable spikes: 6mm pyramids / cones – same size
- Any athletes competing with longer than 7mm spikes will be disqualified.
- Water is the only permitted drink allowed on the track facility.