



“Inspiring Lifelong Excellence through Athletics”

ABOUT

The 2026 BC Athletics Indoor Track & Field Championships is the Provincial Indoor Track & Field Championship for U16, U18, U20, Senior and Masters athletes. 2026 is the second year of these championships. BC Athletics would like to thank the Kamloops Track & Field Club for hosting the 2026 BC Athletics Indoor Track & Field Championships and the City of Kamloops and viaSport for supporting this event. Additionally, we would like to thank our BC Athletics Officials and event volunteers for their tireless efforts in making this event a success.

SPIRIT OF EVENT

The spirit of the BC Athletics Indoor Track & Field Championships is built on community, excellence, and a shared passion for the sport. The Championships bring together athletes from across the province to compete with determination and respect, celebrating personal bests as much as podium finishes. Supported by dedicated coaches, officials, volunteers, and families, the event reflects the values of fair play, sportsmanship, and inclusion, while fostering an environment where athletes can challenge themselves, connect with peers, and contribute to the continued growth of athletics in British Columbia.

EVENT ELIGIBILITY

To be eligible to compete in the 2026 BC Athletics Indoor Track & Field Championships, athletes must hold a 2026 BC Athletics Annual Athlete membership or an equivalent 2026 membership from another Athletics Canada Branch Member or World Athletics Federation*

DAY OF EVENT MEMBERSHIPS ARE NOT AVAILABLE AND NOT ELIGIBLE FOR THIS EVENT.

*Athletes from another World Athletics Federation will need to provide proof of 2026 membership to the Program Manager (Garrett Collier) at garrett.collier@bcathletics.org.

EVENT REGISTRATION

ONLINE REGISTRATION

Athletes who meet the above eligibility requirements can register online [HERE](#).

REGISTRATION FEES

Please see below for Registration Fees and Deadlines for the 2026 BC Athletics Indoor Track & Field Championships.

EARLY DEADLINE February 8, 2026 @ 11:59PM	REGULAR DEADLINE February 15, 2026 @ 11:59PM	LATE DEADLINE February 27, 2026 @ 11:59PM
\$40.00 – First Event \$20.00 – Additional Events + GST	\$40.00 – First Event \$20.00 – Additional Events +GST	\$50.00 – First Event \$20.00 – Additional Events +GST
Includes: +Complimentary T-Shirt +Personalized Bib	Includes: +Personalized Bib	

ADDITIONAL REGISTRATION REMINDERS

- An Officials Development Fee of \$5.00 will be charged per registrant
- **No refunds will be issued after the regular registration deadline. No exceptions.**
- With the exception of Relay Events, no entries will be accepted after the late deadline.
- Relay entries will be accepted up to 60 minutes prior to race start time.

REGISTRATION PACKAGES

Registration packages (including competitor bib numbers and meet information) will be available for pick on the second floor of the **Tournament Centre in Conference Rooms** at the following times:

- Friday, March 6th, 2026 @ 2:00PM
- Saturday, March 7th, 2026 @ 7:30AM

Please note that registration packages will be sorted by club.

TECHNICAL RULES

AGE CATEGORIES

This event serves as the indoor provincial championship for the following age groups: U16 (2011/2012), U18 (2009/2010), U20 (2007/2008), Senior (2006+) and Masters (1991+).

- ! Athletes are permitted to compete up one age group but must do so for all individual and combined events entered in the meet except for relay teams.

ORDER OF EVENTS

All track events will be run from oldest to youngest, females then males (exception hurdles).

FACILITY INFORMATION

The Tournament Capital Centre Fieldhouse contains a 6 lane, 200m oval track and an 8 lane 60m sprint runway. The track is a Mondo surface. This competition will use fully automatic timing. There is a complete jumps area and shot/weight throwing areas. Change rooms are available.

SPIKE LENGTH

The maximum spike length allowed is 7mm for all events. **NOTE: only Pyramid or Christmas Tree spikes are allowed. No Needle spikes.**

COMPETITION NUMBERS

Each athlete will receive two (2) competition numbers which must be worn on the front and back for all events except for High Jump and Pole Vault and at the discretion of the official. Competitors' numbers will be included in the registration packages. Lost or destroyed numbers will be replaced with a \$10.00 replacement fee.

COMPETITION ATTIRE

All Club athletes are encouraged to wear their Club issued uniform. Unattached athletes should wear appropriate athletic gear for their event(s). Relay teams must wear matching singlets/tops (slight divergences in design permitted).

MARSHALLING

For all TRACK EVENTS, athletes are asked to report to the event starting line 30 minutes prior to the scheduled start of their event.

For all FIELD EVENTS, athletes are asked to report directly to the event site by the following times:

Field Events	Check in at event location:
High Jump	40 minutes before start of event
Pole Vault	60 minutes before start of event
Other Field Events	30 minutes before start of event

THROWING IMPLEMENTS

All implements will be supplied by the organizers. Indoor weight throw and shot-put implements will be used. Athletes may use their own Indoor implements which must meet World Athletics standards. They must be weighed-in and measured at least 45 minutes prior to the competition. The weigh-in station will be located near the throws area of the Fieldhouse.

ATHLETES WITH CONFLICTING EVENTS

All events will go as scheduled. Athletes must check-in at their event for both events and notify the officials at all events which are in conflict. Athletes in field events will forego their attempt in a round if the round has been completed before they return.

WA RULE 4.4 – HONEST EFFORT RULE

This event will enforce the “honest effort rule” under World Athletics Technical Rule 4.4

An athlete shall be excluded from participating in all further events (including other events in which they are simultaneously participating) in the competition, including relays in cases where:

- 4.4.2 An athlete qualified in a qualification round of an event for further participation in that event but failed to participate further.
- 4.4.3 An athlete failed to compete honestly with bona fide effort (*Note: The situation foreseen in Rule 4.4.3 of the technical rules will not apply to individual events with Combined Events*).

QUALIFYING FOR FINALS

LANED TRACK EVENTS. Laned track events on the straight with 8 or fewer competitors will advance to the final and compete at the scheduled final time. Laned track events on the oval with 6 or fewer competitors will advance to the final and compete at the scheduled final time.

FIELD EVENTS. For Horizontal Jumps and Throws – In events where there are more than 8 BC athletes, eight (8) BC athletes will advance to the final and receive an additional 3 attempts. Non-BC athletes who would normally qualify to the final will also advance to the final. In this case, more than 8 athletes may be in the final. For advancement in this situation, a non-BC athlete cannot displace a BC athlete. Therefore, officials will select until 8 BC athletes are selected in addition to any non-BC athletes who had a performance above the 8th ranked BC athlete.

SEED PERFORMANCES

Coaches and Athletes will be expected to submit seed performances from January 01-2025 – March 01, 2026 when registering for all track events to ensure correct seeding. Trackie will verify any seed marks for Athletics Canada athletes.

PROTESTS

Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the results of that event (WA TR 8.2). Result announcements and posting must be time stamped, and that time is considered the beginning of the 30-minute period. The Protest is made orally to the relevant Referee (e.g. the Jumps or Throws Referees) for the relevant Field event, or the Track Referee for the Track event.

A protest concerning a false start shall be made to the Track Referee, or (if there is one) the Start Referee.

Only an athlete, or his/her representative may make a protest. The athlete must have been affected by the decision or result of the event. The protestor may contact the relevant Referee through the Meet Director or Technical Information Centre if the Referee is not immediately available. No deposit is required for a PROTEST.

In track events, “if an athlete makes an immediate oral protest against having been charged with a false start, a Track Referee may, if they are in any doubt, allow the athlete to compete “under protest” in order to preserve the rights of all concerned (**WA TR 8.4**). Please also refer to the remaining rules in RULE 8.4 for clarification of other potential issues.

The Referee should record his/her decision and the reasons for that decision on the Protest and Appeal Form. This completed form is posted with the time and date of posting indicated. Once posted, any athlete affected has 30 minutes to lodge a protest concerning this decision.

APPEALS

The original protestor, or anyone else affected by the Referee’s decision, has the right to make an APPEAL TO THE JURY regarding the Referee’s decision, within 30 minutes of the official announcement of that decision. An APPEAL TO THE JURY shall be in writing and should cite the relevant Rule number. **A \$50.00 deposit shall accompany an APPEAL TO THE JURY.** The deposit will be refunded if the Appeal is successful. The deposit will not be refunded if the Appeal is denied.

JURY OF APPEALS: A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All decisions are final.

AWARDS

BC Athletics Championship Medals will be awarded for 1st (Gold) to 3rd (Bronze) place for all events. Championship medals will only be awarded to BC Athletics members only. Non-Members are not eligible for medals. Medals will be available for pick up in the Tournament Capital Centre meeting rooms on the second floor.

There will be no medal ceremonies for the 2026 BC Athletics Indoor Track & Field Championships. A podium will be provided with a branded background located at Awards pick (see above).

MEDICAL

Medical and First Aid will be offered onsite by St. Johns Ambulance. Please note the nearest hospital/medical center is 3Km from the track and located at:

Royal Inland Hospital
311 Columbia Street
Kamloops, BC V2X 2T1

MERCHANISE

A complimentary championship T-shirt will be available to all athletes who register by February 7. These can be picked up in the Tournament Capital Centre Meeting Rooms on the 2nd floor.

Additional BC Athletics merchandise will be available for onsite sales.

ACCOMMODATIONS

Best Western PLUS
660 Columbia Street West
Kamloops, BC

Group Name: Van Ryswyk Indoor Championship – ATHLETE
Contract Name: Judy Armstrong

- QQH = \$140.00 per night (up to 4 per room + \$20.00 for extra person)
- QQ + \$140.00 per night (up to 4 adults per room + extra person = \$20.00)

Book Online: https://www.bestwestern.com/en_US/book/hotel-rooms.62122.html?groupId=G30JZ4E3

Book before: **FEBRUARY 5, 2026**

CONTACTS

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