

# Ontario Winter Games



**Don't miss this chance to compete in the Ontario Winter Games. The OWG is a multi-sport event and will have over 3,500 participants from 27 sports competing over 4 days. The Judo competition will take place in Orillia, Ontario.**

**Date:** February 19<sup>th</sup>-20<sup>th</sup>, 2026

**Location:** Orillia Recreation Centre, 255 West Street S, Orillia, ON L3V 5G9.

**Athlete Cost:** \$90 + HST (includes hotel and meals) – separate travel subsidy may be available

**Hotel: Casino Rama Resort**  
5899 Rama Rd, Rama, ON  
L3V 6H6

**Age Divisions:** U16 & U18

**Belt Rank:** Green Belt and up

**Chief Referee:** Anne-Laurence Chevalier - [annelaurence\\_chevalier@hotmail.com](mailto:annelaurence_chevalier@hotmail.com)  
Referee minimum level Provincial B. Interested referees must contact Anee-Laurence Chevalier by December 1<sup>st</sup>, 2025

**Technical Director:** Steve Sheffield - [info@judoontario.ca](mailto:info@judoontario.ca)

**Registration:** Athletes must first register on Trackie by December 15<sup>th</sup>, 2025:  
[Ontario Winter Games](#)



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## Weight Divisions:

U16 Girls: -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg

U16 Boys: -38kg, -42kg, -46kg, -50kg, 55kg, -60kg, -66kg, -73kg, +73kg

U18 Girls: -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg

U18 Boys: -50kg, -55kg, -60kg, -66kg, -73kg, -81kg, -90kg, +90kg

## Rules and Systems

- Modified IJF Rules and Judo Ontario/Judo Canada Tournament Regulations will be applied.
- U16: NO armlocks allowed. Chokes allowed.
- U18: Chokes and armlocks allowed.
- A minimum rest period equal to two (2) times the match time will be allowed between matches.
- Golden Score will be applied in all divisions
- White and Blue judogis are mandatory.
- Uniforms (Judogis) MUST comply with Judo Canada and IJF size regulations.
- The competition area will conform to the IJF standard 8m x 8m combat surface
- 5 or less competitors will use round robin system
- 6 and 7 competitors in a category will use a 2 pool system
- 8 competitors or more will use a modified double elimination system

**Note:** Modified Medical Rules: All, U16 and U18 contestants will be allowed two one minute free medical examinations per competitor per match (does not include treatments for bleeding) without penalty. A third examination to the same competitor in the same match will result in their opponent being awarded the win by "Kikengachi". All incidents of bleeding in these two age categories will be dealt with in accordance with current IJF Competition Rules, Article 29 (Bleeding Injuries).

## Coaches:

- Judo Ontario has 6 regions – Southwest, Central West, Central East, East, North, and Northwest.
- There will be one male and one female coach/manager representing and coaching athletes from each of these regions. Each region that has an Official Regional Director/Executive will be able to select their own Regional Coach and manager. For the Regions that don't have Regional Director/Executive their coaches and manager will be selected by the Judo Ontario HPC. Only the selected Regional Coaches will be able to sit in the coaches chairs and coach mat side.
- Coaches must be a minimum NCCP Dojo Instructor Certified (level 2) and have an up-to-date Sterling Background Check on file with Judo Ontario.

## Schedule:

**Thursday February 19th** TBC – final times will be communicated when available

Check-in/weigh-in expected to be in the afternoon/early evening on Thursday

Dinner/opening ceremonies in the evening following weigh-in

### Friday February 20th

Breakfast – 6am-7:30am

Depart for tournament site – 8:30am (check out of hotel)

Referee meeting – 9:30am

Tournament Start time – 10am First Block U16, Second Block U18



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## Travel Reimbursement:

This event is partially funded by Government of Ontario, through its Games Ontario program.

Eligible travel reimbursement is outlined below:

Method of Travel	Distance from Host City (One Way)		
	0-300 KMs	301 KMs to 600 KMs	601+ KMs
Car	Not-Eligible	Eligible	Eligible
Van Rental	Not-Eligible	Not-Eligible	Eligible
Air/Train	Not-Eligible	Not-Eligible	Eligible
Chartered Bus	Not-Eligible	Not-Eligible	Eligible

### Ineligible for reimbursement

- Meals during travel.
- Parking.
- Ground transportation to/from the participant's home airport/train/bus station.
- Hotel rooms during air/train/bus travel.
- Flights/trains/buses booked with Air Miles or other reward programs.

### Car

For every Games participant in a car, reimbursement will be \$0.10 per kilometer. First 300km one way (600km total round trip) are ineligible for reimbursement.

#### Example:

1500km round trip – 600km ineligible = 900km eligible for reimbursement

### Air/Train/Bus

- If traveling by air/train/bus, the GOC must pre-approve any flight/train/bus before the participant can book the ticket. If air/train/bus is booked before approval from GOC, reimbursement is not guaranteed.
- Baggage fees related to the transportation of sport competition equipment is eligible for reimbursement. The GOC must pre-approve any baggage claim; personal baggage is not eligible for reimbursement.
- The GOC will organize shuttles to and from the host community airport/train/bus station (for registered Games Participants ONLY).
- All air/train/bus travel costs will be covered up to a maximum claim of \$500. (depending on GOC final budget)