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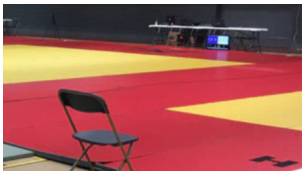
Saturday November 29th at the Peterborough Sport and Wellness Centre
Google Map link

775 Brealey Drive, Peterborough On

Tournament Director Paul Teleki (paul@preferences.ca)

Chief Tournament Official Kim Boaro, Chief Referee Gerald Okimura
Head Kata Judge Daniel Bird, Chief Medic Dr. Heather Cox

Registration - **ONLINE ONLY**



Registration opens September 6th, 2025
Late registration begins November 18th - November 23rd, 2025
Super Late registration November 24th to 27th 2025 until 11:59pm

Register Here: https://registration.judocanada.org/event/goldennorthopen

Registration Fees

All divisions $70* (*$5 from "1st division" fee is for JO Referee Development Fund)
Late registration (November 18th to 24th) $85
Super Late (November 25th to 27th) $100

Extra divisions or Freestyle Judo $35

THIS EVENT/CONTEST IS SANCTIONED BY AN ORGANIZATION OFFICIALLY RECOGNIZED BY THE PROVINCE OF ONTARIO. SUPPORTED BY Ministry of Heritage, Sport, Tourism and Culture Industries

Ontario

Referees

Referee's planning to officiate should present themselves to the Chief Referee for roll call at 8:30 am on Saturday morning. To register and for more information about registering as a referee, please email Sensei Paul Teleki at paul@preferences.ca

Referee Eligibility: Referees must be paid up members of Judo Ontario with minimum Regional, or other Provincial/Territorial associations, or IJF recognized Association with similar certification

Volunteers

Anybody willing to volunteer should contact Sensei Paul Teleki at paul@preferences.ca
Please email tournament director Paul Teleki with your intent to volunteer and the length you are willing to stay. We have various areas that are needed to be covered. Also, any Judoka that are high school students that need community hours can have them signed off by Paul Teleki.

Awards

1st, 2nd and two 3rd place medals will be awarded as per Judo Canada guidelines.
Medals will be awarded as each division finishes.

Weigh-ins

Weight categories will be submitted ahead of time through online registration and will also be conducted during the registration period (8am to 11am) on the day of the competition at the tournament site. First block 8am to 9:00am, second block from 9:00am to 11am*. **Please note:** a difference of 1+ kilograms between online submission and day-of weight could result in an administrative fee of $10.

* Times are subject to change depending on number of registrations, athletes will be notified

Note: All participants must come to sign-in with their 2025-26 Judo Canada number.

All athletes must weigh-in wearing their judogi pants and a t-shirt **with no exceptions**.
No stripping of clothing will be allowed.

Allowances are as follows:

U10-U12 where the maximum weight difference between the lightest and heaviest competitor is more than 15% of the lightest competitor, the division will be split into appropriate weight groupings.

U14-U21 600 grams

Senior & Veterans 800 grams

Rules and Eligibility

- All paid up members of Judo Ontario
- Judo Canada membership
- White judo gi's are mandatory for all ages. We will have blue and white belts accessible to athletes for expediency and sport accessibility. Competitors can also bring their blue judogi insofar as it conforms with the regulations of fitting and labeling under IJF standards and does not delay the shiai.
- IJF Current Rules Modified by NSO & PSO Regulations apply.
- True double elimination.
- Round robin if needed.
- The Tournament Director with the approval of the Chief Official reserves the right to delete, combine, or alter any category or division if necessary, for the successful running of this tournament.
- Any division changes affecting minors must have parental written consent of all competitors in NEW/RECEIVING DIVISION.
- Any division changes affecting adult competitors must have the written consent of all competitors in the receiving division.

Competition Schedule

Saturday, November 29th 2025 (at Peterborough Sport and Wellness Centre)

8:00 am – Mats are open for Freestyle Judo (see final page)

8:30 am – Referee roll call

9:00 am – Shiai and Kata commences with First block: U16, U14, U12, U10, Second Block: U18, Seniors, U21, Veterans - Shiai may have staggered weigh-ins throughout the day

Order of Divisions

U14 & U16

U10 & U12

U18

Veterans

U21

Seniors

Shiai Divisions

Age groups will be split up by weight according to the weight divisions set out below and by the following belt rank groupings:

U10-U12*
- NOVICE: Yellow-Orange
- INTERMEDIATE: Green and up

U14-U16*
- NOVICE: Yellow-Orange
- ADVANCED: Green and up

U18-U21-Seniors-Veterans*
- NOVICE: Yellow-Orange
- INTERMEDIATE: Green-Blue
- ADVANCED: Brown-Black

*belt rank groupings will ultimately be decided by the Tournament Director based on registrations. Half ranks are treated as the lower half (i.e. orange-green is treated as orange).

U10 - Scored randori. There will be no losers **Born**: 2017-2018 **Ranks**: NOVICE: Yellow/Orange; INTERMEDIATE: Green and up No chokes or armlocks. Modified Medical Rules. See Below Duration: 2 minute matches with no stoppage time. No Golden Score.
Mixed divisions in accordance with NSO/PSO rules.

U12 [Tournament Director may apply mixed gender divisions] **Born**: 2015-2016 **Ranks**: NOVICE: Yellow/Orange; INTERMEDIATE: Green/Blue No chokes or armlocks. Modified Medical Rules. See Below Duration: 2 minute matches. No Golden Score.	
U12 Male Weight Divisions of 2-5 athletes will be compiled after weigh-in has been completed.	U12 Female Weight Divisions of 2- 5 athletes will be compiled after weigh in has been completed.

U14 **Born**: 2013-2014 **Ranks**: NOVICE: Yellow/Orange; INTERMEDIATE: Green and up No chokes or armlocks. Modified Medical Rules. See Below Duration: 3 minute matches. No Golden Score	
U14 Male Weight Divisions: -32kg, - 35kg, -38kg, -42kg, -46kg, -50kg, -55kg, -60kg, -66kg, +66kg	U14 Female Weight Divisions: -30kg, -33kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, +63kg

U16 **Born**: 2011-2012 *and as per Judo Canada's Early Bloomer Clause* **Ranks**: NOVICE: Yellow/Orange; INTERMEDIATE: Green and up No chokes or armlocks for Novice Ranks; chokes for Intermediate. Modified Medical Rules. See Below Duration: 3 minute matches. Golden Score is applied.	
U16 Male Weight Divisions: -38kg, -42kg, -46kg, -50kg, 55kg, -60kg, -66kg, -73kg, +73kg	U16 Female Weight Divisions: -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg

Note - Modified Medical Rules: All U14, U16 and U18 contestants will be allowed two one minute free medical examinations per competitor per match (does not include treatments for bleeding) without penalty. A third examination for the same injury to the same competitor in the same match will result in their opponent being awarded the win by "Kikengachi". All incidents of bleeding in these two age categories will be dealt with in accordance with current IJF Competition Rules, Article 29 (Bleeding Injuries).

U18 **Born**: 2009, 2010, 2011 *and as per Judo Canada's Early Bloomer Clause* **Ranks**: NOVICE: Yellow/Orange; INTERMEDIATE: Green/Blue; ADVANCED: Brown/Black No chokes or armlocks for Novice Ranks. Modified Medical Rules. See Above Duration: 4 minute matches. Golden Score is applied.	
U18 Male Weight Divisions: -50kg, -55kg, -60kg, - 66kg, -73kg, -81kg, - 90kg, +90kg	U18 Female Weight Divisions: -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg

U21 **Born**: 2006, 2007, 2008, 2009, 2010, 2011 *and as per Judo Canada's Early Bloomer Clause* **Ranks**: NOVICE: Yellow/Orange; INTERMEDIATE: Green/Blue; ADVANCED: Brown/Black No chokes or armlocks for Novice Ranks. Modified Medical Rules. See Above Duration: 4 minute matches. Golden Score is applied.	
U21 Male Weight Divisions: -60kg, -66kg, -73kg, -81kg, -90kg, -100kg, +100kg	U21 Female Weight Divisions: -48kg, -52kg, -57kg, -63kg, -70kg,-78kg,+78kg

Seniors **Born**: 2011 and older **Ranks**: NOVICE: Yellow/Orange; INTERMEDIATE: Green/Blue; ADVANCED: Brown/Black No chokes or armlocks for Novice Ranks. Modified Medical Rules. See Above Duration: 4 minute matches. Golden Score is applied for all ranks except for Novice.	
U21 Male Weight Divisions: -60kg, -66kg, -73kg, -81kg, -90kg, -100kg, +100kg	U21 Female Weight Divisions: -48kg, -52kg, -57kg, -63kg, -70kg,-78kg,+78kg

Veterans **Born**: 1996 and older **Ranks**: NOVICE: Yellow/Orange; INTERMEDIATE: Green/Blue; ADVANCED: Brown/Black Chokes and armlocks permitted for Green and above. Duration: Up to M7/F7 3 minute matches. Golden Score is applied (M7/F7 2min match, 1 minute Golden Score)	
Veterans Male Weight Divisions: -73kg, -81kg, -90kg, -100kg, +100kg	Veterans Female Weight Divisions: -52kg, -63kg, -78kg, +78kg

KATA

TOURNAMENT OFFICIALS
Head Kata Judge: Daniel Bird

EVENT INFORMATION
Sanctioning: Judo Ontario Club – Provincial A
Date: Saturday, November 29th, 2025
Schedule: Judges meeting 8:30 am.
Competition start time 9:00 am.

Registration: Pre-registration only. No entries will be accepted after the deadline. The deadline for all kata entries is November 27th, 2025.

https://registration.judocanada.org/event/goldennorthopen

When registering for the kata divisions, first select the category of the specific kata in either Intermediate or Senior kata divisions, don't select an age group example: U16, U18, U21, Senior, Veteran....

FEES
All Kata: $70 per team/kata

Refunds will be provided only if the event is cancelled.

Multiple entries: Multiple entries with different partners are permitted with payment of a separate entry fee.

Kata judges registration

https://registration.judocanada.org/event/goldennorthopen

COMPETITION INFORMATION
Rules: IJF Rules – Regulations for Kata

Also, refer to IJF "2025 Criteria for Kata Evaluation."

JUDGES
Judges will be selected by the JOKC. A judge cannot also be a competitor in the event. Interested qualified judges (IJF, PJC, & National) should contact the Chief Kata Judge at drdanbird@outlook.com no later than November 27th, 2025.
https://registration.judocanada.org/event/goldennorthopen

OTHER INFORMATION
Uniform/belt: White judogi only.

Awards: Awards will be presented to the top 3 teams in each division.

Kata Divisions

Division	Age Limit	Tori Rank	Uke Rank
Intermediate Nage-No-Kata (3 sets)	Born in 2014 or older	Orange belt (4th kyu) to Blue belt (2nd kyu)	Orange belt and higher
Intermediate Katame-No-Kata	Born in 2014 or older	Orange (belt 4th kyu) to Blue belt (2nd kyu)	Orange belt and higher
Intermediate Ju-No-Kata	Born in 2014 or older	Orange (belt 4th kyu) to Blue belt (2nd kyu)	Orange belt and higher
Intermediate Kodokan-Goshin-Jutsu and Intermediate Kime-no-Kata	Born in 2013 or older	Orange belt (4th kyu) to Blue belt (2nd kyu)	Orange belt and higher
Senior Nage-No-Kata (3 sets)	Born in 2010 or older	Green belt (3rd kyu) and higher	Green belt and higher
Senior Nage-No-Kata (5 sets)	Born in 2010 or older	Green belt (3rd kyu) and higher	Green belt and higher
Senior Katame-No-Kata	Born in 2010 or older	Green belt (3rd kyu) and higher	Green belt and higher
Senior Ju-No-Kata	Born in 2010 or older	Green belt (3rd kyu) and higher	Green belt and higher
Senior Kime-No-Kata	Born in 2010 or older	Green belt (3rd kyu) and higher	Green belt and higher
Senior Kodokan-Goshin-Jutsu	Born in 2010 or older	Green belt (3rd kyu) and higher	Green belt and higher

Freestyle Judo Competition

In order to cultivate the spirit of Judo through creative means, the Golden North Open™ will launch a new event called Freestyle Judo where pairs or singles of Judoka will be able to put together a routine and perform it in under 5 minutes. The performance can be akin to kata routines and use elements of Judo theory and practice. The event will be judged using 5 key categories: originality, structure, physical difficulty, efficiency, and benefit to Judo. Each category will be evaluated using a score of 1-10 by each judge and averaged to provide a final score. Competitors will all receive a recognition of their contribution to this inaugural event, evaluations will be shared with competitors. Competitors will be divided into different age/belt groups as listed for shiai, deferring to oldest and highest rank in the pair.

How the Freestyle Judo Competition works

1) Register as Single or as a Pair ($35) www.ninjaacademy.ca
2) Any age Judoka (pair defers to oldest and highest rank)
3) Use of Judo techniques, kata, forms, randori and theory can be used
4) Competitors must perform without speaking (kiai is allowed)
5) Coaches can silently support performance off the presentation area
6) Striking (where contact is made) is not permitted
7) Techniques that are banned from regular shiai for safety reasons are not permitted (like: Kani basami, kawazu gake, do-jime, leg locks, throwing with armlocks or chokes) and age/grade specific limitations from the rules matrix
8) Presentation area is inside 8x8 metre space

Please send the following information when you register online:

1) Name of Competitor(s)
2) Age
3) Belt rank(s)
4) Judo Canada #

Please note: Freestyle Judo event is inaugural and does not have weight or point value with regards to dan grading. It is a creative exercise for Judoka to enjoy. Please see the Freestyle Judo demonstration policies on the registration page for more info.

Watch this demonstration of a singles Freestyle Judo routine:

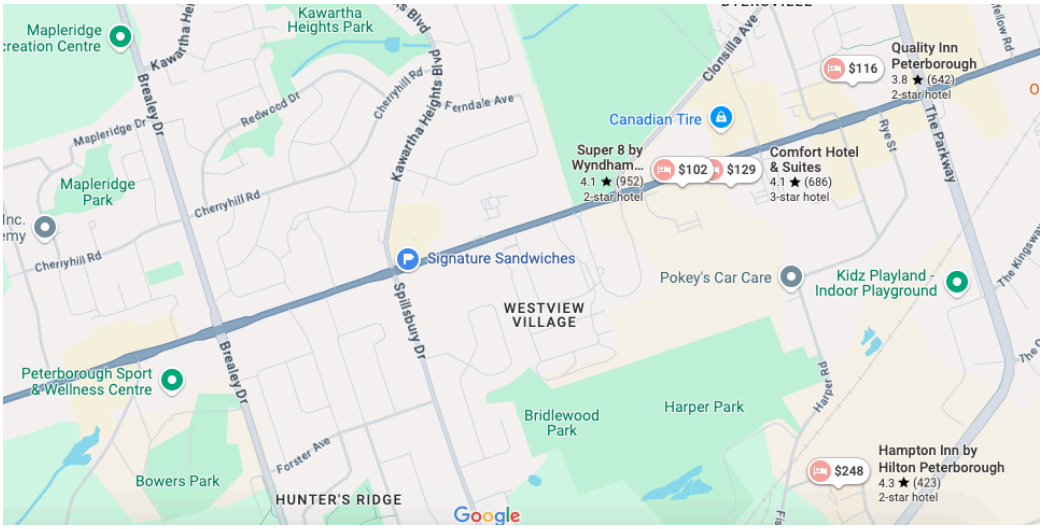
https://www.youtube.com/watch?v=SP_VnxuqC4E&t=4s

NEARBY ACCOMMODATIONS

Hampton Inn by Hilton Peterborough

3900 Fisher Dr, Peterborough, ON K9J 6X6

+17052706280



SUPER 8 by Windham

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Comfort Hotel and Suites

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Quality Inn Peterborough

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