

Event 1 Women 12-15 2000 Meter Run			
Friday 2025-11-21 - 7:00 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	130 Hubka, Emerson	Crown Athlet	7:00.00
2	115 Wilson, Kaye	Athletics Ea	8:00.00
3	171 Cameron, Makenna	Grit Athleti	8:25.00
4	109 Hill, Laura	Athletics Ea	NT
5	108 Gallagher, Romey	Athletics Ea	NT
6	107 Bishop, Lilly	Athletics Ea	NT

Event 2 Men 12-15 2000 Meter Run			
Friday 2025-11-21 - 7:15 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	304 Marchand, Calix	Unattached	NT

Event 3 Women 16-99 3000 Meter Run			
Friday 2025-11-21 - 7:25 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	232 Ash, Caroline	St. Francis	9:35.00
2	233 Benoit, Eileen	St. Francis	9:35.00
3	235 Lee, Caden	St. Francis	9:35.00
4	317 Angona, Stefania	Upei Panther	10:05.00
5	234 Hildebrand, Eden	St. Francis	10:20.00
6	297 MacLeod, Sharlane	Unattached	10:30.00
7	290 Buchanan, Paris	Unattached	11:15.00
8	295 Le Rudulier, Anne-So	Unattached	11:15.00
9	296 MacLeod, Clementine	Unattached	11:16.00
10	318 Gautreau, Katie	Upei Panther	11:20.00
11	291 Earle, Grace	Unattached	11:20.00
12	238 Brady, Ashley	St. Mary's H	11:20.00
13	319 Irwin, Sarah	Upei Panther	11:30.00
14	293 Graves, Maggie	Unattached	11:50.00
15	294 Hope, Jillian	Unattached	12:01.00
16	298 Tobin, Evelyn	Unattached	12:04.40

Event 4 Men 14-99 3000 Meter Run			
Friday 2025-11-21 - 7:40 PM			
Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
1	126 Sunderland, Adrian	Athletics Ea	9:45.00
2	207 Boudreau, Isaac	Pictou Count	9:50.00
3	117 Ackerman, David	Athletics Ea	10:00.00
4	225 Phillips, Grant	Special Olym	12:45.00
5	231 Waring, Brian	Special Olym	12:55.00
6	128 Whitman, Chase	Athletics Ea	NT
7	287 Wood, Ethan	Truro Lions	NT

Section 2 of 2 Finals			
1	322 Doucette, Luc	Upei Panther	8:45.00
2	324 Roberts, Jack	Upei Panther	8:50.00
3	257 Kyle, Brady	St. Mary's H	8:54.00
4	264 Rogers, Zack	St. Mary's H	8:57.00
5	255 Kelly, Cian	St. Mary's H	9:00.00
6	249 Ford, Eli	St. Mary's H	9:00.00
7	334 Sireyjol, Titouan	Valley Athle	9:00.00
8	327 Young, Mathew	Upei Panther	9:10.00
9	256 Kennedy, Zachary	St. Mary's H	9:15.00
10	253 Hubka, Oliver	St. Mary's H	9:20.00
11	236 Cooke-Bithrey, Landy	St. Francis	9:20.00
12	262 Miller, Cole	St. Mary's H	9:20.00
13	261 Macgillivray, Connor	St. Mary's H	9:25.00

Event 5 Women 12-13 60 Meter Hurdles 30"			
Saturday 2025-11-22 - 12:00 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
3	299 Yakhlef, Sara	Unattached	NT

Event 6 Men 12-13 60 Meter Hurdles 30"			
Saturday 2025-11-22 - 12:05 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
3	283 Read, Liam	Truro Lions	NT

Event 7 Women 14-15 60 Meter Hurdles 30"			
Saturday 2025-11-22 - 12:10 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
2	274 Stubbert, Lola	Truro Lions	NT
3	116 Woycheshyn, Nataliya	Athletics Ea	9.30
4	191 McGrath, Lily	Pace Athleti	NT

Event 8 Women 16-17 60 Meter Hurdles 30"			
Saturday 2025-11-22 - 12:15 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
2	189 Lodge, Molly	Pace Athleti	NT
3	270 Burke, Kaydence	Truro Lions	9.37
4	269 Angus, Courtney	Truro Lions	11.58
5	190 Lozier, Giana	Pace Athleti	NT

Event 9 Women 18-34 60 Meter Hurdles 33"			
Saturday 2025-11-22 - 12:25 PM			
Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
2	240 Lawton, Brianna	St. Mary's H	10.72
3	133 Covert, Claire	Dalhousie Ti	9.80
4	138 Hadskis, Maggie	Dalhousie Ti	9.80
5	181 Foley, Emily	Memorial Sea	10.29

Section 2 of 2 Finals...(Event 9 Women 18-34 60 Meter Hurd

1	150 Westrbook, Emma	Dalhousie Ti	9.80
2	148 Russell, Lucy	Dalhousie Ti	9.80
3	316 Brennan, Bridget	Unattached-N	9.01
4	145 LeBlanc, Claire	Dalhousie Ti	9.80
5	134 Doyle, Lydia	Dalhousie Ti	9.80

Event 10 Men 14-15 60 Meter Hurdles 33"

Saturday 2025-11-22 - 12:35 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
3	118 Aladejebi, Daniel	Athletics Ea	NT
4	286 Sommers, Ben	Truro Lions	NT

Event 11 Men 18-19 60 Meter Hurdles 39"

Saturday 2025-11-22 - 12:45 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
2	165 Riis, Izaak	Dalhousie Ti	8.80
3	102 Vanderwal, Ryan	Adrenaline A	8.90

Event 12 Men 18-34 60 Meter Hurdles 42"

Saturday 2025-11-22 - 12:45 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
6	154 Bonnington, Oliver	Dalhousie Ti	8.80

Event 13 Women 12-13 60 Meter Dash No Blocks

Saturday 2025-11-22 - 1:15 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	178 Zarczynski, Natalia	Grit Athleti	NT
2	309 MacKenzie, Sienna	Unattached N	9.00
3	330 Willsey, Makayla	Valley Athle	8.38
4	307 Goodland, Betty	Unattached N	9.00
5	169 Brothers, Lilah	Grit Athleti	NT

Event 14 Women 14-99 60 Meter Dash

Saturday 2025-11-22 - 1:20 PM			
Lane	Name	Team	Seed Time
Section 1 of 6 Finals			
2	190 Lozier, Giana	Pace Athleti	NT
3	270 Burke, Kaydence	Truro Lions	NT
4	191 McGrath, Lily	Pace Athleti	NT
Section 2 of 6 Finals			
1	272 Flemming, Lauren	Truro Lions	NT
2	310 Sampson, Anika	Unattached N	NT
3	216 Mason, Bailee	Special Olym	13.21
4	183 Brooks, Shylaijah	Pace Athleti	NT
5	112 Nader, Charlotte	Athletics Ea	NT

Section 3 of 6 Finals

1	212 Forrest, Rachel	Special Olym	13.03
2	214 Lugsby, Megan	Special Olym	10.43
3	137 Galanter, Zoe	Dalhousie Ti	8.50
4	187 Kelloway, Gabby	Pace Athleti	8.67
5	213 Gillam, Grace	Special Olym	13.01
6	210 Davis, Lauran	Special Olym	13.04

Section 4 of 6 Finals

1	100 Magora, Shamiso	Adrenaline A	8.40
2	186 Hoskin, Brianna	Pace Athleti	8.31
3	243 Remington, Tayah	St. Mary's H	8.20
4	241 Marsman, Lori	St. Mary's H	8.28
5	329 Knock, Ella	Valley Athle	8.36
6	104 Montagnani, Eva	Annapolis Co	8.40

Section 5 of 6 Finals

1	237 Black, Raeden	St. Mary's H	8.16
2	218 Wilis, Brooklyn	Special Olym	8.09
3	211 Delaney, Rebecca	Special Olym	8.07
4	217 Richard, Kristina	Special Olym	8.07
5	147 Oshikoya, Lola	Dalhousie Ti	8.10
6	215 MacKenzie, Bella	Special Olym	8.20

Section 6 of 6 Finals

1	144 Landry, Zoe	Dalhousie Ti	8.01
2	308 Goodland, Doris	Unattached N	7.88
3	139 Hagen, Elise	Dalhousie Ti	7.76
4	288 Akachukwu, Favour	Unattached	7.87
5	192 Raymond, Annabelle	Pace Athleti	7.98
6	316 Brennan, Bridget	Unattached-N	8.03

Event 15 Men 14-99 60 Meter Dash

Saturday 2025-11-22 - 1:40 PM			
Lane	Name	Team	Seed Time
Section 1 of 9 Finals			
1	204 Snow, Glendon	Pace Athleti	NT
2	335 Wood, Kameron	Valley Athle	NT
3	286 Sommers, Ben	Truro Lions	NT
4	277 Brooks, Landon	Truro Lions	NT
5	180 Levesconte, Kyle	Inverness Co	NT
6	281 Legge, Colin	Truro Lions	NT

Section 2 of 9 Finals

1	315 Sampson, Hendrick	Unattached N	NT
2	313 McDermott, Chase	Unattached N	NT
3	121 DeWolfe, Connor	Athletics Ea	NT
4	301 Durning, Ryker	Unattached	NT
5	306 Crowther, Gabe	Unattached	NT
6	300 Almnajer, Bashar	Unattached	NT

Section 3 of 9 Finals

1	305 Yakubu, Joaquin	Unattached	NT
2	132 Shehata, Zain	Crown Athlet	NT
3	223 James, Anthony	Special Olym	8.45
4	123 Knowles, Oliver	Athletics Ea	NT
5	278 Brooks, Logan	Truro Lions	NT
6	203 Sepa, William	Pace Athleti	NT

Section 4 of 9 Finals...(Event 15 Men 14-99 60 Meter Dash)

1	230 Thornhill, Jack	Special Olym	8.37
2	219 Ashley, Hunter	Special Olym	8.01
3	122 Gilby, Josh	Athletics Ea	8.00
4	314 Parris, Gerald	Unattached N	8.00
5	228 Rockwell, Iassac	Special Olym	8.03
6	226 Prime, Wesley	Special Olym	8.44

Section 5 of 9 Finals

1	263 Mittelstadt, Drew	St. Mary's H	7.90
2	222 Hicks, Jason	Special Olym	7.82
3	246 Bucci, Jonah	St. Mary's H	7.60
4	224 Lahey, Kegan	Special Olym	7.78
5	197 Gallant, Lamar	Pace Athleti	7.85
6	198 Melanson, Angelo	Pace Athleti	7.95

Section 6 of 9 Finals

1	251 Griffiths, Ian	St. Mary's H	7.50
2	245 Bilmer, Magnus	St. Mary's H	7.48
3	254 Jefferies, Angus	St. Mary's H	7.40
4	199 Narvey, Attila	Pace Athleti	7.45
5	267 Wale-Akinola, Tobì	St. Mary's H	7.50
6	161 Leo, Matteo	Dalhousie Ti	7.50

Section 7 of 9 Finals

1	154 Bonnington, Oliver	Dalhousie Ti	7.40
2	151 Aftanas, Matt	Dalhousie Ti	7.20
3	247 Delphin, Ethan	St. Mary's H	7.16
4	162 MacDonald, Liam	Dalhousie Ti	7.20
5	259 Lungu, Wonga	St. Mary's H	7.25
6	165 Riis, Izaak	Dalhousie Ti	7.40

Section 8 of 9 Finals

1	152 Babalola, David	Dalhousie Ti	7.15
2	101 Demone, Taylor	Adrenaline A	7.12
3	221 Boudreau, Logan	Special Olym	7.09
4	153 Babalola, Praise	Dalhousie Ti	7.10
5	102 Vanderwal, Ryan	Adrenaline A	7.12
6	166 White, Jacob	Dalhousie Ti	7.15

Section 9 of 9 Finals

1	205 Wile, Trenton	Pace Athleti	7.06
2	227 Rafuse, Jacob	Special Olym	7.01
3	196 Akachukwu, Promise	Pace Athleti	6.90
4	265 Smith, Chad	St. Mary's H	6.97
5	220 Barnes, Logan	Special Olym	7.05
6	229 Skoreyko, Nick	Special Olym	7.08

Event 16 Women 18-34 1000 Meter Run

Saturday 2025-11-22 - 2:15 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	146 MacDonald, Cara	Dalhousie Ti	2:55.00
2	149 Sneddon-Simons, Katl	Dalhousie Ti	3:05.00
3	239 Campbell, Alexandra	St. Mary's H	3:12.00
4	320 Power, Lucy	Upei Panther	3:15.00
5	244 Wilkie, Julia	St. Mary's H	3:15.00

Event 17 Men 18-34 1000 Meter Run

Saturday 2025-11-22 - 2:20 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	266 Tremble, Greysen	St. Mary's H	2:30.00
2	167 Wierzbicki, Jack	Dalhousie Ti	2:32.00
3	323 Dueck, Benji	Upei Panther	2:40.00
4	326 Wolfe, Baleyon	Upei Panther	2:42.00
5	321 Dalton, Jacob	Upei Panther	2:45.00
6	208 LeBlanc, Denver	Saint John R	NT

Event 18 Women 14-99 400 Meter Dash

Saturday 2025-11-22 - 2:30 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
3	182 Mead, Kaitlynne	No Limits AC	58.00
4	183 Brooks, Shylaijah	Pace Athleti	NT

Event 19 Men 16-99 400 Meter Dash

Saturday 2025-11-22 - 2:35 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
2	200 Ogunlaiye, Ini	Pace Athleti	57.00
3	127 Thibault, James	Athletics Ea	52.85
4	282 Ogden, Noah	Truro Lions	56.49
5	204 Snow, Glendon	Pace Athleti	NT

Event 20 Women 16-99 1500 Meter Race Walk

Saturday 2025-11-22 - 2:45 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	273 Jeffrey Mcewing, Pam	Truro Lions	NT

Event 21 Men 16-99 1500 Meter Race Walk

Saturday 2025-11-22 - 3:00 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	284 Shreve, Jay	Truro Lions	NT

Event 22 Women 12-13 150 Meter Dash No Blocks

Saturday 2025-11-22 - 4:30 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	169 Brothers, Lilah	Grit Athleti	NT
2	111 Mukund, Malavika	Athletics Ea	NT
3	330 Willsey, Makayla	Valley Athle	20.12
4	307 Goodland, Betty	Unattached N	22.11
5	299 Yakhlef, Sara	Unattached	NT

Event 23 Men 12-13 150 Meter Dash No Blocks

Saturday 2025-11-22 - 4:35 PM			
Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
3	179 Hawley, Ashton	Inverness Co	19.28

2025 Athletics NS Indoor Last Chance - 2025-11-21 to 2025-11-22**Canada Games Centre
Meet Program****Event 24 Women 12-15 1200 Meter Run****Saturday 2025-11-22 - 4:45 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	271 Burris, Isabella	Truro Lions	4:16.83
2	115 Wilson, Kaye	Athletics Ea	4:40.00
3	107 Bishop, Lilly	Athletics Ea	NT
4	103 Harrison, Kendel	Annapolis Co	NT

Event 25 Men 12-15 1200 Meter Run**Saturday 2025-11-22 - 4:55 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	304 Marchand, Calix	Unattached	NT
2	331 Laceby, Charlie	Valley Athle	NT
3	287 Wood, Ethan	Truro Lions	NT

Event 26 Women 14-99 1500 Meter Run**Saturday 2025-11-22 - 5:05 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	317 Angona, Stefania	Upei Panther	4:55.00
2	110 Laycock, Emma	Athletics Ea	4:55.88
3	318 Gautreau, Katie	Upei Panther	5:10.00
4	238 Brady, Ashley	St. Mary's H	5:11.00
5	319 Irwin, Sarah	Upei Panther	5:15.00
6	268 MacEachern, Chloe	Stfx Track A	NT

Event 27 Men 16-99 1500 Meter Run**Saturday 2025-11-22 - 5:15 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	167 Wierzbicki, Jack	Dalhousie Ti	4:05.00
2	322 Doucette, Luc	Upei Panther	4:05.00
3	324 Roberts, Jack	Upei Panther	4:05.00
4	264 Rogers, Zack	St. Mary's H	4:06.00
5	257 Kyle, Brady	St. Mary's H	4:07.00
6	256 Kennedy, Zachary	St. Mary's H	4:09.00
7	255 Kelly, Cian	St. Mary's H	4:10.00
8	327 Young, Mathew	Upei Panther	4:16.00
9	126 Sunderland, Adrian	Athletics Ea	4:22.00
10	253 Hubka, Oliver	St. Mary's H	4:22.00
11	261 Macgillivray, Connor	St. Mary's H	4:25.00
12	325 Webber, Riley	Upei Panther	4:25.00
13	225 Phillips, Grant	Special Olym	5:40.00
14	333 McCulloch, Riley	Valley Athle	NT

Event 28 Women 12-34 300 Meter Dash**Saturday 2025-11-22 - 5:25 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	193 Snow, Charlotte	Pace Athleti	NT
2	241 Marsman, Lori	St. Mary's H	45.50
3	243 Remington, Tayah	St. Mary's H	43.75
4	116 Woycheshyn, Nataliya	Athletics Ea	44.50
5	185 Hanley, Lacey	Pace Athleti	49.05

Event 29 Men 12-34 300 Meter Dash**Saturday 2025-11-22 - 5:30 PM**

Lane	Name	Team	Seed Time
Section 1 of 4 Finals			
3	277 Brooks, Landon	Truro Lions	NT
4	124 Martin, Robert	Athletics Ea	NT
5	251 Griffiths, Ian	St. Mary's H	39.00
Section 2 of 4 Finals			
2	179 Hawley, Ashton	Inverness Co	42.30
3	122 Gilby, Josh	Athletics Ea	42.05
4	258 Langlois, Logan	St. Mary's H	39.50
5	267 Wale-Akinola, Tobi	St. Mary's H	39.00
6	246 Bucci, Jonah	St. Mary's H	39.00
Section 3 of 4 Finals			
2	254 Jefferies, Angus	St. Mary's H	38.00
3	259 Lungu, Wonga	St. Mary's H	37.50
4	161 Leo, Matteo	Dalhousie Ti	37.50
5	252 Hall, Keegan	St. Mary's H	37.14
6	105 Forrest, Chase	Annapolis Co	37.20
Section 4 of 4 Finals			
2	119 Campbell, Quinn	Athletics Ea	37.05
3	155 Brennan, Adrian	Dalhousie Ti	36.50
4	162 MacDonald, Liam	Dalhousie Ti	36.50
5	166 White, Jacob	Dalhousie Ti	35.50
6	247 Delphin, Ethan	St. Mary's H	35.90

Event 30 Women 12-99 200 Meter Dash**Saturday 2025-11-22 - 5:50 PM**

Lane	Name	Team	Seed Time
Section 1 of 4 Finals			
1	212 Forrest, Rachel	Special Olym	1:08.00
2	183 Brooks, Shylaijah	Pace Athleti	NT
3	210 Davis, Lauran	Special Olym	1:11.00
4	310 Sampson, Anika	Unattached N	NT
5	272 Flemming, Lauren	Truro Lions	NT
6	216 Mason, Bailee	Special Olym	1:09.00
Section 2 of 4 Finals			
2	217 Richard, Kristina	Special Olym	37.08
3	218 Wilis, Brooklyn	Special Olym	36.01
4	211 Delaney, Rebecca	Special Olym	37.08
5	214 Lugsby, Megan	Special Olym	54.02

2025 Athletics NS Indoor Last Chance - 2025-11-21 to 2025-11-22**Canada Games Centre****Meet Program****Section 3 of 4 Finals...(Event 30 Women 12-99 200 Meter Dash)**

1	112 Nader, Charlotte	Athletics Ea	32.80
2	185 Hanley, Lacey	Pace Athleti	30.76
3	193 Snow, Charlotte	Pace Athleti	28.70
4	215 MacKenzie, Bella	Special Olym	30.25
5	330 Willsey, Makayla	Valley Athle	30.79
6	106 Adebayo, Michelle	Athletics Ea	35.00

Section 4 of 4 Finals

1	187 Kelloway, Gabby	Pace Athleti	27.70
2	192 Raymond, Annabelle	Pace Athleti	26.08
3	329 Knock, Ella	Valley Athle	25.70
4	182 Mead, Kaitlynne	No Limits AC	26.00
5	308 Goodland, Doris	Unattached N	26.48
6	186 Hoskin, Brianna	Pace Athleti	27.88

Event 31 Men 14-99 200 Meter Dash**Saturday 2025-11-22 - 6:10 PM**

Lane	Name	Team	Seed Time
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Section 1 of 6 Finals

1	278 Brooks, Logan	Truro Lions	NT
2	118 Aladejebi, Daniel	Athletics Ea	NT
3	132 Shehata, Zain	Crown Athlet	NT
4	286 Sommers, Ben	Truro Lions	NT
5	306 Crowther, Gabe	Unattached	NT

Section 2 of 6 Finals

1	121 DeWolfe, Connor	Athletics Ea	NT
2	313 McDermott, Chase	Unattached N	NT
3	277 Brooks, Landon	Truro Lions	NT
4	315 Sampson, Hendrick	Unattached N	NT
5	204 Snow, Glendon	Pace Athleti	NT
6	285 Somers, Isaiah	Truro Lions	NT

Section 3 of 6 Finals

1	123 Knowles, Oliver	Athletics Ea	NT
2	228 Rockwell, Iassac	Special Olym	32.47
3	226 Prime, Wesley	Special Olym	31.03
4	219 Ashley, Hunter	Special Olym	32.11
5	223 James, Anthony	Special Olym	33.63
6	335 Wood, Kameron	Valley Athle	NT

Section 4 of 6 Finals

1	229 Skoreyko, Nick	Special Olym	29.01
2	224 Lahey, Kegan	Special Olym	28.68
3	222 Hicks, Jason	Special Olym	25.09
4	202 Seneker, TJ	Pace Athleti	26.00
5	221 Boudreau, Logan	Special Olym	28.70
6	230 Thornhill, Jack	Special Olym	29.56

Section 5 of 6 Finals

1	220 Barnes, Logan	Special Olym	24.55
2	227 Rafuse, Jacob	Special Olym	24.01
3	203 Sepa, William	Pace Athleti	23.49
4	129 Wright, Macade	Athletics Ea	23.80
5	127 Thibault, James	Athletics Ea	24.06
6	205 Wile, Trenton	Pace Athleti	25.00

Section 6 of 6 Finals

1	102 Vanderwal, Ryan	Adrenaline A	22.82
2	151 Aftanas, Matt	Dalhousie Ti	22.50
3	196 Akachukwu, Promise	Pace Athleti	22.00
4	265 Smith, Chad	St. Mary's H	22.25
5	153 Babalola, Praise	Dalhousie Ti	22.50
6	199 Narvey, Attila	Pace Athleti	23.37

Event 32 Women 12-99 800 Meter Run**Saturday 2025-11-22 - 6:40 PM**

Lane	Name	Team	Seed Time
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Section 1 of 1 Finals

1	307 Goodland, Betty	Unattached N	NT
2	271 Burris, Isabella	Truro Lions	2:48.21
3	181 Foley, Emily	Memorial Sea	2:33.00
4	328 Albert, Amelia	Valley Athle	2:45.00
5	268 MacEachern, Chloe	Stfx Track A	NT
6	103 Harrison, Kendel	Annapolis Co	NT

Event 33 Men 14-99 800 Meter Run**Saturday 2025-11-22 - 6:45 PM**

Lane	Name	Team	Seed Time
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Section 1 of 1 Finals

2	331 Laceby, Charlie	Valley Athle	NT
3	120 DeLong, Timothy	Athletics Ea	2:00.10
4	117 Ackerman, David	Athletics Ea	2:10.00
5	332 McComiskey-McFadd	Valley Athle	NT

Event 34 Women 18-34 600 Meter Run**Saturday 2025-11-22 - 6:55 PM**

Lane	Name	Team	Seed Time
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Section 1 of 1 Finals

1	244 Wilkie, Julia	St. Mary's H	1:50.00
2	320 Power, Lucy	Upei Panther	1:50.00
3	140 Harris, Ruby	Dalhousie Ti	1:37.00
4	206 Pomeroy, Molly	Pearlgate Tr	1:44.00
5	239 Campbell, Alexandra	St. Mary's H	1:50.00

Event 35 Men 18-34 600 Meter Run**Saturday 2025-11-22 - 7:00 PM**

Lane	Name	Team	Seed Time
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Section 1 of 2 Finals

1	321 Dalton, Jacob	Upei Panther	1:30.00
2	323 Dueck, Benji	Upei Panther	1:26.00
3	157 Dempsey, Miles	Dalhousie Ti	1:24.00
4	160 Griffin, Levi	Dalhousie Ti	1:24.00
5	326 Wolfe, Baleyon	Upei Panther	1:29.00
6	258 Langlois, Logan	St. Mary's H	1:30.00

Section 2 of 2 Finals

1	248 Foley, Liam	St. Mary's H	1:24.00
2	164 Proietti, Samuel	Dalhousie Ti	1:24.00
3	250 Gavel, Oliver	St. Mary's H	1:22.00
4	266 Tremble, Greysen	St. Mary's H	1:23.00
5	168 Zhao, Yunshu	Dalhousie Ti	1:24.00
6	252 Hall, Keegan	St. Mary's H	1:24.00

2025 Athletics NS Indoor Last Chance - 2025-11-21 to 2025-11-22**Canada Games Centre****Meet Program****Event 36 Women 10-17 Long Jump****Friday 2025-11-21 - 5:30 PM**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	172 Dumas, Cassidy	Grit Athleti	ND
2	177 Rodney, Mae	Grit Athleti	ND
3	171 Cameron, Makenna	Grit Athleti	3.89m
4	116 Woycheshyn, Nataliya	Athletics Ea	4.00m
5	269 Angus, Courtney	Truro Lions	4.29m
6	114 Whitman, Kate	Athletics Ea	4.32m
7	185 Hanley, Lacey	Pace Athleti	4.52m
8	191 McGrath, Lily	Pace Athleti	4.53m
9	329 Knock, Ella	Valley Athle	5.13m
10	186 Hoskin, Brianna	Pace Athleti	5.19m

Event 37 Women 18-34 Long Jump**Friday 2025-11-21 - 7:00 PM**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	289 Blois, Juliana	Unattached	ND
2	240 Lawton, Brianna	St. Mary's H	4.59m
3	134 Doyle, Lydia	Dalhousie Ti	4.90m
4	181 Foley, Emily	Memorial Sea	4.97m
5	133 Covert, Claire	Dalhousie Ti	5.00m
6	138 Hadskis, Maggie	Dalhousie Ti	5.00m
7	150 Westrbook, Emma	Dalhousie Ti	5.00m
8	136 Fowler, Ailish	Dalhousie Ti	5.00m
9	237 Black, Raeden	St. Mary's H	5.02m
10	148 Russell, Lucy	Dalhousie Ti	5.20m
11	144 Landry, Zoe	Dalhousie Ti	5.40m
12	142 Husain, Maja	Dalhousie Ti	5.40m

Event 38 Men 12-99 Long Jump**Saturday 2025-11-22 - 9:00 AM**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	301 Durning, Ryker	Unattached	ND
2	197 Gallant, Lamar	Pace Athleti	5.92m
3	263 Mittelstadt, Drew	St. Mary's H	6.00m
4	245 Bilmer, Magnus	St. Mary's H	6.09m
5	152 Babalola, David	Dalhousie Ti	6.60m
6	156 Conrad, Austin	Dalhousie Ti	6.60m
7	101 Demone, Taylor	Adrenaline A	7.10m

Event 39 Women 12-99 Triple Jump**Saturday 2025-11-22 - 3:10 AM**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	171 Cameron, Makenna	Grit Athleti	8.53m
2	242 Oulton, Kaleigh	St. Mary's H	9.30m
3	191 McGrath, Lily	Pace Athleti	9.48m
4	309 MacKenzie, Sienna	Unattached N	9.62m
5	274 Stubbert, Lola	Truro Lions	10.33m
6	136 Fowler, Ailish	Dalhousie Ti	10.80m
7	145 LeBlanc, Claire	Dalhousie Ti	11.40m
8	142 Husain, Maja	Dalhousie Ti	11.80m

Event 40 Men 12-99 Triple Jump**Saturday 2025-11-22 - 3:10 AM**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	306 Crowther, Gabe	Unattached	ND
2	281 Legge, Colin	Truro Lions	ND
3	159 Fiala, Ondrej	Dalhousie Ti	12.00m
4	163 Oshikoya, Biola	Dalhousie Ti	12.00m
5	158 Ejeckam, Derrick	Dalhousie Ti	12.00m
6	312 MacKenzie, Pierce	Unattached N	12.73m
7	260 MacDonald, Ciaran	St. Mary's H	12.80m
8	125 Oshikoya, Tobi	Athletics Ea	14.50m

Event 41 Women 12-99 High Jump**Saturday 2025-11-22 - 9:00 AM**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	240 Lawton, Brianna	St. Mary's H	1.36m
2	269 Angus, Courtney	Truro Lions	1.45m
3	237 Black, Raeden	St. Mary's H	1.46m
4	150 Westrbook, Emma	Dalhousie Ti	1.50m
5	138 Hadskis, Maggie	Dalhousie Ti	1.50m
6	133 Covert, Claire	Dalhousie Ti	1.50m
7	181 Foley, Emily	Memorial Sea	1.51m
8	274 Stubbert, Lola	Truro Lions	1.54m
9	141 Hicks, Kiersten	Dalhousie Ti	1.55m
10	135 Ellis, Avaya	Dalhousie Ti	1.55m
11	148 Russell, Lucy	Dalhousie Ti	1.55m
12	143 Khouri, Anais	Dalhousie Ti	1.55m

Event 42 Men 12-99 High Jump**Friday 2025-11-21 - 5:30 PM**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	195 A'Court, Daniel	Pace Athleti	1.70m
2	180 Levesconte, Kyle	Inverness Co	1.76m
3	279 Dyke, Noah	Truro Lions	1.85m
4	263 Mittelstadt, Drew	St. Mary's H	1.85m
5	158 Ejeckam, Derrick	Dalhousie Ti	1.96m

2025 Athletics NS Indoor Last Chance - 2025-11-21 to 2025-11-22**Canada Games Centre****Meet Program****Event 45 Tetrathlon: #1 Women 6-13 60 Meter Dash****Saturday 2025-11-22 - 12:55 PM**

Lane	Name	Team	Seed Time
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Section 1 of 2 Finals

2	184 Clayton, Blessyn	Pace Athleti	NT
3	173 Jacquemin, Marie	Grit Athleti	NT
4	194 Yakhlef, Lisa	Pace Athleti	NT
5	188 Levit, Kim	Pace Athleti	NT
6	176 Rana, Rayya	Grit Athleti	NT

Section 2 of 2 Finals

1	170 Calizo, Keren Anika	Grit Athleti	NT
2	174 Leslie, Taya	Grit Athleti	NT
3	276 Stubbert, Willow	Truro Lions	NT
4	292 Goodland, Audrey	Unattached	NT
5	175 Maguire, Claire	Grit Athleti	NT
6	130 Hubka, Emerson	Crown Athlet	NT

Event 45 Tetrathlon: #2 Women 6-13 Shot Put 2kg**Saturday 2025-11-22 - 1:15 AM**

Pos	Name	Team	Seed Mark
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Flight 1 of 1 Finals

1	170 Calizo, Keren Anika	Grit Athleti	ND
2	176 Rana, Rayya	Grit Athleti	ND
3	130 Hubka, Emerson	Crown Athlet	ND
4	292 Goodland, Audrey	Unattached	ND
5	276 Stubbert, Willow	Truro Lions	ND
6	184 Clayton, Blessyn	Pace Athleti	ND
7	173 Jacquemin, Marie	Grit Athleti	ND
8	188 Levit, Kim	Pace Athleti	ND
9	194 Yakhlef, Lisa	Pace Athleti	ND
10	175 Maguire, Claire	Grit Athleti	ND
11	174 Leslie, Taya	Grit Athleti	ND

Event 45 Tetrathlon: #3 Women 6-13 Long Jump**Saturday 2025-11-22 - 2:15 AM**

Pos	Name	Team	Seed Mark
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Flight 1 of 1 Finals

1	194 Yakhlef, Lisa	Pace Athleti	ND
2	292 Goodland, Audrey	Unattached	ND
3	174 Leslie, Taya	Grit Athleti	ND
4	188 Levit, Kim	Pace Athleti	ND
5	276 Stubbert, Willow	Truro Lions	ND
6	173 Jacquemin, Marie	Grit Athleti	ND
7	175 Maguire, Claire	Grit Athleti	ND
8	184 Clayton, Blessyn	Pace Athleti	ND
9	176 Rana, Rayya	Grit Athleti	ND
10	170 Calizo, Keren Anika	Grit Athleti	ND
11	130 Hubka, Emerson	Crown Athlet	ND

Event 45 Tetrathlon: #4 Women 6-13 600 Meter Dash**Saturday 2025-11-22 - 3:15 PM**

Lane	Name	Team	Seed Time
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Section 1 of 1 Finals

1	130 Hubka, Emerson	Crown Athlet	NT
2	292 Goodland, Audrey	Unattached	NT
3	184 Clayton, Blessyn	Pace Athleti	NT
4	173 Jacquemin, Marie	Grit Athleti	NT
5	170 Calizo, Keren Anika	Grit Athleti	NT
6	276 Stubbert, Willow	Truro Lions	NT
7	194 Yakhlef, Lisa	Pace Athleti	NT
8	176 Rana, Rayya	Grit Athleti	NT
9	174 Leslie, Taya	Grit Athleti	NT
10	175 Maguire, Claire	Grit Athleti	NT
11	188 Levit, Kim	Pace Athleti	NT

Event 46 Tetrathlon: #1 Men 6-13 60 Meter Dash**Saturday 2025-11-22 - 1:05 PM**

Lane	Name	Team	Seed Time
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Section 1 of 2 Finals

1	302 Goodland, Jack	Unattached	NT
2	209 Lehman, Ethan	Slow Ships	NT
3	303 Mackeigan, Ira	Unattached	NT
4	201 Robar, Maximilian	Pace Athleti	NT
5	311 MacKenzie, Marco	Unattached N	NT

Section 2 of 2 Finals

2	179 Hawley, Ashton	Inverness Co	NT
3	280 Flemming, Peter	Truro Lions	NT
4	131 Armstrong, Spencer	Crown Athlet	NT

Event 46 Tetrathlon: #2 Men 6-13 Shot Put 2kg**Saturday 2025-11-22 - 1:15 AM**

Pos	Name	Team	Seed Mark
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Flight 1 of 1 Finals

1	179 Hawley, Ashton	Inverness Co	ND
2	131 Armstrong, Spencer	Crown Athlet	ND
3	311 MacKenzie, Marco	Unattached N	ND
4	303 Mackeigan, Ira	Unattached	ND
5	280 Flemming, Peter	Truro Lions	ND
6	302 Goodland, Jack	Unattached	ND
7	201 Robar, Maximilian	Pace Athleti	ND
8	209 Lehman, Ethan	Slow Ships	ND

2025 Athletics NS Indoor Last Chance - 2025-11-21 to 2025-11-22**Canada Games Centre****Meet Program****Event 46 Tetrathlon: #3 Men 6-13 Long Jump****Saturday 2025-11-22 - 2:15 AM**

Pos	Name	Team	Seed	Mark
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Flight 1 of 1 Finals

1	311 MacKenzie, Marco	Unattached N		ND
2	179 Hawley, Ashton	Inverness Co		ND
3	209 Lehman, Ethan	Slow Ships		ND
4	302 Goodland, Jack	Unattached		ND
5	201 Robar, Maximilian	Pace Athleti		ND
6	131 Armstrong, Spencer	Crown Athlet		ND
7	303 Mackeigan, Ira	Unattached		ND
8	280 Flemming, Peter	Truro Lions		ND

Event 46 Tetrathlon: #4 Men 6-13 600 Meter Dash**Saturday 2025-11-22 - 3:25 PM**

Lane	Name	Team	Seed	Time
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Section 1 of 1 Finals

1	179 Hawley, Ashton	Inverness Co		NT
2	209 Lehman, Ethan	Slow Ships		NT
3	280 Flemming, Peter	Truro Lions		NT
4	302 Goodland, Jack	Unattached		NT
5	131 Armstrong, Spencer	Crown Athlet		NT
6	311 MacKenzie, Marco	Unattached N		NT
7	303 Mackeigan, Ira	Unattached		NT
8	201 Robar, Maximilian	Pace Athleti		NT