



Thunder & Ice Fest
December 6, 2025
Hosted by Edmonton Thunder Track & Field Club
Sanctioned by Athletics Alberta

The Technical Package will be updated as needed on www.ellistiming.ca
and the Trackie registration page.

Location:

Kinsmen Fieldhouse - Enter through Door 3
9100 Walterdale Hill, Edmonton, Alberta

Meet Inquiries

If you have any questions about the meet, please email info@edmontonthunder.com

Package Pickup

Packages will be available at the Technical Information Centre behind the stairs on track level.

Entry Deadline and Process

- Entry Deadline: 11:59 p.m. on Sunday, Nov 30, 2025.
- LATE Entry Deadline: 11:59 on Monday, Dec 1, 2025.
- Meet schedule will be available on the Trackie registration page. The finalized schedule will be posted the late evening of Dec 3rd.
- All entries must be through the Trackie registration page (<https://www.trackie.com/event/thunder-and-ice-fest-2023/1001631/>).
- NO Team Manager file will be available for uploading into Trackie registration.

Photo Timing System: Finish Lynx (Supplied by Ellis Timing Canada)

ENTRY FEES

- All U16+ events: \$35.00
- Late Registration for U16+ events: \$45
- Multiple Events (U10, U12, U14): \$40.00
- Late Registration for Multiple Event (U10, U12, U14): \$50

Eligibility

Alberta coaches and athletes entering must be registered members of Athletics Alberta (no exceptions). Out-of-province athletes must be registered with their respective provincial athletics associations.

Age categories offered

U10 – born 2016 or later,

U12 – born 2014-2015,

U14 – born 2012-2013,

U16 – born 2010-2011,

U18 – born 2008-2009,

U20 – born 2006-2007,

Open – born 2005–earlier,

****U18 and U20 Athletes who register in their respective age categories may later be combined with the OPEN age category in the final schedule in applicable events. Results will still be separated into respective age categories.****

U10, U12, and U14 events will be combined events scoring using the development tables -- scoring will be based on total points.

U10: 50m, Standing Long Jump, Shot Put, 400m

U12: 50m, Standing Long Jump, Shot Put, 400m

U14: 50m, High Jump, Shot Put, 600m.

Schedule

A final schedule will be posted once entries have closed on the Trackie registration page and www.ellistiming.ca.

Facility Specifications

6-lane 200m track,

Spikes: Standard spikes only of 5mm OR SHORTER can be used, understanding that the rubber floor is about 1/2" thick.

A wooden circle for shot put.

Track Etiquette

The Centre of the Track is for participating teams and open competitors to use only. Spectators must remain on the perimeter of the track. Boots and outdoor shoes must be removed before entering the track area. Kinsmen Centre requests that we all do our part in keeping the facility clean by utilizing the boot wash at the entrance to the facility.

General Rules

- Marshaling procedures are in effect. Marshaling takes place, indicated by the marked call room or warm up area.

- Athletes who do not present themselves in the Marshalling Area as required will not be eligible to compete in their designated race.
- Track event athletes (including multiple event track events) are required to check in at the Check-In Desk at least 15 minutes prior to the scheduled event start time. Athletes will be required to remain there until a starter's assistant or volunteer leads them to their start line.
- Field event athletes will marshal at the event competition area and are requested to arrive 30 minutes before the scheduled start time of the event.
- For Shot Put, we will follow [Athletics Alberta Indoor Specifications](#)
- Starting blocks are mandatory for all athletes in the Under 16 and older age groups. Starting blocks are optional for Masters. Starting blocks will not be used for Under 10, Under 12, or Under 14 events.
- Coaches meeting will be held 30 minutes before the first event at the finish line.

Modified Rules for U10, U12, and U14 Throws:

- Each competitor will receive 3 attempts for shot put and standing long jump events.
- High Jump will increase by increments of 3cm

Events Offered by Age Category

Event	U10	U12	U14	U16	U18	Open
50m	X	X	X	X	X	X
60m				X	X	X
200m				X	X	X
400m	X	X		X	X	X
600m			X	X	X	X
1000m				X	X	X
Standing Long Jump	X	X				
Shot Put	X	X	X			
High Jump			X			