

## 2025 North of 60 Open



### TECHNICAL PACKAGE

#### CONTACT INFORMATION

**Email:** [m.salim@nwtjudoassociation.ca](mailto:m.salim@nwtjudoassociation.ca)

**Website:** <https://www.nwtjudoassociation.ca/northof60open>

**Dates:** December 5–7, 2025

**Location:** Multiplex Arena – DND Gym, 41 Kam Lake Rd, Yellowknife, NT

#### SANCTIONING

This tournament is sanctioned under the Judo Canada Tournament Standards and Sanctioning Policy (2025) and follows the Ne-Waza Competition Rules (2018), with some exceptions to accommodate the unique circumstances of NWT Judo.

#### REGISTRATION

**Deadline:** December 1, 2025, at 23:59 MST

**Registration Link:** [2025 North of 60 Open Registration](#)

## Eligibility:

- Open to all Canadian and international judoka registered with Judo Canada for the 2025–2026 season.
- Minimum rank: White Belt.
- Uniforms: **White or blue** judogi required.
- Registration fee: \$20 per athlete.
- Judo Canada Membership: \$60 (for the 2025–2026 season).
- Please obtain approval from your local coach before registering.
- Contact in advance if you require equipment support (e.g. uniforms, belts).

## Travel & Accommodation

- Travel Tip: If flying, keep your judogi and valuables in your carry-on bag.
- Coordinate with your coach for travel and accommodation recommendations.
- Participants from the Dehcho region may qualify for support through the [Mackenzie Recreation Association \(MRA\)](#)

## EVENT SCHEDULE

### *Thursday, December 4 – Yellowknife Judo Club*

- **5:30 PM – 6:30 PM:** Kids Training Camp
- **6:30 PM – 8:00 PM:** Teens Training Camp
- **8:00 PM – 9:00 PM:** Adults Training Camp

Open to all out-of-town athletes!

### *Friday, December 5 – Multiplex DND Gym*

- **5:00 PM:** Venue Preparation (Volunteers needed!)
- **6:30 PM – 7:30 PM:** Training Camp & Competition Rules Review

## *Saturday, December 6 – Multiplex DND Gym*

- **8:00 AM – 9:00 AM:** Weigh-in (All Participants)
- **9:00 AM – 9:30 AM:** Opening Ceremony
- **9:30 AM – 10:00 AM:** Family Judo Competition & Medal Ceremonies
- **10:00 AM – 10:30 AM:** Group Warm-up
- **10:30 AM – 12:30 PM:** Ne-Waza Tournament & Medal Ceremonies  
(Divisions proceed youngest to oldest; medals presented after each division)
- **12:30 PM – 1:00 PM:** Lunch Break
- **1:15 PM – 4:00 PM:** Tachi-Waza Tournament & Medal Ceremonies

## *Sunday, December 7 – Multiplex DND Gym*

- **9:00 AM – 11:00 AM:** Training Camp (All Participants)

## **VOLUNTEERS**

*The success of this event depends on the dedication of our **volunteers**.*

*We encourage parents, supporters, and community members to get involved!*

*[Click here: 2025 N60 Volunteer List \(view available volunteer roles\)](#)*

*List of [volunteer positions](#) are also listed at the end of this document*

## **COMPETITION DETAILS**

The tournament begins with Ne-Waza (ground techniques) matches, followed by optional Tachi-Waza (standing) matches for athletes who are able to continue.

## DIVISION GUIDELINES

Division	Duration & Notes
<i>Family Judo</i>	2 min; Play-fight for parents & children (group & individual).
<i>U8 / U10 / U12</i>	2 min; Max 2 Ippon; No submissions.
<i>U14</i>	3 min; No submissions.
<i>U16</i>	3 min + Golden Score; Strangulations only for advanced; No joint manipulations.
<i>U18 / U21 / Senior / Veteran</i>	4 min + Golden Score; Elbow locks & strangulations only; No submissions for White/Yellow belts or less than one year BJJ;

- **\*Divisions may be combined by age, skill, or weight at the discretion of the Tournament Committee.**
- **\*\*No leg locks or small joint manipulations are permitted at any level.**
- Win by 2 points per position up to 20 (in Ne-Waza) or Ippon.
- *Scoring and regulations follow Judo Canada's official competition policies:*
  - [https://static.judocanada.org/wp-content/uploads/2025/11/Sanctioning-policy-2025-2026\\_September2025\\_EN\\_compressed.pdf](https://static.judocanada.org/wp-content/uploads/2025/11/Sanctioning-policy-2025-2026_September2025_EN_compressed.pdf)
  - [https://www.judocanada.org/wp-content/uploads/2018/08/Ne-waza-rules-Final\\_May\\_2018\\_EN.pdf](https://www.judocanada.org/wp-content/uploads/2018/08/Ne-waza-rules-Final_May_2018_EN.pdf)
- Medical support will be available on site.
- Spectators are welcome; admission is free.

**We look forward to welcoming you to Yellowknife for the North of 60!**

*For further details, contact the organizing committee at the email address above.*

***Volunteers Required (multiple sign-ups are possible):***

**1. Photographer 1**

- a. Thursday Dec 4, 17:30-21:00, at the Yellowknife Judo Club.
- b. Capture moments and group pictures during the training camp.

**2. Photographer 2**

- a. Friday Dec 5, 18:30-19:30, at the Multiplex.
- b. Capture moments and group pictures during the training camp.

**3. Photographer 3**

- a. Saturday Dec 6, 9:00-16:00, at the Multiplex.
- b. Capture moments and group pictures during the championship.

**4. Photographer 4**

- a. Sunday Dec 7, 9:00-11:00, at the Multiplex.
- b. Capture moments and group pictures during the training camp.

**5. First Aid 1**

- a. Friday Dec 5, 18:30-19:30, at the Multiplex.
- b. Responsible for First Aid during Friday training camp.

**6. First Aid 2**

- a. Sunday Dec 7, 9:00-11:00, at the Multiplex.
- b. Responsible for First Aid during Sunday training camp.

**7. Set-Up A, Set-Up B, Set-up C**

- a. Friday Dec 5, 17:00-19:00, at the Multiplex.
- b. Set up Venue on Friday afternoon.

**8. Male Weigh-in**

- a. Saturday Dec 6, 8:00-9:00, at the Multiplex.
- b. One male weigh-in admin.

**9. Female Weigh-in**

- a. Saturday Dec 6, 8:00-9:00, at the Multiplex.
- b. One female weigh-in admin.

**10. Shirts A, Shirt B**

- a. Saturday Dec 6, 8:00-9:30, at the Multiplex.
- b. Manage distribution of T-Shirts to athletes who complete weigh-ins.

**11. Snacks**

- a. Saturday Dec 6, 8:00-10:00, at the Multiplex.
- b. Manage and organize distribution of coffee and snacks.

**12. Greeter A, Greeter B**

- a. Saturday Dec 6, 8:00-9:30, at the Multiplex.
- b. Greet and guide guests as they enter the tournament venue.

**13. Musician and/or Singer**

- a. Saturday Dec 6, 8:30-9:30, at the Multiplex.
- b. Perform the National Anthem during the opening ceremony.

**14. Mat Official A1, Mat Official A2, Mat Official B1, Mat Official B2**

- a. Saturday Dec 6, 10:00-16:00, at the Multiplex.
- b. Timekeeper and/or referee.

**15. Child Queue A, Child Queue B**

- a. Saturday Dec 6, 10:00-14:00, at the Multiplex.
- b. Organize young children on their seats as their matches come up.

**ARTICLES**

[Cabin Radio, Revitalized Northern Judo Tournament Returns to Yellowknife, 2024](#)

[NNSL, North of 60 club Hosts Judo Championships in YK, Sets Attendance Record, 2024](#)