

Demon Chaser Throws Meet

Rev 2, Oct 30

November 1, 2025

Hosted By: Comox Valley Cougars

Sanctioning provided by BC Athletics

Official meet website : ComoxCougars.org

Meet Director/Manager : Graham Morfitt 250.338.4191 gmorfitt@shaw.ca

Location :

Vanier Oval, Comox Valley Sports Centre

3001 Vanier Drive, Courtenay, BC

Facilities...

35m javelin synthetic runway (9mm max spike length)

Hammer/Discus cage maximum sector distance is 66m

Washrooms/Changerooms will be located in the sports center

Registration :

Email entries to gmorfitt@shaw.ca

Meet Fees : \$10/event

Registration Chair : Graham Morfitt (gmorfitt@shaw.ca)

Entry Deadline : Wednesday October 29th, 2025

Event Entry Capacity : Events will be limited to a maximum of 12 athletes across all age groups.

All events are combined age groups : Ages 14+ only

U16:U18:U20 & Older (2006 & older) : 6 attempts

Equipment will be supplied by Comox Valley Cougars.

Athletes are welcome to bring implements (verification weigh-in provided)

ONLY 2025 RULE 700g JAVELINS WILL BE ACCEPTED & USED FOR U18 AND MASTERS 50-59.

Equipment weigh-in will be provided - submit equipment no later than 1hr before event start time.

Meet Schedule / Start Time :

Warm-up opens at 10am.

Check in at event areas no later than 15 minutes prior to start time.

The meet will follow a **rolling schedule** in the following event order.

11:00am : Javelin

12:30pm : Hammer

2:00pm : Discus

3:30pm : Shot Put

Times are approximate. Rolling schedule means events may run early or late.

Please come prepared for all weather conditions.