



Watrous Ju-No-Ri Provincial Judo Tournament

Saturday, November 22, 2025

Location: Winston High School, 202, 6th Ave East, Watrous, Sask.

Tournament Director: Glen Miller

Chief Official: TV Taylor

Chief Referee: Robb Karaim *Referee meeting at 10:00am*

Eligibility: All athletes must be registered and in good standing with Judo Saskatchewan

Weigh In Time: November 22nd, 8:00-8:45 AM for Senior Ne Waza & Check in for Kodomo no Kata
November 22nd, 8:00-10:00 AM for U10, U12, U14, U16, U18, U21 & Senior Tachi Waza

Order of Competition:

9AM	Kodomo no Kata Mat A / Senior Ne Waza Mat B
10AM	Group warm up for U10, U12, U14 Mat A/B
10:45AM	Ne Waza U10/U12
	Tachi-waza (Yellow belt & higher) U10, U12, U14, U16, U18 & Senior

Registration: **Pre-registration required:** Deadline to register is November 17, 2025
Registration Link: <https://registration.judocanada.org/event/Watrous2025>

Entry Fee:

Kodomo no Kata	\$40 for team – <i>only one team member needs to register their team</i>
First Division:	\$40
Additional division:	\$10 <i>An athlete may compete in one additional age category. Athlete may only compete in proper weight class</i>

Tournament Guidelines:

- Modified Judo Canada Tournament Sanctioning rules will apply.
- White belts and white/yellow split belts may participate in ne-waza only.
- The tournament committee, in its sole discretion, reserves the right to make any changes necessary in the best interest of the athletes.
- Age and Weight classes may be combined if unsuitable numbers of athletes are registered in a weight division.
- Females must wear a plain white short-sleeved rounded-neck shirt under their judogi.
- NO pants below the knee to be worn under the gi pants (Shorts under the gi pants will be allowed)
- Hair must be worn up above the shoulders (male & female), hair bands may not contain any metal or hard plastic.
- All piercings, jewelry and bracelets must be removed.
- No use of bleeding dyes on the body or hair of competitors is allowed. In cases such use is undetected and results in damage to the equipment of the opponent or the tatami, the competitor will be disqualified, and the member will be charged for the damage.
- All competitors *must* have a white judogi. Blue judogis can only be worn when the athlete is the second competitor in a match. All judogis must be regulatory size.

Categories: *The tournament director reserves the right to make any changes necessary in the best interest of the athletes.*

U10 – Born in 2017-2018 Male and Female will be separate

Draws will be made based on entries. Attempts will be made to get all competitors 3-4 matches. No Golden Score.

- Ne Waza Divisions – Open to athletes white belt and higher, **2 minute matches, continuous time.**
- Tachi Waza Divisions –Open to athletes yellow belt & higher, **2 minutes, continuous time. Bout ends after 2 Ippons**

Kumi Kata (grip) is allowed only at the front of the judogi.

No drop techniques, no headlock techniques, no Sutemi-waza, no makikomi-waza, no kansetsu-waza, no shime-waza, no sankaku gatame or sankaku rollovers. No scoring of counter rotation techniques against one-legged throws.

U12 – Born in 2015-2016 Male and Female will be separate

Draws will be made based on entries. Attempts will be made to get all competitors 3-4 matches. No Golden Score.

- Ne Waza Divisions – Open to athletes white belt and higher, **2 minute matches, continuous time.**
- Tachi Waza Divisions –Open to athletes yellow belt & higher, **2 minutes, stop time. Bout ends after 1 Ippon**

Kumi Kata (grip) is allowed only at the front of the judogi.

No drop techniques, no headlock techniques, no Sutemi-waza, no makikomi-waza, no kansetsu-waza, no shime-waza, no sankaku gatame or sankaku rollovers. No scoring of counter rotation techniques against one-legged throws.

U14 – Born in 2013-2014 – 3 minute matches. No Golden Score

Male: -32, -35, -38, -42, -46, -50, -55, -60, -66, +66Kg

Female: -30, -33, -36, -40, -44, -48, -52, -57, -63, +63Kg

No drop techniques in novice divisions, no headlock techniques in tachi-waza, no Sutemi-waza in novice divisions, no makikomi-waza in novice divisions, no kansetsu-waza, no shime-waza, no sankaku gatame or sankaku rollovers. No scoring of counter rotation techniques against one-legged throws.

U16 – Born in 2011-2012– 3 minute matches, Unlimited Golden Score

Male: -38, -42, -46, -50, -55, -60, -66, -73kg, +73Kg

Female: -36, -40, -44, -48, -52, -57, -63, -70, +70Kg

No kansetsu-waza for any competitors, no shime-waza, sankaku gatame or sankaku rollovers for yellow and orange belts.

U18 – Born in 2009-2011 – 4 minute matches, Unlimited Golden Score

Male: -50, -55, -60, -66, -73kg, -81, -90, +90Kg

Female: -40, -44, -48, -52, -57, -63, -70, +70Kg

No kansetsu-waza, shime-waza, sankaku gatame or sankaku rollovers for yellow and orange belts.

Senior – Tachi Waza: Born in 2011 and older – 4 minute matches, Unlimited Golden Score

Male: -60, -66, -73kg, -81, -90, -100, +100Kg

Female: -48, -52, -57, -63, -70, -78, +78Kg

No kansetsu-waza, shime-waza, sankaku gatame or sankaku rollovers for yellow and orange belts.

Senior – Ne Waza: Born in 2011 and older – 4 minute matches, Unlimited Golden Score

Male: -60, -81, +81Kg

Female: -52, -63, +63Kg

No kansetsu-waza, shime-waza, sankaku gatame or sankaku rollovers for yellow and orange belts.

Rules for Senior Ne-Waza from Appendix 10 of the Judo Canada Sanctioning Policy & Standards 2024-2025

Kodomo no Kata – set 3, 4 or 5

Draw Format:

- For U10 and U12 a round robin pool system will be used where each entrant meets each other entrant only once. Every effort will be made to have pools of four.
- For Weight categories with eight (8) or more entrants it will be a true double elimination system
- For weight categories with six (6) or seven (7) there will be two pools of round robin. The winner of Pool A (A1) will meet the second place from pool B (B2) and the winner of Pool B (B1) will meet the second place from pool A (A2). The winners of this match will then meet to determine 1st and 2nd while the losers will meet for bronze.
- For weight categories of five (5), four (4) or three (3) entrants there will be a pool system where each entrant meets all entrants in a round robin format. In case of a tie in the number of wins, the highest points will determine the winner.
- For weight categories of two entrants, they will meet twice or until one entrant has two (2) wins.

**On Sunday, November 23rd, there will be a Provincial Team Training.
Details to follow. Check the Judo Sask Calendar of events.**