

## **New Tec Pickleball Club- self assessment skill criteria**

**LTP-** register to learn the game of Pickleball

### **2.0 – 2.5 Beginner**

Member has attended “Learn to Play” clinic- understands basic rules of the game

Continues to develop the serve motion, forehand & backhand; serves deep & returns deep; attempts dinking

Goal is to keep the ball in play & play safe

Understands the 2-bounce rule

### **2.5-3.0 Advanced beginner**

Incorporates knowledge acquired from LTP & Beginner clinics to build their skills

Understands the rules of the game, including scoring & court positioning, but requires guidance

Demonstrates hand-eye coordination

Demonstrates the basic shots- forehand, backhand, volley, serve motion with deep serves, overheads

Can maintain a rally with players of similar skill level

Builds confidence to move up to the non-volley zone

### **3.0 – 3.5 Intermediate**

Continues to build on above skills

Demonstrates improved shot selection, control & consistency-

- Dinks, deep groundstrokes, volley's, attempts drop shots, attempts to reset a shot to control the pace, drives with pace, serves & returns deep, quickly moves up to the non-volley zone

### **3.5 + Advanced**

Continues to build on the above skills

Demonstrates solid shot selection

Able to successfully initiate a reset to control the pace

Successful 3<sup>rd</sup> shot drops 75% of the time

Demonstrates a high level of patience

Demonstrates longer rallies and dinks

Strategic ball placement based on your opponent's court position