



# **THE ST. MICHAEL CHS 17<sup>TH</sup> ANNUAL TURKEY TROT**



Thursday, October 9<sup>th</sup>, 2025

St. Michael CHS, Kemptville ON  
Start times and order of events:

10:00am – Gr. 7 Girls 3km	10:25am – Gr. 7 Boys 3km
10:50am – Gr. 8 Girls 3km	11:15am – Gr. 8 Boys 3km
11:45pm – Senior Boys 6km	12:25pm – Senior Girls 6km
1:10pm – Junior Boys 5.4km	1:50pm – Junior Girls 5.4km
2:30pm – Novice Boys 4.1km	3:00pm – Novice Girls 4.1km

The course features open fields, dirt roads and single-track routes through Ferguson Forestry Centre. Course maps will be made available at registration on the day of the meet.

## **Awards**

**The winner of each division will receive a frozen turkey!!** Ribbons for places 2<sup>nd</sup> to 6<sup>th</sup>. Ribbons also for the top three teams in each event. Random draw prize for one runner in each race.

## **Entries**

Please use [trackie.com](http://trackie.com) for your entries.

**The entry deadline is 11:59pm, Monday, October 6th, 2025.**

**Entry fee is \$6.00/high school runner to a team max of \$200.**

**For elementary students, the entry fee is \$3/runner, max \$150.**

**Please make cheques payable to: *St. Michael Catholic High School*.**

**Do not worry about scratches after the entry deadline. Late entries are \$5.00 for elementary and \$10.00 for high school, no max, this will be enforced.**

**Please ensure that each runner gets the bib that is assigned to them.**

## **Directions**

*From Ottawa – Hwy 416 South towards Hwy. 401. Exit Highway 43 West to Kemptville.*

*From Hwy. 401 – Hwy. 416 North towards Ottawa. Exit Hwy 43. Turn left heading into Kemptville. Bus parking is available at the North Grenville Municipal Centre, next to the school.*