



## 2025 London Western Twilight Series

Medway High School Track – Arva, ON

**TWILIGHT MEET #2 – Wednesday, August 13th, 2025**

### Technical Information

**Meet Director:** Scott MacDonald – [scottmacldwtfc@gmail.com](mailto:scottmacldwtfc@gmail.com) 613-222-5674

**Sanctioned:** Athletics Canada, Athletics Ontario



**Events:** Twilight Meet #2 – 6:00 pm Start

Long Jump

100m (U10/12/14), 200m (U16/18/20/OPEN), 800m, 2000m

**Rules:** Girls/Women compete first, followed by Boys/Men. Heats will run Slow to Fast

**Check-in:** All athletes will be checked in at their event area or start line 15 minutes in advance of the start.

**Results:** A link to live results will be available at [www.londonwesterntfc.com/host-meets](http://www.londonwesterntfc.com/host-meets)

### TENTATIVE SCHEDULE

<u>6:00 pm</u>	U16/18/20/Open Long Jump
<u>6:00 pm</u>	100m – U14 GIRLS followed by U14 BOYS
<u>6:30 pm</u>	200m – WOMEN followed by MEN
<u>6:55 pm</u>	800m – WOMEN followed by MEN
<u>7:00 pm</u>	U10/12/14 Long Jump
<u>7:30 pm</u>	2000m – WOMEN followed by MEN

