



## 2025 Crown Throws Series 2

### Technical Information

**Host:** Crown Athletics

**Sanctioned by:** Athletics Nova Scotia, Athletics Canada

**Date and Location:** Sunday, August 10th at Kings Edgehill School, Windsor, NS

**Age Categories:** All age categories from U14-Masters will be accommodated.

**Events:** Discus, Hammer Throw and Shot Put only.

**Final Schedule:** Note that the start time for hammer and shot put is approximate based on the completion of discus. Be prepared for a rolling schedule. We will not start more than 20 minutes early.

10:00am - Mixed Discus

11:15am - Mixed Hammer Throw

12:30pm - Mixed Shot Put

**Registration:** This event is pre-registration only. Please register at [Trackie.com](https://trackie.com). The registration deadline is 11:59pm on Friday, August 8th. No late registrations will be accepted.

\*Please note that there will be no refunds for scratches.

**Marshalling:** Please check-in at the event site 30 minutes prior to the listed start time.

All inquiries can be directed to Kirk Jessome at [athleticstd@sportnovascotia.ca](mailto:athleticstd@sportnovascotia.ca)