TECHNICAL MANUAL

Turks & Caicos Islands National Primary Schools Track & Field Championships 2024

19th-21st March 2024

NATIONAL STADIUM
Providenciales, Turks & Caicos Islands
BWI

HISTORY OF THE COMPETITION AND PARTNERS

In 2007 The Turks & Caicos Islands Sports Commission renamed the Primary School Championship to "The National Primary Schools Track & Field Championships". In 2004 and 2006, three government primary schools (Enid Capron, Ianthe Pratt and Oseta Jolly came together and hosted a triangular Track and Field competition, that was conducted in conjunction with the High School championship. In 2007, twenty Primary Schools participating in the then "High and Primary Schools Championships"; today we are excited to continue this event where every child in the primary school system who feels he/she has the ability in track and field, a chance to demonstrate his/her athletic ability and be guided into further development for self and the Nation.

The Turks & Caicos Islands Amateur Athletic Association (TCAAA) was founded in 1976 to promote and develop Track and Field Athletics nationally and internationally. In 1977, the TCAAA was granted membership to the International Association of Athletics Federations (IAAF) now renamed World Athletics, which is the world governing body for athletics, thus becoming the National Governing Body of Track and Field Athletics to be known as the National Association for Athletics for the Turks & Caicos Islands.

The Sports Commission together with the Local Organizing Committee of the TCAAA are pleased to welcome you to this year's competition and we look forward to seeing your athletes as they write their names in the annals of Turks and Caicos athletics.

The objectives of the National Primary Schools Track & Field Championships are:

- 1. Introduce competitive track and field to both public and private Primary schools aged student athletes affording the opportunity to participate in a professionally administered track and field competition
- 2. Identify gifted student Athletes in track and field in all public and private Primary schools across the Turks and Caicos Islands
- 3. Select the outstanding top athletes from the championship for further training in development of Track & Field
- 4. To promote a higher standard of Athletics in the country

COMPETITION FORMAT

The following is proposed for 2024 National Primary Schools' Track & Field Championship. The concept is hosting one weekend of competition with four age categories across three (3) days:

■ Tuesday 19th March – Thursday 21st March 2024

2024 COMPETITION AGE GROUPS

The 2024 National Primary Schools' Track & Field Championship has split the competition into four (4) age categories.

- 7 years old & Under- Male and Female
- 9 years old & Under– Male and Female
- 11 years old & Under– Male and Female
- 13 years old & Under– Male and Female

GENERAL INFORMATION

All team delegations will be received at the Providenciales International Airport and Heaving Down Rock Dock. Each Head of Delegation will receive all documentation, within the official quota, and other information for the Championships.

WEATHER IN PROVIDENCIALES

During March, the temperatures are typically varying between a daily high of 74 to 90 degrees Fahrenheit, which will lead into the early part of April.

OPENING CEREMONY

The Opening Ceremony of the National Primary School Track & Field Competitions is planned for **Tuesday 19**th **March 2024** at **approx. 11:30am** (see daily schedule).

Twenty (20) athletes and one (1) coach are expected to participate in the Opening Parade of Teams. Teams will assemble on the eastern side of the National Stadium with special instructions for the parade and assemble facing the Grandstand located on the Western side of the National Stadium. Ten officials will also be expected to participate and will assemble with special instructions.

RULES AND REGULATIONS

The Turks & Caicos Islands 2024 National Primary Schools Track & Field Championships will be held in accordance with the current rules and regulations of the International Association of Athletic Federations (IAAF) now renamed World Athletics.

Technical matters will be resolved according to the World Athletics rules and regulations (2020-2021) The Local Organizing Committee will resolve general matters unforeseen in these regulations and the adjusted rules provided in this official manual.

The Turks & Caicos Armature Athletic Association (TCAAA) are the organizers of the event with the assistance of the TCI Sports Commission.

COMPETITION VENUE

The Championships will take place at the **National Stadium, Venetian Road, Providenciales**. The Stadium has a capacity of approximately 2000 people.

The National Stadium consist of an eight (8) lane World Athletics 400m track which has recently been resurfaced, two (2) Javelin areas, four (4) Long and Triple Jump areas, two (2) Shot Put circles, one (1) Discus area, one (1) Pole Vault Pit and one (1) High Jump areas; all re-laid by Mondo in 2007 and resurfaced in 2022 under World Athletics specifications. All race distances, jumping and throwing areas remain up to international standards and are good for national, area and international records once wind readings are legal and credible and done with electronic timing and subjected to World Athletics ratification.

WARM UP FACILITIES

Athletes will warm up on the grass area located on the outer perimeter of the competition track, behind the fenced area of the backstretch. Athletes will be marshalled on to the competition arena prior to their events, with enough time for warm up runs, throws and jumps.

Only accredited persons with authorized access will be allowed in the Warm-up Area.

TRAVEL & ACCOMMODATION

The TCI Sports Commission will assist traveling teams with **a grant** to help cover their accommodations, ground transportation and meals. Teams will have to seek up to two/three nights stay for their members. TCI Sports Commission will also provide a meal stipend of \$10 per person per day for all traveling teams. However, teams are responsible for their meals during their stay in Providenciales. Teams should prepare meals for three days. If it is being catered for, we ask that the food be dropped off at the front to be received by the manager or head coach of the team.

The TCI Sports Commission will provide air and boat travel to and from Providenciales for the Sister Island teams. Teams should arrive on Monday 18th March 2024 and will be able to travel back late Thursday 21st March afternoon (see daily schedule for timings of last day competition).

MEDICAL INFORMATION

Off-site medical services will be available at the Cheshire Hall Hospital Complex in Providenciales located approximately five (5) minutes away.

On-site medical services will be available with a mobile station permanently situated at the Field with nursing staff and EMTs on hand to assist with any emergency that arises. For additional emergency medical services, the ambulance will be on call.

Schools are encouraged to travel with a first aid kit for any minor incidents involving their team members. Any incidents requiring further medical attention will be referred to the Nurse or Doctor on standby. We also ask that all teams have access of all players NHIP numbers and if vaccinated to have a copy of their card on hand with a list of all athlete's parents or guardian contact information along with workplace.

INSURANCE

Each Team Athlete is cover by Schools Insurance for competition and the TCI National Health Insurance. In order to access the coverage ALL Coaches and Athletes MUST provide an NHIP number during registration. Non NHIP members will have to provide their own coverage or the school cover.

NUMBER OF COMPETITORS

Each school may enter up to two (2) athletes in each individual event. In the relay events, each school may enter a team of six (6) athletes, of which four (4) will be listed as who will compete.

If an event cannot be conducted due to insufficient participants, defined as having "no less than four (4) competitors of three (3) schools", the Local Organizing Committee shall notify the schools immediately the cancellation of the event via email and a follow up via phone and email. Those schools that have entered athletes can still take part in the specific event, however it will be considered an Exhibition / Demonstration event with no medals awarded.

Example: where there are <u>3 schools and 4 Competitors</u> there will be a race. This is the minimum World Athletic accepts for a track event.

<u>Kindly note:</u> that all athletes participating are required to have the School Sports Waiver signed by their parents / guardians and in addition we request a copy of either the student athlete's birth certificate, passport or status cards to show proof of age.

TEAM OFFICIAL QUOTA SIZE

The maximum team size is 40 athletes + 5 Officials

| 1 – 10 Competitors | Two (2) Officials. One each male and female. |
|---------------------|--|
| 11 - 20 Competitors | Three (3) Officials. Min. 1 male, 1 female. |
| 21 – 30 Competitors | Four (4) Officials. Min. 2 males, 2 females. |

| 31 – 40 Competitors | Five (5) Officials. Min. 2 males, 2 females |
|---------------------|---|
|---------------------|---|

TEAM AGE

| Boys 13 & Under Girls 13 & Under | Boys and Girls, ages 12-13 years old. Athletes cannot be 14 (over 13) years old before 31st August 2024 |
|-------------------------------------|---|
| GITIS 13 & Unider | years ord before ST August 2024 |
| Boys 11 & Under | Boys and Girls ages 10-11 years old. Athletes cannot be 12 (over 11) |
| Girls 11 & Under | years old before 31st August 2024 |
| Boys 9 & Under | Boys and Girls, ages 8-9 years old. Athletes cannot be 10 (over 9) years |
| Girls 9 & Under | old before 31st August 2024 |
| Boys 7 & Under | Boys and Girls ages 5-7 years old. Athletes cannot be 8 (over 7) years |
| Girls 7 & Under | old before 31st August 2024. |
| | No child below 5 years old will be allowed to compete |

CONFIRMATION OF PARTICIPATION

All Schools qualified for participation in the 2024 TCI National Primary Schools Track & Field Championships will be required to email nominal entries containing the names of the total number of athletes and team coach and manager, with the personal data of each competitor, including his/her best time in any event in which he/she has participated in the past twelve (12) months, should be sent to [TBC] by

ADJUSTMENTS TO ENTRIES

Deadline for all adjustments to nominal entries, containing the names, dates of births and entered event of athletes. Adjustments will only be accepted if the athlete is injured with the support of a medical letter using the Change Form.

JURY OF APPEAL

The Jury of Appeal will be announced at the Technical Meeting

TECHNICAL INFORMATION CENTRE (TIC)

The Technical Information Centre (TIC) will be located at the National Stadium.

The TIC shall serve as the link between the Organizing Committee and the various schools team delegations.

TECHNICAL MEETING

The Technical Meeting will take place on Tuesday 12th March 2024, 5:30pm.

LOCATION: The Gustarvus Lightbourne Sports Complex, Providenciales

No more than two (2) representatives from each School may attend the meeting.

Teams wishing to raise questions of a technical nature must submit these questions to the Secretariat on the prescribed form (see appendix), no later than midnight on **Sunday 10**th **March 2024.** The Technical Meeting will only address questions received before the meeting. Absolutely no questions will be accepted from the floor during the Technical Meeting.

LIST OF EVENTS

| | | 13 & (| Under | 11 & | Under | 9 & U | Inder | 7 & L | Inder |
|-------------------------------|--------------------------|---------------|---------------|---------------|---------------|-------|--------|-------|--------|
| Events | # of Entries per Sch. | Male | Female | Male | Female | Male | Female | Male | Female |
| 60M | 2 | | | | | | | YES | YES |
| 80M | 2 | | | | | YES | YES | | |
| 100M | 2 | YES | YES | YES | YES | | | | |
| 150M | 2 | | | | | YES | YES | | |
| 200M | 2 | YES | YES | YES | YES | | | | |
| 400M | 2 | YES | YES | YES | YES | | | | |
| 600M | 2 | | OPEN | | | | | | |
| 800M | 2 | OPEN | | | | | | | |
| Standing Board Jump | 2 | | | | | | | YES | YES |
| Long Jump | 2 | YES | YES | YES | YES | YES | YES | | |
| High Jump | 2 | OPEN | OPEN | OPEN | OPEN | | | | |
| Tennis / Softball Throw | 2 | YES | YES | YES | YES | YES | YES | YES | YES |
| 4 x 100m Relay | 1 | YES | YES | YES | YES | YES | YES | | |
| 4 x 60m Shuttle Relay | 1 | | | | | | | YES | YES |
| 800m Medley Relay | 1 | OPEN MIXED | OPEN MIXED | OPEN MIXED | OPEN MIXED | | | | |

Note:

- 800 OPEN MIXED Medley 2 boys and 2 girls allowed to run in any order with legs being 100m, 100m, 200m & 400m
- Invitational event is for Parent or local unattached athletes

AWARD CEREMONIES

Award ceremonies will take place periodically throughout the competition, as listed in the schedule of events. All award winners should report to the awards presentation area upon request, fully dressed in the schools' official competition uniform.

All students are expected to be attired in their official school track and field uniform for all awards presentations. No student will be allowed to receive awards who are bare footed, in slippers or dressed other than in his/her school's official track and field uniform.

AWARDS

Individual Events: All athletes placing 1st, 2nd, and 3rd in all individual events will receive awards.

Relays: All members of all the Relay teams placing 1st, 2nd, and 3rd will receive a medal.

SCORING SYSTEM

This year the TCAAA and the TCI Sport commission will be using the **Points System** this year, as opposed to Medal Count System used in previous years.

PROTESTS

Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the results of that event (IAAF Rule 146). The athlete or an authorized representative shall make any protest verbally in the first instance to the official on his/her behalf. The Official may take a decision over the protest or may submit it to the Jury of Appeal.

Any protest presented before the Jury of Appeal shall be in writing on the official forms provided by the Organizing Committee, signed by a responsible official on behalf of the athlete and accompanied with a deposit of **US\$25.00**, refundable if the appeal is upheld (IAAF Rule 146/5) A copy of the protest shall be given to the official presenting the protest. The copy will detail the time and date of the protest and the payment of the above-mentioned rate. If the appeal proves to be frivolous the **US\$25.00** will be retained.

The Jury of Appeal will give a written resolution to the protest as soon as possible. This resolution will be published in the TIC.

APPENDICES

- 1. SCHEDULE OF EVENTS
- 2. CHANGE FORM
- 3. TECHNICAL MEETING QUESTIONS FORM
- 4. PROTEST FORM

SCHEDULE OF EVENT

Daily Schedule for 2024 Primary School Track and Field

| | Day 1: Tuesday, March 19 th , 2024 | | | | | |
|---------|---|------------------|----------------------------|----------|--|--|
| TIME | TRACK EV | /ENTS | FIELD EVEN | TS | | |
| | | OPENING PI | RAYER | | | |
| 10:15am | Girls 600 Meter Open | Timed Finals 1&2 | | | | |
| 10:30am | Boys 800 Meter Open | Timed Finals 1&2 | Boys Tennis Ball Throw 7U | Final | | |
| 10:45am | | | Girls High Jump Open | Final | | |
| 11:00am | Girls 60 Meter 7U | Prelims 1-3 | | | | |
| 11:15am | Boys 60 Meter 7U | Prelims 1-3 | | | | |
| | | OPENING CER | EMONY | | | |
| 12:00pm | Girls 80 Meter 9U Prel | ims 1-5 | | | | |
| 12:15pm | Boys 80 Meter 9U Prel | ims 1-5 | Boys Long Jump 13U | Final | | |
| 12:30pm | Girls 100 Meter 11U Pi | relims 1-5 | | | | |
| 12:45pm | Boys 100 Meter 11U P | relims 1-5 | | | | |
| 1:00pm | Girls 100 Meter 13U | Prelims 1-5 | Girls Tennis Ball Throw 7U | Final | | |
| 1:15pm | Boys 100 Meter 13U | Prelims 1-5 | | | | |
| | | LUNCH | 1 | | | |
| | | AWARDS PRESI | ENTATION | | | |
| 2:00pm | Girls 400 Meter 11U | Prelims 1-4 | Boys Softball Throw 9U | Final | | |
| 2:15pm | Boys 400 Meter 11U | Prelims 1-4 | Boys Standing Broad Jump | 7U Final | | |
| 2:30pm | Girls 400 Meter 13U | Prelims 1-5 | | | | |
| 2:45pm | Boys 400 Meter 13U | Prelims 1-5 | | | | |
| 3:00pm | Mixed 800 Sprint Med | ley Open Prelims | | | | |
| | | AWARDS PRESE | ENTATION | | | |
| 3:30pm | Girls 60 Meter 7U Fina | 1 | | | | |

| 3:40pm | Boys 60 Meter 7U Final | | | | | |
|--------|------------------------------|-------|------------------------------------|--|--|--|
| 3:50pm | Girls 80 Meter 9U Final | | | | | |
| 4:00pm | Boys 80 Meter 9U Final | | Girls Softball Throw 9U Final | | | |
| 4:10pm | Girls 100 Meter 11U Final | | | | | |
| 4:20pm | Boys 100 Meter 11U Final | | | | | |
| 4:30pm | Girls 100 Meter 13U Final | | Girls Standing Broad Jump 7U Final | | | |
| 4:40pm | Boys 100 Meter 13U Final | | | | | |
| 4:50pm | Girls 4x60m Shuttle Relay 7U | Final | | | | |
| 5:00pm | Boys 4x60m Shuttle Relay 7U | Final | | | | |
| | AWARDS PRESENTATION | | | | | |
| | CLOSE OF DAY 1 | | | | | |

SCHEDULE OF EVENT

Daily Schedule for 2024 Primary School Track and Field

| Day 2: Wednesday, March 20th, 2024 | | | | | | | |
|------------------------------------|--|---------|---------------------|-------|--|--|--|
| TIME | TRACK EVE | NTS | FIELD EVENTS | ; | | | |
| OPENING PRAYER | | | | | | | |
| 10:15am | Boys Long Jump 9U Girls Softball Throw 11U Final | Final | | | | | |
| 10:30am | Boys 150 Meter 9U | Prelims | | | | | |
| 10:45am | Girls 200 Meter 11U | Prelims | | | | | |
| 11:00am | Boys 200 Meter 11U | Prelims | | | | | |
| 11:15am | Girls 200 Meter 13U | Prelims | | | | | |
| 11:30pm | Boys 200 Meter 13U | Prelims | Girls Long Jump 11U | Final | | | |
| AWARD PRESENTATION | | | | | | | |

| | | LUNCH | <u> </u> | | |
|--------|-----------------------------|-----------|--------------------------|-------|--|
| 1:00pm | Girls 4x100 Meter Relay 9U | Prelims | Boys Softball Throw 11U | Final | |
| 1:15pm | Boys 4x100 Meter Relay 9U | Prelims | , | | |
| 1:30pm | Girls 4x100 Meter Relay 11 | J Prelims | | | |
| 1:45pm | Boys 4x100 Meter Relay 110 | J Prelims | Girls Long Jump 13U | Final | |
| 2:00pm | Girls 4x100 Meter Relay 13U | J Prelims | Boys Baseball Throw 13U | Final | |
| 2:15pm | Boys 4x100 Meter Relay 130 | J Prelims | | | |
| | AWAR | DS PRESE | NTATION | | |
| 2:40pm | | | Girls Baseball Throw 13U | Final | |
| 2:50pm | Girls 150 Meter 9U | Final | | | |
| 3:00pm | Boys 150 Meter 9U | Final | | | |
| 3:10pm | Girls 200 Meter 11U | Final | Boys Long Jump 11U | Final | |
| 3:20pm | Boys 200 Meter 11U | Final | | | |
| 3:30pm | Girls 200 Meter 13U | Final | | | |
| 3:40pm | Boys 200 Meter 13U | Final | | | |
| | AWAR | DS PRESE | NTATION | | |
| | CLOSE OF DAY 2 | | | | |

SCHEDULE OF EVENT

Daily Schedule for 2024 Primary School Track and Field

| | Day 3: Thursday, March 21st, 2024 | | | | | | |
|--------|-----------------------------------|---------------------------|--|--|--|--|--|
| TIME | TIME TRACK EVENTS FIELD EVENTS | | | | | | |
| | OPENING PRAYER | | | | | | |
| 9:30am | 9:30am | | | | | | |
| 9:40am | | Boys High Jump Open Final | | | | | |

| 9:50am | Girls 4x100 Meter Relay 9U | Final | | | |
|---------|-------------------------------|---------|--------------------|-------|--|
| 10:00am | Boys 4x100 Meter Relay 9U | Final | | | |
| | AWAR | DS PRES | ENTATION | | |
| 10:30am | Girls 400 Meter 11U | Final | Girls Long Jump 9U | Final | |
| 10:40am | Boys 400 Meter 11U | Final | | | |
| 10:50am | Girls 400 Meter 13U | Final | | | |
| 11:00am | Boys 400 Meter 13U | Final | | | |
| | AWAR | DS PRES | ENTATION | | |
| 11:40pm | Girls 4x100 Meter Relay 11U | Final | | | |
| 11:50pm | Boys 4x100 Meter Relay 11U | Final | | | |
| 12:00pm | Girls 4x100 Meter Relay 13U | Final | | | |
| 12:10pm | Boys 4x100 Meter Relay 13U | Final | | | |
| 12:20pm | Invitational Relays 4 x100 Me | eters | | | |
| 12:30pm | Invitational 100 Meters | | | | |
| 12:40pm | Mixed 800 Medley Open Fin | al | | | |
| | FINAL AW | VARDS P | RESENTATION | | |
| | CLOSING CEREMONY | | | | |

Note: Invitational event is for parents or local unattached athletes

CHANGE FORM

2024 NATIONAL PRIMARY SCHOOL TRACK & FIELD CHAMPIONSHIPS

| School Na | me: | | | | |
|-------------|------------------------------------|------------|-----------------------------|------------|---------|
| Coach pho | Coach phone number(s): Coach email | | | | |
| EVENT CLASS | CLASS | GENDER | ATHLETE OUT | ATHLETE IN | REMARKS |
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2024 NATIONAL PRIMARY SCHOOL TRACK & FIELD CHAMPIONSHIPS

NATIONAL STADIUM, VENTIAN ROAD, PROVIDENCIALES

TECHNICAL MEETING QUESTIONS

(TO BE SUBMITTED NO LATER THAN midnight on 10th March 2024)

| SCHOOL: | | | |
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| QUESTION 1: | | | |
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| QUESTION 2: | | | |
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| QUESTION 3: | | | |
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| Team Official: | | | |
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| Data | | | |
| Date: | | | |
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| Signature: | | | |
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PROTEST FORM

| Age Group: | Gender: | Event: | |
|------------------------|--------------|--------------|--|
| Protest description | on: | | |
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| Fee: <u>US \$25.00</u> | | | |
| Signed: | | | |
| School: | | _ | |
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| Championship Di | rector Only: | | |
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| | | - | |
| Date: | Time: | Signature: | |