

Friday, August 1, 2025
SESSION 1-2- Track

Hours	Event	M/W	Round	Number of athletes
13:00	80m hurdles pentathlon (35-39)	W	Final	(1)
13:15	80m hurdles pentathlon 2-(45-49) 3-(5054) 2-(65-69) (70-74)	W	Final	(7)
16:20	200m pentathlon	M	Final	(13)
17:35	800m pentathlon	W	Final	(8)
18:15	1500m pentathlon	M	Final	(13)
19:30	10 000 m	W + M	Final	W- (4) M- (18)
18:45	Awards presentation Pentathlon +Throws Pentathlon			
21h00	Awards presentation 10 000m			
	End of session 1-2 (track)			

Friday, August 1, 2025
SESSION 1-2 Field

Hours	Event	M/W	Round	Number of athletes
12:00	Hammer Throws Pentathlon	M	Final	(20)
12:30	Long Jump Pentathlon	M	Final	(13) - A
13:20	Hammer Throws Pentathlon	W	Final	(8)
13:30	Shot Put Throws Pentathlon	M	Final	(20) - A
13:45	High Jump Pentathlon	W	Final	(8)
14:20	Shot Put Throws Pentathlon	W	Final	(8) - B
14:30	Javelin Pentathlon	M	Final	(13)
14:45	Discus Throws Pentathlon	M	Final	(20)
15:30	Shot Put Pentathlon	W	Final	(8)
16:00	Discus Throws Pentathlon	W	Final	(8)
16:30	Long Jump Pentathlon	W	Final	(8)
16:30	Javelin Throws Pentathlon	M	Final	(20)
17:00	Discus Pentathlon	M	Final	(13)
17:10	Javelin Throws Pentathlon	W	Final	(8)
18:10	Weight Throws Pentathlon	M	Final	(20)
19:30	Weight Throws Pentathlon	W	Final	(8)
20:45	Award presentation Pentathlon- Throws Pentathlon			
	End of session 1-2(Field)			

Saturday, August 2 2025
SESSION 3 - Track

Track				
Hours	Event	M/W	Round	Number of athletes
9:00	1500m walk	W/M	Final	6 men + 11 women
9:25	1500m	W	Final	1 heat (17)
9:45 9:55 10:10	1500m	M	Final	3 heats H1 30-54 (12) H2 55-69 (18) H3 70 et + (10)
10:35	80m Hurdles	W	Final	1 heat 45-49 (2) 55-59 (2) 60-64 (2)
10:45	80m Hurdles	M	Final	1 heat 70-74 (1) 75-79 (1) 80-84 (1)
11:00	100m Hurdles	W	Final	1 heat 35-39 (1)
11:05	100m Hurdles	M	Final	1 heat 55-59 (2) 60-64 (2) 65-69 (2)
11:15	110m Hurdles	M	Final	1 heat 30-34 (1) 45-49 (1)
11:25	100m	W	Final	H1-30-34 (1)- 35-39 (6)
11:30	100m	W	Final	40-44 (6)
11:35	100m	W	Final	45-49 (8)
11:40	100m	W	Final	50-54 (1) 55-59 (5)
11:45	100m	W	Final	60-64 (5)
11:50	100m	W	Final	65-69 (2) 70-74 (2) 75-79 (1)
	Lunch			
	End of session 3 (track)			

Saturday, August 2 2025
SESSION 4 – Track

Track				
Hours	Event	M/W	Round	Number of athletes
12:30	Awards presentation		1500m walk+ 1500m + Hurdles	
13:00	100m	M	Final	30-34 (2) 35-39 (4)
13:05	100m	M	Final	40-44 (6)
13:10	100m	M	Final	45-49 (5)
13:15	100m	M	Preliminary	50-54 (6)
13:20	100m	M	Preliminary	50-54 (6)
13:25	100m	M	Final	55-59 (5)
13:30	100m	M	Final	60-64 (9)
13:35	100m	M	Final	65-69 (8)
13:40	100m	M	Final	70-74 (5) 75-79 (2)
13:45	100m	M	Final	80-84 (5) 85-89 (1)
14h00	400m	W	Final	30-34 (1) 35-39 (3) 40-44 (3)
14:10	400m	W	Final	45-49 (4) 50-54 (2)
14:20	400m	W	Final	55-59 (1) 60-64 (2) 65-69 (1) 70-74 (3)
14:30	400m	M	Final	30-34 (2) 35-39 (3)
14:40	400m	M	FSC	40-44 (5)
14:50	400m	M	FSC	45-49 (5)
15:00	400m	M	FSC	50-54 (5)
15:10	400m	M	FSC	55-59 (8)
15:20	400m	M	FSC	60-64 (6)
15:30	400m	M	FSC	65-69 (5) 70-74 (3)
15:40	400m	M	FSC	75-79 (2) 80-84 (4) 90-94 (1)
15:50	100m	M	Final	50-54 (8)
16:20	2000m STEEPLE	W + M	Final	F (3) 45-49 + H (9) -30inch
16:40	3000m STEEPLE	M	Final	H-30-34 (1) + 50-54 (1) 55-59 (1) -36po -36inch
17:15	Relays 4 X 100m		Final	
17:30	Relays 4 X 800m		Final	
17:35	Awards presentation -100m-400m-2000m steeple- 3000m steeple-relays			
	End of session 4 (track)			

Saturday, August 2 2025
SESSION 3-4-5 - Field

Field				
Hours	Event	M/W	Round	Number of athletes
9:00	Long Jump	W	Final	(12) -A
9:00	Shot Put	W	Final	(23) -A
9:00	Hammer	M	Final	(27)
10:00	Pole Vault	W/M	Final	(15) M + (4) W
11:30	Lunch			
12:30	Hammer	W	Final	(16)
13:00	Shot Put	M	Final	35-64 (17) -A
13:00	Shot Put	M	Final	65 + (19) -B
14:00	Long Jump	M	Final	30-59 (18) -A
14:00	Long Jump	M	Final	60+ (14) -B
14:30	Discus	W	Final	(24)
17:00	Awards presentation -long jump-shot put-pole vault-hammer W-			
17:15	Discus	M	Final	65+ (18)
19h30	Discus	M	Final	40-64 (20)
21:15	Awards presentation -discus male			
	End of session 3-4-5 (field)			

Sunday, August 3 2025
SESSION 5-6 – Track

Track				
Hours	Event	M/W	Round	Number of athletes
8:30	5000m walk	W + M	Final	W (10) + M (5)
9:45	5000m	W + M	Final	(14) 65-69-70-74-80-84 -W (8) 65 +
10:30	5000m	M	Final	(17 40- 64
11:15	400m Hurdles	W	Final	1h (3)- 30 inch.
11:25	400m Hurdles	M	Final	1h (4)
11:45	400m Hurdles	M	Final	1h (5)-50-54 (1)-55-59 (4).
12:05	300m Hurdles	M	Final	1h-(6) 60-79 27 po
12:15	300m Hurdles	W	Final	1h (2)- 65-69- 27po
12:20	Lunch			
12:30	Awards presentation 5000m walk-5000m-400m Hurdles -300m Hurdles			
13:30	800m	W	Final	1h (14) 35-59
13:40	800m	W	Final	1h (9) 60-74
13:50	800m	M	Final	1h (11) 30-34 35-39 45-49
14:00	800m	M	Final	1h (18) 35-39
14:10	800m	M	Final	1h (15) 50-64
14:20	800m	M	Final	1h (18) 65-94
14:30	200m	W	Final	1h (3) 30-34
14:35	200m	W	Final	1h (6) 35-39
14:40	200m	W	Final	1h (6) 40-44
14:45	200m	W	Final	1H (8) 45-49
14:50	200m	W	Final	1h (7) 50-74
14:55	200m	M	Final	1h (8) 30-39
15:00	200m	M	Final	1h (6) 40-44
15:05	200m	M	Final	1h (5) 45-49
15:10	200m	M	Final	1h (6) 50-54
15:15	200m	M	Final	1h (5) 50-54
15:20	200m	M	Final	1h (8) 55-59
15:25	200m	M	Final	1h (8) 60-64
15:30	200m	M	Final	1h (6) 65-69
15:35	200m	M	Final	1h (4) 70-74 (2) 75-79
15:40	200m	M	Final	1h (5) 80-84 (1) 85-89
16:00	Relais 4 x 400m	W/M	Final	
16:30	Awards presentation 800m-200m-relays 4 x 400m			
	End of session 5-6 (track)			

Sunday, August 3 2025

SESSION 6-7 – Field

Field				
Hours	Event	M/W	Round	Number of athletes
9:00	Javelin 400gr Javelin 600 gr	M W	Final Final	80 + (5) 30-49 (3)
9:00	High Jump	M	Final	30-49 (3) Plateau A 60-89 (12) Plateau B
9:00	Weight Throw 35lb	M	Final	35-49 (5)
10:15	Weight Throw 25 lb	M	Final	50-59 (5)
10:30	Javelin 500gr	W/M	Final	50-74 (10) W 70-79 (7) M
11:15	Weight Throw 20lb	W/M	Final	40-49 (3) W 60-69 (5) M
12:00	Lunch			
12:30	Awards presentation - javelin 400-500-600gr- Weight Throw 20-25-35lb			
13:00	Javelin 600gr	M	Final	60-66 (10)
13:00	Weight Throw 16 lb	M/W	Final	50-59 (1) W 70-79 (6) M
13:30	High Jump	W	Final	30 + (12) Plateau A
13:30	Triple-jump	W	Final	35-74 (4)
14:15	Javelin 700gr	M	Final	50-59 (8)
14:30	Weight Throw 12 lb-4kg	W/M	Final	60-79 (4) W 80-89 (3) M
14:45	Triple-jump	W	Final	40-54 (6)- A 55 + (10- B
15:30	Javelin 800gr	M	Final	30-49 (6)
17:00	Awards presentation - Javelin - Weight Throw 16lb-high jump-triple-jump- Weight Throw 12 lb			
End of session 6-7 (field)				

Last update: 1-08-2025 (7h00)