



YUTC Twilight #5 – July 28, 2025

Final Schedule

6:00pm	400mh	M→W
6:25	200mh	W→M
6:40	100m Prelims	W→M
7:40	800m	W→M
8:05	100m Finals	W→M
8:20	3000m	W→M
8:45	200m	W→M

Field Events

	Long Jump	High Jump	Discus Throw	Shot Put
5:30	Warmup on runway – Men	Warmup at event area - Women	Warmup at Event area – Men & Women	
6:00	Men	Women	Men & Women Combined	
6:30				
7:00	Warmup on Runway - Women	Warmup at event area – Men		Warmup at Event Area – Men & Women
7:30	Women	Men		Men & Women Combined
8:00				