

John Allan Throws Meet
July 27, 2025
Flight Information

Men's Shot Put Flight #1

Hong, Tommy	Open	LWTF
Lamont, Nathan	Open	LWTF
McDonald, Owen	Open	LWTF
McLean, Hunter	Open	LWTF
Moore, Paul	Open	LWTF
Morrow, Sam	Open	LWTF
Arndt, Nolan	U16	LAUR
Arnold, Mehkai	U16	UNON
Goetz, Tyler	U16	YQGA
McFarlane, Shaun	U16	LWTF
Teao, Mikian	U16	SASW
Van Grinsven, Adam	U16	LWTF
Vanneck, Noah	U16	LWTF
Ysebaert, Tucker	U16	SASW

Men's Shot Put Flight #2

Alary, Karim	U18	LWTF
Hulbert, Harrison	U18	UNON
Jibb, Mitchell	U18	UNON
Mullen, Drew	U18	SASW
Stanley, Colton	U18	LWTF
Tole, Sullivan	U18	YQGA
Biesinger, Liam	U20	LWTF
Del Guercio, Massimo	U20	LWTF
Gaede, Daniel	U20	LWTF
Gallo, John	U20	LWTF
Miller, Kenzo	U20	ETFI
Mitchell, Brydon	U20	LWTF
Mitoraj, Noah	U20	LWTF
Soltys, Nicolas	U20	UNON

Men's Discus Flight #1

Arndt, Nolan	U16	LAUR
Arnold, Mehkai	U16	UNON
McFarlane, Shaun	U16	LWTF
Teao, Mikian	U16	SASW
Van Grinsven, Adam	U16	LWTF
Vanneck, Noah	U16	LWTF
Ysebaert, Tucker	U16	SASW
Arnold, Jaden	U20	LWTF
Biesinger, Liam	U20	LWTF
Campbell, Hunter	U20	STL
Gaede, Daniel	U20	LWTF
Gallo, John	U20	LWTF
Jackman, Solomon	U20	LWTF
Kalp, Griffin	U20	LWTF
Mitoraj, Noah	U20	LWTF

Men's Discus Flight #2 *U18 Boys will have a top 8*

Burns, Tyler	U18	SAUG
Costello, Ian	U18	LWTF
Hulbert, Harrison	U18	UNON
Jibb, Mitchell	U18	UNON
Mullen, Drew	U18	SASW
Romanick, Rylan	U18	LWTF
Stanley, Colton	U18	LWTF
Tole, Sullivan	U18	YQGA
Tomicevic, Maksim	U18	LWTF
Urquhart, Andrew	U18	LWTF
Garrett, Ryan	Open	LWTF
Hong, Tommy	Open	LWTF
Lamont, Nathan	Open	LWTF
McDonald, Owen	Open	LWTF

Men's Javelin 1 Flight, all ages

Goetz, Tyler	U16	YQGA
Alary, Karim	U18	LWTF
Burns, Tyler	U18	SAUG
Cabana, Ethan	U18	UWAC
Mandsorwala, Mustafa	U18	UWAC
Patterson, Eric	U18	YQGA
Tomicevic, Maksim	U18	LWTF
Arnold, Jaden	U20	LWTF
Del Guercio, Massimo	U20	LWTF
Gaede, Daniel	U20	LWTF
Kalp, Griffin	U20	LWTF
Hong, Tommy	Open	LWTF
McDonald, Owen	Open	LWTF

Men's Hammer 1 Flight, all ages

McFarlane, Shaun	U16	LWTF
Vanneck, Noah	U16	LWTF
Alary, Karim	U18	LWTF
Costello, Ian	U18	LWTF
Al Daadaa, Yousef	U20	LWTF
Biesinger, Liam	U20	LWTF
Campbell, Hunter	U20	STL
Jackman, Solomon	U20	LWTF
McLean, Hunter	U20	LWTF
Miller, Kenzo	U20	ETFI
Soltys, Nicolas	U20	UNON
Belkwell, Cole	Open	LAUR
Garrett, Ryan	Open	LWTF
Moore, Paul	Open	LWTF
Morrow, Sam	Open	LWTF
Skeath, Jared	Open	YUTC

Women's Shot Flight #1

Basso, Sophia	U16	LWTF
Folk, Olivia	U16	LWTF
Melnick, Charlotte	U16	UNON
Onipede, Dorcas	U16	LWTF
Schwartz, Kapri	U16	LWTF
Walters, Chloe	U16	LWTF
Warren, Sophie	U16	LWTF
Corcoran, Patricia	W50	LWTF
McIntyre, Jane	W50	LWTF
Coupland, Carol	W55	UNON
Easton, Leah	W60	THRO
Reisler, Stephanie	W60	LWTF
Miklos Den Iseger, Joanne	W75	LWTF

Women's Shot Flight #2

Calovini, Laura	F37	CRUI
Burns, Rachel	U18	SASW
Mullin, Madeline	U18	UNON
Riordon, Victoria	U18	LAUR
Rogers, Hannah	U18	LWTF
Sharman, Leora	U18	UWAC
Stewart, Lauren	U18	LWTF
Wilson, Eva	U18	LWTF
Bentley, Brooke	U20	LWTF
Ropp, Anna	U20	LWTF
Black, Raeden	Open	LWTF
Jaques, Megan	Open	UNON
Van Grinsven, Shannon	W40	LWTF

Easton, Leah	W60	THRO
Reisler, Stephanie	W60	LWTF
Miklos Den Iseger, Joanne	W75	LWTF

Women's Discus Flight #1

Basso, Sophia	U16	LWTF
Folk, Olivia	U16	LWTF
Melnick, Charlotte	U16	UNON
Onipede, Dorcas	U16	LWTF
Warren, Sophie	U16	LWTF
Corcoran, Patricia	W50	LWTF
McIntyre, Jane	W50	LWTF
Coupland, Carol	W55	LWTF
Easton, Leah	W60	THRO
Miklos Den Iseger, Joanne	W75	LWTF

Women's Discus Flight #2

Burns, Rachel	U18	SASW
Heath, Katie	U18	LWTF
Mullin, Madeline	U18	UNON
Riordon, Victoria	U18	LAUR
Rogers, Hannah	U18	LWTF
Sharman, Leora	U18	UWAC
Stewart, Lauren	U18	LWTF
Tunks, Jenna	U18	LWTF
Tunks, Julia	U20	LWTF
Stephens, Alison	Open	LWTF
Wilhelm, Riley	Open	SASW

Women's Javelin 1 Flight, all ages

Folk, Olivia	U16	LWTF
Schwartz, Kapri	U16	LWTF
Smith, Sophie	U16	SASW
Walters, Chloe	U16	LWTF
Kosovos, Nicoletta	U18	LWTF
Melnick, Bronwyn	U18	UNON
Mullin, Madeline	U18	UNON
Rogers, Hannah	U18	LWTF
Seagris, Annie	U18	YQGA
Wilson, Eva	U18	LWTF
Ropp, Anna	U20	LWTF
Black, Raeden	Open	LWTF

Women's Hammer 1 Flight, all ages

Basso, Sophia	U16	LWTF
Onipede, Dorcas	U16	LWTF
Burns, Rachel	U18	SASW
Gharehcheloo, Tara	U18	SAUG
Riordon, Victoria	U18	LAUR
Sharman, Leora	U18	UWAC
Dundas, Shannon	U20	LWTF
Bentley, Brooke	U20	LWTF
Jaques, Megan	Open	UNON
Negri, Emma	Open	UNON
Smith, Hunter	Open	LWTF
Stephens, Alison	Open	LWTF
Van Grinsven, Shannon	Open	LWTF
Corcoran, Patricia	W50	LWTF
McIntyre, Jane	W50	LWTF
Easton, Leah	W60	THRO
Reisler, Stephanie	W60	LWTF
Miklos Den Iseger, Joanne	W75	LWTF