



“INSPIRING LIFELONG EXCELLENCE THROUGH ATHLETICS”

ABOUT

The 2025 BC Athletics Junior Development Championships are the provincial track & field championship for athletes born between the years of 2012 and 2016. Athletes are invited to participate in as many events as they would like throughout the weekend, in consultation with their coach. BC Athletics thanks Ocean Athletics Track & Field Club, BC Athletics Officials, and volunteers for supporting this event.

SPIRIT OF THE EVENT

This event promotes participation across multiple disciplines, where an athlete is encouraged to develop athleticism and technical skills in one or more events. This event promotes athlete development, friendly competition, sportsmanship and camaraderie. This event is made possible by the significant volunteer contribution of event organizers, officials and event volunteers. We encourage all participants and spectators to take a moment to thank these volunteers. As a reminder to all participants and spectators, we participate in sport because it is fun and can provide a healthy challenge to overcome hard things. Let's all do our part to uphold the spirit of the event!



EVENT INFORMATION

Event:	2025 BC Athletics Junior Development Track & Field Championships
Host:	BC Athletics and Ocean Athletics Track and Field Club
Date:	July 25-27
Location:	Surrey, BC
Venue:	South Surrey Athletic Park 14600 20 Avenue Surrey, BC V4A 9P5
Age Groups:	Junior Development (Athletes born between 2012-2016)
Sanctioned:	BC Athletics
Meet Director:	Maureen de St. Croix (mo@oceanathletics.club)
Meet Manager:	Sean Baker (sean@oceanathletics.club)
Meet Entries:	
BC Athletics:	Kala Stone (kala.stone@bcathletics.org)
Website:	CLICK HERE
Registration:	CLICK HERE

EVENT ELIGIBILITY

Participating athletes must be:

- Born in the years 2012-2016
- Participating athletes must hold a current competitive athlete membership with BC Athletics or another Athletics Canada member branch.
- No Day of Event Memberships are permitted.

ENTRY STANDARDS

- No entry standards apply for this event.

EVENT REGISTRATION + FEES

ENTRY DEADLINE

11:59PM – SATURDAY JULY 19, 2025

\$13.00 for first individual event

\$8.00 for each additional individual event

\$20.00 for each Relay Event/Team*

LATE ENTRY DEADLINE

11:59PM – MONDAY JULY 21, 2025

\$20.00 for first individual event

\$15.00 for each additional individual event

\$30.00 for each Relay Event/Team

***LATE ENTRIES FOR RELAYS ACCEPTED UP TO 60 MINUTES PRIOR TO RACE START TIME**
NO REGISTRATIONS ACCEPTED AFTER LATE ENTRY DEADLINE. NO EXCEPTIONS!
NO REFUNDS AFTER July 19 @ 11:59 PM

ONLINE REGISTRATION

- All registration will be online at: <https://www.trackie.com/event/2025BCAJDTFChamps>
- Relay registration can occur up to 1 hour before the start of the event

TECHNICAL COMPETITION RULES

COMPETITION CATEGORIES

- Athletes will compete in the following age groups: 9 year olds (2016), 10 year olds (2015), 11 year olds (2014), 12 year olds (2013), 13 year olds (2012).
- In certain events with limited field sizes, athletes may compete with multiple age categories but will still be awarded based on their year of birth.
- Para Ambulatory athletes may register and compete in all events as outlined by the BC Athletics JD Para Guidelines.

ORDER OF EVENTS

- Track events will run from oldest to youngest and female athletes followed by male athletes except for hurdles. Hurdles are run male than female. Please refer to the schedule for details.

FACILITY INFORMATION

- South Surrey Athletic Park track is an 8-lane urethane surface 400m track oval.
- The field events take place inside and outside of the oval.
- Washrooms and water fountains are available at the facility.
- There are uncovered bleachers for spectators.
- Clubs are encouraged to bring tents for shade.
- Athletes are not permitted to warm up on the infield.
- Spectators must remain in spectating areas (outside of competition area).

SPIKE LENGTH

- The maximum spike length allowed is **7mm**.
- Christmas Tree spikes are NOT allowed.

COMPETITION NUMBERS

- Competitor numbers will be available for pick up at the registration tent starting at 4pm on Friday July 25, 2025.
- Competition numbers must be worn on the front of the competition top for all events.
- There will be a fee of \$10.00 for athletes who require replacement bib numbers.

COMPETITION ATTIRE

- All Club athletes are encouraged to wear their Club-issued uniform.
- Unattached athletes should wear appropriate athletic gear for their event(s).

MARSHALLING

- Athletes are advised to check in at least 15 minutes prior to the start of their event.
- Track Events: Athletes should check in at the marshalling tent.
- Field Events: Athletes should check in directly at the event. Athletes arriving late will not be allowed to delay competition to set marks or have practice jumps/throws.
- Athletes who leave a field event to participate in another event will forfeit the attempt that they miss.
- Schedule may run up to 15 minutes early.

THROWING IMPLEMENTS

- All equipment will be supplied by the host club.
- Athletes wishing to use personal equipment must have it weighed during the designated times.
 - July 25, 4-5 pm
 - July 26, 8-9 am
 - July 27, 8-9 am
- Personal equipment becomes usable to all athletes for the duration of the event.

ATHLETES WITH CONFLICTING EVENTS

- Be advised that there may be conflicts for some age groups between track & field events.
- To avoid missing an event, athletes should check-in for both conflicting events. Parents/coaches should help their athletes keep track of when their events are being run.
- Event officials will try to facilitate athletes doing both events. However, athletes cannot “catch up” on missed rounds of field events or change heats because of missed track events.
- Athletes who leave a field event to participate in another event will forfeit the attempt that they miss.

WA TECHNICAL RULE 4.4 – HONEST EFFORT RULE

This event will enforce the “honest effort rule” under World Athletics Rule 4.4

An athlete shall be excluded from participation in all further events (including other events in which they are simultaneously participating) in the competition, including relays in cases where:

4.4.2 An athlete qualified in a Qualification Round of an event for further participation in that event but failed to participate further.

4.4.3 An athlete failed to compete honestly with bona fide effort. (*Note: the situation foreseen in Rule 4.4.3 of the Technical Rules will not apply to individual events within Combined Events*).

QUALIFYING FOR FINALS

- Heats will be held in the 60m, 100m, 60m Hurdles, and 80m Hurdles.

- The fastest 8 times from the heats will advance to the final.
- All other Track events will be run as timed finals.
- If there are 8 or less athletes in a heat, the heat will run as a final at the time of the heat.

SEED PERFORMANCES

- Athletes will be seeded for heats and timed finals according to the provided seed times at the time of online registration.
- Timed finals will be seeded with the fastest seeds in the same section and the fastest section competing last.

PROTESTS

- The protestor or individual representing the protester (coach or parent) has the right to make an **APPEAL TO THE JURY** regarding the Referee's decision, within 30 minutes of the official announcement of that decision.

APPEALS TO THE JURY

- A jury of appeals consisting of three competent and qualified persons will be available for decisions arising from protests. All decisions are final.

AWARDS

- BC Athletics Championship medals will be awarded for 1st to 3rd place for all events and age groups.
- Ribbons will be awarded for 4th to 8th place.
- Awards will be presented as scheduled (see meet schedule)
- Unclaimed awards will not be mailed out.

MEDICAL + FIRST AID

- Emergency first aid care will be provided by Empire Sport and Health.
- Please note that performance treatments or taping services will not be available.
- The nearest hospital is Peace Arch Hospital (15521 Russell Ave, White Rock, BC).

SOUVENIR MERCHANDISE + CONCESSION

- A concession will be available onsite with refreshments and snacks. Cash Only.
- BC Athletics Championships merchandise will be available for pre-order and limited product will be available in person. Cash or card accepted.

ACCOMMODATIONS

Best Western Peace Arch Inn

- 2293 King George Blvd Surrey

Ocean Promenade Hotel

- 15611 Marine Drive White Rock

EVENT-SPECIFIC COMPETITION RULES

NON LANED EVENTS

- Events 600M and up will use the curved/waterfall start lines.

4 x 100M RELAY

- This relay is open to all age groups.

1200M MEDLEY RELAY

- This relay is for 2012, 2013, and 2014 age groups. Younger athletes may run up to fill teams.

Race format will be as follows:

- The relay will be run in the following order: 200m, 200m, 200m, 600m.
- The start line will be the 4x400m laned start lines.
- For the first two legs of the race, athletes will run in their lanes.
- The first and second handoff will use the 4x100m handoff zones at the 200m start and the finish line.
- The third 200m runner will cut in after they run the curve and then run in Lane 1.
- For the third handoff, the 600M athletes will line up 10m before Lane 1's 200m start line in the order their team is in 150m before the handoff.

RELAY ELIGIBILITY

Teams may be formed by:

- Individuals from various age groups, but the team must run in the age category of its oldest member.
- Members of the same club, and those athletes having second claim club status with that club. Athletes must run for their own club if possible.
- Unattached members.
- Combining members from different clubs who cannot field a four-member team. **Athletes must run for their own club, if possible.**

- All teams are eligible for BC Athletics Championship Awards.

THROWS AND HORIZONTAL JUMPS

- Each athlete is permitted up to 3 attempts. All fair attempts will be measured.

VERTICAL JUMPS

- The bar is to be raised by 5cm in High Jump and 10cm in Pole Vault.
- Three consecutive failed attempts will eliminate an athlete. This includes two failed attempts, a pass, then a failed attempt at the next height.
- The starting heights will be determined at the start of the event by the official in charge.

HIGH JUMP SUGGESTED STARTING HEIGHTS

YOB	GIRLS	BOYS
2016	0.80m	0.80m
2015	0.90m	0.90m
2014	1.00m	1.00m
2013	1.10m	1.10m
2012	1.15m	1.15m

BCA HURDLE SPECIFICATIONS FOR JUNIOR DEVELOPMENT

SPRINT HURDLES

AGE	SEX	DISTANCE	HEIGHT	START > H	MARKING
9	G	60mH	21" 0.533m	11.00m	Cyan Blue
	B	60mH	21" 0.533m	11.00m	
10 – 11	G	60mH	24" 0.610m	11.00m	
	B	60mH	24" 0.610m	11.00m	
12	G	80mH	27" 0.686m	12.00m	Maroon (Short)
	B	80mH	27" 0.686m	12.00m	
13	G	80mH	30" 0.762m	12.00m	Maroon (Medium)
	B	80mH	30" 0.762m	12.00m	Maroon (Long)

LONG HURDLES

AGE	SEX	DISTANCE	HEIGHT	START > H	MARKING
12	G	200mH	24" 0.610m	20.00m	Green
	B	200mH	24" 0.610m	20.00m	
13	G	200mH	27" 0.686m	20.00m	Green
	B	60mH	27" 0.686m	20.00m	

- This event will be using scissor/kick away hurdles. Marking colors are specific to South Surrey Track
- All event specifications can be found on the [BCA Events & Technical Specifications Manual](#)

THROWING SPECIFICATIONS

EVENT	SEX	9	10	11	12	13
SHOT PUT	G	2.00K	2.00K	2.00K	3.00K	3.00K
	B	2.00K	2.00K	2.00K	3.00K	3.00K
DISCUS	G	-	750G	750G	750G	750G
	B	-	750G	750G	1.00K	1.00K
HAMMER	G	-	-	-	3.00K	3.00K
	B	-	-	-	3.00K	3.00K
JAVELIN	G	-	400G	400G	400G	400G
	B	-	400G	400G	500G	500G