



## **ASEA Twilight Meet #1**

Organized by : ASEA

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Date : Tuesday July 22

Time: 6:00pm - 9:00 pm

Location : Medavie Blue Cross Stadium

Classification: Outdoor Track and Field Meet

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Events : 80m, 100m, 150m, 400m, 1200, 1500m, 2000m 80mh, 110mh, 200mh, 1500m steeplechase, 1000m steeplechase, Triple Jump, High Jump, Shot Put, Hammer, discus

Registration: First event \$20.00. More than one event \$10.00.

Registration deadline is Sunday July 20 at 11:59pm. The late deadline is at 12noon on Monday July 21. There will be no onsite registration.

All participants must agree to abide by all policies and procedures of ANB and AC.

### **Tentative Track Schedule**

( female before male, younger age groups to older )

( groups might be combined depending on entries. This could result in slight changes in the start times, but the order will remain the same)

## **Track Events**

6:00pm - 80m hurdles heats - U14/ U16 Female; U16 Female, Masters,  
6:06pm- 110m hurdles heats - U18/U20/Open male, Masters  
6:15pm - 1200m- U12, U14, U16 male & female  
6:22pm- 1500m - U16+ female  
6:30pm- 1500m- U16+ male  
6:40pm- 80m hurdles finals - U14/ U16 Female; U16 Female, Masters,  
6:48pm- 110m hurdles finals - U18/U20/Open male, Masters  
6:56pm - 1000m steeple chase - U12, U14 female & male  
7:04pm -1500m steeple chase - U16 female & male  
7:14pm - 80m -finals - U12, U14 female & Male  
7:20pm - 100m heats - U16/U18/U20/open/ Masters female  
7:26pm - 100m heats - U16/U18/U20/open/ Masters male  
7:33pm- 2000m - U14. U16 female & male  
7:46pm - 200mh- U14 & U16 female & male  
7:50pm - 400mh - U18+ female & males  
7:58pm - 100m finals - U16/U18/U20/open/ Masters female  
8:04pm - 100m finals - U16/U18/U20/open/ Masters male  
8:10pm- 400m - U18+ female  
8:16pm - 400m - U18+ male  
8:22pm - 150m - U12, U14 female  
8:25pm - 150m - U12, U14 male  
8:35pm - 4 x 100m - male & female

## **Field Events**

6:00pm- High Jump - male & female  
6:00pm- Shot Put - male & female  
6:45pm - Hammer - male & female  
7:00pm - Long Jump - male & female  
7:30pm - Discus - male & female