

Sunday Funday Throws Meet
Ray Lewis Track, Mohawk Park Hamilton
Sunday, July 13

Please note that top 8 in each age group will get an additional 3 throws.

Flights Women's Hammer

Flight #1 (U16, U18)	Flight #2 (U20, Open)
Alina Finochio	Alison Stephens
Blaire Rickard	Hunter Smith
Olivia Froemchen	Jacqueline Turner
Reese Fitzgibbon	Lily Spoozak
Sofia Divizio	Sarah Summerville
Sophia Basso	Shannon Van Grinsven
Abigail Francis	Coco Van Nynatten
Malaya Ennis	Emma Negri
Saige Burrick	Kari Keen
Victoria Riordin	Shannon Dundas
	Tara Gharecheloo
	Tatum McGlynn

Flights Men's Hammer

Flight #1 (Open, U16, U18)	Flight #2 (U20)
Cole Belkwell	Caleb Koch
Paul Moore	Calum Crawford
Ryan Garrett	Hunter Cambell
Samuel Morrow	Hunter McLean
Terrell Webb	Kenzo Miller
Toren Burr	Owen Robins
Zander Van Nynatten	Uthman Oladejobi
Karim Alary	Wilbert Green
	Yousef Al Daadaa

Women's Discus 1 Flight

Alison Stephens
Alina Finochio
Blaire Rickard
Charlotte Melnick
Olivia Froemchen
Reese Fitzgibbon
Sofia Divizio
Sophia Basson
Hannah Rogers
Saige Burrick

Selena Brown
Victoria Riordon
Coco Van Nynatten
Tatum McGlynn

Flights Men's Discus

Flight #1 (Masters, Open, U16, U18)	Flight #2 (U20)
Mike Ransky	Uthman Oladejobi
Cole Belkwell	Austin Riha
Jaden Arnold	Brydon Mitchell
Adam Van Grinsven	Caleb Koch
Zander Van Nynatten	Griffin Kalp
Colton Stanley	Hasveen Arulrajan
Drew Fennema	Hunter Campbell
Farid Shalaby	Matthew Popa
Harrison Hulbert	Owen Robins
Matthew Svacina	Samuel Pannell
Nolan Wright	Wilbert Green
Rylan Romanick	Yousef Al Daadaa
Sebastian Garro	

Javelin will be 1 flight mixed

Erik Tyler
Jaden Arnold
Drew Fennema
Karim Alary
Nolan Wright
Griffin Kalp
Sebastian Garro
Madison McLean
Bronwyn Melnick
Hannah Rogers
Tatum McGlynn

Women's Shot Put 1 flight

Alina Finochio
Blaire Rickard
Charlotte Melnick
Olivia Froemchen
Reese Fitzgibbon
Sofia Divizio
Sophia Basso
Abigail Francis

Hannah Rogers
Malaya Ennis
Saige Burrick
Selena Brown
Victoria Riordon
Coco Van Nynatten
Jacqueline Turner
Shannon Van Grinsven

Flights Men's Shot

Flight #1 (Open, U16, U18)	Flight #2 (U20)
Adam Van Grinsven	Austin Riha
Colton Stanley	Calum Crawford
Drew Fennema	Hunter Campbell
Farid Shalaby	Kenzo Miller
Harrison Hulbert	Matthew Popa
Matthew Svacina	Owen Robins
Hunter McLean	Samuel Pannell
Paul Moore	Uthman Oladejobi
Samuel Morrow	Wilbert Green