





ROYAL CITY TWILIGHT #2

OPEN TO ALL AGES

DATE OF COMPETITION: Sunday July 20th 2025

- LOCATION:
 Alumni Stadium, 26 Powerhouse lane, Guelph, Ontario N1G 2W1

 https://www.uoguelph.ca/maps/locations/alumni-stadium
- ENTRY FEE:\$30.00 For all entries via Trackie registration link (may enter as many
aevents as you choose for one fee)

https://www.trackie.com/event/2025-RCACnitro2

- ENTRY DEADLINE: Thursday July 17th @ 11:59pm
- ELIGIBILITY:Must be registered with Athletics Canada or a National Governing Body.WA & WPA Sanctioned competition. More info on sanctioning is HERE
- FINAL SCHEDULE: Final schedule will be released to entrants and public approximately 2 days in advance of the meeting. If there are insufficient entries, events will be removed from the schedule. Events cancelled will have entries refunded.
- CHECK-IN: Check in at the desk at least 15 minutes prior to race. Field events 30 minutes before start time.

CONTACT: All inquiries are to be directed towards meet director, Paul Galas (<u>royalcityathletics@gmail.com</u>) with more information on website: <u>www.royalcityathleticsclub.org</u>

| Royal City Twilight Meet #2 Events | |
|------------------------------------|--|
| Men & Women for both events | |
| Pole Vault | |
| 100m | |
| 400m | |
| 800m | |
| 1500m | |
| 5000m | |
| 110mH / 100mH | |

FIELD EVENTS

Pole Vault – 5:30pm

*Women followed by Men

TRACK EVENTS

*Approximate Start times

TENTATIVE SCHEDULE

| 5:30pm | 100mH Heats W |
|--------|----------------------|
| 5:45pm | 110mH Heats M |
| 6:00pm | 100m Heats M+W |
| 6:20pm | 400m Timed Final M+W |
| 6:30pm | 1,500m timed final |
| 6:55pm | 100mH Finals |
| 7:05pm | 110mH Finals |
| 7:20pm | 100m Finals M+W |
| 7:40pm | 800m Timed Final |
| 7:50pm | 5,000m Men |

LIVE RESULTS: Live results will be found on <u>sport made simple</u>

Overview of facilities

