



2025 Nova Scotia Canada Games Team Selection Criteria

Team Standards

| 2025 Canada Games Standards | | | |
|---|----------|------------------|----------|
| Men | | Women | |
| 100m | 10.89 | 100m | 12.31 |
| 200m | 22.13 | 200m | 24.79 |
| 400m | 49.07 | 400m | 57.13 |
| 800m | 01:52.88 | 800m | 02:12.34 |
| 1500m | 03:57.41 | 1500m | 04:31.99 |
| 5000m | 15:00.39 | 5000m | 17:46.63 |
| 110m Hurdles 42" | 15.47 | 100m Hurdles 33" | 14.94 |
| 400m Hurdles 36" | 55.85 | 400m Hurdles 30" | 63.43 |
| 3000m SC | 09:28.12 | 3000m SC | 11:13.45 |
| High Jump | 1.91 | High Jump | 1.63 |
| Long Jump | 6.51 | Long Jump | 5.49 |
| Triple Jump | 14.00 | Triple Jump | 11.29 |
| Pole Vault | 4.15 | Pole Vault | 3.12 |
| Shot Put 7.26k | 13.48 | Shot Put 4k | 12.18 |
| Javelin 800g | 52.06 | Javelin 600g | 38.91 |
| Discus 2k | 41.56 | Discus 1k | 39.70 |
| Hammer 7.26k | 45.54 | Hammer 4k | 44.07 |
| Decathlon | 5713 | Heptathlon | 4421 |
| Para Wheelchair 100m, 400m, 1500m* | | | |
| Para Ambulatory 100m, 400m* | | | |
| Para Ambulatory and Seated Shot Put and Discus* | | | |
| Special Olympics 100m, 200m** | | | |

*Please contact Athletics NS for para criteria at athleticstd@sportnovascotia.ca

**Please contact Canada Games Special Olympics Coach - Peter McCormick mccormick.peter@outlook.com **

Eligibility

1. All athletes must meet competitor eligibility requirements as established in the 2025 Jeux de Canada Games Technical Package.
2. Athletes must be full Athletics Nova Scotia members on the day a performance is achieved for that performance to be considered during the selection process. The only exception is results achieved at SSNS Provincial Championships if they become a member of Athletics Nova Scotia by June 15, 2025. NOTE: Throwing implements and hurdle heights used at the SSNS Provincial Championships must comply with 2025 Jeux de Canada Games event specifications in order for those performances to be eligible for consideration.
3. All performances for all events must be attained at a sanctioned meet recognized by Athletics Nova Scotia, another provincial branch or a member Athletics Association of World Athletics.

All out-of-country results must be reported to Athletics Nova Scotia and must be verified by official website results and/or included in Athletics Canada rankings.

4. Athletes are required to compete at a minimum of two meets sanctioned by Athletics Nova Scotia, another provincial branch, or a member association of World Athletics during the selection period in order to be considered for selection. The Nova Scotia Canada Games Trials does count as 1 of these meets.
5. The qualifying period for each event begins on **March 1, 2025** and ends at the completion of the event at the 2025 Nova Scotia Jeux de Canada Games Selection Meet. **Only outdoor performances achieved during this period are eligible for consideration.**
6. Athletes must meet the age requirements of the U24 category (be born in 2002 or later). Para athletes must meet the age requirement for U36 (be born 1991 or later). Special Olympic athletes must meet the age requirements for U36 (be born in 1991 or later). Athletes or their representatives must submit proof of age to Athletics Nova Scotia by producing a copy of birth certificate or government issued identification, before the conclusion of the 2025 Jeux de Canada Games Team Selection Meet.
7. Athletes or their representatives must submit a completed Jeux de Canada Games Athletics Team application form online by the end of the final day of competition at the 2025 Nova Scotia Jeux de Canada Games Selection Meet. This includes athletes who have received an exemption from competing in the Selection Meet.
8. Students from outside Nova Scotia who are attending university on a full-time basis in Nova Scotia may apply to compete for Team Nova Scotia. Athletes may not try out for more than one Canada Games provincial team.
9. All athletes must compete at the 2025 Nova Scotia Jeux de Canada Games Selection Meet as full Athletics Nova Scotia members to be eligible for selection to the 2025 Nova Scotia Jeux de Canada Games Athletics Team and must also compete in the event(s) at the Trials for

which they are applying to the team. The following exceptions apply: (1) an athlete is competing on an Athletics Canada designated national team (2) there is a death in the immediate family prior to the selection meet. Any athlete in one of the above groups must send an exemption request to the Athletics Nova Scotia Technical Director and must be approved by the Canada Games Selection Committee. In all cases, athletes who have been exempt from trials must be ranked first or second in that event against other event applicants and fall within the team performance cut-off.

10. The athlete must remain competition-ready for the 2025 Jeux de Canada Games competition. Injury following fulfillment of these criteria may result in de-selection should it preclude readiness for competition at the 2025 Jeux de Canada Games. Final determination will be made by the Athletics Nova Scotia Board upon receiving recommendation from the Jeux Canada Games coaching staff based on reasonable expectation of readiness to compete.

Team Composition

11. Athletes will only be named to the 2025 Jeux de Canada Games Athletics Team if there is an individual opening or relay position open.
 - A maximum of two athletes per individual event will be selected to the Athletics Jeux Canada Games Team.
 - A maximum of four athletes per relay team will be selected to the 2025 Jeux de Canada Games Team. After the full 2025 Nova Scotia Jeux de Canada Games Athletics Team has been named, additional athletes may be named to the relay teams from athletes already selected to the 2025 Jeux de Canada Games Athletics Team. Athletes selected to the 4x100m and 4x400m relay teams will be required to attend relay training camp(s) leading up to the 2025 Canada Games. The final positions for the relay team will be decided at the 2025 Jeux de Canada Games and is under the discretion of the respective Relay Coach and the Head Coach.
 - A maximum of 58 athletes will be named Athletics Jeux de Canada Games Team. Four (4) of these positions are reserved for Para athletes and four (4) positions for Special Olympic Athletes. (50 able-bodied athletes, 4 Para athletes, 4 Special Olympic athletes)
 - A maximum of 27 able-bodied male athletes will be named to the 2025 Jeux de Canada Games Athletics Team.
 - A maximum of 27 able-bodied female athletes will be named to the 2025 Jeux de Canada Games Athletics Team.

Selection Process

1. Each event an athlete has applied for on their 2025 Nova Scotia Jeux de Canada Games Athletics Team application form will constitute an event application.
2. Each event application from each athlete will be placed in one of the six selection criteria groups as defined below.
3. The event application order will be determined by two factors:

- a) All event applications in lower numbered selection criteria groups will be considered before any event applications in higher numbered selection criteria groups.
- b) Within the selection criteria groups, event applications will be ordered as follows:
 - 1st) Achieved qualifying standard - ranked by percent better than qualifying standard.
 - 2nd) Percentage off qualifying standard.

$$\frac{|(\text{Performance} - \text{Standard})|}{\text{Standard}} \times 100\%$$

4. The selection committee which is composed of the Head Coach, Technical Director, Athlete Representative, and Athletics NS Board Member and an active member of Athletic NS will review, in order, each event application until the maximum team capacity has been reached.
5. For each event application the selection committee will determine if any of the following conditions have been met:
 - a) the event has been filled to capacity
 - b) the team compliment for the athlete's gender has been filled to capacity.
 - c) the team has been filled to capacity.

If any of these conditions have been met, an athlete cannot be selected in that event and the committee will move to the next event application. If none of the conditions have been met the athlete will be named to the team in that event.

6. Each event application can only qualify an athlete for the specific event in the event application. The following exceptions apply for selection to a relay team.
 - For the 4x100m, event applications for the 100m will be used to fill the 4x100m to a maximum of four athletes.
 - For the 4x400m, event applications for the 400m will be used to fill the 4x400m to a maximum of four athletes.

Note: Reports on an athlete's behavior (past and present) in Athletics NS sanctioned meets and on team trips or camps will be considered during the selection process. The Athletics NS Board of Directors reserves the right to deny an athlete selection to the team or to remove an athlete from the team based on these reports.

Selection Criteria Groups

1. The first selection criteria group will be comprised of event applications in which the athlete was traveling as a part an Athletics Canada National Track and Field/Athletics Team at the time of the 2025 Nova Scotia Jeux de Canada Games Selection Meet or have been granted exemption from trials, submitted by the end of the 2025 Nova Scotia Jeux de Canada Games Selection Meet, ranks them first or second in that event against other event applicants (or among the top four for the 4x100m or 4x400m).

2. The second selection criteria group will be comprised of event applications in which the athlete has won the event at the 2025 Nova Scotia Jeux de Canada Games Selection Meet and has achieved the Canada Games qualifying standard within the qualifying period and the athletes top performance has a legal wind reading (2.0m/s)
3. The third selection criteria group will be comprised of event applications in which the athlete has finished second in the event at the 2025 Nova Scotia Jeux de Canada Games Selection Meet and has achieved Canada Games qualifying standard within the qualifying period and the athletes top performance has a legal wind reading (2.0m/s)
4. The fourth selection criteria group will be comprised of event applications in which the athlete has won the event at the 2025 Nova Scotia Jeux de Canada Games Selection Meet and has achieved the Canada Games qualifying standard within the qualifying period and the athletes top performance has a wind reading between 2.1m/s and 3.0m/s
5. The fifth selection criteria group will be comprised of event applications in which the athlete has finished second in the event at the 2025 Nova Scotia Jeux de Canada Games Selection Meet and has achieved Canada Games qualifying standard within the qualifying period and the athletes top performance has a wind reading between 2.1m/s and 3.0m/s
6. The sixth selection group will be comprised of remaining applications who will be selected based on percentage off qualifying standard in events that are not filled and finished in the top four positions at the 2025 Canada Games Selection Meet.

Appeal Process

1. The athlete or designate must appeal in writing within 24 hours of announced team selection to Athletics Nova Scotia. For all formal appeals, there is a \$50 appeals fee that is to be submitted to Athletics NS. This fee will be refunded in the event that the appeal is granted.
2. The athlete or designate can have the opportunity to meet with the Appeals Committee to state a position of appeal (if required). The athlete or designate will then have their appeal reviewed by an Appeals Committee and a decision will be made within 24 hours of meeting.
3. If the judgment of the Appeal Committee does not meet with the satisfaction of the athlete or designate their appeal can be reviewed by a sport arbitrator where a final decision is rendered.