



TWILIGHT MEET #3

July 21st, 2025

SCHEDULE

BIRTH YEAR	AGE	AGE GROUP	GENDERS	ABBREVIATION
2016	9 years	U10	Girls + Boys	G/B
2015	10 years	U12	Girls + Boys	G/B
2014	11 years	U12	Girls + Boys	G/B
2013	12 years	U14	Girls + Boys	G/B
2012	13 years	U14	Girls + Boys	G/B
2011-2010	14-15 years	U16	Women + Men	W/M
2009-2008	16-17 years	U18	Women + Men	W/M
2007-2004	18-19 years	U20	Women + Men	W/M
2005 -1991	20-34 years	Senior	Women + Men	W/M
1990-	35+	Masters	Women + Men	W/M

TRACK EVENTS:

TIME	EVENT	COMMENT	AGE GROUP(S)
5:00pm	110m Hurdles	Timed Finals	U18 - Senior M
5:10pm	100m Hurdles	Timed Finals	U16 M, U18 - Senior W
5:20pm	80m Hurdles	Timed Finals	U16 W
5:30pm	80m Hurdles	Timed Finals	2012 - 2013 G/B
5:45pm	60m Hurdles	Timed Finals	2016 - 2014 G/B
6:00pm	3000m	Timed Finals	U18, U20 W/M
6:20pm	400m	Timed Finals	U18 – Masters W/M
6:30pm	100m	Timed Finals	ALL
6:50pm	800m	Timed Finals	U14 G/B, U16,U18, U20, Senior, Masters W/M
7:00pm	600m	Timed Finals	2016 – 2014 G/B
7:15pm	200m	Timed Finals	2013 -2012 G/B - U16 W/M

Track events run youngest to oldest, girls/women and then boys/men (except Hurdles)

FIELD EVENTS:

TIME	HIGH JUMP	SHOT PUT	LONG JUMP	HAMMER
5:00pm	All Ages			
5:15pm			All Ages	2013 and up
6:30pm		All Ages		

