



2025 London Western Twilight Series

Medway High School Track – Arva, ON
Wednesday, June 18th, 2024

TWILIGHT MEET #1 SCHEDULE

<u>6:00 pm</u>	WOMEN Discus MEN U16/18/20/OPEN Long Jump – Pit 1 (3 attempts only) WOMEN U16/18/20/OPEN Long Jump – Pit 2 (3 attempts only) 80m – GIRLS followed by BOYS
<u>6:30 pm</u>	BOYS U10 Long Jump – Pit 1 (3 attempts only)
<u>6:35 pm</u>	100m – WOMEN followed by MEN
<u>6:45 pm</u>	GIRLS U10 Long Jump – Pit 2 (3 attempts only)
<u>6:50 pm</u>	300m – GIRLS followed by BOYS
<u>7:00 pm</u>	BOYS U12/14 Long Jump – Pit 1 (3 attempts only)
<u>7:30 pm</u>	GIRLS U12 Long Jump – Pit 2 MEN Discus
<u>7:35 pm</u>	400m – WOMEN followed by MEN
<u>7:45 pm</u>	GIRLS U14 Long Jump – Pit 1
<u>7:55 pm</u>	1200m – GIRLS followed by BOYS
<u>8:15 pm</u>	1500m – WOMEN followed by MEN

