

2025 Legion District H Track and Field Meet Schedule (Draft June 10)

All track events are timed finals except for U12 Fastest Kid 80m event.

Track schedule is a rolling schedule so times are approximate - meet may run ahead of schedule!

TRACK Time	Event	Age Group(s)	Details
10:00am	2000m	U14+U16 Girls combined , U14+ U16 Boys combined	
10:20am	3000m	U18 Girls + U18 Boys combined	
10:40am	200m Hurdles	U14 Girls, Boys U16 Girls, Boys	30 inch/76cm - green marks 30 inch/76cm - green marks
10:50am	400m Hurdles	U18 Girls, Boys	
11:05am	800m	U12 Girls, Boys U14 Girls, Boys U16 Girls, Boys U18 Girls, Boys	30 inch/76cm (Girls); 33 inch/84cm (Boys)
11:45am	150m 150m 200m 200m	U12 Girls, Boys U14 Girls, Boys U16 Girls, Boys U18 Girls, Boys	
Lunch Break			
1:00pm	80m Hurdles 100m Hurdles	U16 Girls U18 Girls U16 Boys	30 inches/76cm - black marks 30 inches/76cm - yellow marks 33 inches/84cm - yellow marks
1:20pm	110m Hurdles	U18 Boys	36 inches/91cm - blue marks
1:30pm	1500m Steeplechase 2000m Steeplechase	U16 Girls, Boys U18 Girls U18 Boys	30 inch/76cm barriers, no water jump 30 inches/76cm, Waterjump 36 inches/91cm, Waterjump
1:50pm	80m 80m 100m 100m 80m	U12 Girls, Boys "FASTEST KID COMPETITION" - First Round Heats (Top 8 times qualify for final) - For U12 80m only - athletes must use standing start and no track spikes allowed U14 Girls, Boys Timed Finals (1 round only) U16 Girls, Boys Timed Finals (1 round only) U18 Girls, Boys Timed Finals (1 round only() U12 Girls, Boys "FASTEST KID COMPETITION" - Finals - For U12 80m only - athletes must use standing start and no track spikes allowed	
2:30pm	300m	U12 Girls, Boys U14 Girls, Boys U16 Girls, Boys	
2:55pm	400m	U18 Girls, Boys	
3:05pm	1200m	U12 Girls, Boys U14 Girls, Boys U16 Girls, Boys	
3:45pm	1500m	U18 Girls, Boys	
FIELD Time	Event	Age Group(s)	Details
10:00am	Pole Vault High Jump Javelin Triple Jump Long Jump	U16 Girls + U18 Girls + U16 Boys + U18 Boys U12 Girls, U14 Girls U14, U16, U18 Girls, + U14, U16, U18 Boys U16 Girls, U18 Girls U16 Boys, U18 Boys	
11:30am	High Jump Long Jump Triple Jump Shot Put	U12 Boys, U14 Boys U16 Girls, U18 Girls U16 Boys, U18 Boys U14, U16, U18 Girls, + U14, U16, U18 Boys	
1:00pm	Discus Long Jump High Jump Triple Jump	U14, U16, U18 Girls, + U14, U16, U18 Boys U12 Boys, U14 Boys U16 Girls, U18 Girls U12 Girls, U14 Girls	
2:30pm	Triple Jump High Jump Long Jump	U12 Boys, U14 Boys U16 Boys, U18 Boys U12 Girls, U14 Girls	