Start Time	Event	Entries
	Saturday Morning Track Session	
10:50 AM	**400m CSG/Para *Timed Final Women**	8
10:55 AM	400m CSG/Para Heats Men	10
11:00 AM	400m U16/U18 Timed Finals Women	7
11:05 AM	400m U16/U18 Timed Finals Men	2
11:10 AM	400m Open/Masters Timed Finals Women	5
11:15 AM	400m Open/Masters Timed Finals Men	6
11:25 AM	3000m Steeplechase (CSG/Open) Men	5
11:40 AM	3000m Steeplechase (CSG/Open) Women	3
12:00 PM	2000m Steeplechase Compiled Woman (U18/masters)	2
12:15 PM	1500m Steeplechase Compiled Woman (U16/Masters)	1
	All 60m, 80m, and 100m races with the exception of the CSG sections will be timed finals if there are 8 or less registered	
12:45 PM	60m U12 Timed Finals Girls *	5
12:50 PM	60m U12 Timed Finals Boys *	3
12:55 PM	80m U14 Heats Girls	12
1:00 PM	80m U14 Timed Finals Boys *	7
1:05 PM	100m U16 Heats Girls	11
1:10 PM	100m U16 Timed Finals Boys *	1
1:15 PM	100m U18 Heats Girls	9
1:20 PM	100m U18 Timed Finals Boys *	4
1:25 PM	100m CSG Heats Women	12
1:30 PM	100m CSG Heats Men	15
1:35 PM	100m Open Heats Women	7
1:40 PM	100m Open Timed Finals Men *	2
1:45 PM	100m Masters Timed Finals Women *	4
1:50 PM	100m Masters Heats Men	9
1:55 PM	100m CSG Special O Timed Finals Men/Women *	1
2:05 PM	400m CSG/Para Finals Men	8
	Lunch 2:05 pm - 2:50 pm	
	Saturday Afternoon Track Session	
2:50 PM	100m CSG Wheelchair Finals Men/Women	1
2:55 PM	80m U14 Finals Girls	8
3:00 PM	100m U16 Finals Girls	8
3:04 PM	100m U18 Finals Girls	8
3:08 PM	100m Open Exhibition Final Women *	7
3:12 PM	100m Masters Finals Men	8
3:15 PM	100m CSG Finals Men	8
3:20 PM	100m CSG Finals Woman	8
3:30 PM	1200m U14 Timed Finals Girls	2
3:40 PM	1200m U14 Timed Finals Boys	7
3:50 PM	1200 U16 Timed Finals Girls	6
4:00 PM	1200 U16 Timed Finals Boys	4
4:10 PM	1500m U18 Timed Finals Girls	3
4:20 PM	1500 U18 Timed Finals Boys	2
4:30 PM	1500m CSG Timed Finals Woman	6
4:40 PM	1500m CSG Timed Finals Men	6
4:50 PM	1500m Open/Masters Woman/Men	5
5:00 PM	1500m CSG Wheelchair	1
5:20 PM	400mH U18 Timed Finals Girls	6
5:25 PM	400mH CSG Timed Finals Woman	5
5:30 PM	400mH CSG Timed Finals Men	5
5:35 PM	400mH Open/Masters Timed Finals Woman	1

Start Time	Event	Entries
	Saturday Morning Field Session	
10:30 AM	Men CSG/Open Hammer Throw	4
11:00 AM	Boys High Jump U12/U14	4
11:00 AM	Woman Triple Jump CSG/Open/Masters	5
11:30 AM	Women CSG/Open Hammer Throw	6
12:00 PM	Men Triple Jump CSG/Open/Masters	7
12:00 PM	Girls High Jump U14	3
	Saturday Afternoon Field Session	
1:00 PM	Girls Triple Jump U16/U18	8
1:00 PM	Boys High Jump U16	1
1:15 PM	Girls U16/U18 Hammer Throw	7
2:00 PM	Mens/Womens CSG/Open Para Shot Put	4
2:00 PM	Mens/Womens Masters Hammer Throw	7
3:00 PM	Men Shotput CSG	6
3:00 PM	Girls High Jump U16	6
4:00 PM	Woman Shot Put CSG/Open	12
4:00 PM	Men High Jump CSG	6
5:00 PM	Boys Shot Put U16/U18	3
	Saturday Evening Field Session	
5:00 PM	Woman High Jump CSG	7
5:45 PM	Girls Shot Put U16/U18	10
6:00 PM	Men/Woman High Jump Masters	5
6:30 PM	Boys and Girls Shot Put U12/U14	11
7:30 PM	Mens/Womens Shot Put Masters	7

Start Time	Event	Entries
	Sunday Morning Track Session	
9:00 AM	2000m U16 Girls Timed Finals	2
9:15 AM	2000m U16 Boys Timed Finals	1
9:30 AM	3000m U18 Girls Timed Finals	4
9:45 AM	3000m U18 Boys Timed Finals	1
10:00 AM	5000m CSG/Open/Masters Men Timed Finals	13
10:25 AM	5000m CSG/Open/Masters Women Timed Finals	8
10:55 AM	150m U12 Girls Timed Finals	4
11:00 AM	150m U12 Boys Timed Finals	2
11:05 AM	150m U14 Girls Timed Finals	10
11:10 AM	150m U14 Boys Timed Finals	6
11:15 AM	200m U16 Girls Timed Finals	12
11:20 AM	200m U16 Boys Timed Finals	1
11:25 AM	200m U18 Girls Timed Finals	10
11:30 AM	200m U18 Boys Timed Finals	3
11:35 AM	200m CSG Women Heats	13
11:40 AM	200m CSG Men Heats	16
11:45 AM	200m Open Women Timed Finals	4
11:50 AM	200m Open Men Timed Finals	2
11:55 AM	200m Masters Women Timed Finals	5
12:00 PM	200m Masters Men Timed Finals	10
12:05 PM	200m CSG Special O Timed Finals	1
	Lunch 12:05 - 12:45▢	
	Sunday Afternoon Track Session	
12:45 PM	400m CSG Wheelchair Final	1
12:55 PM	200m CSG Women Finals	8
1:00 PM	200m CSG Men Finals	8
1:15 PM	600m U12 Girls Timed Finals	3
1:20 PM	600m U12 Boys Timed Finals	2
1:25 PM	800m U14 Girls Timed Finals	5
1:30 PM	800m U14 Boys Timed Finals	9
1:35 PM	800m U16 Girls Timed Finals	8
1:40 PM	800m U16 Boys Timed Finals	3
1:45 PM	800m U18 Girls Timed Finals	3
1:50 PM	800m U18 Boys Timed Finals	1
1:55 PM	800m CSG Women Timed Finals	5
2:00 PM	800m CSG Men Timed Finals	9
2:05 PM	800m Open/Masters Women Timed Finals	4
2:10 PM	800m Open/Masters Men Timed Finals	8
	Sunday Evening Track Session	
3:45 PM	110m Hurdles U18 Boys Timed Finals	2
3:50 PM	110m Hurdles CSG Men Timed Finals	2
3:55 PM	100m Hurdles CSG Women Timed Finals	1
4:00 PM	100m Hurdles Open Timed Finals	1
4:05 PM	100m Hurdles U18 Girls Timed Finals	4
4:10 PM	100m Hurdles U16/Masters - Boys/Men Timed Finals	2
4:15 PM	80m Hurdles U16/Masters - Girls/Women Timed Finals	7
4:20 PM	80m Hurdles U14 Girls Timed Finals	3
4:25 PM	80m Hurdles U14 Boys Timed Finals	2
4:30 PM	60m Hurdles U12 Girls Timed Finals	2
4:35 PM	60m Hurdles U12 Boys Timed Finals	2
4:50 PM	4x100m U12 Relay	1

Start Time	Event	Entries
	Sunday Morning Field Session	
8:30 AM	Girls Discus U16/U18	**7**
9:00 AM	Boys Long Jump U12/U14	**9**
9:30 AM	Women Pole Vault U16/U18/CSG/Open/Masters	**12**
9:30 AM	Boys Discus Throw U16/U18	**3**
9:50 AM	Girls Long Jump U12/U14	**13**
10:30 AM	Men Discus CSG/Open/Masters	**8**
11:00 AM	Boys Long Jump U16/U18	**1**
11:30 AM	Girls Long Jump U16/U18	**16**
11:45 AM	Women Discus CSG/Open/Masters	**9**
12:30 AM	Men Pole Vault U16/U18/CSG/Open/Masters	**7**
	Sunday Afternoon Field Session	
1:30 PM	Men Long Jump CSG/Open/Masters	**12**
1:30 PM	Boys and Girls Discus U14	**3**
2:30 PM	Men Javelin CSG/Open/Masters	**6**
2:30 PM	Men and Women CSG/Open Para Discus	**4**
2:45 PM	Woman Long Jump CSG/Open/Masters	**17**
3:30 PM	Woman Javelin CSG/Open/Masters	**7**
4:30 PM	Girls Javelin U14/U18 **and** Boys U12 Ball Throw	**6**