



2025 RCL District A Legion Track and Field Meet Friday-Saturday June 20-21 2025

Location: Alumni Stadium, University of Windsor, 2555 College Ave., Windsor, ON

Sanctioned by: Royal Canadian Legion (Athletics Ontario Approved)

Hosted By: Royal Canadian Legion, District A

Meet Director: Brian Harris bharris575@yahoo.ca

Results by: Windsor Timing

Age groups: U12
U14
U16
U18

Entry Deadline: Tuesday June 17th @ 11:59pm
Entries received after this date will not be accepted.

Entry Fee: \$10.00 per athlete per event (maximum 3 events)
Athletes may compete independently of a school or club affiliation

Entries online: <https://www.trackie.com/event/rcl-district-a-track-field-championships/1029949/>

Entry Confirmations: As entries are processed, the performance lists are available online on Trackie.

Schedule: Please see attached schedule. The Schedule is subject to change based on entries received. Along with performance lists, a FINAL schedule will be posted, on line.

Registration, Waiver and BIB number pick up:

- A completed waiver and photography release form must be submitted at the registration table.
- Clubs are encouraged to collect all waivers from their members prior to submitting for a team package.

Check-in Procedure:

- Athletes are to check in at the Start Line 15 minutes before the scheduled start time for the track event and at the field event 15 minutes before the scheduled start time for the event.

Awards: Medals will be awarded to the first three finishers in each event.

Concession: on site

Facility Rules: Only coaches and officials and meet volunteers will be permitted onto the competition areas. All others must go to the spectator viewing area. Meet organizers will provide passes for coaches.

Start Rule: WA No fault starts rule for U16 and U18.

Implements: Personal implements will be allowed and once checked-in, will be entered into the competition equipment pool.

Protests: All protest must be made as outlined in WA rule book. In all cases, protests must be filed within 30 minutes of the official announcement or release of the results. If no protest is received within the above-mentioned time limit, the result as released will stand. If a protest changes a result, 30 minutes will be allowed following the announcement or release of the decision for appeal to be brought forward. The decision of the referee may be appealed to the Jury of Appeal whose decision is final. The protest fee of \$50.00 will be returned if the protest is upheld.

RCL District A Track and Field Meet Regulations

There is a restriction of three (3) events per athlete. It is recommended that those athletes, interested in being considered for the multiple events, compete in the key elements of those events (hurdles, high jump, shot put, etc.)

Athletes found representing the wrong District, or competing in multiple Districts, will only be included in the selection for the District Team if prior approval is received from both District Chairs and The Provincial Chair.

Should approval not be obtained, participants will forfeit their further participation which could lead to being ineligible for other legion events. Information will be passed on to national coordinators to determine the outcome.

Athletes who reside outside of the District A boundaries are welcome to compete however inclusion to the Provincial meet must be pre-approved by **BOTH** District Chairs.

RCL Ontario Provincial Outdoor Track and Field Championships

Date: July 11th & 12th, 2025

Location: Toronto Track and Field Centre

231 Ian MacDonald Blvd, North York, ON M7A 2C5

Selection to the District A team for Provincial Championships:

Immediately after the last event, the District A team will be selected using the following criteria: •

Initial top ten (10) in points from each age group, male and female

- Review with Athlete's availability of said Top 10.
- District Chairman to identify any other Athletes to meet the District A team numbers.



This form must be handed in at registration.

SANCTIONED AND REQUIRED BY:
THE ROYAL CANADIAN LEGION – DISTRICT A

RELEASE, WAIVER AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in

The 2024 ROYAL CANADIAN LEGION District A Outdoor CHAMPIONSHIPS

I, for myself, my heirs, executors, administrators, successors and assigns
HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

The Royal Canadian Legion – District A

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of those arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY.

(Please print carefully)

_____	_____	_____
Date	Print Athlete Name	Signature

_____	_____	_____
Date	Print Name	Signature of Parent, Legal Guardian or POA

Athlete's Date of Birth: _____ Health Card Number: _____

Athlete's Address: _____

Telephone Number: _____ Email Address: _____



This form must be handed in at registration

Photography Release

I, the undersigned, grant to The Royal Canadian Legion, Ontario Provincial Command permission to use images of me photographed at the 2024 District A Track and Field Championships for purposes of display, ceremonies, publication and digital representation and other purposes in relation to the promotion of The Royal Canadian Legion and/or the Legion Provincial Track and Field Championships. I also give consent for the free use of my name and/or picture in any broadcast, telecast or other account of the above event.

(Please print carefully)

Date Print Athlete Name Signature

Name Signature of Parent, Legal Guardian or POA Date Print