



TENTATIVE Competition Schedule

For live results and splits times visit: <https://bit.ly/2025-csg-trials>

Ontario Para Championship & Combined Events Championship Canada Summer Games Trials for Team Ontario

Friday, June 27, 2025

Sections will be run Slow to Fast

Time	Event	Round	Gender	Age Group (# of athletes)
3:30	100m	Decathlon	Men	U18
3:40	100m	Decathlon	Men	U20 – Open
4:15	100mH 0.840m – 13 – 8.5	Heptathlon	Women	Open
4:25	100mH 0.840m – 13 – 8.5	Heptathlon	Women	U20
4:30	100mH 0.762m – 13 – 8.5	Heptathlon	Women	U18
TBD	400m	Decathlon	Men	U18 – U20 – Open
TBD	200m	Heptathlon	Women	U18 – U20 – Open

Friday, June 27, 2025

Time	Vertical Jumps	Horizontal Jumps	Horizontal Jumps	Throws 1	Throws 2
4:00					
4:15					
4:30		Decathlon Long Jump	Decathlon Long Jump		
4:45		Two pits if needed	Pit 2 if needed		
5:00		Est. 4:30	Est. 4:30		Warm-up
5:15	Heptathlon High Jump				
5:30	Two pits if needed				CSG Trials Women
5:45	Est. 5:15			Decathlon Shot Put	Hammer Throw
6:00				Two circles if needed	9:00
6:15				Est. 5:45	
6:30					
6:45					Warm-up
7:00					
7:15	Decathlon High Jump			Heptathlon Shot Put	CSG Trials Women
7:30	Two pits if needed			Two circles if needed	Ambulatory Women
7:45	Est. 7:15			Est. 7:15	Discus
8:00					9:00
8:15					
8:30					

Premier Partner



Partners & Suppliers



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Ontario Para Championship & Combined Events Championship

Canada Summer Games Trials for Team Ontario

Saturday, June 28, 2025

Sections will be run Slow to Fast

Time	Event	Round	Gender	Age Group (# of athletes)
9:30	110mH 0.914m – 13.72 – 9.14	Decathlon	Men	U18
9:45	1500m	Timed Final	Women – Men:	Open Wheelchair
10:55	1500m	Timed Final	Women:	CSG Trials + Open Ambulatory
10:15	1500m	Timed Final	Men:	CSG Trials + Open Ambulatory
10:30	200m	Timed Final	Women:	Open Special Olympics Trials
10:35	200m	Timed Final	Men:	Open Special Olympics Trials
10:50	100m	Prelims	Women – Men:	Wheelchair Open
11:00	100m	Prelims	Women:	Open Ambulatory
11:10	100m	Prelims	Women:	CSG Trials
11:30	100m	Prelims	Men:	Open Ambulatory
11:40	100m	Prelims	Men:	CSG Trials
11:50	110mH 1.067m – 13.72 – 9.14	Prelims	Men:	CSG Trials
12:00	100mH 0.840m – 13.00 – 8.50	Prelims	Women:	CSG Trials
Track Break				
TBD	800m	Heptathlon	Women	Open
1:10	110mH 0.990m – 13.72 – 9.14	Decathlon	Men	U20
1:20	110mH 1.067m – 13.72 – 9.14	Decathlon	Men	Open
TBD	800m	Heptathlon	Women	U18 – U20
2:10	110mH 1.067m – 13.72 – 9.14	Finals	Men:	CSG Trials
2:20	100mH 0.840m – 13.00 – 8.50	Finals	Women:	CSG Trials
2:30	100m	Finals	Women – Men:	Open Wheelchair
2:40	100m	Timed Final	Women:	Open Special Olympics Trials
2:45	100m	Finals	Women:	Open Ambulatory
2:50	100m	Finals	Women:	CSG Trials
3:05	100m	Timed Final	Men:	Open Special Olympics Trials
3:10	100m	Finals	Men:	Open Ambulatory
3:15	100m	Finals	Men:	CSG Trials
3:30	400m	Timed Final	Women – Men:	Open Wheelchair
3:40	400m	Timed Final	Women:	CSG Trials + Open Ambulatory
4:00	400m	Timed Final	Men:	CSG Trials + Open Ambulatory
TBD	1500m	Decathlon	Men	U18
Track Break				
6:40	5000m	Timed Final	Women:	CSG Trials
7:00	5000m	Timed Final	Men:	CSG Trials
TBD	1500m	Decathlon	Men	U20 + Open

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Time	Verticals	Horizontals	Throws 1	Throws 2	Throws 3
8:30			Warm-up		
8:45					
9:00	Warm-up		CSG Trials Women Ambulatory Women Javelin 10:30		
9:15					
9:30					
9:45	CSG Trials Women Pole Vault 9:45				
10:00					
10:15					
10:30		Open Heptathlon Long Jump 10:30	Warm-up		U18 Decathlon Discus Est. 10:30
10:45					
11:00			CSG Trials Women Ambulatory Women Shot Put 11:00		
11:15					
11:30		U18, U20 Heptathlon Long Jump 11:30			
11:45				Open Heptathlon Javelin Est. 11:45	
12:00	Warm-up				
12:15					
12:30					
12:45				U18, U20 Heptathlon Javelin Est. 12:45	
1:00	U18 Decathlon Pole Vault Est. 1:00				
1:15					
1:30					
1:45		Warm-up			
2:00					U20, Open Decathlon Discus Est. 2:00
2:15		CSG Trials Men Ambulatory Men Long Jump 2:15			
2:30			Warm-up		
2:45					
3:00	Warm-up		CSG Trials Men Ambulatory Men Shot Put 3:00		
3:15					
3:30				U18 Decathlon Javelin Est. 3:30	
3:45		Warm-up			
4:00	U20, Open Decathlon Pole Vault Est. 4:00	CSG Trials Women Triple Jump 4:15			
4:15					
4:30				Warm-up	
4:45					
5:00				CSG Trials Men Ambulatory Men Javelin 5:00	
5:15					
5:30					
5:45					
6:00					
6:15					
6:30				U20, Open Decathlon Javelin Est. 6:30	
6:45					
7:00					

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Ontario Para Championship & Combined Events Championship Canada Summer Games Trials for Team Ontario Sunday, June 29, 2025

Time	Event	Round	Gender	Age Group
9:30	3000m SC (0.762m)	Timed Final	Women:	CSG Trials
9:45	3000m SC (0.914m)	Timed Final	Men:	CSG Trials
10:35	400m Hurdles (0.762m)	Timed Final	Women:	CSG Trials
10:50	400m Hurdles (0.914m)	Timed Final	Men:	CSG Trials
11:05	200m	Prelims	Women – Men:	Open Wheelchair
11:30	200m	Prelims	Women:	Open Ambulatory
	200m	Prelims	Women:	CSG Trials
12:30	200m	Prelims	Men:	Open Ambulatory
	200m	Prelims	Men:	CSG Trials
	Track Break			
1:55	800m	Timed Final	Women – Men:	Open Wheelchair
2:15	800m	Timed Final	Women:	CSG Trials + Open Ambulatory
2:55	800m	Timed Final	Men:	CSG Trials + Open Ambulatory
3:30	200m	Finals	Women – Men:	Open Wheelchair
3:45	200m	Finals	Women:	CSG Trials
3:55	200m	Finals	Women:	Open Ambulatory
4:10	200m	Finals	Men:	CSG Trials
4:20	200m	Finals	Men:	Open Ambulatory

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Time	High Jump	Pole Vault	Horizontal Jump	Throws 1	Throws 2
8:45				Warm-up	
9:00					
9:15		Warm-up		CSG Trials Men Hammer Throw 9:15	
9:30					Women + Men Seated Javelin 9:30
9:45					
10:00		CSG Trials Men Pole Vault 10:00			
10:15					
10:30					
10:45					
11:00				CSG Trials Men Ambulatory Men Discus Throw 11:00	
11:15					Women + Men Seated Shot Put 11:15
11:30					
11:45					
12:00					
12:15					
12:30			Pit Open for Warm-up		
12:45					
1:00	Warm-up		CSG Trials Women Ambulatory Women Two pits if needed Long Jump 1:00		
1:15					
1:30	CSG Trials Women High Jump 1:30				
1:45					Women + Men Seated Discus 1:45
2:00					
2:15					
2:30					
2:45			Warm-up		
3:00	Warm-up				
3:15			CSG Trials Men Triple Jump 3:15		
3:30	CSG Trials Men High Jump 3:30				
3:45					
4:00					
4:15					
4:30					

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