**ASEA Run Jump Throw Program**

The ASEA 3rd session of our Run Jump Throw program will be on Tuesdays and Thursdays, 5:00 - 6:00 pm, at the Moncton Stadium.

This is an introductory program for those ages 6-11. Children who have the opportunity to try the large variety of events in our sport within games & some technical practice.

It will begin on Tuesday June 17. The dates will be :

June 17, 19, 24, 26

July 3, 8, 10, 15, 17, 22, 24, 29, 31

August 2

We are looking at a special event, on August 2, to complete the session.

The link to register is https://www.trackie.com/club/asea-run-jump-throw-2025/1017826/

The cost is $130, for the ASEA membership.

Everyone also needs an ANB membership for 2025. If you have been involved and missed getting it, please do so now. The link is <https://athleticsreg.ca/#!/memberships/athletics-new-brunswick-2025-membership> . Select the Community Road & Trail membership. It is $15.00. This will look after the insurance, as long as you are not planning to compete. You need the competitive membership if you plan to enter a competition. It is good until December 31, 2025.

Children need just clothing for exercise, sneakers & a water bottle.

Patents are welcome to wait in the stands.

If you are interested contact Peter at [stuart@nbnet.nb.ca](mailto:stuart@nbnet.nb.ca)