



2025 ULTRA JD/U16/U18 Throws Festival

(Saturday, July 19th, 2025)

Individual Events

Hammer/Shot Put/Discus/Javelin

Date: Saturday, July 19th, 2025

Where: **McLeod Athletic Park, Langley, BC**

Who: **BC Athletics registered athlete aged 9 – 13 (Junior Development), U16, & U18**

Cost: **1st event = \$15, 2nd event = \$12, 3rd event & up = \$10 each**

Note: Registration is by trackie.reg **Registration closes Wednesday, July 16th, 2025 @ 8 pm**

Hosted by: **Ultra Throw Club**

We run a floating schedule; events may run ahead of schedule and athletes should be prepared to compete in their next event 45 minutes ahead of the scheduled start time.

For safety reasons:

Organizers will supply implements

No throwing equipment will be in use outside of the scheduled event

Warm up will be supervised for each event.

No day of meet entries allowed.

Event Schedule

NOTE: Entries will be limited and registration will be closed early for events that reach a pre-determined number (listed). Entries will be limited – no exceptions! Due to limited (two sets) officials and allowing for adequate warm up for events.

FINAL SCHEDULE will be posted on our website (ultrathrow.com) on Friday morning (July 18th, 2025)

8:30 am – Discus – 2008 – 2011 Boys and Girls U16 & U18 (No JDs) – first 10 entries only

8:30 am – Javelin – 2015 & 2014 Boys and Girls – first 16 entries only

9:45 am – Shot Put – 2008 – 2011 Boys and Girls U16 & U18 (No JDs) – first 10 entries only

9:45 am – Discus – 2015 & 2014 Boys and Girls – first 16 entries only

11 am – Shot Put – 2016, 2015, & 2014 Boys and Girls – first 16 entries only

11 am – Discus – 2013 & 2012 Boys and Girls – first 16 entries only

12:15 – 12:45 pm Lunch Break at picnic area

12:45 pm – Hammer – 2008 – 2011 Boys and Girls U16 & U18 (No JDs) – first 10 entries only

12:45 pm – Javelin – 2013 & 2012 Boys and Girls – first 16 entries only

2 pm – Javelin – 2008 – 2011 Boys and Girls U16 & U18 (No JDs) – first 10 entries only

2 pm – Shot Put – 2013 & 2012 Boys and Girls – first 16 entries only

3:15 pm – Hammer – 2013 & 2012 Boys and Girls – first 16 entries only

Note: The shot put is being conducted at the throwing circle near the javelin runway (NOT in the stadium)

Questions can be directed to:

Dave McDonald at ultrathrow@gmail.com