

## CTAC Early Bird Elementary Cross-Country Meet Saturday September 27<sup>th</sup> 2025.

## **Course and Race Distances**

The race features a 1.5km loop with options to turn back to create a 500m loop and a 1km loop on mostly flat, wide-open trails and grass in Sunnybrook Park.

Grade 1 & 2 girls and boys (U8) 1km [1 x 1km loop]

Grade 3 & 4 girls and boys (U10) 2km [1 x 500m loop + 1 x 1.5km loop]

Grade 5 & 6 girls and boys (U12) 2km [1 x 500m loop + 1 x 1.5km loop]

Grade 7 & 8 girls and boys (U14) 3km [2 x 1.5km loop]

