

4th ANNUAL

# CALTAF THROWS FEST SERIES 2025

New Glenmore Athletic Park, Calgary

#### THROWS FEST #1 - AUGUST 30, 2025 - 8:30-17:30

#### **Limited Entries**

#### \*\*Please only choose Throws Pentathlon or Individual Events for initital registration.

Add yourself to the waitlist once the event is full. Those already entered will be offered the opportunity to register for additional events during the "late entry" period at the regular entry fee price. \*\*

14 available slots for Throws Pentathlon. Priority given to Masters competitors, then Open, U20, U18, and U16.

8 available slots each for discus, hammer, shot put, and javelin. Para athletes are included in this number. 5 slots for long jump (Para ambulatory athletes please enter as Senior.)

#### THROWS FEST #2 - **SEPTEMBER 13, 2025** - 8:30-17:30

#### **Limited Entries**

14 slots each for discus, hammer, shot put, javelin, and weight throw. 5 slots for long jump. Para athletes are included in this number. (Para ambulatory athletes please enter as Senior.)

Note: Due to high demand, Throws Pent may be offered at this competition. Please enter onto the "wait list" if you intend on competing in the Throws Pent if offered. Instructions to enter will be emailed.

## THROWS FEST #3 (YEAR END FINALE) - **SEPTEMBER 27, 2025** - 8:30-17:30

#### **Limited Entries**

#### \*\*Please only choose Throws Pentathlon or Individual Events for initital registration.

Add yourself to the waitlist once the event is full. Those already entered will be offered the opportunity to register for additional events during the "late entry" period at the regular entry fee price. \*\*

14 available slots for Throws Pentathlon. Priority given to Masters competitors, then Open, U20, U18, and U16.

8 available slots each for discus, hammer, shot put, and javelin. Para athletes are included in this number. (Para ambulatory athletes please enter as Senior.)

Registration available on Trackie.ca. Scratches before deadline will be refunded. Add your name to the wait list if an event is already full in case of scratches.

**Meet Director: Rachel Andres** Email mail@rachelandres.ca

Athletics Alberta Sanctioned World Para Athletics Approved World Athletics Sanctioned

**Equipment Weigh-in: Dale Schoenthaler** 

# **Entry Fees:**

Throws Pentathlon All age groups: \$60

Individual Events
All age groups: \$30 per event



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# CALTAF THROWS FEST SERIES 2025

## **TENTATIVE SCHEDULES**

#### THROWS FEST #1 AUGUST 30, 2025 - 8:30-17:30

Pentathlon Weigh-In 8:30am (event weigh-in available throughout the day)

Throws Pentathlon 9:00am-12:30pm

Seated Shot Put 9:00am Open Shot Put 11:10am

Seated Javelin/Discus 11:50am

LUNCH BREAK 12:30-1:00pm

Long Jump 1:00pm

Open Javelin 1:00pm

Open Discus 2:00pm

Open Hammer 3:30pm

**Invite Discus 5:00pm (limit 6)** 

## THROWS FEST #2 SEPTEMBER 13, 2025 - 8:30-17:30

\*note schedule will emulate Throws #1 if Pent added\* Weigh-In Starts at 8:30am

Seated Javelin/Discus 9:00am

Long Jump 9:00am

Shot Put 10:30am

**Invite Discus 11:00am (limit 6)** 

Hammer 12:00pm

**Seated Shot Put 12:00pm** 

LUNCH BREAK 12:30-1:00pm

**Invite Shot Put 1:15pm (limit 6)** 

Javelin 1:30pm

**Seated Discus 2:15pm** 

Discus 3:20pm

#### **THROWS FEST #3 (YEAR END FINALE) - SEPTEMBER 27, 2025 - 8:30-17:30**

Pentathlon Weigh-In 8:30am

(event weigh-in available throughout the day)

Throws Pentathlon 9:00am-12:30pm

**Seated Shot Put 9:00am** 

Open Shot Put 11:10am

**Seated Discus 11:50am** 

LUNCH BREAK 12:30-1:00pm

Long Jump 1:00pm

**Open Javelin 1:00pm** 

**Open Discus 2:15pm** 

**Open Hammer 4:00pm** 

Invite Discus 5:00pm (limit 6)

Throwers 4x50m OR 50m dash\*

\*Special event started in 2024 at the close of the final event. Teams created on the spot. Winning team will receive individual prizes of \$25 each (\$100 total for winning relay team)! No entry required. Just be there!\*

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