



2025 London Western Twilight Series

Medway High School Track – Arva, ON

TWILIGHT MEET #1 – Wednesday, June 18th, 2025

TWILIGHT MEET #2 – Wednesday, August 13th, 2025

Technical Information

Meet Director: Scott MacDonald – scottmacclwtfc@gmail.com 613-222-5674

Sanctioned: Athletics Canada, Athletics Ontario



Events: Twilight Meet #1 – 6:00 pm Start
80m/100m, 300m/400m, 1200m/1500m
Long Jump, Discus

Twilight Meet #2 – 6:00 pm Start
100m/200m, 800m, 2000m
Long Jump, Discus

Rules: World Athletics rules and regulations will be followed.

Check-in: All athletes will be checked in at their event area or start line 15 minutes in advance of the start.

Results: A link to live results will be available at www.londonwesterntfc.com/host-meets

