

**Students MUST be greater than the Minimum Standards to
be sent to District Track Meet**

EVENT	GENDER	AGE	MINIMUM
100m	Girls	10	
		11	
		12	
		13	
100m	Boys	10	
		11	
		12	
		13	
400m	Girls	10	1:45 min:sec
		11	1:30 min:sec
		12	1:30 min:sec
		13	1:25 min:sec
	Boys	10	1:45 min:sec
		11	1:35 min:sec
		12	1:30 min:sec
		13	1:20 min:sec
1000m	Girls	10	5:30 mins
		11	5:20 mins
		12	5:15 mins
		13	5:00 mins
	Boys	10	5:00 mins
		11	4:45 mins
		12	4:45 mins
		13	4:45 mins

EVENT	GENDER	AGE	MINIMUM
Long Jump	Girls	10	2.2 m
		11	2.3 m
		12	2.7 m
		13	2.8 m
	Boys	10	2.4 m
		11	2.4 m
		12	2.8 m
		13	3.1 m
Triple Jump	Girls	10	4.50 m
		11	5.0 m
		12	5.6 m
		13	5.8 m
	Boys	10	4.75 m
		11	5.8 m
		12	6.0 m
		13	6.7 M
Shot Put	Girls	10 2kg	4.2 m
		11 2kg	5.0 m
		12 3kg	5.4 m
		13 3kg	6.0 m
Shot Put	Boys	10 2kg	5.2 m
		11 2kg	6.5 m
		12 3kg	6.8 m
		13 3kg	7.5 m

100 m just send you top 5,4,3,2,or 1. If
number 4 was way behind at the finish
just send 1,2,3. When you register-put their
place not their time