

SSNS Highland Regional Track & Field Championships 2025

5/23/2025 to 5/24/2025

Results

Event 1 Girls 80 Meter Hurdles 30" Junior

Regional: 14.44 2014 Maddie Campbell

Regionals 19: 14.44 2014 Maddie Campbell

Name	School	Finals
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Finals

1	#37 Jessie Beaton	Bayview Educ	16.78
2	#107 Sophia Brown	Cape Breton	16.93
3	#254 Sophia Best	Malcolm Munr	17.02
4	#27 Rachel Murphy	Baddeck Acad	17.21
5	#534 Halle Walkins	Whycocomagh	17.22
6	#249 Emily Nickerson	Inverness Ed	17.63
7	#252 Rita Aikens	Malcolm Munr	17.66
8	#39 Briar Brear	Bayview Educ	17.71
9	#16 Kennedy Macaskill	Baddeck Acad	18.00
10	#46 Annabelle Macdonald	Bayview Educ	18.10
11	#145 Madelyn Vallis	Cape Breton	18.15
11	#22 Maya MacLeod	Baddeck Acad	18.15
13	#527 Bonnie MacLennan	Whycocomagh	18.21
14	#517 Kayla Gillis	Whycocomagh	18.49
15	#480 Quinn Fougere	Tamarac Educ	18.51
16	#496 Natalie Vieluf	Tamarac Educ	19.29
17	#140 Alexa Shaw	Cape Breton	19.38
18	#489 Jada MacRae	Tamarac Educ	19.39
19	#218 Sophie Deveau	Ecole Nda	19.46
20	#502 Hadassah Ikenefula	Whitney Pier	19.96

Event 2 Girls 80 Meter Hurdles 30" Intermediate

Regional: 15.36 5/24/2024 Mattea MacKinnon

Regionals 19: 14.18 2016 Maddie Campbell

Name	School	Finals
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Finals

1	#374 Julia Macdonald	Riverview Hi	15.62
2	#143 Anna Sigvaldason	Cape Breton	16.09
3	#367 Lindsay Hennick	Riverview Hi	16.26
4	#169 Zoey Gallant	Dalbrae Acad	16.45
5	#459 Bridgette Whitty	Strait Area	17.12
6	#390 Chloe Mugford	Riverview Hi	18.15
7	#343 Brooklyn Skinner	Richmond Aca	18.30
8	#111 Molly Chiasson	Cape Breton	19.02
9	#448 Alexis Morgan	Strait Area	19.15
10	#195 Tara Penny	Dalbrae Acad	19.55
11	#168 Lilah Gallant	Dalbrae Acad	20.66

Event 3 Girls 100 Meter Hurdles 30" Yellow Senior

Regional: 17.91 2023 Ava Ross

Regionals 19: 14.31 2015 Brianna Dunn

Name	School	Finals
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Finals

1	#377 Mattea MacKinnon	Riverview Hi	19.59
2	#248 Brea Miller	Inverness Ed	20.46
3	#446 Raya Matheson	Strait Area	20.54
4	#457 Brooke Wadden	Strait Area	21.57
5	#369 Maggie Kelly	Riverview Hi	22.00
6	#427 Faith Hamilton	Strait Area	22.15
7	#397 Julia Sabria Blanco	Riverview Hi	22.72

8 #245 Chrissy MacKinnon Inverness Ed 24.00

Event 4 Boys 80 Meter Hurdles 30" Junior

Regional: 13.34 5/24/2024 Lucas Holloway

Regionals 19: 17.35 2014 Fraser MacLeod

Name	School	Finals
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Finals

1	#21 Alex MacLeod	Baddeck Acad	16.10
2	#40 Bentley Cameron	Bayview Educ	16.11
3	#478 Anthony Emad	Tamarac Educ	16.36
4	#481 Sean Hadley	Tamarac Educ	16.45
5	#513 Max Bernard	Whycocomagh	16.89
6	#472 Hamza Birkdar	Tamarac Educ	16.94
7	#269 Parker Reid	Malcolm Munr	17.24
8	#125 Mac MacLellan	Cape Breton	17.37
9	#529 Carson Macneil- Vla	Whycocomagh	17.59
10	#35 Reid Anstey	Bayview Educ	17.70
11	#56 Brier Nadasdi	Bayview Educ	19.02
12	#31 Lewis Smith	Baddeck Acad	19.61
13	#136 Rafael Pemberton	Cape Breton	20.82
14	#242 Brett MacGillivray	Inverness Ed	21.08
15	#247 Tanner MacLennan	Inverness Ed	24.90

Event 5 Boys 100 Meter Hurdles 33" Yellow Intermediate

Regional: 14.47 5/24/2024 Mark Badro

Regionals 19: 15.57 2014 Leland Murphy

Name	School	Finals
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Finals

1	#465 Lucas Holloway	Sydney Acade	18.41
2	#420 John Castle	Strait Area	18.99
3	#123 Nevin Ingraham-Phil	Cape Breton	19.91
4	#26 Luke Morrison	Baddeck Acad	19.99
5	#158 Noah Beaton	Dalbrae Acad	21.03
6	#433 Ben Landry	Strait Area	21.19
7	#127 Ezra MacNeil	Cape Breton	21.23
8	#23 Zachary MacRae	Baddeck Acad	21.57
9	#378 Connor MacLean	Riverview Hi	21.93
10	#186 John Hugh Macinnni	Dalbrae Acad	24.49
11	#116 Finley Doyle	Cape Breton	32.13

Event 6 Boys 110 Meter Hurdles 36" Blue Senior

Regional: 17.63 2023 Ethan MacLean

Regionals 19: 15.55 2015 Leland Murphy

Name	School	Finals
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Finals

1	#110 Allan Chiasson	Cape Breton	20.57
2	#400 Lauchlan Stuart	Riverview Hi	21.07
3	#450 Cesar Olmos Benitez	Strait Area	21.24
4	#438 Luke Macdonell	Strait Area	21.46
5	#435 Will Langdon	Strait Area	21.47
6	#360 Anthony Depodesta	Riverview Hi	22.52
7	#362 Craig Duschene	Riverview Hi	22.60
8	#130 Alvaro Martin-Marti	Cape Breton	23.69

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Results

Event 7 Girls 400 Meter Dash Junior

Regional: 1:03.83 5/24/2024 Norah Macdonald

Name	School	Finals
Finals		
1 #262 Norah Macdonald	Malcolm Munr	1:05.59
2 #483 Rebecca Keefe	Tamarac Educ	1:09.44
3 #259 Avery Kelloway	Malcolm Munr	1:09.87
4 #487 Kaelyn MacLeod	Tamarac Educ	1:10.93
5 #214 Evelyn Power	Dr. T.L. Sulliva	1:13.27
6 #25 Bridget Morrison	Baddeck Acad	1:13.34
7 #49 Penny Macdonald	Bayview Educ	1:14.13
8 #490 Amie Mariner	Tamarac Educ	1:14.50
9 #534 Halle Walkins	Whycocomagh	1:15.58
10 #45 Madelyn Hawley	Bayview Educ	1:15.83
11 #264 Macey Macpherson	Malcolm Munr	1:16.98
12 #514 Catherine Boyd	Whycocomagh	1:18.07
13 #112 Marley Coady	Cape Breton	1:18.29
14 #22 Maya MacLeod	Baddeck Acad	1:19.12

Event 8 Boys 400 Meter Dash Junior

Regional: 58.83 Brad Chandler

Name	School	Finals
Finals		
1 #515 Carter Decoste	Whycocomagh	1:00.78
2 #44 Ashton Hawley	Bayview Educ	1:02.72
3 #15 James Loomer	Baddeck Acad	1:04.69
4 #273 Aiden Wheaton	Malcolm Munr	1:05.46
5 #266 Jackson Morrison	Malcolm Munr	1:05.94
6 #102 Finn Watt	Cabot Educat	1:07.79
7 #476 Jamil Dalati	Tamarac Educ	1:07.93
8 #333 Cooper Farrow	Richmond Aca	1:08.89
9 #478 Anthony Emad	Tamarac Educ	1:10.93
10 #125 Mac MacLellan	Cape Breton	1:15.41
11 #529 Carson Macneil- Vla	Whycocomagh	1:16.85
--- #472 Hamza Birkdar	Tamarac Educ	DNF

Event 9 Girls 400 Meter Dash Intermediate

Regional: 1:03.77 5/24/2024 Ava Macdonald

Name	School	Finals
Finals		
1 #182 Madison MacEacher	Dalbrae Acad	1:06.50
2 #449 Mary Morin	Strait Area	1:09.15
3 #367 Lindsay Hennick	Riverview Hi	1:10.50
4 #9 Kamryn Fownes	Baddeck Acad	1:11.36
5 #436 Sophie Langley	Strait Area	1:12.28
6 #396 Karley Ross	Riverview Hi	1:12.30
7 #459 Bridgette Whitty	Strait Area	1:12.87
8 #328 Kristen Redden	Rankin Schoo	1:12.90
9 #34 Madeleine Wiese	Baddeck Acad	1:13.52
10 #73 Anna Kaupp	Breton Educa	1:14.89
11 #160 Isabel Calder	Dalbrae Acad	1:18.26
12 #226 Addison Duff	Glance Bay Hi	1:22.23
13 #345 Miriam Welz	Richmond Aca	1:24.78
14 #344 Louisa Welz	Richmond Aca	1:29.42

Event 10 Boys 400 Meter Dash Intermediate

Regional: 53.17 5/24/2024 Alex Arsenault

Name	School	Finals
Finals		
1 #358 Connor Daye	Riverview Hi	56.29
2 #3 Emmett Buchanan	Baddeck Acad	56.88
3 #359 Luke Daye	Riverview Hi	57.85
4 #465 Lucas Holloway	Sydney Acade	59.19
5 #194 Sawyer Nadasdi	Dalbrae Acad	1:00.13
6 #178 Kieran Macdonald	Dalbrae Acad	1:00.77
7 #176 Aiden Macdonald	Dalbrae Acad	1:00.96
8 #380 Jackson MacLellan	Riverview Hi	1:04.09
9 #80 Aidan Oliver	Breton Educa	1:06.86
10 #339 Bryson Mombourque	Richmond Aca	1:10.40
11 #72 Juan Garcia	Breton Educa	1:12.84

Event 11 Girls 400 Meter Dash Senior

Regional: 1:03.26 2015 Beth Cholock

Name	School	Finals
Finals		
1 #373 Ava Macdonald	Riverview Hi	1:02.70
2 #68 Matilde Columbo	Breton Educa	1:06.99
3 #440 Leila Macmanus	Strait Area	1:07.43
4 #14 Petra LeBlanc	Baddeck Acad	1:07.64
5 #395 Melia Roberts	Riverview Hi	1:09.72
6 #81 Neely Pheiffer	Breton Educa	1:14.32
7 #183 Savannah MacEache	Dalbrae Acad	1:16.06
8 #361 Carlotta Dotsch	Riverview Hi	1:17.87
9 #162 Kendall Cameron	Dalbrae Acad	1:21.65
10 #429 Brooklyn Kersten	Strait Area	1:22.54
11 #340 Kate Mombourquette	Richmond Aca	1:24.70

Event 12 Boys 400 Meter Dash Senior

Regional: 53.54 2011 Devin Kirton

Name	School	Finals
Finals		
1 #348 Alex Arsenault	Riverview Hi	53.65
2 #442 Cooper MacNeil	Strait Area	55.63
3 #154 Nathan Anstey	Dalbrae Acad	58.18
4 #152 Ciaran McDonald	Centre Scol.	58.96
5 #435 Will Langdon	Strait Area	59.09
6 #64 Aydin Baykan	Breton Educa	1:01.11
7 #161 Jayden Cameron	Dalbrae Acad	1:01.37
8 #336 Blake Landry	Richmond Aca	1:02.97
9 #337 Avery LeBlanc	Richmond Aca	1:04.29
10 #360 Anthony Depodesta	Riverview Hi	1:04.39
11 #303 Eric Cheung	Munro Academ	1:06.47
12 #452 Emmanuel Olowoley	Strait Area	1:06.53
13 #230 Keigan Morrison	Glance Bay Hi	1:07.51
14 #91 Kayden Kavanaugh	Cabot Educat	1:08.15
15 #286 Peyton Keeping	Memorial Hig	1:11.90

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Event 13 Girls 100 Meter Dash Junior

Regional: 13.26 5/20/2022 Ella Barry

Name	School	Prelims
Preliminaries		
1 #487 Kaelyn MacLeod	Tamarac Educ	15.08Q
2 #37 Jessie Beaton	Bayview Educ	15.67Q
3 #413 Ella Mills	Sherwood Par	15.37Q
4 #223 Rhyan Paul	Eskasoni Element	15.90Q
5 #522 Gracie Kenny	Whycocomagh	15.46Q
6 #214 Evelyn Power	Dr. T.L. Sulliva	15.96Q
7 #255 Zoe Burman	Malcolm Munr	15.54q
8 #483 Rebecca Keefe	Tamarac Educ	15.58q
9 #521 Veronica Kennedy	Whycocomagh	15.73
10 #61 Elise Angione	Breton Educa	15.98
11 #261 Jena Macaulay	Malcolm Munr	16.06
12 #41 Avery Campbell	Bayview Educ	16.11
13 #48 Maggie Macdonald	Bayview Educ	16.19
14 #534 Halle Walkins	Whycocomagh	16.66
15 #252 Rita Aikens	Malcolm Munr	17.20
16 #69 Sophie Corbett	Breton Educa	17.58

Event 13 Girls 100 Meter Dash Junior

Regional: 13.26 5/20/2022 Ella Barry

Name	School	Finals
Finals		
1 #413 Ella Mills	Sherwood Par	14.93
2 #487 Kaelyn MacLeod	Tamarac Educ	15.05
3 #37 Jessie Beaton	Bayview Educ	15.40
4 #483 Rebecca Keefe	Tamarac Educ	15.45
5 #522 Gracie Kenny	Whycocomagh	15.54
6 #223 Rhyan Paul	Eskasoni Element	15.78
7 #214 Evelyn Power	Dr. T.L. Sulliva	15.82
8 #255 Zoe Burman	Malcolm Munr	16.12

Event 14 Boys 100 Meter Dash Junior

Regional: 11.97 2010 Shane Cameron

Name	School	Prelims
Preliminaries		
1 #518 Peyton Googoo	Whycocomagh	13.64Q
2 #44 Ashton Hawley	Bayview Educ	13.90Q
3 #472 Hamza Birkdar	Tamarac Educ	13.92Q
4 #269 Parker Reid	Malcolm Munr	14.09Q
5 #476 Jamil Dalati	Tamarac Educ	14.16Q
6 #515 Carter Decoste	Whycocomagh	14.21Q
7 #40 Bentley Cameron	Bayview Educ	14.24q
8 #21 Alex MacLeod	Baddeck Acad	14.29q
9 #266 Jackson Morrison	Malcolm Munr	14.33
10 #302 Silas Carabin	Munro Academ	14.40
11 #273 Aiden Wheaton	Malcolm Munr	14.48
12 #532 Lucas Poole	Whycocomagh	14.71
13 #36 Drew Beaton	Bayview Educ	14.75
14 #147 Dylon Barry	Centre Scol.	15.24
15 #102 Finn Watt	Cabot Educat	15.34

Event 14 Boys 100 Meter Dash Junior

Regional: 11.97 2010 Shane Cameron

Name	School	Finals
Finals		
1 #518 Peyton Googoo	Whycocomagh	14.08
2 #40 Bentley Cameron	Bayview Educ	14.33
3 #44 Ashton Hawley	Bayview Educ	14.44
4 #21 Alex MacLeod	Baddeck Acad	14.53
5 #472 Hamza Birkdar	Tamarac Educ	14.58
6 #476 Jamil Dalati	Tamarac Educ	14.59
7 #515 Carter Decoste	Whycocomagh	14.79
8 #269 Parker Reid	Malcolm Munr	14.86

Event 15 Girls 100 Meter Dash Intermediate

Regional: 12.53 2010 Hayley Wilson

Name	School	Prelims
Preliminaries		
1 #300 Jade Vickers	Memorial Hig	13.66Q
2 #398 Charley Sawlor	Riverview Hi	14.64Q
3 #406 Maggie Williams	Riverview Hi	14.55Q
4 #184 Danni MacInnis	Dalbrae Acad	14.82Q
5 #201 Scotia Vandenheuval	Dalbrae Acad	15.08Q
5 #463 Ava Carew	Sydney Acade	15.08Q
7 #246 Kathryn MacKinnon	Inverness Ed	15.12q
8 #374 Julia Macdonald	Riverview Hi	15.39q
9 #143 Anna Sigvaldason	Cape Breton	15.52
10 #250 Taylor Pringle	Inverness Ed	15.53
11 #169 Zoey Gallant	Dalbrae Acad	15.63
12 #459 Bridgette Whitty	Strait Area	15.90
13 #343 Brooklyn Skinner	Richmond Aca	16.14
14 #326 Mary Margaret MacI	Rankin Schoo	16.68

Event 15 Girls 100 Meter Dash Intermediate

Regional: 12.53 2010 Hayley Wilson

Name	School	Finals
Finals		
1 #300 Jade Vickers	Memorial Hig	14.16
2 #406 Maggie Williams	Riverview Hi	14.80
3 #398 Charley Sawlor	Riverview Hi	14.82
4 #246 Kathryn MacKinnon	Inverness Ed	15.16
5 #201 Scotia Vandenheuval	Dalbrae Acad	15.21
6 #184 Danni MacInnis	Dalbrae Acad	15.27
7 #463 Ava Carew	Sydney Acade	15.65
8 #374 Julia Macdonald	Riverview Hi	15.75

Event 16 Boys 100 Meter Dash Intermediate

Regional: 11.49 5/20/2022 Anthony Phillips

Name	School	Prelims
Preliminaries		
1 #352 Elijah Best	Riverview Hi	12.16Q
2 #465 Lucas Holloway	Sydney Acade	12.75Q
3 #236 Ryan Davidson	Inverness Ed	12.67Q
4 #178 Kieran Macdonald	Dalbrae Acad	13.43Q
5 #177 Hunter Macdonald	Dalbrae Acad	12.81Q
6 #454 Gavin Roach	Strait Area	13.62Q

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Preliminaries ... (Event 16 Boys 100 Meter Dash Intermediate)

	Name	School	Prelims
6	#176 Aiden Macdonald	Dalbrae Acad	13.62Q
8	#13 Jacob LeBlanc	Baddeck Acad	13.29q
9	#433 Ben Landry	Strait Area	13.52
10	#80 Aidan Oliver	Breton Educa	13.67
11	#30 Adam Smith	Baddeck Acad	13.69
12	#380 Jackson MacLellan	Riverview Hi	13.85
13	#420 John Castle	Strait Area	14.01
14	#234 Syd Worthington	Glance Bay Hi	14.23
15	#72 Juan Garcia	Breton Educa	14.69
16	#338 Lucas Leroux	Richmond Aca	14.90

Event 16 Boys 100 Meter Dash Intermediate**Regional: 11.49 5/20/2022 Anthony Phillips**

	Name	School	Finals
Finals			
1	#352 Elijah Best	Riverview Hi	12.72
2	#178 Kieran Macdonald	Dalbrae Acad	13.02
3	#465 Lucas Holloway	Sydney Acade	13.11
4	#236 Ryan Davidson	Inverness Ed	13.22
5	#177 Hunter Macdonald	Dalbrae Acad	13.31
6	#13 Jacob LeBlanc	Baddeck Acad	13.86
7	#454 Gavin Roach	Strait Area	13.89
8	#176 Aiden Macdonald	Dalbrae Acad	13.90

Event 17 Girls 100 Meter Dash Senior**Regional: 12.84 2013 Hayley Wilson**

	Name	School	Prelims
Preliminaries			
1	#373 Ava Macdonald	Riverview Hi	13.53Q
2	#383 Rhysa Marinelli	Riverview Hi	14.53Q
3	#350 Ella Barry	Riverview Hi	13.96Q
4	#305 Abigail Fenton	Munro Academ	15.08Q
5	#275 Emma Morrison	Margaree Chr	14.44Q
6	#248 Brea Miller	Inverness Ed	15.27Q
7	#119 Meara Gibbon	Cape Breton	15.17q
8	#191 Breagha MacLellan	Dalbrae Acad	15.38q
9	#440 Leila Macmanus	Strait Area	15.47
10	#427 Faith Hamilton	Strait Area	15.58
11	#233 Ella Samuel	Glance Bay Hi	16.05
12	#85 Jasmine Ukandu	Breton Educa	16.14
13	#322 Asher Lemoine	Rankin Schoo	16.29
14	#155 Carly Beaton	Dalbrae Acad	16.95

Event 17 Girls 100 Meter Dash Senior**Regional: 12.84 2013 Hayley Wilson**

	Name	School	Finals
Finals			
1	#373 Ava Macdonald	Riverview Hi	13.80
2	#350 Ella Barry	Riverview Hi	14.18
3	#383 Rhysa Marinelli	Riverview Hi	14.69
4	#305 Abigail Fenton	Munro Academ	15.37
5	#275 Emma Morrison	Margaree Chr	15.41
6	#248 Brea Miller	Inverness Ed	15.71

Event 18 Boys 100 Meter Dash Senior**Regional: 11.30 5/24/2019 Braeden Hiscock**

	Name	School	Prelims
Preliminaries			
1	#404 Elliott Todd	Riverview Hi	12.55Q
2	#110 Allan Chiasson	Cape Breton	13.32Q
3	#442 Cooper MacNeil	Strait Area	13.10Q
4	#181 Finley MacDougall	Dalbrae Acad	13.62Q
5	#450 Cesar Olmos Benitez	Strait Area	13.12Q
6	#152 Ciaran McDonald	Centre Scol.	14.11Q
7	#175 Kyle Levesconte	Dalbrae Acad	13.22q
8	#197 Gavin Spears	Dalbrae Acad	13.23q
9	#451 Ay Olowoleye	Strait Area	13.38
10	#388 Kyle Moore	Riverview Hi	13.92
11	#225 Ryder Cosnick	Glance Bay Hi	14.14
12	#290 Brayden Macdonald	Memorial Hig	14.15
13	#130 Alvaro Martin-Marti	Cape Breton	14.21
14	#91 Kayden Kavanaugh	Cabot Educat	14.48
15	#64 Aydin Baykan	Breton Educa	14.56

Event 18 Boys 100 Meter Dash Senior**Regional: 11.30 5/24/2019 Braeden Hiscock**

	Name	School	Finals
Finals			
1	#404 Elliott Todd	Riverview Hi	12.77
2	#442 Cooper MacNeil	Strait Area	13.05
3	#110 Allan Chiasson	Cape Breton	13.16
4	#197 Gavin Spears	Dalbrae Acad	13.36
5	#181 Finley MacDougall	Dalbrae Acad	13.53
6	#450 Cesar Olmos Benitez	Strait Area	13.56
7	#152 Ciaran McDonald	Centre Scol.	13.75

Event 19 Girls 1500 Meter Run Junior**Regional: 4:54.25 5/24/2019 Ella Bottomley**

	Name	School	Finals
Finals			
1	#261 Jena Macaulay	Malcolm Munr	6:02.10
2	#271 Rory Stockley	Malcolm Munr	6:03.73
3	#484 Summer Kersten	Tamarac Educ	6:15.55
4	#24 Veida Moore	Baddeck Acad	6:17.84
5	#48 Maggie Macdonald	Bayview Educ	6:24.64
6	#54 Julia MacLellan	Bayview Educ	6:27.44
7	#307 Sadie MacLeod	Munro Academ	6:38.91
8	#533 Lucy Vanzutphen	Whycocomagh	6:39.16
9	#497 Reese Wadden	Tamarac Educ	6:44.25
10	#18 Sadie Macdonald	Baddeck Acad	6:54.38
11	#468 Emily Herridge	Sydney Mines	6:55.73
12	#490 Amie Mariner	Tamarac Educ	6:55.76
13	#55 Emma MacPhail	Bayview Educ	6:59.34
14	#107 Sophia Brown	Cape Breton	7:00.41
15	#74 Claire Kaupp	Breton Educa	7:07.41
---	#508 Lyla Penney	Whitney Pier	DNF

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Event 20 Boys 1500 Meter Run Junior

Regional: 4:57.75 5/24/2024 Sawyer Nadasdi

Name	School	Finals
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Finals

1	#251 Ben Swinkels	Inverness Ed	5:22.08
2	#310 Ranveer Singh	Munro Academ	5:30.78
3	#125 Mac MacLellan	Cape Breton	5:35.12
4	#15 James Loomer	Baddeck Acad	5:36.74
5	#477 Blake Ding	Tamarac Educ	5:36.98
6	#31 Lewis Smith	Baddeck Acad	5:40.73
7	#217 Dylan Mombourquet	East Richmon	5:48.58
8	#488 Nolan MacNeil	Tamarac Educ	5:53.24
9	#492 Daniel Morin	Tamarac Educ	5:53.43
10	#42 Barrett Cook	Bayview Educ	5:54.14
11	#258 Samy Fashir	Malcolm Munr	5:54.28
12	#92 Noah Lemieux	Cabot Educat	6:00.55
13	#260 Kenzie Lahey	Malcolm Munr	6:05.86
14	#505 Rory Macaulay	Whitney Pier	6:16.56
15	#501 Elliot Gillis	Whitney Pier	6:17.46

Event 21 Girls 1500 Meter Run Intermediate

Regional: 5:14.63 5/24/2024 Petra LeBlanc

Name	School	Finals
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Finals

1	#436 Sophie Langley	Strait Area	5:51.61
2	#389 Kate Morgan	Riverview Hi	5:56.43
3	#449 Mary Morin	Strait Area	5:57.76
4	#73 Anna Kaupp	Breton Educa	6:11.13
5	#160 Isabel Calder	Dalbrae Acad	6:18.94
6	#353 Julia Brown	Riverview Hi	6:35.75
7	#384 Bailey McKay	Riverview Hi	6:40.62
8	#187 Katie Margaret MacI	Dalbrae Acad	6:56.02
9	#279 Ines Aubin	Memorial Hig	7:02.25
10	#244 Mary Mackay	Inverness Ed	7:22.96
---	#151 Rania Ghazlani	Centre Scol.	DNF
---	#82 Mahaut Pourbaix	Breton Educa	DNF

Event 22 Boys 1500 Meter Run Intermediate

Regional: 4:35.66 5/26/2023 Marcus Kelly

Name	School	Finals
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Finals

1	#359 Luke Daye	Riverview Hi	4:50.76
2	#194 Sawyer Nadasdi	Dalbrae Acad	4:51.29
3	#358 Connor Daye	Riverview Hi	4:51.44
4	#126 Will MacLellan	Cape Breton	5:19.20
5	#179 Liam Macdonald	Dalbrae Acad	5:24.23
6	#376 Sam MacIsaac	Riverview Hi	5:26.75
7	#417 Luke Boudreau	Strait Area	5:29.56
8	#127 Ezra MacNeil	Cape Breton	5:31.28
9	#172 Ethan Gillis	Dalbrae Acad	5:33.36
10	#430 Carter Kersten	Strait Area	5:39.00
11	#76 Sean Maccormick	Breton Educa	6:39.07
---	#418 Jonathan Bratschke	Strait Area	DNF

Event 23 Girls 1500 Meter Run Senior

Regional: 4:48.02 5/26/2023 Ella Bottomley

Name	School	Finals
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Finals

1	#14 Petra LeBlanc	Baddeck Acad	5:39.19
2	#377 Mattea MacKinnon	Riverview Hi	6:04.41
3	#81 Neely Pheiffer	Breton Educa	6:11.22
4	#402 Alyse Tierney	Riverview Hi	6:27.94
5	#200 Nina Tubman	Dalbrae Acad	6:44.77
6	#164 Lilyanna Cayer	Dalbrae Acad	6:46.51
7	#368 Madeline Kelly	Riverview Hi	7:00.78
8	#199 Beth Tubman	Dalbrae Acad	7:25.55
9	#429 Brooklyn Kersten	Strait Area	7:39.81
10	#138 Hannah Ross	Cape Breton	7:59.22

Event 24 Boys 1500 Meter Run Senior

Regional: 4:25.27 2015 Cullen MacInnis

Name	School	Finals
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Finals

1	#370 Marcus Kelly	Riverview Hi	4:37.39
2	#161 Jayden Cameron	Dalbrae Acad	5:13.00
3	#355 Nathan Campbell	Riverview Hi	5:24.66
4	#170 Hayden Gillies	Dalbrae Acad	5:25.41
5	#362 Craig Duschene	Riverview Hi	5:27.40
6	#122 Fynn Henke	Cape Breton	5:28.62
7	#438 Luke Macdonell	Strait Area	5:51.97
8	#421 Finley Chisholm-Bee	Strait Area	6:14.87

Event 25 Girls 200 Meter Dash Junior

Regional: 27.16 2010 Jessica Goswell

Name	School	Prelims
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Preliminaries

1	#262 Norah Macdonald	Malcolm Munr	28.05Q
2	#214 Evelyn Power	Dr. T.L. Sulliva	30.37Q
3	#487 Kaelyn MacLeod	Tamarac Educ	28.88Q
4	#521 Veronica Kennedy	Whycocomagh	30.57Q
5	#261 Jena Macaulay	Malcolm Munr	29.43Q
6	#45 Madelyn Hawley	Bayview Educ	31.36Q
7	#534 Halle Walkins	Whycocomagh	30.56q
8	#37 Jessie Beaton	Bayview Educ	30.73q
9	#265 Chloe Moore	Malcolm Munr	31.46
10	#107 Sophia Brown	Cape Breton	31.51
11	#527 Bonnie MacLennan	Whycocomagh	31.58
12	#61 Elise Angione	Breton Educa	31.81
13	#145 Madelyn Vallis	Cape Breton	32.72
14	#470 Brielle Macburnie	Sydney Mines	32.99
15	#22 Maya MacLeod	Baddeck Acad	33.36

Event 25 Girls 200 Meter Dash Junior

Regional: 27.16 2010 Jessica Goswell

Name	School	Finals
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Finals

1	#262 Norah Macdonald	Malcolm Munr	28.63
2	#261 Jena Macaulay	Malcolm Munr	29.38
3	#487 Kaelyn MacLeod	Tamarac Educ	29.58

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Results

Finals ... (Event 25 Girls 200 Meter Dash Junior)

	Name	School	Finals
4	#214 Evelyn Power	Dr. T.L. Sulliva	30.75
5	#521 Veronica Kennedy	Whycocomagh	30.99
6	#37 Jessie Beaton	Bayview Educ	31.27
7	#534 Halle Walkins	Whycocomagh	31.64
8	#45 Madelyn Hawley	Bayview Educ	31.93

Event 26 Boys 200 Meter Dash Junior

Regional: 25.83 2016 Broderick Murphy

	Name	School	Prelims
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Preliminaries

1	#273 Aiden Wheaton	Malcolm Munr	27.08Q
2	#269 Parker Reid	Malcolm Munr	27.74Q
3	#472 Hamza Birkdar	Tamarac Educ	27.18Q
4	#44 Ashton Hawley	Bayview Educ	27.92Q
5	#40 Bentley Cameron	Bayview Educ	28.16Q
6	#476 Jamil Dalati	Tamarac Educ	28.17Q
7	#302 Silas Carabin	Munro Academ	28.23q
8	#21 Alex MacLeod	Baddeck Acad	28.36q
9	#481 Sean Hadley	Tamarac Educ	28.73
10	#102 Finn Watt	Cabot Educat	29.06
11	#513 Max Bernard	Whycocomagh	29.35
12	#333 Cooper Farrow	Richmond Aca	29.88
13	#109 Emmett Carmichael	Cape Breton	32.03
---	#206 Alex Bonar	Dr. T.L. Sulliva	DNF

Event 26 Boys 200 Meter Dash Junior

Regional: 25.83 2016 Broderick Murphy

	Name	School	Finals
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Finals

1	#269 Parker Reid	Malcolm Munr	27.79
2	#40 Bentley Cameron	Bayview Educ	28.22
3	#21 Alex MacLeod	Baddeck Acad	28.27
4	#476 Jamil Dalati	Tamarac Educ	28.28
5	#302 Silas Carabin	Munro Academ	28.79
6	#44 Ashton Hawley	Bayview Educ	54.62

Event 27 Girls 200 Meter Dash Intermediate

Regional: 26.53 5/25/2024 Ava Macdonald

	Name	School	Prelims
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Preliminaries

1	#406 Maggie Williams	Riverview Hi	28.65Q
2	#398 Charley Sawlor	Riverview Hi	29.01Q
3	#182 Madison MacEacher	Dalbrae Acad	29.04Q
4	#34 Madeleine Wiese	Baddeck Acad	30.32Q
5	#201 Scotia Vandenheuval	Dalbrae Acad	29.12Q
6	#343 Brooklyn Skinner	Richmond Aca	30.40Q
7	#184 Danni MacInnis	Dalbrae Acad	30.08q
8	#294 Greta Parsons	Memorial Hig	30.09q
9	#328 Kristen Redden	Rankin Schoo	30.91
10	#396 Karley Ross	Riverview Hi	30.95
11	#9 Kamryn Fownes	Baddeck Acad	31.33
12	#459 Bridgette Whitty	Strait Area	31.42
13	#463 Ava Carew	Sydney Acade	32.82
14	#117 Mackenzie England	Cape Breton	35.56

Event 27 Girls 200 Meter Dash Intermediate

Regional: 26.53 5/25/2024 Ava Macdonald

	Name	School	Finals
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Finals

1	#406 Maggie Williams	Riverview Hi	28.57
2	#182 Madison MacEacher	Dalbrae Acad	28.78
3	#398 Charley Sawlor	Riverview Hi	29.34
4	#201 Scotia Vandenheuval	Dalbrae Acad	29.57
5	#343 Brooklyn Skinner	Richmond Aca	29.92
6	#34 Madeleine Wiese	Baddeck Acad	30.10
7	#294 Greta Parsons	Memorial Hig	30.59
8	#184 Danni MacInnis	Dalbrae Acad	31.74

Event 28 Boys 200 Meter Dash Intermediate

Regional: 24.06 2010 Logan Morrison

	Name	School	Prelims
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Preliminaries

1	#352 Elijah Best	Riverview Hi	24.54Q
2	#465 Lucas Holloway	Sydney Acade	24.85Q
3	#3 Emmett Buchanan	Baddeck Acad	24.97Q
4	#454 Gavin Roach	Strait Area	26.53Q
5	#236 Ryan Davidson	Inverness Ed	25.72Q
6	#30 Adam Smith	Baddeck Acad	26.91Q
7	#177 Hunter Macdonald	Dalbrae Acad	26.24q
8	#178 Kieran Macdonald	Dalbrae Acad	26.75q
9	#433 Ben Landry	Strait Area	26.83
10	#420 John Castle	Strait Area	26.98
11	#380 Jackson MacLellan	Riverview Hi	27.32
12	#234 Syd Worthington	Glance Bay Hi	27.38
13	#229 Noah Heffernan	Glance Bay Hi	28.98
14	#224 Hunter Clements	Glance Bay Hi	29.40

Event 28 Boys 200 Meter Dash Intermediate

Regional: 24.06 2010 Logan Morrison

	Name	School	Finals
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Finals

1	#352 Elijah Best	Riverview Hi	24.53
2	#465 Lucas Holloway	Sydney Acade	24.62
3	#3 Emmett Buchanan	Baddeck Acad	25.26
4	#236 Ryan Davidson	Inverness Ed	25.69
5	#177 Hunter Macdonald	Dalbrae Acad	26.33
6	#178 Kieran Macdonald	Dalbrae Acad	27.32
7	#30 Adam Smith	Baddeck Acad	27.53

Event 29 Girls 200 Meter Dash Senior

Regional: 26.61 2010 Chandra King

	Name	School	Prelims
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Preliminaries

1	#373 Ava Macdonald	Riverview Hi	27.14Q
2	#350 Ella Barry	Riverview Hi	28.24Q
3	#440 Leila Macmanus	Strait Area	28.21Q
4	#119 Meara Gibbon	Cape Breton	31.11Q
5	#248 Brea Miller	Inverness Ed	29.27Q
6	#183 Savannah MacEache	Dalbrae Acad	31.34Q
7	#422 Lainey Cummings	Strait Area	31.77q

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Preliminaries ... (Event 29 Girls 200 Meter Dash Senior)

Name	School	Prelims
8 #361 Carlotta Dotsch	Riverview Hi	31.80q
9 #155 Carly Beaton	Dalbrae Acad	32.01
10 #427 Faith Hamilton	Strait Area	32.71
11 #87 Juliette Bollard	Cabot Educat	35.03

Event 29 Girls 200 Meter Dash Senior

Regional: 26.61 2010 Chandra King

Name	School	Finals
Finals		
1 #373 Ava Macdonald	Riverview Hi	26.76
2 #350 Ella Barry	Riverview Hi	27.76
3 #440 Leila Macmanus	Strait Area	28.99
4 #248 Brea Miller	Inverness Ed	30.16
5 #119 Meara Gibbon	Cape Breton	31.26
6 #183 Savannah MacEache	Dalbrae Acad	31.42
7 #422 Lainey Cummings	Strait Area	32.31
8 #361 Carlotta Dotsch	Riverview Hi	32.37

Event 30 Boys 200 Meter Dash Senior

Regional: 22.76 5/27/2023 Anthony Phillips

Name	School	Prelims
Preliminaries		
1 #348 Alex Arsenault	Riverview Hi	24.13Q
2 #450 Cesar Olmos Benitez	Strait Area	25.04Q
3 #442 Cooper MacNeil	Strait Area	24.80Q
4 #175 Kyle Levesconte	Dalbrae Acad	25.34Q
5 #404 Elliott Todd	Riverview Hi	24.87Q
6 #204 Issac West	Dalbrae Acad	25.83Q
7 #197 Gavin Spears	Dalbrae Acad	25.90q
8 #225 Ryder Cosnick	Glac Bay Hi	26.12q
9 #298 Jacob Sharpe	Memorial Hig	26.34
10 #130 Alvaro Martin-Marti	Cape Breton	26.44
11 #336 Blake Landry	Richmond Aca	26.82
12 #425 Ezekiel Eden	Strait Area	26.85
13 #91 Kayden Kavanaugh	Cabot Educat	28.02
--- #282 Sam Gracie	Memorial Hig	DNF

Event 30 Boys 200 Meter Dash Senior

Regional: 22.76 5/27/2023 Anthony Phillips

Name	School	Finals
Finals		
1 #348 Alex Arsenault	Riverview Hi	24.44
2 #442 Cooper MacNeil	Strait Area	25.21
3 #404 Elliott Todd	Riverview Hi	25.54
4 #225 Ryder Cosnick	Glac Bay Hi	25.75
5 #175 Kyle Levesconte	Dalbrae Acad	25.99
6 #204 Issac West	Dalbrae Acad	26.55
7 #197 Gavin Spears	Dalbrae Acad	26.75
8 #450 Cesar Olmos Benitez	Strait Area	26.84

Event 31 Girls 800 Meter Run Junior

Regional: 2:28.29 5/25/2019 Ella Bottomley

Name	School	Finals
Finals		
1 #262 Norah Macdonald	Malcolm Munr	2:37.72
2 #259 Avery Kelloway	Malcolm Munr	2:41.42
3 #271 Rory Stockley	Malcolm Munr	2:43.37
4 #49 Penny Macdonald	Bayview Educ	2:44.05
5 #41 Avery Campbell	Bayview Educ	2:50.58
6 #45 Madelyn Hawley	Bayview Educ	2:51.49
7 #18 Sadie Macdonald	Baddeck Acad	2:57.97
8 #475 Kaiya Cooper	Tamarac Educ	2:58.04
9 #511 Emma Thompson	Whitney Pier	2:58.22
10 #24 Veida Moore	Baddeck Acad	2:58.64
11 #533 Lucy Vanzutphen	Whycocomagh	2:59.78
12 #498 Theresa Whitty	Tamarac Educ	2:59.90
13 #527 Bonnie MacLennan	Whycocomagh	3:03.34
14 #67 Liz Carrigan	Breton Educa	3:03.65
15 #468 Emily Herridge	Sydney Mines	3:17.15

Event 32 Boys 800 Meter Run Junior

Regional: 2:23.53 5/25/2024 Sawyer Nadasdi

Name	School	Finals
Finals		
1 #44 Ashton Hawley	Bayview Educ	2:36.99
2 #125 Mac MacLellan	Cape Breton	2:41.40
3 #488 Nolan MacNeil	Tamarac Educ	2:42.94
4 #251 Ben Swinkels	Inverness Ed	2:42.96
5 #258 Samy Fashir	Malcolm Munr	2:45.15
6 #35 Reid Anstey	Bayview Educ	2:46.71
7 #92 Noah Lemieux	Cabot Educat	2:47.25
8 #309 Ben Sifnakis	Munro Academ	2:53.49
9 #216 Charlie Ross	Dr. T.L. Sulliva	2:55.55
10 #505 Rory Macaulay	Whitney Pier	2:57.56

Event 33 Girls 800 Meter Run Intermediate

Regional: 2:34.94 2011 Olivia Gowan

Name	School	Finals
Finals		
1 #182 Madison MacEachern	Dalbrae Acad	2:42.07
2 #436 Sophie Langley	Strait Area	2:45.33
3 #449 Mary Morin	Strait Area	2:46.18
4 #73 Anna Kaupp	Breton Educa	2:47.54
5 #160 Isabel Calder	Dalbrae Acad	2:51.21
6 #399 Lizzie Skinner	Riverview Hi	2:54.30
7 #365 Allison Giorno	Riverview Hi	2:54.40
8 #384 Bailey McKay	Riverview Hi	2:56.50
9 #187 Katie Margaret MacI	Dalbrae Acad	3:10.33
10 #82 Mahaut Pourbaix	Breton Educa	3:10.63

Event 34 Boys 800 Meter Run Intermediate

Regional: 2:12.18 2013 Cullen MacInnis

Name	School	Finals
Finals		
1 #194 Sawyer Nadasdi	Dalbrae Acad	2:12.65

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Results

Finals ... (Event 34 Boys 800 Meter Run Intermediate)

	Name	School	Finals
2	#179 Liam Macdonald	Dalbrae Acad	2:23.63
3	#376 Sam MacIsaac	Riverview Hi	2:27.05
4	#126 Will MacLellan	Cape Breton	2:29.72
5	#418 Jonathan Bratschke	Strait Area	2:34.04
6	#417 Luke Boudreau	Strait Area	2:34.57
7	#172 Ethan Gillis	Dalbrae Acad	2:35.61
8	#401 Lucas Sultan	Riverview Hi	2:36.23
9	#235 Thomas Burke	Inverness Ed	2:37.78
10	#339 Bryson Mombourque	Richmond Aca	2:38.31
11	#76 Sean Maccormick	Breton Educa	3:04.20

Event 35 Girls 800 Meter Run Senior

Regional: 2:20.92 5/21/2022 Ella Bottomley

	Name	School	Finals
Finals			
1	#14 Petra LeBlanc	Baddeck Acad	2:34.70
2	#68 Matilde Columbo	Breton Educa	2:36.69
3	#81 Neely Pheiffer	Breton Educa	2:45.71
4	#164 Lilyanna Cayer	Dalbrae Acad	2:58.90
5	#402 Alyse Tierney	Riverview Hi	2:59.52
6	#162 Kendall Cameron	Dalbrae Acad	3:04.47
7	#200 Nina Tubman	Dalbrae Acad	3:06.93
8	#340 Kate Mombourquette	Richmond Aca	3:07.04
9	#429 Brooklyn Kersten	Strait Area	3:07.62
10	#369 Maggie Kelly	Riverview Hi	3:10.14
11	#405 Allison Wadden	Riverview Hi	3:15.30

Event 36 Boys 800 Meter Run Senior

Regional: 2:07.68 2016 Cullen MacInnis

	Name	School	Finals
Finals			
1	#348 Alex Arsenaault	Riverview Hi	2:07.92
2	#370 Marcus Kelly	Riverview Hi	2:08.10
3	#161 Jayden Cameron	Dalbrae Acad	2:16.76
4	#355 Nathan Campbell	Riverview Hi	2:17.67
5	#154 Nathan Anstey	Dalbrae Acad	2:18.66
6	#181 Finley MacDougall	Dalbrae Acad	2:34.29
7	#456 Fares Soualmi	Strait Area	2:37.94
8	#304 Jason Cheung	Munro Academ	2:38.67
9	#421 Finley Chisholm-Ber	Strait Area	2:39.06
10	#452 Emmanuel Olowoley	Strait Area	2:54.94

Event 37 Girls 4x100 Meter Relay Junior

Regional: 55.92 2011 Bayview

	Team	Relay	Finals
Finals			
1	Whycocomagh	A	57.09
2	Tamarac Educ	A	57.13
3	Malcolm Munr	A	57.29
4	Malcolm Munr	B	x57.57
5	Bayview Educ	A	58.11
6	Dr. T.L. Sulliva	A	1:00.62
7	Baddeck Academy	A	1:00.79
8	Cape Breton	A	1:01.01

9	Breton Educa	A	1:01.99
10	Whitney Pier	A	1:02.50
11	Inverness Ed	A	1:03.04
12	Sydney Mines	A	1:04.10
13	Cabot Educat	A	1:04.39
14	Rankin Schoo	A	1:07.82
---	Sherwood Par	A	X1:04.02

Event 38 Boys 4x100 Meter Relay Junior

Regional: 51.52 2016 Bayview

	Team	Relay	Finals
Finals			
1	Whycocomagh	A	52.34
2	Bayview Educ	A	53.16
3	Malcolm Munr	A	53.45
4	Tamarac Educ	A	53.92
5	Baddeck Academy	A	56.84
6	Cabot Educat	A	57.02
7	Centre Scol.	A	59.29
8	Whitney Pier	A	1:01.12
9	Cape Breton	A	1:02.01
10	Rankin Schoo	A	1:03.07
11	Inverness Ed	A	1:07.16

Event 39 Girls 4x100 Meter Relay Intermediate

Regional: 54.53 2010 Dalbrae

	Team	Relay	Finals
Finals			
1	Dalbrae Academy	A	56.14
2	Memorial High	A	56.71
3	Riverview High	A	56.73
4	Strait Area	A	57.91
5	Cape Breton	A	1:00.68
6	Rankin Schoo	A	1:03.63

Event 40 Boys 4x100 Meter Relay Intermediate

Regional: 49.15 2013 Saerc

	Team	Relay	Finals
Finals			
1	Dalbrae Academy	A	48.43
2	Strait Area	A	49.78
3	Riverview High	A	50.00
4	Baddeck Academy	A	51.66
5	Cape Breton	A	52.10
6	Inverness Ed	A	57.32

Event 41 Girls 4x100 Meter Relay Senior

Regional: 53.43 2015 Dalbrae

	Team	Relay	Finals
Finals			
1	Riverview High	A	56.38
2	Strait Area	A	57.16
3	Baddeck Academy	A	59.42
4	Dalbrae Academy	A	59.46
5	Cape Breton	A	1:01.57

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Event 42 Boys 4x100 Meter Relay Senior

Regional: 46.91 2015 Saerc

Team	Relay	Finals
Finals		
1 Strait Area	A	49.07
2 Riverview High	A	49.21
3 Dalbrae Academy	A	49.43
4 Cape Breton	A	51.11
5 Richmond Academy	A	52.26

Event 43 Girls 3000 Meter Run Junior

Regional: 10:56.40 5/25/2019 Ella Bottomley

Name	School	Finals
Finals		
1 #271 Rory Stockley	Malcolm Munr	12:51.89
2 #484 Summer Kersten	Tamarac Educ	12:59.59
3 #263 Alex MacNeil	Malcolm Munr	13:29.50
4 #48 Maggie Macdonald	Bayview Educ	13:33.04
5 #54 Julia MacLellan	Bayview Educ	13:59.17
6 #497 Reese Wadden	Tamarac Educ	14:13.18
7 #307 Sadie MacLeod	Munro Academ	14:22.17
8 #474 Ellie Cluett	Tamarac Educ	14:28.01
9 #468 Emily Herridge	Sydney Mines	14:58.54
10 #79 Tessa McNeil	Breton Educa	15:06.93

Event 44 Boys 3000 Meter Run Junior

Regional: 10:35.78 2011 Cullen MacInnis

Name	School	Finals
Finals		
1 #251 Ben Swinkels	Inverness Ed	11:19.36
2 #89 Finn Courage	Cabot Educat	11:26.02
3 #310 Ranveer Singh	Munro Academ	11:36.06
4 #125 Mac MacLellan	Cape Breton	11:37.63
5 #492 Daniel Morin	Tamarac Educ	11:41.96
6 #31 Lewis Smith	Baddeck Acad	11:48.44
7 #257 Faris Fashir	Malcolm Munr	11:57.93
8 #258 Samy Fashir	Malcolm Munr	12:17.61
9 #477 Blake Ding	Tamarac Educ	12:23.91
10 #488 Nolan MacNeil	Tamarac Educ	12:34.13
11 #59 Kessler Timmons	Bayview Educ	12:34.64
12 #56 Brier Nadasdi	Bayview Educ	12:40.62
13 #42 Barrett Cook	Bayview Educ	12:42.20
14 #260 Kenzie Lahey	Malcolm Munr	12:44.80
15 #523 Jacob Kenny	Whycocomagh	12:58.20
16 #525 Archie Macdonald	Whycocomagh	12:58.30
17 #330 Ethan Burch	Richmond Aca	13:12.83
18 #242 Brett MacGillivray	Inverness Ed	14:27.29
19 #308 William Mattheis	Munro Academ	14:40.11
--- #309 Ben Sifnakis	Munro Academ	DNF
--- #531 Gerald Poirier	Whycocomagh	DNF

Event 45 Girls 3000 Meter Run Intermediate

Regional: 11:33.15 5/25/2024 Petra LeBlanc

Name	School	Finals
Finals		
1 #389 Kate Morgan	Riverview Hi	12:28.97
2 #436 Sophie Langley	Strait Area	12:59.02
3 #160 Isabel Calder	Dalbrae Acad	13:01.60
4 #365 Allison Giorno	Riverview Hi	13:01.70
5 #351 Amelie Bates	Riverview Hi	15:03.15
6 #187 Katie Margaret MacI	Dalbrae Acad	15:11.33
7 #195 Tara Penny	Dalbrae Acad	16:35.84
8 #244 Mary Mackay	Inverness Ed	17:17.88

Event 46 Boys 3000 Meter Run Intermediate

Regional: 10:03.94 2011 Kyle Lefort

Name	School	Finals
Finals		
1 #359 Luke Daye	Riverview Hi	10:16.14
2 #194 Sawyer Nadasdi	Dalbrae Acad	10:18.34
3 #358 Connor Daye	Riverview Hi	10:40.36
4 #430 Carter Kersten	Strait Area	10:58.72
5 #172 Ethan Gillis	Dalbrae Acad	10:58.81
6 #126 Will MacLellan	Cape Breton	11:14.64
7 #417 Luke Boudreau	Strait Area	11:35.16
8 #376 Sam MacIsaac	Riverview Hi	12:14.78
9 #124 Pablo Lopez	Cape Breton	14:03.90

Event 47 Girls 3000 Meter Run Senior

Regional: 10:49.73 5/27/2023 Ella Bottomley

Name	School	Finals
Finals		
1 #14 Petra LeBlanc	Baddeck Acad	11:28.59
2 #377 Mattea MacKinnon	Riverview Hi	13:02.52
3 #81 Neely Pheiffer	Breton Educa	13:28.37
4 #395 Melia Roberts	Riverview Hi	14:07.40
5 #200 Nina Tubman	Dalbrae Acad	14:17.37
6 #340 Kate Mombourquette	Richmond Aca	14:24.41
7 #369 Maggie Kelly	Riverview Hi	14:44.26
8 #164 Lilyanna Cayer	Dalbrae Acad	15:03.31
9 #429 Brooklyn Kersten	Strait Area	15:31.78
10 #189 Emma MacLean	Dalbrae Acad	16:00.68

Event 48 Boys 3000 Meter Run Senior

Regional: 9:47.81 5/25/2019 Nolan Beaton

Name	School	Finals
Finals		
1 #370 Marcus Kelly	Riverview Hi	9:37.53
2 #161 Jayden Cameron	Dalbrae Acad	11:07.24
3 #355 Nathan Campbell	Riverview Hi	11:18.56
4 #170 Hayden Gillies	Dalbrae Acad	11:22.31
5 #362 Craig Duschene	Riverview Hi	11:46.43
6 #122 Fynn Henke	Cape Breton	12:19.68
7 #311 Jason Wang	Munro Academ	13:10.54

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Event 49 Girls 4x400 Meter Relay Junior**Regional: 4:40.85 5/27/2023 Tamarac Education Centre**

Team	Relay	Finals
Finals		
1 Whycocomagh	A	4:48.18
2 Tamarac Educ	A	4:49.46
3 Bayview Educ	A	4:59.01
4 Baddeck Academy	A	4:59.91
5 Dr. T.L. Sulliva	A	5:31.97
6 Sydney Mines	A	5:42.91
7 Sherwood Par	A	5:48.04

Event 50 Boys 4x400 Meter Relay Junior**Regional: 4:16.34 2015 Whycocomagh**

Team	Relay	Finals
Finals		
1 Sherwood Par	A	4:35.40
2 Bayview Educ	A	4:40.68
3 Whycocomagh	A	4:46.25
4 Tamarac Educ	A	4:46.80
5 Cabot Educat	A	4:48.32
6 Malcolm Munr	A	4:59.43
7 Richmond Academy	A	5:06.09
8 Inverness Ed	A	5:13.77

Event 51 Girls 4x400 Meter Relay Intermediate**Regional: 4:47.33 5/25/2019 Dalbrae Academy**

Team	Relay	Finals
Finals		
1 Strait Area	A	4:48.71
2 Riverview High	A	4:51.02
3 Dalbrae Academy	A	4:58.97

Event 52 Boys 4x400 Meter Relay Intermediate**Regional: 4:00.04 2010 Sydney Academy**

Team	Relay	Finals
Finals		
1 Dalbrae Academy	A	3:59.80
2 Riverview High	A	4:08.76
3 Strait Area	A	4:10.62
4 Cape Breton	A	4:20.93

Event 53 Girls 4x400 Meter Relay Senior**Regional: 4:37.17 2015 Dalbrae**

Team	Relay	Finals
Finals		
1 Riverview High	A	4:39.31
2 Dalbrae Academy	A	5:04.47
3 Baddeck Academy	A	5:06.82
4 Cape Breton	A	5:35.46

Event 54 Boys 4x400 Meter Relay Senior**Regional: 3:51.64 2013 Sydney Academy**

Team	Relay	Finals
Finals		
1 Riverview High	A	3:48.83

2 Strait Area	A	3:59.17
3 Dalbrae Academy	A	3:59.90
4 Richmond Academy	A	4:28.14

Event 55 Girls Long Jump Junior**Regional: 4.70m 1991 Lisa Murray**

Name	School	Finals
Finals		
1 #522 Gracie Kenny	Whycocomagh	4.32m
2 #483 Rebecca Keefe	Tamarac Educ	4.29m
3 #413 Ella Mills	Sherwood Par	4.05m
4 #17 Ruby Macdonald	Baddeck Acad	4.02m
5 #112 Marley Coady	Cape Breton	3.93m
6 #252 Rita Aikens	Malcolm Munr	3.92m
7 #254 Sophia Best	Malcolm Munr	3.91m
8 #475 Kaiya Cooper	Tamarac Educ	3.89m
9 #520 Laken Kennedy	Whycocomagh	3.81m
10 #140 Alexa Shaw	Cape Breton	3.64m
11 #265 Chloe Moore	Malcolm Munr	3.59m
12 #487 Kaelyn MacLeod	Tamarac Educ	3.58m
13 #67 Liz Carrigan	Breton Educa	3.52m
14 #5 Alli Campbell	Baddeck Acad	3.35m
15 #47 Kalia Macdonald	Bayview Educ	J3.35m

Event 56 Boys Long Jump Junior**Regional: 5.70m 5/24/2024 Elijah Best**

Name	School	Finals
Finals		
1 #518 Peyton Googoo	Whycocomagh	4.92m
2 #481 Sean Hadley	Tamarac Educ	4.54m
3 #266 Jackson Morrison	Malcolm Munr	4.48m
4 #513 Max Bernard	Whycocomagh	4.42m
5 #241 Alex MacGillivray	Inverness Ed	4.16m
6 #51 Malcolm MacInnis	Bayview Educ	4.08m
7 #89 Finn Courage	Cabot Educat	4.00m
8 #221 Tavyn Kabatay	Eskasoni Element	J4.00m
9 #210 Wesley Harvey	Dr. T.L. Sulliva	3.78m
10 #347 Emmett Spears-Sylib	Riverside El	3.76m
11 #478 Anthony Emad	Tamarac Educ	3.72m
12 #147 Dylon Barry	Centre Scol.	3.60m
13 #109 Emmett Carmichael	Cape Breton	3.43m
--- #36 Drew Beaton	Bayview Educ	FOUL

Event 57 Girls Long Jump Intermediate**Regional: 5.09m 2011 Haley Wilson**

Name	School	Finals
Finals		
1 #201 Scotia Vandenheuval	Dalbrae Acad	4.27m
2 #387 Brielle Moffatt	Riverview Hi	4.24m
3 #174 Jaelyn Kenny	Dalbrae Acad	4.22m
4 #143 Anna Sigvaldason	Cape Breton	4.10m
5 #137 Briley Romard	Cape Breton	3.91m
6 #182 Madison MacEachern	Dalbrae Acad	3.90m
7 #390 Chloe Mugford	Riverview Hi	3.83m
8 #351 Amelie Bates	Riverview Hi	3.67m
9 #463 Ava Carew	Sydney Acade	3.54m

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Results

Finals ... (Event 57 Girls Long Jump Intermediate)

	Name	School	Finals
10	#111 Molly Chiasson	Cape Breton	3.38m
11	#343 Brooklyn Skinner	Richmond Aca	3.30m
12	#238 Reina Macarthur	Inverness Ed	3.15m
13	#326 Mary Margaret MacI	Rankin Schoo	2.95m

Event 58 Boys Long Jump Intermediate

Regional: 6.03m 2010 Logan Morrison

	Name	School	Finals
Finals			
1	#352 Elijah Best	Riverview Hi	5.93m
2	#423 Charles Eager	Strait Area	5.03m
3	#453 Dylan Roach	Strait Area	4.97m
4	#13 Jacob LeBlanc	Baddeck Acad	4.85m
5	#186 John Hugh Macinnni	Dalbrae Acad	4.79m
6	#424 Lukas Eager	Strait Area	4.77m
7	#176 Aiden Macdonald	Dalbrae Acad	4.74m
8	#23 Zachary MacRae	Baddeck Acad	4.69m
9	#129 Raphael Malchow	Cape Breton	4.55m
10	#121 Jacob Hebb	Cape Breton	4.40m
11	#76 Sean Maccormick	Breton Educa	3.87m

Event 59 Girls Long Jump Senior

Regional: 5.21m 2016 Baillee Marcott

	Name	School	Finals
Finals			
1	#350 Ella Barry	Riverview Hi	4.68m
2	#275 Emma Morrison	Margaree Chr	4.55m
3	#248 Brea Miller	Inverness Ed	4.41m
4	#383 Rhysa Marinelli	Riverview Hi	4.23m
5	#457 Brooke Wadden	Strait Area	4.00m
6	#305 Abigail Fenton	Munro Academ	3.87m
7	#439 Ella MacIntyre	Strait Area	3.83m
8	#322 Asher Lemoine	Rankin Schoo	3.78m
9	#8 Tara Cox	Baddeck Acad	3.66m
10	#397 Julia Sabria Blanco	Riverview Hi	3.55m
11	#183 Savannah MacEache	Dalbrae Acad	3.34m
12	#192 Luna Mattner	Dalbrae Acad	3.21m
13	#193 Hannah Nadasdi	Dalbrae Acad	3.09m
---	#138 Hannah Ross	Cape Breton	FOUL

Event 60 Boys Long Jump Senior

Regional: 6.55m 5/24/2019 Dante Isadore

	Name	School	Finals
Finals			
1	#115 Mason Doucet	Cape Breton	5.47m
2	#394 Clark Reid	Riverview Hi	5.38m
3	#197 Gavin Spears	Dalbrae Acad	5.16m
4	#464 Shane Greencorn	Sydney Acade	5.13m
5	#152 Ciaran McDonald	Centre Scol.	5.07m
6	#435 Will Langdon	Strait Area	5.05m
7	#362 Craig Duschene	Riverview Hi	5.02m
8	#443 Nolan MacNeil	Strait Area	4.98m
9	#110 Allan Chiasson	Cape Breton	4.87m
10	#91 Kayden Kavanaugh	Cabot Educat	4.74m

11	#190 Neil MacLean	Dalbrae Acad	4.58m
12	#336 Blake Landry	Richmond Aca	4.25m
13	#425 Ezekiel Eden	Strait Area	4.14m

Event 61 Girls High Jump 1.15m Junior

Regional: 1.52m 1994 Shannon Bande-Ven

	Name	School	Finals
Finals			
1	#255 Zoe Burman	Malcolm Munr	1.30m
2	#261 Jena Macaulay	Malcolm Munr	1.25m
2	#107 Sophia Brown	Cape Breton	1.25m
2	#205 Alieyah Bolld	Dr. T.L. Sulliva	1.25m
5	#79 Tessa McNeil	Breton Educa	J1.25m
6	#521 Veronica Kennedy	Whycocomagh	J1.25m
7	#105 Quinn Bishop	Cape Breton	J1.25m
8	#520 Laken Kennedy	Whycocomagh	J1.25m
9	#46 Annabelle Macdonald	Bayview Educ	1.20m
9	#254 Sophia Best	Malcolm Munr	1.20m
9	#74 Claire Kaupp	Breton Educa	1.20m
9	#510 Mabella Scott	Whitney Pier	1.20m
13	#491 Raina McKenzie	Tamarac Educ	J1.20m
14	#413 Ella Mills	Sherwood Par	1.15m
14	#39 Briar Brear	Bayview Educ	1.15m
---	#249 Emily Nickerson	Inverness Ed	NH

Event 62 Boys High Jump 1.25m Junior

Regional: 1.63m 1993 Gordon Gillis

	Name	School	Finals
Finals			
1	#515 Carter Decoste	Whycocomagh	1.45m
2	#57 Luke Poirier	Bayview Educ	1.43m
2	#327 Grayson MacNeil	Rankin Schoo	1.43m
4	#51 Malcolm MacInnis	Bayview Educ	J1.43m
5	#313 Angelo Edmonds De	Oceanview Ed	1.35m
6	#273 Aiden Wheaton	Malcolm Munr	J1.35m
7	#216 Charlie Ross	Dr. T.L. Sulliva	J1.35m
7	#210 Wesley Harvey	Dr. T.L. Sulliva	J1.35m
9	#476 Jamil Dalati	Tamarac Educ	1.30m
10	#217 Dylan Mombourquet	East Richmon	J1.30m
11	#467 Blake Burns	Sydney Mines	1.25m
---	#267 Ese Oyibo	Malcolm Munr	NH

Event 63 Girls High Jump 1.25m Intermediate

Regional: 1.57m 2012 Riley Van den Heuval

	Name	School	Finals
Finals			
1	#382 Avery MacNeil	Riverview Hi	1.35m
2	#73 Anna Kaupp	Breton Educa	1.33m
3	#326 Mary Margaret MacI	Rankin Schoo	1.29m
3	#165 Skykar Condo	Dalbrae Acad	1.29m
3	#143 Anna Sigvaldason	Cape Breton	1.29m
6	#293 Kokomi Nibu	Memorial Hig	1.27m
---	#357 Jordan Chiasson	Riverview Hi	NH
---	#387 Brielle Moffatt	Riverview Hi	NH

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Event 64 Boys High Jump 1.40m Intermediate

Regional: 1.88m 1988 Charles MacKay

Name	School	Finals
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Finals

1	#423 Charles Eager	Strait Area	1.65m
2	#235 Thomas Burke	Inverness Ed	1.55m
3	#133 Hazen Parsons	Cape Breton	1.50m
4	#418 Jonathan Bratschke	Strait Area	J1.50m
5	#123 Nevin Ingraham-Phil	Cape Breton	1.40m
---	#366 Antoni Gorski	Riverview Hi	NH

Event 65 Girls High Jump 1.25m Senior

Regional: 1.62m 5/25/2018 Maddie Campbell

Name	School	Finals
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Finals

1	#383 Rhysa Marinelli	Riverview Hi	1.40m
2	#439 Ella MacIntyre	Strait Area	J1.40m
---	#159 Charity Bernard	Dalbrae Acad	NH
---	#397 Julia Sabria Blanco	Riverview Hi	NH
---	#349 Emily barrington-Ma	Riverview Hi	NH

Event 66 Boys High Jump 1.45m Senior

Regional: 2.01m 2010 James Gillis

Name	School	Finals
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Finals

1	#435 Will Langdon	Strait Area	1.76m
2	#175 Kyle Levesconte	Dalbrae Acad	J1.76m
3	#115 Mason Doucet	Cape Breton	1.70m
4	#288 Nolan Lefrense	Memorial Hig	1.68m
4	#75 Andrew Laurendeau	Breton Educa	1.68m
6	#243 Angus Mackay	Inverness Ed	1.55m
7	#394 Clark Reid	Riverview Hi	1.50m
8	#91 Kayden Kavanaugh	Cabot Educat	1.45m
8	#190 Neil MacLean	Dalbrae Acad	1.45m
10	#404 Elliott Todd	Riverview Hi	J1.45m

Event 67 Girls Triple Jump Junior

Regional: 9.78m 2011 Briannna Dunn

Name	School	Finals
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Finals

1	#522 Gracie Kenny	Whycocomagh	9.75m
2	#483 Rebecca Keefe	Tamarac Educ	9.39m
3	#254 Sophia Best	Malcolm Munr	9.04m
4	#17 Ruby Macdonald	Baddeck Acad	9.02m
5	#514 Catherine Boyd	Whycocomagh	8.96m
6	#272 Audrey Todd	Malcolm Munr	8.81m
7	#520 Laken Kennedy	Whycocomagh	8.69m
8	#140 Alexa Shaw	Cape Breton	8.21m
9	#265 Chloe Moore	Malcolm Munr	7.82m
10	#473 Katherine Boudreau	Tamarac Educ	7.79m
11	#219 Olivia Roach	Ecole Nda	7.60m
12	#5 Alli Campbell	Baddeck Acad	7.45m
13	#38 Maeve Beaton	Bayview Educ	7.26m
14	#16 Kennedy Macaskill	Baddeck Acad	6.98m

Event 68 Boys Triple Jump Junior

Regional: 11.06m 2012 Leland Murphy

Name	School	Finals
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Finals

1	#266 Jackson Morrison	Malcolm Munr	10.06m
2	#513 Max Bernard	Whycocomagh	9.97m
3	#515 Carter Decoste	Whycocomagh	9.74m
4	#35 Reid Anstey	Bayview Educ	9.33m
5	#51 Malcolm MacInnis	Bayview Educ	9.27m
6	#89 Finn Courage	Cabot Educat	9.26m
7	#50 Colin MacDougall	Bayview Educ	9.00m
8	#210 Wesley Harvey	Dr. T.L. Sulliva	8.58m
9	#482 Caden Jesso	Tamarac Educ	7.51m
10	#103 Tennyson Watt	Cabot Educat	7.43m
11	#486 Sam Eager	Tamarac Educ	7.28m
12	#93 Hughie McLellan	Cabot Educat	7.15m
13	#270 Ethan Spencer	Malcolm Munr	7.14m
---	#267 Ese Oyibo	Malcolm Munr	FOUL

Event 69 Girls Triple Jump Intermediate

Regional: 11.11m 2011 Haley Wilson

Name	School	Finals
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Finals

1	#201 Scotia Vandenheuval	Dalbrae Acad	9.89m
2	#174 Jaelyn Kenny	Dalbrae Acad	8.98m
3	#449 Mary Morin	Strait Area	8.97m
4	#143 Anna Sigvaldason	Cape Breton	8.93m
5	#387 Brielle Moffatt	Riverview Hi	8.69m
6	#399 Lizzie Skinner	Riverview Hi	8.55m
7	#458 Teylor Wadden	Strait Area	8.21m
8	#137 Briley Romard	Cape Breton	7.99m
9	#374 Julia Macdonald	Riverview Hi	7.98m
10	#344 Louisa Welz	Richmond Aca	6.50m
---	#345 Miriam Welz	Richmond Aca	FOUL

Event 70 Boys Triple Jump Intermediate

Regional: 12.32m 1988 Charles MacKay

Name	School	Finals
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Finals

1	#352 Elijah Best	Riverview Hi	11.84m
2	#423 Charles Eager	Strait Area	11.06m
3	#186 John Hugh Macinnni	Dalbrae Acad	10.92m
4	#465 Lucas Holloway	Sydney Acade	10.89m
5	#424 Lukas Eager	Strait Area	10.86m
6	#176 Aiden Macdonald	Dalbrae Acad	10.44m
7	#123 Nevin Ingraham-Phil	Cape Breton	10.11m
8	#158 Noah Beaton	Dalbrae Acad	9.87m
9	#108 Duncan Carmichael	Cape Breton	9.22m
10	#334 Joey Hayes	Richmond Aca	8.46m
11	#76 Sean Maccormick	Breton Educa	8.39m

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Event 71 Girls Triple Jump Senior

Regional: 11.10m 2013 Haley Wilson

Name	School	Finals
Finals		
1 #275 Emma Morrison	Margaree Chr	10.45m
2 #350 Ella Barry	Riverview Hi	10.15m
3 #383 Rhysa Marinelli	Riverview Hi	9.53m
4 #439 Ella MacIntyre	Strait Area	9.35m
5 #8 Tara Cox	Baddeck Acad	8.94m
6 #305 Abigail Fenton	Munro Academ	8.58m
7 #393 Caylie Parsons	Riverview Hi	8.53m
8 #138 Hannah Ross	Cape Breton	7.91m
9 #422 Lainey Cummings	Strait Area	7.81m

Event 72 Boys Triple Jump Senior

Regional: 12.90m 5/25/2019 Dante Isadore

Name	School	Finals
Finals		
1 #110 Allan Chiasson	Cape Breton	12.14m
2 #435 Will Langdon	Strait Area	11.96m
3 #115 Mason Doucet	Cape Breton	11.84m
4 #139 Liam Ross	Cape Breton	11.60m
5 #385 Ty McPhee	Riverview Hi	11.17m
6 #442 Cooper MacNeil	Strait Area	11.02m
7 #190 Neil MacLean	Dalbrae Acad	10.83m
8 #394 Clark Reid	Riverview Hi	10.81m
9 #362 Craig Duschene	Riverview Hi	10.18m
10 #197 Gavin Spears	Dalbrae Acad	9.88m

Event 73 Girls Shot Put 3kg Junior

Regional: 10.55m 2006 Jessica MacNeil

Name	School	Finals
Finals		
1 #272 Audrey Todd	Malcolm Munr	8.93m
2 #514 Catherine Boyd	Whycocomagh	7.99m
3 #493 Layla Ryan	Tamarac Educ	7.77m
4 #79 Tessa McNeil	Breton Educa	7.64m
5 #61 Elise Angione	Breton Educa	7.59m
6 #211 Ava McIntyre	Dr. T.L. Sulliva	7.25m
7 #253 Nino Barbakadze	Malcolm Munr	7.14m
8 #4 Ellanor Burns	Baddeck Acad	7.02m
9 #141 Ellouise Shaw	Cape Breton	6.72m
10 #7 Farrah Coffin	Baddeck Acad	6.56m
11 #54 Julia MacLellan	Bayview Educ	6.50m
12 #530 Nevach McIntosh	Whycocomagh	6.46m
13 #95 Sloane Moore	Cabot Educat	6.31m
14 #118 Harmony Fortune	Cape Breton	6.22m
15 #524 Christena Maccalder	Whycocomagh	6.20m
16 #60 Ruby Whelan	Bayview Educ	5.73m

Event 74 Boys Shot Put 4kg Junior

Regional: 12.98m 2012 Shamus MacLean

Name	School	Finals
Finals		
1 #43 Roddie Gillis	Bayview Educ	9.83m

2 #495 Walker Timmons	Tamarac Educ	9.49m
3 #327 Grayson MacNeil	Rankin Schoo	8.91m
4 #40 Bentley Cameron	Bayview Educ	8.87m
5 #407 Cody Browner-Morr	Sherwood Par	8.85m
6 #36 Drew Beaton	Bayview Educ	8.31m
7 #317 Jack Pitcher	Oceanview Ed	8.14m
8 #532 Lucas Poole	Whycocomagh	8.12m
9 #500 Tyler Crouse	Whitney Pier	7.86m
10 #518 Peyton Googoo	Whycocomagh	7.81m
11 #485 Leo MacEachern	Tamarac Educ	7.13m
12 #256 Alex Duchesne	Malcolm Munr	6.32m
13 #410 Ben Fanning	Sherwood Par	6.04m

Event 75 Girls Shot Put 4kg Intermediate

Regional: 9.89m 1990 Cathy Chiasson

Name	School	Finals
Finals		
1 #240 Leeann MacEachern	Inverness Ed	8.01m
2 #173 Addisyn Kennedy	Dalbrae Acad	7.88m
3 #196 Belle Pierrard	Dalbrae Acad	7.77m
4 #202 Annika Vanzutphen	Dalbrae Acad	7.46m
5 #364 Ryelyn Gabriel	Riverview Hi	7.36m
6 #120 Mairinn Hart	Cape Breton	6.92m
7 #458 Teylor Wadden	Strait Area	6.71m
8 #6 Jasmine Christiano	Baddeck Acad	6.68m
9 #372 Kathleen Macaulay	Riverview Hi	6.55m
10 #99 Violet Shouse	Cabot Educat	5.59m
11 #220 Leannah Joe	Eskasoni Element	5.36m
12 #455 Miko Sato	Strait Area	5.05m
13 #447 Claire McMullen	Strait Area	4.72m
--- #96 Margaret Ann Rambea	Cabot Educat	ND

Event 76 Boys Shot Put 5kg Intermediate

Regional: 13.06m 5/26/2023 Max Minihaan

Name	School	Finals
Finals		
1 #121 Jacob Hebb	Cape Breton	9.75m
2 #20 Colten MacKenzie	Baddeck Acad	9.39m
3 #158 Noah Beaton	Dalbrae Acad	8.77m
4 #104 Donovan Westhaver	Cabot Educat	8.33m
5 #88 Callum Courage	Cabot Educat	8.15m
6 #363 Connall Francis	Riverview Hi	8.07m
7 #227 Dominick Ford	Glance Bay Hi	7.73m
8 #106 Ned Brown	Cape Breton	7.48m
9 #71 Isaiah Foss	Breton Educa	6.90m
10 #232 Xander Reuther	Glance Bay Hi	6.41m
11 #432 Yassir Labouli	Strait Area	6.07m
12 #1 Drew Baillie	Baddeck Acad	5.14m

Event 77 Girls Shot Put 4kg Senior

Regional: 10.72m 2012 Mira Strraub

Name	School	Finals
Finals		
1 #457 Brooke Wadden	Strait Area	8.11m
2 #393 Caylie Parsons	Riverview Hi	7.98m
3 #289 Grace Long	Memorial Hig	7.71m

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Finals ... (Event 77 Girls Shot Put 4kg Senior)

	Name	School	Finals
4	#191 Breagha MacLellan	Dalbrae Acad	7.52m
5	#361 Carlotta Dotsch	Riverview Hi	7.47m
6	#287 Rielle Kerr	Memorial Hig	7.43m
7	#128 Claire Macpherson	Cape Breton	7.34m
8	#245 Chrissy MacKinnon	Inverness Ed	7.28m
9	#381 Rachel MacLeod	Riverview Hi	6.85m
10	#193 Hannah Nadasdi	Dalbrae Acad	6.77m
11	#192 Luna Mattner	Dalbrae Acad	6.68m
12	#90 Corey Donovan- Morr	Cabot Educat	6.29m
13	#437 Regan Macdonald	Strait Area	6.18m
14	#142 Skylar Shaw	Cape Breton	6.17m
15	#231 Elizabeth Omolabi	Glance Bay Hi	5.41m
16	#281 Vanessa Gerrow	Memorial Hig	5.20m

Event 78 Boys Shot Put 6kg Senior

Regional: 13.55m 2009 Geoff Myatt

	Name	School	Finals
Finals			
1	#386 Max Minihan	Riverview Hi	10.63m
2	#167 Drew Gallant	Dalbrae Acad	9.67m
3	#443 Nolan MacNeil	Strait Area	9.38m
4	#388 Kyle Moore	Riverview Hi	9.35m
5	#391 Haider Murad	Riverview Hi	9.17m
6	#114 Carter Doucet	Cape Breton	8.85m
7	#144 Landon Tatum	Cape Breton	8.67m
8	#419 Gunner Brown	Strait Area	8.42m
9	#153 Dominic McLeod	Centre Scol.	7.25m
10	#139 Liam Ross	Cape Breton	7.11m

Event 79 Girls Discus Throw 0.75kg Junior

Regional: 29.65m 5/24/2024 Belle Pierrard

	Name	School	Finals
Finals			
1	#29 Lynnea Pierro	Baddeck Acad	24.08m
2	#514 Catherine Boyd	Whycocomagh	22.21m
3	#521 Veronica Kennedy	Whycocomagh	21.89m
4	#522 Gracie Kenny	Whycocomagh	21.24m
5	#4 Ellanor Burns	Baddeck Acad	19.39m
6	#54 Julia MacLellan	Bayview Educ	18.00m
7	#272 Audrey Todd	Malcolm Munr	17.53m
8	#141 Ellouise Shaw	Cape Breton	17.26m
9	#413 Ella Mills	Sherwood Par	17.15m
10	#493 Layla Ryan	Tamarac Educ	15.64m
11	#7 Farrah Coffin	Baddeck Acad	15.11m
12	#52 Mallory MacInnis	Bayview Educ	13.91m
13	#95 Sloane Moore	Cabot Educat	12.77m
14	#268 Taylor Pindar	Malcolm Munr	12.60m
---	#491 Raina McKenzie	Tamarac Educ	FOUL

Event 80 Boys Discus Throw 1.0kg Junior

Regional: 47.43m 5/21/2022 Max Minihan

	Name	School	Finals
Finals			
1	#532 Lucas Poole	Whycocomagh	30.19m

2	#43 Roddie Gillis	Bayview Educ	29.93m
3	#36 Drew Beaton	Bayview Educ	28.37m
4	#495 Walker Timmons	Tamarac Educ	26.33m
5	#12 John Johnston	Baddeck Acad	26.31m
6	#499 Liam Campbell	Whitney Pier	21.46m
7	#528 Ian MacLennan	Whycocomagh	21.16m
8	#269 Parker Reid	Malcolm Munr	21.14m
9	#412 Peter Kozera	Sherwood Par	20.03m
10	#58 Gradin Spears	Bayview Educ	19.37m
11	#101 Richard Strickland	Cabot Educat	17.47m
---	#526 Neil MacEachern	Whycocomagh	FOUL

Event 81 Girls Discus Throw 1.0kg Intermediate

Regional: 31.89m 2016 Maddie Campbell

	Name	School	Finals
Finals			
1	#196 Belle Pierrard	Dalbrae Acad	29.10m
2	#364 Ryelyn Gabriel	Riverview Hi	20.74m
3	#276 Hannah Morrison	Margaree Chr	19.31m
4	#137 Briley Romard	Cape Breton	19.15m
5	#120 Mairinn Hart	Cape Breton	18.16m
6	#250 Taylor Pringle	Inverness Ed	18.02m
7	#187 Katie Margaret MacI	Dalbrae Acad	15.52m
8	#372 Kathleen Macaulay	Riverview Hi	15.15m
9	#165 Skykar Condo	Dalbrae Acad	14.62m
10	#6 Jasmine Christiano	Baddeck Acad	14.22m
11	#458 Teylor Wadden	Strait Area	13.74m
12	#28 Felicia Peck	Baddeck Acad	13.27m
13	#324 Maren MacKenzie	Rankin Schoo	12.69m

Event 82 Boys Discus Throw 1.5kg Intermediate

Regional: 45.66m 5/25/2024 Max Minihan

	Name	School	Finals
Finals			
1	#236 Ryan Davidson	Inverness Ed	28.76m
2	#157 Mathew Beaton	Dalbrae Acad	25.59m
3	#20 Colten MacKenzie	Baddeck Acad	22.83m
4	#88 Callum Courage	Cabot Educat	20.87m
5	#380 Jackson MacLellan	Riverview Hi	19.20m
6	#156 Jaymus Beaton	Dalbrae Acad	19.12m
7	#424 Lukas Eager	Strait Area	18.96m
8	#106 Ned Brown	Cape Breton	17.82m
9	#33 Finnegan Wiese	Baddeck Acad	16.12m
10	#1 Drew Baillie	Baddeck Acad	15.47m
11	#331 Thomas Campbell	Richmond Aca	13.40m

Event 83 Girls Discus Throw 1.0kg Senior

Regional: 32.20m 2012 Mira Straub

	Name	School	Finals
Finals			
1	#191 Breagha MacLellan	Dalbrae Acad	23.30m
2	#457 Brooke Wadden	Strait Area	21.68m
3	#429 Brooklyn Kersten	Strait Area	20.02m
4	#245 Chrissy MacKinnon	Inverness Ed	19.53m
5	#289 Grace Long	Memorial Hig	19.29m
6	#460 Merle Winter	Strait Area	18.77m

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Results

Finals ... (Event 83 Girls Discus Throw 1.0kg Senior)

	Name	School	Finals
7	#128 Claire Macpherson	Cape Breton	18.61m
8	#188 Marianna MacIsaac	Dalbrae Acad	18.55m
9	#287 Rielle Kerr	Memorial Hig	17.05m
10	#356 Nereida Canizares	Riverview Hi	15.14m
11	#381 Rachel MacLeod	Riverview Hi	14.67m
12	#319 Aibha Campbell	Rankin Schoo	14.49m
13	#275 Emma Morrison	Margaree Chr	14.47m
14	#323 Bhreagh MacKenzie	Rankin Schoo	13.12m

Event 84 Boys Discus Throw 1.75kg Senior

Regional: 45.62m 2009 Geoff Myatt

	Name	School	Finals
Finals			
1	#386 Max Minihan	Riverview Hi	39.37m
2	#444 Keiran Madden	Strait Area	30.62m
3	#443 Nolan MacNeil	Strait Area	27.54m
4	#167 Drew Gallant	Dalbrae Acad	26.18m
5	#419 Gunner Brown	Strait Area	24.82m
6	#391 Haider Murad	Riverview Hi	24.13m
7	#400 Lauchlan Stuart	Riverview Hi	19.04m
8	#139 Liam Ross	Cape Breton	19.00m

Event 85 Girls Javelin Throw 400g Junior

Regional: 32.77m 5/25/2019 Annie Maltby

	Name	School	Finals
Finals			
1	#520 Laken Kennedy	Whycocomagh	26.74m
2	#54 Julia MacLellan	Bayview Educ	25.73m
3	#249 Emily Nickerson	Inverness Ed	25.30m
4	#533 Lucy Vanzutphen	Whycocomagh	22.69m
5	#41 Avery Campbell	Bayview Educ	22.49m
6	#272 Audrey Todd	Malcolm Munr	22.32m
7	#118 Harmony Fortune	Cape Breton	18.77m
8	#27 Rachel Murphy	Baddeck Acad	18.50m
9	#413 Ella Mills	Sherwood Par	17.91m
10	#218 Sophie Deveau	Ecole Nda	17.35m
11	#268 Taylor Pindar	Malcolm Munr	15.94m
12	#255 Zoe Burman	Malcolm Munr	13.35m
13	#29 Lynnea Pierro	Baddeck Acad	12.59m
---	#346 Lena Mah	Riverside El	ND
---	#489 Jada MacRae	Tamarac Educ	ND

Event 91 Boys Javelin Throw 600g Junior

Regional: 43.62m 1997 John Tyler Beaton

	Name	School	Finals
Finals			
1	#43 Roddie Gillis	Bayview Educ	30.77m
2	#36 Drew Beaton	Bayview Educ	28.67m
3	#58 Gradin Spears	Bayview Educ	27.69m
4	#12 John Johnston	Baddeck Acad	26.05m
5	#528 Ian MacLennan	Whycocomagh	22.79m
6	#11 Gaius gale-MacMillan	Baddeck Acad	22.74m
7	#19 Blaze MacKenzie	Baddeck Acad	22.09m
8	#485 Leo MacEachern	Tamarac Educ	21.34m

9	#504 Darian Lawrence	Whitney Pier	20.59m
10	#479 Jake Emad	Tamarac Educ	18.87m
11	#101 Richard Strickland	Cabot Educat	18.42m
12	#469 Spencer Long	Sydney Mines	17.15m
13	#526 Neil MacEachern	Whycocomagh	14.68m
14	#471 Parker MacNeil	Sydney Mines	13.71m
---	#518 Peyton Googoo	Whycocomagh	ND

Event 97 Girls Javelin Throw 500g Intermediate

Regional: 37.09m 2015 Siena Forance

	Name	School	Finals
Finals			
1	#202 Annika Vanzutphen	Dalbrae Acad	26.85m
2	#32 Calleigh Wiese	Baddeck Acad	26.47m
3	#240 Leeann MacEachern	Inverness Ed	26.17m
4	#184 Danni MacInnis	Dalbrae Acad	26.09m
5	#10 Abigail gale-MacMi	Baddeck Acad	24.89m
6	#137 Briley Romard	Cape Breton	21.81m
7	#196 Belle Pierrard	Dalbrae Acad	20.24m
8	#326 Mary Margaret MacI	Rankin Schoo	18.51m
9	#372 Kathleen Macaulay	Riverview Hi	17.99m
10	#120 Mairinn Hart	Cape Breton	17.61m
11	#458 Teylor Wadden	Strait Area	16.32m
12	#364 Ryelyn Gabriel	Riverview Hi	15.24m

Event 103 Boys Javelin Throw 700g Intermediate

Regional: 47.44m 1995 Nick Muise

	Name	School	Finals
Finals			
1	#352 Elijah Best	Riverview Hi	38.92m
2	#274 James Ghattas	Margaree Chr	34.79m
3	#418 Jonathan Bratschke	Strait Area	33.80m
4	#158 Noah Beaton	Dalbrae Acad	32.18m
5	#186 John Hugh Macinnni	Dalbrae Acad	32.08m
6	#235 Thomas Burke	Inverness Ed	31.26m
7	#127 Ezra MacNeil	Cape Breton	26.50m
8	#380 Jackson MacLellan	Riverview Hi	26.19m
9	#33 Finnegan Wiese	Baddeck Acad	23.32m
10	#104 Donovan Westhaver	Cabot Educat	22.86m
11	#363 Connall Francis	Riverview Hi	22.72m
12	#430 Carter Kersten	Strait Area	21.96m
13	#20 Colten MacKenzie	Baddeck Acad	19.46m
14	#1 Drew Baillie	Baddeck Acad	15.65m
15	#227 Dominick Ford	Glance Bay Hi	10.04m

Event 109 Girls Javelin Throw 600g Senior

Regional: 36.64m 2007 Jessica Bussey

	Name	School	Finals
Finals			
1	#457 Brooke Wadden	Strait Area	26.00m
2	#281 Vanessa Gerrow	Memorial Hig	25.54m
3	#159 Charity Bernard	Dalbrae Acad	21.25m
4	#289 Grace Long	Memorial Hig	20.28m
5	#381 Rachel MacLeod	Riverview Hi	19.42m
6	#185 Kaisey MacInnis	Dalbrae Acad	19.15m
7	#356 Nereida Canizares	Riverview Hi	18.24m

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Finals ... (Event 109 Girls Javelin Throw 600g Senior)

	Name	School	Finals
8	#142 Skylar Shaw	Cape Breton	18.12m
9	#245 Chrissy MacKinnon	Inverness Ed	16.11m
10	#128 Claire Macpherson	Cape Breton	15.90m
11	#90 Corey Donovan- Morr	Cabot Educat	15.53m
12	#393 Caylie Parsons	Riverview Hi	14.31m
13	#233 Ella Samuel	Glance Bay Hi	12.25m
14	#431 Lillen Kolesnikov	Strait Area	11.07m

Event 131 Boys Long Jump Supported Senior**Regional: 3.28m 5/26/2023 Benoit Poirier**

	Name	School	Finals
Finals			
1	#297 Sam Ryan	Memorial Hig	3.21m
2	#70 #19 Nate Crowe	Breton Educa	2.36m

Event 115 Boys Javelin Throw 800g Senior**Regional: 55.16m 2001 Tyler Burns**

	Name	School	Finals
Finals			
1	#403 Luke Timmons	Riverview Hi	38.50m
2	#122 Fynn Henke	Cape Breton	36.41m
3	#445 Jacob Mariner	Strait Area	34.63m
4	#325 Angus Hughie MacL	Rankin Schoo	34.20m
5	#443 Nolan MacNeil	Strait Area	33.93m
6	#444 Keiran Madden	Strait Area	28.76m
7	#204 Issac West	Dalbrae Acad	28.72m
8	#134 Hugh Pemberton	Cape Breton	27.42m
9	#400 Lauchlan Stuart	Riverview Hi	25.00m
10	#321 Glenn Higgins	Rankin Schoo	21.57m

Event 121 Boys 100 Meter Dash Supported Junior**Regional: 16.29 5/26/2017 Benoit Poirier**

	Name	School	Finals
Finals			
1	#414 Sawyer Wall	Sherwood Par	21.18

Event 122 Girls 100 Meter Dash Supported Senior**Regional: 19.23 5/26/2023 Abby Van Zutphen**

	Name	School	Finals
Finals			
1	#149 Anneka Callary	Centre Scol.	18.13

Event 123 Boys 100 Meter Dash Supported Senior**Regional: 15.15 5/24/2019 Benoit Poirier**

	Name	School	Finals
Finals			
1	#70 #19 Nate Crowe	Breton Educa	19.13

Event 129 Boys Long Jump Supported Junior**Regional: 2.83m 5/26/2023 Nico Georghiou**

	Name	School	Finals
Finals			
1	#414 Sawyer Wall	Sherwood Par	2.46m

Event 130 Girls Long Jump Supported Senior

	Name	School	Finals
Finals			
1	#149 Anneka Callary	Centre Scol.	1.83m