

2025 SSNS Capital Regional Championships - 2025-05-21 to 2025-05-22

Results

Event 1 Girls 80 Meter Hurdles 30" Junior

SSNS: 12.11 2016-06-03Sierra Sweeney

Name	School	Finals
Finals		
1 #795 Nataliya Woycheshyn	Summit Acade	13.53 -4.1
2 #775 Goodness Oluogu	St. Agnes Ju	14.08 -4.1
3 #778 Sam Terrio	St. Agnes Ju	14.31 -4.1
4 #410 Kate Whitman	Georges P. V	15.21 -4.1
5 #408 Claire Trumble	Georges P. V	15.23 -4.1

Event 2 Boys 80 Meter Hurdles 30" Junior

SSNS: 12.03 2023-06-12Declan O'Blenis

Name	School	Finals
Finals		
1 #791 Linden Todd	St. Agnes Ju	12.87 -1.8
2 #575 Loic Siewe	John Martin	13.66 -1.8
3 #580 James Lane	Leslie Thoma	13.94 -1.8
4 #429 Ryland Norman	Gorsebrook J	14.05 -1.8
5 #789 James Lo	St. Agnes Ju	14.14 -1.8

Event 3 Girls 80 Meter Hurdles 30" Intermediate

SSNS: 12.12 2023-06-12Maryn Smith

Name	School	Finals
Finals		
1 #238 Liae Yang	Citadel High	13.85 -2.1
2 #67 Giana Lozier	Auburn Drive	14.28 -2.1
3 #658 Clara Walker	Oxford Schoo	14.51 -2.1
4 #823 Molly Lodge	Woodlawn Hig	14.98 -2.1
5 #32 Charlee Earnshaw	Astral Drive	15.29 -2.1

Event 4 Boys 100 Meter Hurdles 33" Intermediate

SSNS: 13.84 2024-05-31Declan O'Blenis

Name	School	Finals
Finals		
1 #202 Emmett Mont	Charles P. A	16.02 -2.6
2 #660 Daniel Aladejebi	Oxford Schoo	16.15 -2.6
3 #201 Prem Mistry	Charles P. A	16.30 -2.6
4 #26 DJ MacLean	Armbrac Acad	16.58 -2.6
5 #743 Andrew Kaulback	Sackville Hi	16.69 -2.6

Event 5 Girls 100 Meter Hurdles 30" Senior

SSNS: 14.40 2024-05-31Queen Clayton

Name	School	Finals
Finals		
1 #588 Cate Gaudry	Lockview Hig	16.46 -3.0
2 #264 Zakyra Bundy	Dartmouth Hi	18.19 -3.0
3 #228 Anna Jeong	Citadel High	18.29 -3.0
4 #13 Audrey Napier	Armbrac Acad	18.87 -3.0
5 #598 Anna Smith	Lockview Hig	19.37 -3.0

Event 6 Boys 110 Meter Hurdles 36" Senior

SSNS: 14.79 2024-05-31Luke Colwell

Name	School	Finals
Finals		
1 #510 Robert Martin	Halifax West	16.27 -2.8
2 #204 Leo Mont	Charles P. A	16.82 -2.8
3 #615 Noah Skeete	Lockview Hig	17.45 -2.8
4 #284 D'Ontay Fraser	Dartmouth Hi	18.40 -2.8
5 #207 Henrik Oster	Charles P. A	18.67 -2.8

Event 7 Girls 400 Meter Dash Junior

SSNS: 58.99 2019-05-31Cara MacDonald

Name	School	Finals
Finals		
1 #773 Emma Laycock	St. Agnes Ju	1:03.01
2 #778 Sam Terrio	St. Agnes Ju	1:03.90
3 #795 Nataliya Woycheshyn	Summit Acade	1:04.06
4 #406 Regan O'Sullivan	Georges P. V	1:04.81
5 #37 Macie McLeod	Astral Drive	1:05.57

Event 8 Boys 400 Meter Dash Junior

SSNS: 53.72 2013 Barrett Dachyshyn

Name	School	Finals
Finals		
1 #413 Josh Gilby	Georges P. V	57.69
2 #479 Kai Liu	Halifax Gram	58.47
3 #352 Patrick Cody-Cox	Ellenvale Ju	59.78
4 #681 Karim Hamo	Park West Sc	59.82
5 #259 Jahream Fletcher	Cunard Junio	1:00.13

Event 9 Girls 400 Meter Dash Intermediate

SSNS: 57.24 2003 Jenna Martin

Name	School	Finals
Finals		
1 #599 Charlotte Whitman	Lockview Hig	1:01.84
2 #469 Ayla Williams	Halifax Gram	1:03.53
3 #811 Shylaijah Brooks	Woodlawn Hig	1:04.94
4 #139 Cassidy McFarlane	Bicentennial	1:05.13
5 #155 Maddie Tobin	Brookside Ju	1:05.75

Event 10 Boys 400 Meter Dash Intermediate

SSNS: 50.87 2005 Jonathan Campbell

Name	School	Finals
Finals		
1 #518 James Thibault	Halifax West	52.81
2 #833 Jacob Harmon	Woodlawn Hig	53.24
3 #114 Quinn Campbell	Bay View Hig	53.58
4 #747 Wyatt Thurston	Sackville Hi	54.02
5 #206 Ini Ogunlaiye	Charles P. A	54.75



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Event 11 Girls 400 Meter Dash Senior

SSNS: 54.13 2006 Jenna Martin

Name	School	Finals
Finals		
1 #274 Frances MacLeod	Dartmouth Hi	59.67
2 #108 Hannah Richardson	Bay View Hig	1:00.57
3 #228 Anna Jeong	Citadel High	1:01.26
4 #222 Sophia Das	Citadel High	1:01.74
5 #224 Grace Galloway	Citadel High	1:02.39

Event 12 Boys 400 Meter Dash Senior

SSNS: 48.49 2015 Mike Van Der Poel

Name	School	Finals
Finals		
1 #510 Robert Martin	Halifax West	53.45
2 #131 Felix Wirkus	Bay View Hig	54.11
3 #23 Nai Johnson	Armbrae Acad	54.19
4 #521 Yunshu Zhao	Halifax West	54.32
5 #193 Griffin Hearn	Charles P. A	54.36

Event 13 Girls 100 Meter Dash Junior

SSNS: 12.64 2006 Nikkia Jones

Ties: 12.50 1995 Christine Fleury (hand)

Name	School	Finals
Finals		
1 #685 Reese Adams	Ridgecliff M	13.65 -2.8
2 #31 Emme Chaisson	Astral Drive	13.88 -2.8
3 #775 Goodness Olugu	St. Agnes Ju	14.00 -2.8
4 #433 Na'zyia Dean	Graham Creig	14.15 -2.8
5 #164 Julia Campbell	Caledonia Ju	14.26 -2.8

Event 14 Boys 100 Meter Dash Junior

SSNS: 11.56 2023-06-12Wyatt Thurston

Ties: 11.50 1995 Nick Smith (hand)

Name	School	Finals
Finals		
1 #417 Oliver Knowles	Georges P. V	12.64 -2.4
2 #766 Jovan Campbell	Sir Robert B	12.82 -2.4
3 #662 Nico Cuadra Dumke	Oxford Schoo	12.86 -2.4
4 #413 Josh Gilby	Georges P. V	12.99 -2.4
5 #681 Karim Hamo	Park West Sc	13.21 -2.4

Event 15 Girls 100 Meter Dash Intermediate

SSNS: 12.33 2007 Marissa Wolter

Ties: 12.20 1997 Christine Fluery (hand)

Name	School	Finals
Finals		
1 #172 Carley Beaton	Charles P. A	13.26 -1.5
2 #267 Brianna Hoskin	Dartmouth Hi	13.47 -1.5
3 #592 Josie Leslie	Lockview Hig	13.57 -1.5
4 #220 Lana Cvetkovic	Citadel High	13.73 -1.5
5 #174 Grace Killoran	Charles P. A	13.86 -1.5

Event 16 Boys 100 Meter Dash Intermediate

SSNS: 10.50 1998 Patrick Benjamin (hand)

Name	School	Finals
Finals		
1 #747 Wyatt Thurston	Sackville Hi	12.07 -1.9
2 #617 Trenton Wile	Lockview Hig	12.09 -1.9
3 #202 Emmett Mont	Charles P. A	12.16 -1.9
4 #665 Atilla Narvey	Oxford Schoo	12.19 -1.9
5 #328 Sylvain Mbuyi	Ecole du Som	12.25 -1.9

Event 17 Girls 100 Meter Dash Senior

SSNS: 11.91 2006 Jenna Martin

Ties: 11.70 1975 Celia Branch (hand)

Name	School	Finals
Finals		
1 #235 Annabelle Raymond	Citadel High	12.61 -1.4
2 #586 Sophie Daigle	Lockview Hig	13.19 -1.4
3 #177 Breanna Kuehner	Charles P. A	13.27 -1.4
4 #74 Ahniya Slawter	Auburn Drive	13.30 -1.4
5 #500 Chanelle Rodriguez	Halifax West	13.67 -1.4

Event 18 Boys 100 Meter Dash Senior

SSNS: 10.69 2009 Kyu-Won Cho

Ties: 10.50 1971 Roger Crawley (hand)

Name	School	Finals
Finals		
1 #92 Jackson Sparks	Auburn Drive	11.42 -2.4
2 #280 David Babalola	Dartmouth Hi	11.55 -2.4
3 #615 Noah Skeete	Lockview Hig	11.73 -2.4
4 #85 Liam Macdonald	Auburn Drive	11.79 -2.4
5 #291 Glendon Snow	Dartmouth Hi	11.83 -2.4

Event 19 Girls 1500 Meter Run Junior

SSNS: 4:46.13 2019 Abby Lewis

Name	School	Finals
Finals		
1 #773 Emma Laycock	St. Agnes Ju	5:09.97
2 #463 Scarlet Mason	Halifax Gram	5:11.89
3 #621 Victoria Humphreys	Madeline Sym	5:16.61
4 #684 Isla Adams	Ridgecliff M	5:17.45
5 #390 Arwen Middleton M	Five Bridges	5:22.09

Event 20 Boys 1500 Meter Run Junior

SSNS: 4:19.71 2009 Mike Tate

Name	School	Finals
Finals		
1 #479 Kai Liu	Halifax Gram	4:59.58
2 #421 Jackson Swan	Georges P. V	5:05.43
3 #430 Cohen Raimondo	Gorsebrook J	5:05.81
4 #730 Zach Nurnber	Sackville He	5:05.82
5 #330 Abraham Diamond	Ecole Mer et	5:06.18



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Event 21 Girls 1500 Meter Run Intermediate

SSNS: 4:31.02 2022-06-03 Abby Lewis

Name	School	Finals
Finals		
1 #262 Deborah Beach	Dartmouth Hi	4:58.66
2 #219 Faye Chiasson	Citadel High	4:59.89
3 #470 Carley Williams	Halifax Gram	5:08.78
4 #469 Ayla Williams	Halifax Gram	5:15.65
5 #221 Ellora Das	Citadel High	5:16.36

Event 22 Boys 1500 Meter Run Intermediate

SSNS: 3:59.92 2015 Hudson Grimshaw-Surette

Name	School	Finals
Finals		
1 #829 Timothy DeLong	Woodlawn Hig	4:22.40
2 #239 David Ackerman	Citadel High	4:26.97
3 #255 Ryan Giles	Cole Harbour	4:31.54
4 #826 Nikhil Batra	Woodlawn Hig	4:32.40
5 #247 Oliver Neeve	Citadel High	4:39.77

Event 23 Girls 1500 Meter Run Senior

SSNS: 4:21.94 2019-05-31 Maggie Smith

Name	School	Finals
Finals		
1 #585 Anna Carruthers	Lockview Hig	4:41.45
2 #274 Frances MacLeod	Dartmouth Hi	4:45.49
3 #103 Molly Evers	Bay View Hig	4:57.39
4 #457 Bianca Grossi	Halifax Gram	4:57.84
5 #465 Heidi Nuyens	Halifax Gram	5:02.18

Event 24 Boys 1500 Meter Run Senior

SSNS: 3:54.91 2013 Mike Tate

Name	School	Finals
Finals		
1 #516 Graham Sauer	Halifax West	4:13.44
2 #830 Thomas Dewitt	Woodlawn Hig	4:20.10
3 #339 Lincoln Carmen Lan	Ecole second	4:33.93
4 #25 Connor Macgillivray	Armbrac Acad	4:35.21
5 #607 Alex Macaulay	Lockview Hig	4:37.86

Event 25 Girls 200 Meter Dash Junior

SSNS: 26.25 2024-06-01 Kaitlynne Mead

Ties: 26.50 1976 Kris Crowell (hand)

Name	School	Finals
Finals		
1 #778 Sam Terrio	St. Agnes Ju	28.14 -0.4
2 #685 Reese Adams	Ridgecliff M	28.21 -0.4
3 #37 Macie McLeod	Astral Drive	29.29 -0.4
4 #375 Elle Thomas	Fairview Jun	29.97 -0.4
5 #752 Ainsley Gouthro	Sacred Heart	30.01 -0.4

Event 26 Boys 200 Meter Dash Junior

SSNS: 23.85 2023-06-13 Wyatt Thurston

Ties: 24.10 1984 Derek Dempster (hand)

Name	School	Finals
Finals		
1 #417 Oliver Knowles	Georges P. V	26.20 2.6
2 #662 Nico Cuadra Dumke	Oxford Schoo	26.29 2.6
3 #766 Jovan Campbell	Sir Robert B	26.69 2.6
4 #413 Josh Gilby	Georges P. V	26.87 2.6
5 #259 Jahream Fletcher	Cunard Junio	26.90 2.6

Event 27 Girls 200 Meter Dash Intermediate

SSNS: 25.66 2001 Leanne Huck

Ties: 25.50 1973 Celia Branch (hand)

Name	School	Finals
Finals		
1 #174 Grace Killoran	Charles P. A	28.09 -0.7
2 #267 Brianna Hoskin	Dartmouth Hi	28.16 -0.7
3 #238 Lia Yang	Citadel High	28.69 -0.7
4 #811 Shylaijah Brooks	Woodlawn Hig	28.90 -0.7
5 #487 Amarachi Ezurike	Halifax West	28.94 -0.7

Event 28 Boys 200 Meter Dash Intermediate

SSNS: 22.30 1998 Patrick Benjamin (hand)

Name	School	Finals
Finals		
1 #747 Wyatt Thurston	Sackville Hi	23.29 1.1
2 #518 James Thibault	Halifax West	24.34 1.1
3 #833 Jacob Harmon	Woodlawn Hig	24.44 1.1
4 #114 Quinn Campbell	Bay View Hig	24.66 1.1
5 #569 Macade Wright	JL Ilsley Hi	25.00 1.1

Event 29 Girls 200 Meter Dash Senior

SSNS: 24.84 2012 Jenn Meech

Name	School	Finals
Finals		
1 #235 Annabelle Raymond	Citadel High	26.30 -2.2
2 #268 Celine Hoyeck	Dartmouth Hi	28.40 -2.2
3 #216 Bea Asbridge	Citadel High	28.54 -2.2
4 #173 Lily Blondon	Charles P. A	28.56 -2.2
5 #492 Lyric Lepage	Halifax West	28.73 -2.2

Event 30 Boys 200 Meter Dash Senior

SSNS: 21.58 2015 Matthew Coolen

Name	School	Finals
Finals		
1 #615 Noah Skeete	Lockview Hig	23.77 -0.6
2 #85 Liam Macdonald	Auburn Drive	23.79 2.3
3 #291 Glendon Snow	Dartmouth Hi	23.98 -0.6
4 #204 Leo Mont	Charles P. A	24.09 2.3
5 #23 Nai Johnson	Armbrac Acad	24.52 -0.6



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Event 31 Girls 800 Meter Run Junior

SSNS: 2:19.90 1977 Mary Jean Barrett (hand)

Name	School	Finals
Finals		
1 #773 Emma Laycock	St. Agnes Ju	2:27.08
2 #621 Victoria Humphreys	Madeline Sym	2:32.79
3 #463 Scarlet Mason	Halifax Gram	2:34.02
4 #684 Isla Adams	Ridgecliff M	2:38.40
5 #406 Regan O'Sullivan	Georges P. V	2:38.55

Event 32 Boys 800 Meter Run Junior

SSNS: 2:04.93 2016-06-04Camden Springer

Name	School	Finals
Finals		
1 #479 Kai Liu	Halifax Gram	2:21.66
2 #330 Abraham Diamond	Ecole Mer et	2:27.07
3 #719 Marco Primelles Ran	Rocky Lake J	2:27.80
4 #476 Beckett Forsyth	Halifax Gram	2:27.85
5 #431 Alex Tracy	Gorsebrook J	2:29.84

Event 33 Girls 800 Meter Run Intermediate

SSNS: 2:12.60 1977 Louise Palmer (hand)

Name	School	Finals
Finals		
1 #262 Deborah Beach	Dartmouth Hi	2:24.04
2 #470 Carley Williams	Halifax Gram	2:25.23
3 #469 Ayla Williams	Halifax Gram	2:26.23
4 #219 Faye Chiasson	Citadel High	2:27.43
5 #599 Charlotte Whitman	Lockview Hig	2:35.02

Event 34 Boys 800 Meter Run Intermediate

SSNS: 1:58.21 2015 Hudson Grimshaw-Surette

Name	School	Finals
Finals		
1 #829 Timothy DeLong	Woodlawn Hig	2:07.49
2 #239 David Ackerman	Citadel High	2:11.05
3 #208 Jack Quinton	Charles P. A	2:13.51
4 #241 Noam Kelly	Citadel High	2:14.76
5 #127 Luke Murphy	Bay View Hig	2:15.56

Event 35 Girls 800 Meter Run Senior

SSNS: 2:11.58 2019 Maggie Smith

Name	School	Finals
Finals		
1 #585 Anna Carruthers	Lockview Hig	2:17.93
2 #274 Frances MacLeod	Dartmouth Hi	2:18.80
3 #103 Molly Evers	Bay View Hig	2:26.87
4 #457 Bianca Grossi	Halifax Gram	2:28.61
5 #215 Elisa Arteaga	Citadel High	2:31.24

Event 36 Boys 800 Meter Run Senior

SSNS: 1:54.29 2024-06-01Silas Conlin-Morse

Name	School	Finals
Finals		
1 #516 Graham Sauer	Halifax West	2:03.30
2 #566 Daniel Tokar	JL Ilsley Hi	2:09.18
3 #25 Connor Macgillivray	Armbrae Acad	2:11.34
4 #249 Adrian Sunderland	Citadel High	2:14.19
5 #198 Owen Macgillivray	Charles P. A	2:15.72

Event 37 Girls 4x100 Meter Relay Junior

SSNS: 52.50 2014 Riverside Education Center

Team	Relay	Finals
Finals		
1 St. Agnes Junior High	A	54.56
2 Georges P. V	A	55.90
3 Fairview Junior High	A	55.91
4 Astral Drive	A	56.16
5 Oxford School	A	56.40

Event 38 Boys 4x100 Meter Relay Junior

SSNS: 48.40 1990 Astral Drive (hand)

Team	Relay	Finals
Finals		
1 St. Agnes Junior High	A	50.20
2 Georges P. V	A	50.21
3 Rocky Lake J	A	51.56
4 Park West School	A	52.42
5 Ridgecliff M	A	53.87

Event 39 Girls 4x100 Meter Relay Intermediate

SSNS: 51.34 2019-06-01Lockview High School

Team	Relay	Finals
Finals		
1 Lockview High	A	53.42
2 Dartmouth High	A	54.52
3 Citadel High	A	55.62
4 West Bedford	A	56.36
5 Woodlawn High School	A	56.42

Event 40 Boys 4x100 Meter Relay Intermediate

SSNS: 44.95 2024-06-01Cobequid Educational Centre

Team	Relay	Finals
Finals		
1 Charles P. Allen	A	46.90
2 Bay View High School	A	46.97
3 Lockview High	A	47.40
4 JL Ilsley High School	A	47.73
5 Oxford School	A	48.37



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Event 41 Girls 4x100 Meter Relay Senior

SSNS: 50.32 2004 CEC

Team	Relay	Finals
Finals		
1 Citadel High	A	52.02
2 Halifax Grammar	A	52.70
3 Auburn Drive	A	53.52
4 Lockview High	A	53.60
5 Halifax West	A	54.12

Event 42 Boys 4x100 Meter Relay Senior

SSNS: 43.26 2014 CEC

Team	Relay	Finals
Finals		
1 Dartmouth High	A	44.38
2 Lockview High	A	44.57
3 Auburn Drive	A	45.43
4 Charles P. Allen	A	45.50
5 Bay View High School	A	45.73

Event 43 Girls 3000 Meter Run Junior

SSNS: 10:18.76 2011 Rachel Crawley

Name	School	Finals
Finals		
1 #773 Emma Laycock	St. Agnes Ju	11:00.21
2 #463 Scarlet Mason	Halifax Gram	11:30.91
3 #424 Victoria Kirby	Gorsebrook J	11:48.04
4 #390 Arwen Middleton M	Five Bridges	11:50.56
5 #422 Lilly Bishop	Gorsebrook J	11:58.66

Event 44 Boys 3000 Meter Run Junior

SSNS: 9:15.14 2011 Tobias Wolter

Name	School	Finals
Finals		
1 #19 James Burke	Armbrac Acad	10:37.63
2 #168 Hayden Doucet	Caledonia Ju	10:42.75
3 #628 Caden Slauenwhite	Madeline Sym	10:46.16
4 #730 Zach Nurnber	Sackville He	10:49.89
5 #430 Cohen Raimondo	Gorsebrook J	10:52.99

Event 45 Girls 3000 Meter Run Intermediate

SSNS: 9:44.38 2022-06-04 Abby Lewis

Name	School	Finals
Finals		
1 #262 Deborah Beach	Dartmouth Hi	10:45.96
2 #219 Faye Chiasson	Citadel High	11:29.83
3 #179 Charlie MacLean	Charles P. A	11:39.17
4 #470 Carley Williams	Halifax Gram	11:39.19
5 #221 Ellora Das	Citadel High	11:39.24

Event 46 Boys 3000 Meter Run Intermediate

SSNS: 8:50.61 2015 Andrew Peverill

Name	School	Finals
Finals		
1 #829 Timothy DeLong	Woodlawn Hig	9:56.92
2 #255 Ryan Giles	Cole Harbour	10:02.91
3 #239 David Ackerman	Citadel High	10:03.80
4 #247 Oliver Neeve	Citadel High	10:04.86
5 #839 Evan Ren	Woodlawn Hig	10:16.76

Event 47 Girls 3000 Meter Run Senior

SSNS: 9:26.12 2019-06-01 Maggie Smith

Name	School	Finals
Finals		
1 #585 Anna Carruthers	Lockview Hig	10:17.08
2 #274 Frances MacLeod	Dartmouth Hi	10:26.82
3 #103 Molly Evers	Bay View Hig	10:49.30
4 #457 Bianca Grossi	Halifax Gram	10:50.58
5 #465 Heidi Nuyens	Halifax Gram	11:08.19

Event 48 Boys 3000 Meter Run Senior

SSNS: 8:40.76 2017-06-03 Andrew Peverill

Name	School	Finals
Finals		
1 #830 Thomas Dewitt	Woodlawn Hig	9:13.89
2 #516 Graham Sauer	Halifax West	9:24.36
3 #25 Connor Macgillivray	Armbrac Acad	10:00.08
4 #339 Lincoln Carmen Lan	Ecole second	10:09.17
5 #112 Mateo Bourque	Bay View Hig	10:23.83

Event 49 Girls 4x400 Meter Relay Junior

SSNS: 4:17.83 2017-06-03 St. Andrew Junior School

Team	Relay	Finals
Finals		
1 St. Agnes Junior High	A	4:26.78
2 Fairview Junior High	A	4:41.71
3 Astral Drive	A	4:47.10
4 Five Bridges	A	4:48.09
5 Sacred Heart School	A	4:48.95

Event 50 Boys 4x400 Meter Relay Junior

SSNS: 3:48.10 2013 Halifax Central Junior

Team	Relay	Finals
Finals		
1 Oxford School	A	4:13.99
2 Georges P. V	A	4:14.65
3 Sacred Heart School	A	4:19.19
4 Rocky Lake J	A	4:20.63
5 Halifax Grammar	A	4:23.80



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Event 51 Girls 4x400 Meter Relay Intermediate

SSNS: 4:07.64 2007 Halifax Grammar

Team	Relay	Finals
Finals		
1 Halifax Grammar	A	4:26.53
2 Lockview High	A	4:34.00
3 Citadel High	A	4:39.80
4 Charles P. Allen	A	4:40.45
5 Rocky Lake J	A	4:44.88

Event 52 Boys 4x400 Meter Relay Intermediate

SSNS: 3:35.40 1984 Prince Andrew (hand)

Team	Relay	Finals
Finals		
1 JL Ilsley High School	A	3:53.41
2 Woodlawn High School	A	3:54.21
3 Bay View High School	A	3:54.72
4 Halifax Grammar	A	3:57.48
5 Charles P. Allen	A	4:03.20

Event 53 Girls 4x400 Meter Relay Senior

SSNS: 4:01.53 2009 Park View

Team	Relay	Finals
Finals		
1 Citadel High	A	4:13.73
2 Bay View High School	A	4:26.33
3 Dartmouth High	A	4:31.03
4 Auburn Drive	A	4:41.43
5 Charles P. Allen	A	4:46.56

Event 54 Boys 4x400 Meter Relay Senior

SSNS: 3:26.09 2014 CEC

Team	Relay	Finals
Finals		
1 Halifax West	A	3:37.93
2 Charles P. Allen	A	3:43.76
3 Armbrac Academy	A	3:51.93
4 Bay View High School	A	3:53.12
5 Woodlawn High School	A	4:00.49

Event 55 Girls Long Jump Junior

SSNS: 5.00m 2023-06-13Myka Wilson

Name	School	Finals
Finals		
1 #685 Reese Adams	Ridgecliff M	J4.31m NWI
2 #410 Kate Whitman	Georges P. V	J4.14m NWI
3 #462 Michelle Mangiri	Halifax Gram	J4.04m NWI
4 #402 Avery MacKinnon	Georges P. V	J3.89m NWI
5 #407 Rylan Soper	Georges P. V	J3.85m NWI

Event 56 Boys Long Jump Junior

SSNS: 5.79m 2012 David MacDonald

Name	School	Finals
Finals		
1 #377 Elijah Amore	Fairview Jun	4.77m NWI
2 #711 Kamji Emezie-Ejimin	Rocky Lake J	4.74m NWI
3 #380 Duncan Ogilvie	Fairview Jun	4.71m NWI
4 #419 Marshall Potter	Georges P. V	4.70m NWI
5 #690 Sun Choi	Ridgecliff M	4.66m NWI

Event 57 Girls Long Jump Intermediate

SSNS: 5.32m 1973 Cecilia Branch

Name	School	Finals
Finals		
1 #267 Brianna Hoskin	Dartmouth Hi	J4.92m NWI
2 #139 Cassidy McFarlane	Bicentennial	J4.53m NWI
3 #794 Adison White	Summit Acade	J4.42m NWI
4 #591 Addison Labucki	Lockview Hig	J4.36m NWI
5 #797 Anna Adara	West Bedford	J4.36m NWI

Event 58 Boys Long Jump Intermediate

SSNS: 6.44m 1997 David Paxton

Name	School	Finals
Finals		
1 #512 Aaron Metzger	Halifax West	5.66m NWI
2 #745 Rowan Pottie	Sackville Hi	5.61m NWI
3 #338 Lamar Gallant	Ecole second	5.60m NWI
4 #282 Josh Bent	Dartmouth Hi	5.49m NWI
5 #202 Emmett Mont	Charles P. A	5.45m NWI

Event 59 Girls Long Jump Senior

SSNS: 5.49m 2017-06-03Denver Fraser

Name	School	Finals
Finals		
1 #459 Vivian Johnson	Halifax Gram	J4.96m NWI
2 #586 Sophie Daigle	Lockview Hig	J4.90m NWI
3 #588 Cate Gaudry	Lockview Hig	J4.82m NWI
4 #63 Ailish Fowler	Auburn Drive	J4.56m NWI
5 #71 Marley McLellan	Auburn Drive	J4.38m NWI

Event 60 Boys Long Jump Senior

SSNS: 7.15m 1956 Dave Lucas

Name	School	Finals
Finals		
1 #280 David Babalola	Dartmouth Hi	J6.36m NWI
2 #200 Keegan May	Charles P. A	J5.77m NWI
3 #129 Ayden Rondeau	Bay View Hig	J5.64m NWI
4 #612 Tucker Potter	Lockview Hig	J5.52m NWI
5 #204 Leo Mont	Charles P. A	J5.42m NWI



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Event 61 Girls High Jump Junior

SSNS: 1.63m 2004 Laura Maessen

Name	School	Finals
Finals		
1 #623 Caitlan Perry	Madeline Sym	J1.43m
1 #31 Emme Chaisson	Astral Drive	J1.43m
3 #410 Kate Whitman	Georges P. V	J1.40m
4 #371 Michaela Salomon	Fairview Jun	J1.40m
5 #141 Zoe Muise	Bicentennial	J1.35m
5 #251 Lucy Drover	Clayton Park	J1.35m

Event 62 Boys High Jump Junior

SSNS: 1.77m 2004 Brandon Mallally

Name	School	Finals
Finals		
1 #417 Oliver Knowles	Georges P. V	J1.48m
2 #697 Rynase Nkanyo	Rockingstone	J1.45m
3 #321 Jackson Lefrank	Ecole du Car	J1.45m
4 #252 Charbel Kodaysi	Clayton Park	J1.45m
4 #682 Delight Maphosa	Park West Sc	J1.45m

Event 63 Girls High Jump Intermediate

SSNS: 1.72m 1986 Tracey Loke

Ties: 1.72m 1986 Natalie Munroe

Name	School	Finals
Finals		
1 #674 Marissa Drane	Park West Sc	J1.35m
2 #800 Lily Jodrey	West Bedford	J1.35m
2 #278 Tori Rendell	Dartmouth Hi	J1.35m
4 #802 Gemma Jupp	West Bedford	J1.35m
5 #182 Kennedy May	Charles P. A	J1.35m

Event 64 Boys High Jump Intermediate

SSNS: 1.95m 1988 Charles MacKay

Name	School	Finals
Finals		
1 #554 Darian Fukala	JL Ilsley Hi	J1.70m
2 #336 Daniel A'Court	Ecole second	J1.65m
3 #26 DJ MacLean	Armbrac Acad	J1.65m
4 #689 Sammy Arowojolu	Ridgecliff M	J1.65m
5 #282 Josh Bent	Dartmouth Hi	J1.65m

Event 65 Girls High Jump Senior

SSNS: 1.81m 2023-06-12Jennessa Wolfe

Name	School	Finals
Finals		
1 #588 Cate Gaudry	Lockview Hig	J1.50m
2 #459 Vivian Johnson	Halifax Gram	J1.45m
3 #71 Marley McLellan	Auburn Drive	J1.40m
4 #225 Deja Hooper-Dixon	Citadel High	J1.40m
5 #548 Dami Nasser	JL Ilsley Hi	J1.35m

Event 66 Boys High Jump Senior

SSNS: 2.06m 1981 Tim Wrigley

Name	School	Finals
Finals		
1 #119 Donovan Jay	Bay View Hig	J1.73m
2 #326 Noah Denis	Ecole du Som	J1.70m
3 #478 King He	Halifax Gram	J1.65m
4 #123 Jonah Macdonald	Bay View Hig	J1.65m
5 #535 Aiden MacLean	Island View	J1.65m

Event 67 Girls Triple Jump Junior

SSNS: 11.00m 2016-06-03Sierra Sweeney

Name	School	Finals
Finals		
1 #778 Sam Terrio	St. Agnes Ju	9.59m NWI
2 #31 Emme Chaisson	Astral Drive	9.40m NWI
3 #34 Katelyn Matthews	Astral Drive	9.14m NWI
4 #373 Marley Sandford	Fairview Jun	9.10m NWI
5 #342 Morgan Lee	Elizabeth Su	8.77m NWI

Event 68 Boys Triple Jump Junior

SSNS: 12.03m 2012 Kaelan Schmidt

Name	School	Finals
Finals		
1 #380 Duncan Ogilvie	Fairview Jun	10.44m NWI
2 #791 Linden Todd	St. Agnes Ju	10.15m NWI
3 #729 Nicholas Ifejianyi	Sackville He	10.06m NWI
4 #377 Elijah Amore	Fairview Jun	9.81m NWI
5 #419 Marshall Potter	Georges P. V	9.63m NWI

Event 69 Girls Triple Jump Intermediate

SSNS: 11.19m 2016-06-03Gabrielle Fraser

Name	School	Finals
Finals		
1 #139 Cassidy McFarlane	Bicentennial	10.09m NWI
2 #797 Anna Adara	West Bedford	10.01m NWI
3 #233 Emmy Mastnak	Citadel High	9.99m NWI
4 #591 Addison Labucki	Lockview Hig	9.77m NWI
5 #36 Lily McGrath	Astral Drive	9.38m NWI

Event 70 Boys Triple Jump Intermediate

SSNS: 13.82m 1986 Mike Arodugba

Name	School	Finals
Finals		
1 #512 Aaron Metzger	Halifax West	12.48m NWI
2 #120 Naeem Kelly	Bay View Hig	11.74m NWI
3 #192 Conor Gilcoyle	Charles P. A	11.39m NWI
4 #30 Fin Sangster	Armbrac Acad	11.09m NWI
5 #838 Ethan Obeng Nkrym	Woodlawn Hig	11.06m NWI



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Event 71 Girls Triple Jump Senior

SSNS: 11.71m 2018-06-01 Gabrielle Fraser

Name	School	Finals
Finals		
1 #734 Zaila Benjamin	Sackville Hi	11.35m NWI
2 #459 Vivian Johnson	Halifax Gram	10.68m NWI
3 #588 Cate Gaudry	Lockview Hig	10.63m NWI
4 #63 Ailish Fowler	Auburn Drive	10.25m NWI
5 #501 Feyikemi Rotimi	Halifax West	9.86m NWI

Event 72 Boys Triple Jump Senior

SSNS: 14.25m 1964 Howie Jackson

Name	School	Finals
Finals		
1 #280 David Babalola	Dartmouth Hi	13.03m NWI
2 #200 Keegan May	Charles P. A	12.36m NWI
3 #204 Leo Mont	Charles P. A	12.30m NWI
4 #129 Ayden Rondeau	Bay View Hig	12.03m NWI
5 #510 Robert Martin	Halifax West	11.93m NWI

Event 73 Girls Shot Put 3kg Junior

SSNS: 11.58m 2010 Taylor Stutley

Name	School	Finals
Finals		
1 #724 Arabella Ings	Sackville He	9.37m
2 #668 Kyla Boutilier	Oyster Pond	8.88m
3 #618 Emma Bayer	Madeline Sym	8.45m
4 #694 Tenzil Musa	Rockingstone	8.06m
5 #164 Julia Campbell	Caledonia Ju	8.04m

Event 74 Boys Shot Put 4kg Junior

SSNS: 14.37m 2016-06-03 Logan Taylor

Name	School	Finals
Finals		
1 #526 Lennox Francis	Highland Par	10.37m
2 #807 Logan Amero	West Bedford	9.72m
3 #448 John Park	Halifax Cent	9.56m
4 #415 Nick Johnson	Georges P. V	9.55m
5 #625 Breton Durdle	Madeline Sym	9.46m

Event 75 Girls Shot Put 4kg Intermediate

SSNS: 12.98m 2009 Chelsea Whalen

Name	School	Finals
Finals		
1 #461 Malaya Leger	Halifax Gram	J8.62m
2 #587 Paityn Fownes	Lockview Hig	J8.61m
3 #14 Peyton Phillips	Armbrae Acad	J8.49m
4 #181 Brynn Martin	Charles P. A	J8.24m
5 #488 Abigail Gaudet	Halifax West	J8.13m

Event 76 Boys Shot Put 5kg Intermediate

SSNS: 14.88m 2016-06-03 Cameron Whynot

Name	School	Finals
Finals		
1 #506 Niko Katsihtis	Halifax West	J13.20m
2 #191 Nick Clarke	Charles P. A	J11.17m
3 #240 Kyriakos Christenser	Citadel High	J9.99m
4 #212 Keaton Synishin	Charles P. A	J9.99m
5 #41 Brayden Cound	Astral Drive	J9.74m

Event 77 Girls Shot Put 4kg Senior

SSNS: 13.26m 2010 Chelsea Whalen

Name	School	Finals
Finals		
1 #548 Dami Nasser	JL Ilsley Hi	8.94m
2 #632 Violet Coffin	Millwood	8.77m
3 #501 Feyikemi Rotimi	Halifax West	8.69m
4 #588 Cate Gaudry	Lockview Hig	8.63m
5 #277 Ruth O'Reagan	Dartmouth Hi	8.32m

Event 78 Boys Shot Put 6kg Senior

SSNS: 16.17m 2012 Peter Millman

Name	School	Finals
Finals		
1 #294 Sam Williams	Dartmouth Hi	11.88m
2 #94 Sydney Stonehouse	Auburn Drive	11.15m
3 #119 Donovan Jay	Bay View Hig	10.35m
4 #113 Jack Britton	Bay View Hig	10.03m
5 #742 Joel Dickinson	Sackville Hi	9.80m

Event 79 Girls Discus Throw 0.75kg Junior

SSNS: 30.77m 2024-05-31 Belle Pierrard

Name	School	Finals
Finals		
1 #668 Kyla Boutilier	Oyster Pond	30.65m
2 #309 Delaney MacKenzie	Eastern Shor	29.57m
3 #398 Allyssa Ivany	Georges P. V	21.83m
4 #618 Emma Bayer	Madeline Sym	21.41m
5 #525 Dean Harris	Highland Par	21.09m

Event 80 Boys Discus Throw 1kg Junior

SSNS: 46.76m 2022-06-04 Max Miniham

Name	School	Finals
Finals		
1 #731 Micah Pottle	Sackville He	32.34m
2 #807 Logan Amero	West Bedford	32.24m
3 #395 Odin Myrick	Five Bridges	29.77m
4 #526 Lennox Francis	Highland Par	28.30m
5 #432 Tayden Yeh	Gorsebrook J	27.65m



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Event 81 Girls Discus Throw 1kg Intermediate

SSNS: 39.15m 2012 Sarah Colborne

Name	School	Finals
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Finals

1	#488 Abigail Gaudet	Halifax West	25.88m
2	#109 Amelia Seymour	Bay View Hig	25.28m
3	#587 Paityn Fownes	Lockview Hig	24.60m
4	#68 Isabelle Lukenda	Auburn Drive	23.88m
5	#671 Rylynne Smith	Oyster Pond	23.29m

Event 82 Boys Discus Throw 1.5kg Intermediate

SSNS: 44.65m 2024-06-01Max Minihan

Name	School	Finals
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Finals

1	#506 Niko Katsihtis	Halifax West	36.04m
2	#360 Jace Haggerty	Eric Graves	27.12m
3	#608 Andrew McArthy	Lockview Hig	26.89m
4	#561 Ibrahim Msabaha	JL Ilsley Hi	26.84m
5	#363 Harley Reid	Eric Graves	25.11m

Event 83 Girls Discus Throw 1kg Senior

SSNS: 41.92m 2012 Kayla Gallagher

Name	School	Finals
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Finals

1	#277 Ruth O'Reagan	Dartmouth Hi	28.83m
2	#753 Olivia Hunter	Sacred Heart	24.25m
3	#501 Feyikemi Rotimi	Halifax West	22.33m
4	#590 Cicely Harnum	Lockview Hig	21.88m
5	#632 Violet Coffin	Millwood	21.47m

Event 84 Boys Discus Throw 1.75kg Senior

SSNS: 49.76m 2012 Peter Millman

Name	School	Finals
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Finals

1	#454 Michael Obudu	Halifax Chri	30.55m
2	#121 Quinn Little	Bay View Hig	29.99m
3	#94 Sydney Stonehouse	Auburn Drive	28.96m
4	#90 Jaden Phinney	Auburn Drive	27.53m
5	#116 Noah Giffin	Bay View Hig	27.46m

Event 85 Girls Javelin Throw 400g Junior

SSNS: 37.38m 1999 Katherine Markusson

Name	School	Finals
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Finals

1	#525 Dean Harris	Highland Par	31.99m
2	#295 Evie Best	Dartmouth So	25.20m
3	#668 Kyla Boutilier	Oyster Pond	24.39m
4	#618 Emma Bayer	Madeline Sym	24.06m
5	#149 Phebe Chandler	Brookside Ju	22.24m

Event 91 Boys Javelin Throw 600g Junior

SSNS: 45.48m 2015 Michael Adams

Name	School	Finals
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Finals

1	#731 Micah Pottle	Sackville He	33.77m
2	#579 Leo Jiang	Leslie Thoma	32.49m
3	#42 Thane Day	Astral Drive	32.03m
4	#486 Jaye Yuan	Halifax Gram	30.54m
5	#448 John Park	Halifax Cent	30.13m

Event 97 Girls Javelin Throw 500g Intermediate

SSNS: 41.73m 2016-06-04Madelyn Quinn

Name	School	Finals
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Finals

1	#552 Madisyn Wile	JL Ilsley Hi	27.23m
2	#488 Abigail Gaudet	Halifax West	26.83m
3	#587 Paityn Fownes	Lockview Hig	24.80m
4	#366 Gracie Downing	Fairview Jun	24.40m
5	#226 Erin Hope	Citadel High	24.15m

Event 103 Boys Javelin Throw 700g Intermediate

SSNS: 54.19m 2019-05-31Noah Berniquer

Name	School	Finals
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Finals

1	#157 Austin Briggs	Brookside Ju	37.23m
2	#318 Devin Parker	Eastern Shor	37.12m
3	#81 Josh Dennison	Auburn Drive	36.97m
4	#474 Coulton Downey	Halifax Gram	36.01m
5	#437 Devayo Dorsett	Graham Creig	32.79m

Event 109 Girls Javelin Throw 600g Senior

SSNS: 44.20m 2010 Chelsea Whalen

Name	School	Finals
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Finals

1	#324 Elayna Brooks	Ecole du Som	28.86m
2	#277 Ruth O'Reagan	Dartmouth Hi	26.84m
3	#632 Violet Coffin	Millwood	23.84m
4	#225 Deja Hooper-Dixon	Citadel High	23.77m
5	#495 Julia McInnis`	Halifax West	23.76m

Event 115 Boys Javelin Throw 800g Senior

SSNS: 61.64m 2005 Adam Wolkins

Name	School	Finals
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Finals

1	#214 Connor Watt	Charles P. A	44.05m
2	#250 Luke Young	Citadel High	36.81m
3	#312 Rylan Bent	Eastern Shor	36.61m
4	#740 Noah Baird	Sackville Hi	35.92m
5	#90 Jaden Phinney	Auburn Drive	35.40m



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Event 120 Girls 100 Meter Dash Supported Junior

Name	School	Finals
Finals		
1 #530 Zoey Benett	Island View	15.71 NWI
2 #167 Cylvia Wainright Tay	Caledonia Ju	16.39 NWI
3 #409 Cassie Wile	Georges P. V	16.74 NWI
4 #762 Ember Seguin	Sir Robert B	17.12 NWI
5 #165 Day'jah Macdonald	Caledonia Ju	18.17 NWI

Event 121 Boys 100 Meter Dash Supported Junior

Name	School	Finals
Finals		
1 #643 Joshua Campbell	Millwood	13.00 NWI
2 #46 Owen Jewer	Astral Drive	13.35 NWI
3 #768 Maxx Hebrard	Sir Robert B	13.61 NWI
4 #763 Jordan Amoateng	Sir Robert B	13.95 NWI
5 #648 Ethan Murphy	Millwood	14.19 NWI

Event 122 Girls 100 Meter Dash Supported Senior

Name	School	Finals
Finals		
1 #232 Bella MacKenzie	Citadel High	12.94 NWI
2 #589 Mykeirah Gray	Lockview Hig	14.35 NWI
3 #77 Brooklyn Willis	Auburn Drive	15.75 NWI
4 #230 Megan Lusby	Citadel High	16.10 NWI
5 #60 Olivia Ferus	Auburn Drive	16.48 NWI

Event 123 Boys 100 Meter Dash Supported Senior

Name	School	Finals
Finals		
1 #841 Resean Simmons-Fei	Woodlawn Hig	11.73 NWI
2 #78 Jay-Von Beals	Auburn Drive	11.91 NWI
3 #741 Nick Cooper	Sackville Hi	12.07 NWI
4 #79 Deray Cain-Downey	Auburn Drive	12.23 NWI
5 #502 Hunter Ashley	Halifax West	12.85 NWI

Event 124 Girls Shot Put 3kg-3 throws Supported Junior

Name	School	Finals
Finals		
1 #167 Cylvia Wainright Tay	Caledonia Ju	4.00m
2 #530 Zoey Benett	Island View	3.55m
3 #762 Ember Seguin	Sir Robert B	3.52m
4 #165 Day'jah Macdonald	Caledonia Ju	3.17m
5 #780 Sahar Tofan Ataye	St. Agnes Ju	2.80m

Event 125 Boys Shot Put 4kg-3 throws Supported Junior

Name	School	Finals
Finals		
1 #46 Owen Jewer	Astral Drive	5.87m
2 #768 Maxx Hebrard	Sir Robert B	5.84m
3 #383 Aidan Stone	Fairview Jun	5.58m
4 #666 Jelani Stevenson	Oxford Schoo	5.48m

5	#696 Hans Dibra	Rockingstone	5.26m
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Event 126 Girls Shot Put 3kg-3 throws Supported Senior

Name	School	Finals
Finals		
1 #231 Marissa Macisaac-Fi	Citadel High	5.20m
2 #232 Bella MacKenzie	Citadel High	4.99m
3 #60 Olivia Ferus	Auburn Drive	4.85m
4 #77 Brooklyn Willis	Auburn Drive	4.69m
5 #593 Maliah Lucas	Lockview Hig	4.37m

Event 127 Boys Shot Put 4kg-3 throws Supported Senior

Name	School	Finals
Finals		
1 #741 Nick Cooper	Sackville Hi	9.36m
2 #78 Jay-Von Beals	Auburn Drive	8.53m
3 #243 Jacob Martin	Citadel High	8.51m
4 #515 Kasey Roy	Halifax West	8.18m
5 #827 Philip Bourque	Woodlawn Hig	7.10m

Event 128 Girls Long Jump 3 jumps Supported Junior

Name	School	Finals
Finals		
1 #762 Ember Seguin	Sir Robert B	1.50m NWI
2 #530 Zoey Benett	Island View	1.43m NWI
3 #411 Cassandra Wile	Georges P. V	1.03m NWI

Event 129 Boys Long Jump 3 jumps Supported Junior

Name	School	Finals
Finals		
1 #46 Owen Jewer	Astral Drive	J3.57m NWI
2 #643 Joshua Campbell	Millwood	J3.22m NWI
3 #394 Blake Langdon	Five Bridges	J2.65m NWI
4 #786 Cruz Bellefontaine	St. Agnes Ju	J2.49m NWI
5 #600 Max Anderson	Lockview Hig	J2.47m NWI

Event 130 Girls Long Jump 3 jumps Supported Senior

Name	School	Finals
Finals		
1 #231 Marissa Macisaac-Fi	Citadel High	2.11m NWI
2 #736 Dawn MacKenzie	Sackville Hi	1.82m NWI
3 #232 Bella MacKenzie	Citadel High	1.77m NWI
4 #77 Brooklyn Willis	Auburn Drive	1.72m NWI
5 #497 Maggie Mills	Halifax West	1.68m NWI

Event 131 Boys Long Jump 3 jumps Supported Senior

Name	School	Finals
Finals		
1 #741 Nick Cooper	Sackville Hi	3.47m NWI
2 #78 Jay-Von Beals	Auburn Drive	3.38m NWI
3 #642 Tyler Burgess	Millwood	3.12m NWI
4 #515 Kasey Roy	Halifax West	2.96m NWI
5 #517 Aven Stanford	Halifax West	2.73m NWI



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Event 137 Boys Shot Put 4kg-3 throws Ambulatory Para Athlete

Name	School	Finals
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Finals

1	#796 Charlie Whalen	Unattached	3.07m
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Women - Junior - Team Rankings - 15 Events Scored

1)	St. Agnes Junior High	146
2)	Georges P. Vanier Junior High	123
3)	Astral Drive Junior High	87
4)	Fairview Junior High	85
5)	Madeline Symonds Middle School	71
6)	Ridgecliff Middle School	59
7)	Halifax Grammar	47
8)	Gorsebrook Junior High	40
9)	Five Bridges Junior High	37
10)	Oyster Pond Academy	31
11)	Sacred Heart School	25
12)	Summit Academy of Active Learn	21
13)	Highland Park Junior High	19
14)	Bicentennial School	16.5
15)	Sackville Heights Junior High	16
15)	Dartmouth South Academy	16
15)	Brookside Junior High	16
18)	Caledonia Junior High	14
18)	Graham Creighton Junior High	14
20)	Eastern Shore Consolidated	10
20)	Oxford School	10
22)	Rockingstone Heights	8
23)	Elizabeth Sutherland	7
24)	Clayton Park Junior High	6.5
25)	Ellenvale Junior High	6
25)	Rocky Lake Junior High	6
25)	A.J. Smeltzer Junior	6
28)	Ecole Mer et Monde	5
29)	Halifax Central Junior High	4
29)	Eastern Passage Education Cent	4

Women - Intermediate - Team Rankings - 15 Events Scored

1)	Citadel High	124
2)	Dartmouth High	113.5
3)	Lockview High	110
4)	Halifax Grammar	93
5)	Charles P. Allen	84
6)	Halifax West	54
7)	West Bedford High School	53.5
8)	Bicentennial School	39
9)	Woodlawn High School	35
10)	Rocky Lake Junior High	31
11)	JL Ilsley High School	27
12)	Armbrac Academy	24
13)	Brookside Junior High	21
14)	Oxford School	20

15)	Auburn Drive	18
16)	Summit Academy of Active Learn	15
17)	Astral Drive Junior High	14
18)	Fairview Junior High	13
19)	Park West School	12
20)	St. Agnes Junior High	11
21)	Millwood	10
21)	Bay View High School	10
21)	Sacred Heart School	10
24)	Oyster Pond Academy	7
25)	Eastern Shore Consolidated	5
25)	Graham Creighton Junior High	5
27)	Five Bridges Junior High	4
27)	Ecole secondaire Mosaïque	4



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1) Lockview High	146
2) Citadel High	145
3) Dartmouth High	122
4) Halifax West	98
5) Auburn Drive	95
6) Halifax Grammar	90
7) Bay View High School	77
8) Charles P. Allen	51
9) JL Ilsley High School	34
10) Millwood	31
11) Sackville High	20
12) Sacred Heart School	18
13) Armbrae Academy	12
13) Ecole du Sommet	12
15) Woodlawn High School	5

Women - Supported Junior - Team Rankings - 3 Events Scored

1) Caledonia Junior High	37
2) Island View High School	32
3) Georges P. Vanier Junior High	29
3) Sir Robert Borden	29
5) St. Agnes Junior High	11
6) Eric Graves Junior High	10
7) Ellenvale Junior High	5

Women - Supported Senior - Team Rankings - 3 Events Scored

1) Citadel High	69
2) Auburn Drive	52
3) Lockview High	22
4) Sackville High	14
5) Halifax West	11
6) Dartmouth High	10
7) Woodlawn High School	5

Men - Junior - Team Rankings - 15 Events Scored

1) Georges P. Vanier Junior High	148
2) Halifax Grammar	66
3) Sackville Heights Junior High	58
4) St. Agnes Junior High	53
4) Fairview Junior High	53
6) Leslie Thomas Junior High	50
7) Oxford School	49
8) Rocky Lake Junior High	48
9) Park West School	43.5
10) Gorsebrook Junior High	38
11) Astral Drive Junior High	27
12) Madeline Symonds Middle School	25
13) Sir Robert Borden	24
14) John Martin Junior High	23

15) Halifax Central Junior High	20
15) Highland Park Junior High	20
15) West Bedford High School	20
18) Armbrae Academy	19
19) Ecole Mer et Monde	17
19) Ridgecliff Middle School	17



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21) Ecole du Carrefour	15
22) Cunard Junior High	14
23) Clayton Park Junior High	13.5
24) Ellenvale Junior High	13
25) Sacred Heart School	12
26) Graham Creighton Junior High	11
27) Rockingstone Heights	10
27) Caledonia Junior High	10
29) Oyster Pond Academy	9
29) Five Bridges Junior High	9
31) Bedford Academy	8
32) Dartmouth South Academy	6
32) Bicentennial School	6
34) Eastern Shore Consolidated	5

Men - Intermediate - Team Rankings - 15 Events Scored

1) Charles P. Allen	136
2) Woodlawn High School	108
3) JL Ilsley High School	80
4) Bay View High School	79
5) Citadel High	76
6) Halifax West	70
7) Sackville High	54
8) Lockview High	53
9) Armbrae Academy	44
10) Halifax Grammar	29
11) Ecole secondaire Mosaique	28
11) Oxford School	28
13) Auburn Drive	21
14) Dartmouth High	20
15) Cole Harbour District High	19
16) Bicentennial School	18
17) Eric Graves Junior High	17
18) Eastern Shore Consolidated	16
19) Brookside Junior High	12
20) Rocky Lake Junior High	9
21) Ridgecliff Middle School	8
22) Astral Drive Junior High	7
22) Graham Creighton Junior High	7
22) Ecole du Sommet	7
25) Millwood	6
26) Fairview Junior High	4

Men - Senior - Team Rankings - 15 Events Scored

1) Charles P. Allen	154
2) Bay View High School	140
3) Dartmouth High	118
4) Halifax West	94
5) Lockview High	88
6) Auburn Drive	81
7) Armbrae Academy	72
8) Woodlawn High School	65

9) Citadel High	28
10) Halifax Christian Academy	23
11) Ecole secondaire Mosaique	17
12) Sackville High	15
12) Halifax Grammar	15
14) Millwood	13
14) Eastern Shore Consolidated	13
16) Island View High School	11
17) Ecole du Sommet	10
17) JL Ilsley High School	10

Men - Supported Junior - Team Rankings - 3 Events Scored

1) Astral Drive Junior High	34
2) Millwood	29



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2025 SSNS Capital Regional Championships - 2025-05-21 to 2025-05-22**Results**

3) Sir Robert Borden	27
4) Lockview High	18
5) Harold T. Barrett Junior High	14
6) Rockingstone Heights	13
6) Five Bridges Junior High	13
8) Fairview Junior High	9
9) St. Agnes Junior High	8
9) Oxford School	8
11) Eric Graves Junior High	5
11) Caledonia Junior High	5

Men - Supported Senior - Team Rankings - 3 Events Scored

1) Auburn Drive	43
2) Halifax West	36
3) Sackville High	33
4) Woodlawn High School	27
5) Eastern Shore Consolidated	16
6) Citadel High	14
6) Millwood	14



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