



# 2025 Western Region Track and Field Championships



## Program

**May 23/24**

**Bridgetown Community Hub  
Bridgetown, NS**

***30 Faye Rd. Bridgetown, Annapolis County***

# School Sport Nova Scotia Western Regional 2025 Track and Field Championships

## Meet Officials

Meet Director	Michael Stoddart
Head Clerk	Cathy Baldwin
Assistant Clerk(s)	Ellen Burnett
Track Referee	Devan Naugler/Ryan Elmore
Head Field Judge	Dave Molnar/Greg Wile
Head Jumping Judge	??
Finish Line Judge	Phillip Hadley/KES
Placers	Phillip Hadley/KES
Head Timer	Phillip Hadley/KES
Timers	Phillip Hadley/KES
Starters	Andre Benoit/TBD
Supported Athletes	Selena Davidson Eno
Scoring	Richie Shipp
Jury of Appeal (3)	1 from each District <ul style="list-style-type: none"> <li>• Ryan Elmore - Annapolis/Digby</li> <li>• Torey Grimshaw - Shelburne/Yarmouth</li> <li>• Dale Sanford - Kings/Hants</li> <li>• Dean McDow - Lunenburg/Queens</li> </ul>
Awards Presentations	Devan Naugler
First Aid Station	St John Ambulance
Public Address	Bri Bolivar

## Event Responsibility

Timers	KES
Placers	KES
Hurdles	Kings/Hants West
Javelin	Shelburne/Yarmouth
Shot Put	Lunenburg/Queens
Discus	Shelburne/Yarmouth
High Jump	Lunenburg/Queens
Long Jump	Annapolis/Digby
Triple Jump	Annapolis/Digby
Relays <ul style="list-style-type: none"> <li>• 1st corner</li> <li>• 2nd corner</li> <li>• 3rd corner</li> </ul>	Lunenburg/Queens Kings/Hants Annapolis/Digby (2024/26/28/etc) Shelburne/Yarmouth (2025/27/29/etc.)
Supported Athletes	Host District

## General Information

### Registration Fee

- The registration fee is \$200.00 per school or \$20.00 per athlete for schools with fewer than 10 athletes.
- Cheques are to be made payable to Northeast Kings Education Centre
  - Memo: Regional Track.

### Coaches meeting

- The coaches meeting will be held on Friday morning at 9:30 down by the finish line

### Advancements to Provincials

- 4 track
- 4 field
- 4 relays

### Awards

- Ribbons for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> all events
- Banners are presented for each age/sex classification

### Scratches

- If an athlete scratches an event, they will be scratched from all events. Coaches must approach the official to scratch an athlete, athletes cannot scratch themselves.  
Please see pages 10-12 for new scratch protocols and Request for Medical Scratch

### Reporting to events

- Competitors in a field event who must leave for a track event must tell the field official.
- When they return to the field event, they may continue the competition in the round which is currently taking place.
  - Eg: If they leave during the second throws and return before 2nd throws are completed, they may have their second throw at the end of that round. However, if second throws are completed and 3rd have started, they will have missed the second round.
  - The onus is on the athlete to be responsible for returning to the field without delay.

### Individuals/teams unable to compete beyond this event

- If an athlete or a relay team cannot compete at the provincial meet, the next standing team takes their place. It is recommended that the coach contact the alternate team ASAP to let them know their athlete will be advancing.

Athlete conduct

- Unacceptable behavior (verbal or physical actions) may result in disqualification from event(s) and/or the entire meet, in which case, participation in the provincial event will not be possible.
- Athletes must wear school identifying tops (singlet, t-shirt, etc.) during their events

Special areas

- Only athletes and officials are to be inside the fenced in areas
- Tents and team hang out areas may be set up along the exterior perimeter of the track. Please bring pegs and weights to anchor your tents.

Spikes

- 7mm (maximum) spikes are only to be used on the synthetic track surfaces

Throwing events

- Throwing events will be held on grass field to the East of the track
  - The javelin and all jumping runways are synthetic

Jumping events

- Long and triple jump are held to the East side of the track.
  - Runways for both are synthetic
- High jump will be held at the North end of the track, spikes may be worn.

Supervision during throwing practice

- Athletes are not to be practicing shot, discus or javelin unless under direct supervision of coach in designated areas
- Failure to follow this may result in the implements being confiscated, and/or the individual or even team being disqualified

Hurdles measurements

- |                      |       |       |      |
|----------------------|-------|-------|------|
| • Junior Girls       | 80 m  | (30") | .76m |
| • Intermediate Girls | 80 m  | (30") | .76m |
| • Junior Boys        | 80 m  | (30") | .76m |
| • Senior Girls       | 100 m | (30") | .76m |
| • Intermediate Boys  | 100 m | (33") | .83m |
| • Senior Boys        | 110 m | (36") | .9m  |

Hurdle placement

- |                              | <i>80m</i> | <i>100m</i>   | <i>110m</i> |
|------------------------------|------------|---------------|-------------|
| • From start to first hurdle | 12m        | 13.00m        | 13.72m      |
| • Between each hurdle        | 8m (black) | 8.5m (yellow) | 9.14m (red) |
| • From last hurdle to finish | 12m        | 10.5m         | 14.02m      |

High jump– Starting heights

- Junior Boys - 1.25 m
- Junior Girls - 1.15 m
- Intermediate Boys - 1.40 m
- Intermediate Girls - 1.25 m
- Senior Boys - 1.45 m
- Senior Girls - 1.25 m

Shot put

- Junior Girls/Para Girls/Supported Athlete Girls -3 kg
- JB/IG/SG/Para Boys/SA Boys – 4kg
- Intermediate Boys – 5 kg
- Senior Boys – 6 kg

Discus

- Junior Girls – 0.75 kg
- SG/IG/JB – 1 kg
- Intermediate Boys – 1.5 kg
- Senior Boys – 1.75 kg

Javelin

- Junior Girls – 400 g
- Intermediate Girls – 500 g
- Junior Boys/Senior Girls – 600 g
- Intermediate Boys – 700 g
- Senior Boys – 800 g

Scoring system

- Points will be awarded according to the following:

INDIVIDUAL EVENTS

1st	-	12
2nd	-	10
3rd	-	9
4th	-	8
5th	-	7
6th	-	6
7th	-	5
8th	-	4

RELAYS:

1st	-	16
2nd	-	14
3rd	-	12
4th	-	11
5th	-	10
6th	-	9
7th	-	8
8th	-	7

Canteen & washrooms

- Canteen will be over by the Tennis courts
- Portable toilets available on site. No change rooms available.
- Accessible washrooms are available

- Bring chairs, tents, etc. (plenty of room for set up) limited available seating.

#### Other rules

- [SSNS T&F Specific Rules:](#)
- All other rules will follow IAAF standard.

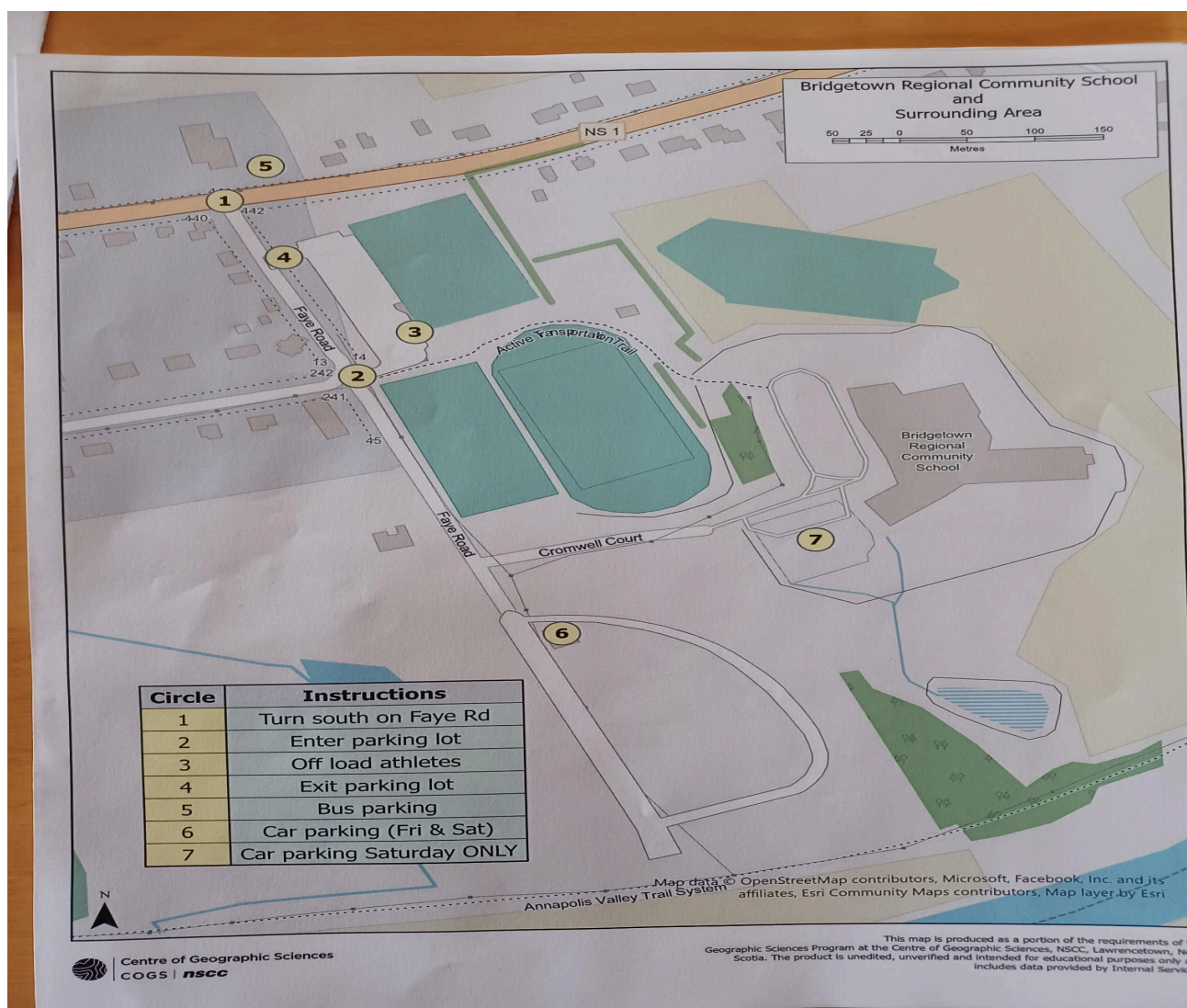
#### Site Map:



#### **Parking:**

Please do not park along Faye Road or Centennial Drive (refer to site map). School buses and the transit bus need room to get through. Parking is not permitted at the school on Friday. The school parking area can be used on Saturday. The site map shows the available parking areas.





## Location: Bridgetown Community Sports Hub

Bridgetown Community Sports Hub is located by Bridgetown Community School just off the 101 highway. 30 Faye Road, Bridgetown, Annapolis County

### Travel Direction:

Take Highway 101 to Hwy 1. Take exit 20 to Hwy 1. Destination will be on your left.

**Hotels:****Bridgetown Motor Inn**

396 Granville St E, Bridgetown, NS B0S 1C0 (902) 665-4403

**Carleton Inn and Cottages**

4101 Hwy 201, Bridgetown, NS B0S 1C0 (902) 665-4716

## Western Region Track and Field Schedule of Events

### May 23/24, 2025

ATHLETES ARE EXPECTED TO BE PRESENT AND READY TO COMPETE IN  
THEIR TRACK EVENT 20 MINUTES PRIOR TO THE POSTED TIME

#### Day 1 Track Events Schedule

10:00 am	80m Hurdles	Semi-Finals Junior Girls, Junior Boys, Intermediate Girls,
10:40 am	100m Hurdles	Semi-Finals Senior Girls, Intermediate Boys
	110m Hurdles	Semi-Finals Senior Boys
11:20 am	Hurdle Finals	Jr. Girls, Jr. Boys, Int. Girls, Sr. Girls, Int. Boys, Sr. Boys
11:50 am.	400m Heats	Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys
1:00 pm	<b>Ribbon presentations (Hurdles)</b>	
1:10 p.m.	100m Heats	Jr. Girls, Jr. Boys
1:30 p.m.	100m	Timed Finals Supported Athletes Competition
	<b>Ribbon Presentation after event</b>	
2:00 p.m.	100m Heats	Int. Girls, Int. Boys, Sr. Girls, Sr. Boys
3:20 p.m.	1500m Timed Finals	Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys
4:50 p.m.	100m Finals	Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys
5:20 p.m.	400m Finals	Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

**Ribbon Presentations (1500m, 100m, 400m, if ready)**



## **Day 1 Field Events Schedule**

**Ribbons will be presented for all field events at the field location directly following.**

### 10:00 a.m.

Shot Put	Supported Athlete JG (shot pad)
Shot Put	Supported Athlete JB (discus pad)
Long Jump	Supported Athlete SG (triple pit)
Long jump	Supported Athlete SB (long pit)

### 12:00 p.m.

Shot Put	Supported Athlete SG (shot pad)
Shot Put	Supported Athlete SB (disc pad)
Long Jump	Supported Athlete JG (triple pit)
Long Jump	Supported Athlete JB (long pit)

### 11:00 a.m.

Long Jump	Int. Boys
High Jump	Jr. Girls
Triple Jump	Int. Girls
Shot Put	Jr. Boys
Discus	Sr. Girls
Javelin	Sr. Boys

### 1:00 p.m.

Long Jump	Jr. Boys
High Jump	Int. Girls
Triple Jump	Sr. Girls
Shot Put	Sr. Boys
Discus	Jr. Girls
Javelin	Int. Boys

### 3:00 p.m.

Long Jump	Sr. Boys
High Jump	Sr. Girls
Triple Jump	Jr. Girls
Shot Put	Int. Boys
Discus	Int. Girls
Javelin	Jr. Boys

## **School Sport Nova Scotia Western Region Track and Field Schedule of Events May 23/24, 2025**

**ATHLETES ARE EXPECTED TO BE PRESENT AND READY TO COMPETE IN  
THEIR TRACK EVENT 20 MINUTES PRIOR TO THE POSTED TIME**

## **Day 2 Track Events Schedule**

10:00 a.m.	200m Heats	Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys
	200m Final	Para Athletes
11:30 a.m.	800m Timed Finals	Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys, Para Athletes
12:00 p.m.	<b>Ribbon Presentations</b> (800m if ready)	
12:30 p.m.	4 x 100 Timed Finals	Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys
2:00 p.m.	200m Finals	Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys
2:50 p.m.	<b>Ribbon Presentations</b> (4X100, 200m)	

3:00 p.m. 3000m Finals Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys  
 4:15 p.m. 4 x 400m Timed Finals Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

**Ribbon Presentations (3000m, 4X400)**  
**Presentation of Regional Banners**

**Day 2 Field Events Schedule**

**Ribbons will be presented for all field events at the field location directly following.**

<u>10:30 a.m.</u>		<u>12:30 p.m.</u>		<u>2:30 p.m.</u>	
Long Jump	Int. Girls	Long Jump	Jr. Girls	Long Jump	Sr. Girls
High Jump	Sr. Boys	High Jump	Jr. Boys	High Jump	Int. Boys
Triple Jump	Jr. Boys	Triple Jump	Int. Boys	Triple Jump	Sr. Boys
Shot Put	Jr. Girls	Shot Put	Sr. Girls	Shot Put	Int. Girls
Discus	Int. Boys	Discus	Sr. Boys	Discus	Jr. Boys
Javelin	Sr. Girls	Javelin	Int. Girls	Javelin	Jr. Girls
				<u>2:00 p.m.</u>	
				Shot Put	Para Athletes

**Western Track & Field Scratching Policy**

**Statement of expectation**

- It is the expectation of all athletes participating at the Western Region Track and Field meet that they will compete in all of their registered events with an honest effort.

**Consequence**

- Failure to meet these expectations will result in the athlete being declared ineligible in all events (individual and team) for the remainder of the meet, and prevent advancement to provincials in any event.

**Exception**

- In instances involving a documented medical situation that provides reasonable rationale for an athlete to miss one (or more) event(s) but remain eligible for one (or more) other event(s), the meet director may:
  - Issue approval provided the coach has completed and submitted to him/her a Medical Scratch Form, and meet the following criteria:
    - The request has been submitted before the commencement of the meet for all pre-existing medical conditions/issues
    - The request has been submitted a minimum of 60 minutes prior to the commencement of the event for which they are requesting the medical scratch for issues that have arisen during the meet

### Scratched athlete list

- There will be a scratched athlete list, containing two sections, that will be located by the result postings.
- The top section containing the names of athletes that have been declared ineligible for the remainder of the event will be populated by athletes that:
  1. Have been scratched by their coaches (as filled in by the meet director, or the individual responsible for running the event when they submit their raw results to the Meet Manager table)
  2. Did not attend their events (as filled in by the individual responsible for running the event when they submit their raw results to the Meet Manager table)
- The bottom section containing the list of athletes that were pre-approved for medical exemption will be filled in by the meet director prior to the event that they missed.

### Notes

1. As with all aspects of school sport ethics play a major role in the facilitation of any SSNS competition. Coaches are reminded that they are role models for our student athletes, and need to understand the purpose of this rule within the realm of school sport. We are about the development of the whole person, and our main focus is not on winning championships or banners.
2. **Honest effort**: athletes cannot simply start an event and either quit part-way through the race, or give an effort that is so insufficient that it makes a travesty of the event. In the event this happens, the athlete may be declared ineligible for the remainder of the meet.
3. The expectation is that the athlete is in control of their own schedule and attendance for all of their events.
4. A non-approved scratch in any event at any time in the meet will result in the athlete being declared ineligible to advance to provincials, even in events that they have previously qualified for in the meet.
5. Coaches will scratch their athletes in those instances when the athlete will not be entering into the competition.
  - The adults are to do this at the marshaling, throwing, or jumping areas when the event is called.
6. If the request for medical scratch is denied the athlete may still choose to compete in their event if they so choose, rather than risking scratching the rest of the meet.
  - Please see Note 2
7. The meet director may call upon the committee of appeals to help with any determination

## REQUEST FOR MEDICAL SCRATCH

SSNS Western Region Track and Field

School:

Coach:

Date:

Time:

Athlete:

Event(s) requested to miss:

Day/time of this/these event(s):

Event(s) requested to remain a competitor:

Day/time of this/these event(s):

Medical condition:

Documentation provided:    yes    no

If no documentation provided, please provide a brief description of why there was none provided:

Rationale for this athlete scratching this/these event(s), but remaining in one or more others (i.e. why is this medically necessary?):

*\*Please note: this form must be completed and submitted within the expect time frames*

## Western Region Track and Field Records

### JUNIOR GIRLS

<b>Event</b>	<b>Person</b>	<b>Time/Dist.</b>	<b>School</b>	<b>Year</b>
80m Hurdles	Jenna Turner	12.61	New Ross	2018
100 m	Gillian Rafuse	12.50	Hebbville	2000
200 m	Kaitlynne Mead	26.75	Pine Ridge	2024
400 m	Jenna Martin	1:02.26	North Queens	2002
800 m	Rebecca Coady	2:27.59	Annapolis	2003
1500 m	Alison Letourneau	5:02.53	Pine Ridge	2003
3000 m	Alison Letourneau	11:10.06	Pine Ridge	2003
4 x 100m	Hebbville	53.81	Hebbville	2014
4 x 400m	Hebbville	4:32.68	Hebbville	2014
Shot Put (3.0 kg)	Lilly Lantz	10.58 m	CAMS	2024
Discus (1 Kg)	Laura Hubbert	29.20m	Berwick	1997
Discus (.750g)	Mackenzie Croker	30.14m	Islands Cons	2016
Javelin (600 gm)	Allison Chandler	30.67m	CAMS	2012
Javelin (400gm)	Ellen Laurence	35.98m	KCA	2015
High Jump	L. Surette	1.53m	Berwick	1981
Long Jump	Ella Knock	4.73m	Wolfville	2018
Triple Jump	Taya Wile	10.38m	New Germany	2024
Pole Vault	Ashley Rogers	2.21m	Coldbrook	2015

### JUNIOR BOYS

<b>Event</b>	<b>Person</b>	<b>Time/Dist.</b>	<b>School</b>	<b>Year</b>
80m Hurdles	Noah Fraughton	12.63	CAMS	2024
100 m	Sailor Atwood	11.31	Barrington	2016
200 m	Cameron Veinot	24.47	North Queens	2005
400 m	MacKenzie Beattie	55.36	Berwick & Distr	2014
800 m	Hudson Grimshaw-Surette	2:09.47	MG	2013
1500 m	Hudson Grimshaw-Surette	4:31.25	MG	2013
3000 m	Tobias Wolter	9:39.62	Hebbville	2011
4 x 100	Barrington	48:91	Barrington	2016
4 x 400	West Hants	4:05.27	West Hants	2016
Shot Put (4kg)	Logan Taylor	13.67m	Bluenose	2016
Discus	Chris Schnare	41.30	Hebbville	1999
Javelin (600g)	T. Tobin	49.66m	Annapolis	1993
High Jump	Gage Sabeau	1.71m	Coldbrook	2012
Long Jump	J. Newcombe	5.46m	Coldbrook	1991
Triple Jump	C. Bolivar	11.28m	Chester	1991
Pole Vault	Ben Best	2.61m	Central Kings	2011

## Western Region Track and Field Records

### INTERMEDIATE GIRLS

<b>Event</b>	<b>Person</b>	<b>Time/Dist.</b>	<b>School</b>	<b>Year</b>
80m Hurdles	Jada Buchanan	12.48	Bridgewater Jr.	2023
100 m	Christine Fleury	12.00	West Kings	1997
200 m	Christine Fleury	25.66	West Kings	1997
400 m	Jenna Martin	58.31	Bridgewater	2003
800 m	Ruby Harris	2:20.18	Park View	2023
1500 m	Zoe Mosher	4:55.22	Bridgewater	2022
3000 m	Zoe Mosher	10:26.04	Bridgewater	2022
4 x 100	Park View	51.80	Park View	2016
4 x 400	Park View	4:20.81	Park View	2024
Shot Put (4kg)	Chelsea Whalen	13.10m	Liverpool Regional	2009
Discus (1.0 kg)	Chelsea Whalen	33.61m	Liverpool Regional	2009
Javelin (600g)	Chelsea Whalen	38.49m	Liverpool Regional	2009
Javelin (500g)	Renée Cleveland	38.38m	ESDC	2016
High Jump	Lynette Surette	1.59m	West Kings	1983
Long Jump	Rachel Holland	5.14m	Middleton	2015
Triple Jump	Julia Akao	11.05m	Horton High	2024
Pole Vault	Hayley Gates	2.50 M	Park View	2010

### INTERMEDIATE BOYS

<b>Event</b>	<b>Person</b>	<b>Time/Dist.</b>	<b>School</b>	<b>Year</b>
100m Hurdles	Ryan Vanderwal	14.76	Park View	2023
100 m	Joshua Mills	10.80	Kings-Edgehill	2017
200 m	James Lucas	22.93	Park View	2013
400 m	MacKenzie Beattie	51.80	Central Kings	2015
800 m	Hudson Grimshaw-Surrette	1:57.34	Yarmouth	2015
1500 m	Hudson Grimshaw-Surrette	4:07.38	Yarmouth	2015
3000 m	Tobias Wolter	8:55.91	Park View	2013
4 x 100 m	Park View	46.67	Park View	2024
4 x 400 m	Park View	3:45.13	Park View	2013
Shot Put (5 kg)	Cameron Whynot	15.48 m	Park View	2016
Discus (1.616 kg)	Cameron MacLennan	41.96m	Liverpool Regional	2010
Discus (1.5 kg)	Josh Bell	43.50m	Park View	2015
Javelin (700 gm)	Taylor Goddick	52.53m	Shelburne	2017
High Jump	Cory Taylor	1.85m	Yarmouth	1991
	Ben Deviller	1.85m	Yarmouth	2007
Long Jump	Max Mitchell	6,32m	West Kings	2024
Triple Jump	Cyril Veinot	12.66m	Bridgewater	1984
Pole Vault	Austin Visser	3.22m	Central Kings	2015

## Western Region Track and Field Records

### SENIOR GIRLS

<b>Event</b>	<b>Person</b>	<b>Time/Dist.</b>	<b>School</b>	<b>Year</b>
100m Hurdles	Danielle Cumby	16.59	Horton	2022
100 m	Jenna Martin	12.03	Bridgetown	2006
200m	Jenna Martin	24.95	Bridgetown	2006
400 m	Jenna Martin	58.31	Bridgetown	2006
800 m	Zoe Mosher	2:18.68	Park View	2024
1500 m	Stephanie Skoreyko	4:50.94	Park View	2006
3000 m	Zoe Mosher	10:07.20	Park View	2024
4 x 100	Park View	51.40	Park View	2014
4 x 400	Park View	4:11.93	Park View	2014
Shot Put (4kg)	Chelsea Whalen	13.5	Liverpool Regional	2010
Discus (1kg)	Chelsea Whalen	36.78m	Liverpool Regional	2010
Javelin (600g)	Chelsea Whalen	40.22m	Liverpool Regional	2010
High Jump	Rachel MacIntosh	1.64m	Park View	2008
Long Jump	Rachel Holland	5.40m	Middleton	2016
Triple Jump	Rachel Holland	10.69m	Middleton	2016
	Rachel Holland	10.69m	Middleton	2017
Pole Vault	Maia Jorgenson	2.80	Park View	2008

### SENIOR BOYS

<b>Event</b>	<b>Person</b>	<b>Time/Dist.</b>	<b>School</b>	<b>Year</b>
110 m Hurdles	Luke Colwell	15.12	Park View	2024
100 m	James Lucas	10.48	Park View	2015
200 m	James Lucas	21.55	Park View	2015
400 m	Jacob Symonds	49.13	Barrington	2018
800 m	Silas Conlin-Morse	1:55.27	Horton	2024
1500 m	Hudson Grimshaw-Surette	3:59.91	Yarmouth	2017
3000 m	Brett King	8:48.20	Horton High	2023
4 x 100 m	Park View	44.03	Park View	2015
4 x 400 m	Horton	3:26.35	Horton	2024
Shot Put (6 kg)	Andrew MacDonald	14.7	Bridgewater	2010
Discus (1.75 kg)	Josh Bell	45.28	Park View	2017
Javelin (800g)	D. Barton	57.90m	West Kings	1986
High Jump	Dennie D'Entremont	1.94m	Par-En-Bas	2016
Long Jump	Owen Hebb	6.58m	Northeast Kings	2015
Triple Jump	P. Boyd	13.45m	Bridgetown	1969
Pole Vault	T. Jones	3.51m	Central Kings	1999



## SCHOOL ABBREVIATIONS

AWEC	Annapolis West Ed. Centre	HNPT	Hantsport
AVON	Avon View High School	HEBB	Hebbville Academy
BARR	Barrington Municipal	HH	Horton High
BCS	Bayview Community	ICS	Islands Consolidated
BER	Berwick & District	KES	King's-Edgehill
B'TOWN	Bridgetown Regional	KCA	Kings County Academy
BHS	Bridgewater Jr/Sr High	LAND	Landmark East
BLN	Bluenose Academy	LEC	Lawrencetown Ed. Centre
CAMB	Cambridge & District	LRHS	Liverpool Regional
CK	Central Kings	L'PORT	Lockeport Regional
24/7	Centre 24/7	MG	Maple Grove Ed Centre
CAMS	Chester Area Middle	MIDD	Middleton Regional
COLD	Coldbrook & District	NG	New Germany
CD	Cornwallis District	NR	New Ross Consolidated
DEVI	Devi School	NQ	North Queens
DIGBY	Digby Regional	NKEC	Northeast Kings Ed. Centre
DRUM	Drumlin Heights Cons.	PV	Park View Ed Centre
BELLE	Ecole Belleville	PINE	Pine Ridge Middle School
ERS	Ecole de la Rive Sud	PLY	Plymouth School
EDW	Ecole de Wedgeport	SHEL	Shelburne Regional
BAS	Ecole Pars-en-Bas	SQ	South Queens Jr
EPO	Ecole Publico Ouest	SMBA	St. Mary's Bay Academy
ROSE	Ecole Rose de Vents	UNI	Uniacke District
ERCG	Ecole Russell C. Gordon	WHMS	West Hants Middle School
ESC	Ecole Secondaire de Clare	WK	West Kings District
ESAR	Ecole Ste. Anne du Ruisseau	WCI	West Island College
EMS	Evangeline Middle School	WEY	Weymouth Consolidated
FH	Forest Heights	WOLF	Wolfville School
FAC	Fundy Academic Cen.	YARM	Yarmouth Consol. Mem.